

Friday July 27th:

3:30pm to 4:25pm 11 and older all lanes 50 meter pool

4:25pm to 4:50pm 10 and under all lanes 50 meter pool

Girls warmdown, two lanes in 50 meter pool

Boys warmdown, two lanes in 25 meter pool

Saturday July 28th and Sunday July 29th

Morning Session 7:00am to 7:50am Warm-up in the 50 meter pool

Locker room end

Block 10 BSAC

Block 9 BSAC and STA

Block 8 CVST

Block 7 CCS

Block 6 CCS, WCA and STAT

Block 5 ELW and SCST

Block 4 GTSA

Block 3 CAT

Block 2 HSA and WFLA

Block 1 LPA and LAS

Middle of Pool from Lock room end

Lane 1 LRSA

Lane 2 LOLL

Lane 3 LOLL and HHST

Lane 4 LWRY

Bayside

Block 1 PYP

Block 2 PYP

Block 3 SRQ

Block 4 SRQ and HOT

Block 5 T2

Block 6 TBAY

Block 7 TBAY

Block 8 TBAY

25 meter pool from the green fence

Lane 1 SPA

Lane 2 SPA

Lane 3 TYS

Lane 4 TYS and SWIM

Lane 5 SWIM

Lane 6 SWIM

Lane 7 SYS

Lane 8 SYS

Saturday and Sunday's afternoon warm-up will be 9 year olds and 10 year olds for the first 20 minutes. Eight and unders will warm-up in the last 15 minutes.

During the morning session warm-up and warm down will be split; 2 lanes 50 meter pool for the girls and 2 lanes 25 meter pool for the pools.

SATURDAY'S AFTERNOON SESSION WILL START NO EARLIER THAN 12:15pm

SATURDAY'S FINAL'S START TIME WILL BE ANNOUNCED AT THE COACHES MEETING ON FRIDAY NIGHT

SUNDAY'S AFTERNNOON SESSION WILL START NO EARLIER THAN 11:45PM

SUNDAY'S FINALS SHOULD START AT THE NORMAL TIME OF 4:00PM.

Fred Lewis

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