

2010 - FHSAA - A District 5**Hosted by: Frostproof****School List**

	School	Female	Male	Total Athletes	Entries	Relay	Total
1	ALSA All Saints Academy	14	17	31	55	6	61
2	AVPK Avon Park High School	9	13	22	41	6	47
3	FROS Frostproof	14	12	26	51	6	57
4	HARD Hardee (Wauchula)	12	11	23	41	6	47
5	HVCH Haven Christian (Winter Haven)	8	4	12	24	4	28
6	LPLD Lake Placid	21	20	41	71	6	77
7	LAKC Lakeland Christian	18	10	28	48	6	54
8	MULB Mulberry	3	6	9	18	2	20
9	SFCA Santa Fe Catholic (Lakeland)	1	6	7	13	2	15
10	TENO Tenoroc	6	4	10	19	4	23
		106	103	209	381	48	429