

## Polk Senior Games (Swimming) - 2/23/2013 to 2/24/2013

## Results

## Women 50-54 50 Yard Free

PolkSr: 29.76# 2011 Jean Voisard

Name	Age	Team	Finals Time
1 Lorraine Valerino	53	POLK	42.80
2 Christine Burns	54	POLK	57.70

## Women 50-54 100 Yard Free

PolkSr: 1:06.41# 2011 Jean Voisard

1 Lorraine Valerino	53	POLK	1:37.03
	46.72	1:37.03	
2 Christine Burns	54	POLK	2:19.06
	1:00.83	2:19.06	

## Women 50-54 50 Yard Back

PolkSr: 36.88# 2009 Cyn Lasher

1 Lorraine Valerino	53	POLK	49.95
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## Women 50-54 100 Yard Back

PolkSr: 1:19.83# 2009 Cyn Lasher

1 Lorraine Valerino	53	POLK	1:42.48
	50.00	1:42.48	

## Women 50-54 50 Yard Breast

PolkSr: 39.22# 2000 Lynn Cartee

1 Lisa Polonczyk	52	POLK	50.13
2 Lorraine Valerino	53	POLK	50.89

## Women 50-54 100 Yard Breast

PolkSr: 1:27.85# 2000 Lynn Cartee

1 Lisa Polonczyk	52	POLK	1:46.73
	50.65	1:46.73	
2 Lorraine Valerino	53	POLK	1:52.13
	56.05	1:52.13	

## Women 50-54 200 Yard Breast

PolkSr: 3:17.28# 2009 Cyn Lasher

1 Lisa Polonczyk	52	POLK	3:59.73
	53.34	1:54.52	3:00.25
			3:59.73

## Women 55-59 50 Yard Free

PolkSr: 27.04# 2012 Pat Sargeant

--- Jocelyn Lowther	59	POLK	NS
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## Women 55-59 100 Yard Free

PolkSr: 1:24.83# 2010 Jocelyn Lowther

--- Jocelyn Lowther	59	POLK	NS
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## Women 55-59 200 Yard Free

PolkSr: 2:53.92# 2011 Barbara Cahalan

1 Jocelyn Lowther	59	POLK	3:22.55
	42.81	1:33.59	2:30.12
			3:22.55

## Women 55-59 50 Yard Back

PolkSr: 33.11# 2012 Pat Sargeant

1 Jocelyn Lowther	59	POLK	51.92
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## Women 55-59 50 Yard Breast

PolkSr: 43.97# 2011 Barbara Cahalan

1 Jocelyn Lowther	59	POLK	48.65
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## Women 55-59 100 Yard Breast

PolkSr: 1:37.59# 2011 Barbara Cahalan

1 Jocelyn Lowther	59	POLK	1:45.12
	49.71	1:45.12	

## Women 55-59 200 Yard Breast

PolkSr: 3:33.63# 2011 Barbara Cahalan

--- Jocelyn Lowther	59	POLK	NS
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## Women 60-64 50 Yard Free

PolkSr: 33.07# 2011 Connie Greb

1 Kathleen Tittle	62	FACT-FL	40.21
2 Carol Midence	61	POLK	42.61
3 Jan Smith	60	POLK	44.55

## Women 60-64 100 Yard Free

PolkSr: 1:16.64# 2011 Connie Greb

1 Kathleen Tittle	62	FACT-FL	1:32.79
	44.13	1:32.79	

## Women 60-64 500 Yard Free

PolkSr: 7:50.84# 2002 Patricia M. Bond

--- Jan Smith	60	POLK	NS
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## Women 60-64 50 Yard Back

PolkSr: 43.83# 2002 Patricia M. Bond

1 Carol Midence	61	POLK	54.00
--- Jan Smith	60	POLK	NS

## Women 60-64 100 Yard Back

PolkSr: 1:29.92# 2002 Patricia M. Bond

1 Jan Smith	60	POLK	1:54.04
	55.38	1:54.04	

## Women 60-64 50 Yard Breast

PolkSr: 45.04# 1998 Doris Prokopi

--- Jan Smith	60	POLK	NS
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## Women 60-64 100 Yard Breast

PolkSr: 1:38.77# 1998 Doris Prokopi

--- Jan Smith	60	POLK	NS
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## Women 60-64 200 Yard Breast

PolkSr: 3:50.22# 2011 Merry Evans

1 Jan Smith	60	POLK	3:59.13
	56.27	1:56.41	2:57.96
			3:59.13

## Women 60-64 50 Yard Fly

PolkSr: 38.53# 2011 Connie Greb

1 Kathleen Tittle	62	FACT-FL	53.48
2 Carol Midence	61	POLK	54.01

## Women 60-64 100 Yard IM

PolkSr: 1:33.42# 2005 Wendy Duck

1 Carol Midence	61	POLK	1:54.82
	56.23	1:54.82	

## Women 65-69 50 Yard Free

PolkSr: 37.21# 2003 Patricia M Bond

1 Donna Kime	66	BLU-FL	50.74
--- Kathleen Keen	67	POLK	NS

## Women 65-69 100 Yard Free

PolkSr: 1:20.90# 2006 Patricia Tullman

1 Donna Kime	66	BLU-FL	2:01.47
	54.65	2:01.47	
--- Kathleen Keen	67	POLK	NS
	2:34.65		

## Women 65-69 200 Yard Free

PolkSr: 2:51.89# 2003 Patricia M Bond

1 Carolyn Zelonis	69	FACT-FL	4:54.70
	1:09.71	2:25.61	3:40.33
			4:54.70

## Women 65-69 50 Yard Back

PolkSr: 43.56# 2003 Patricia M Bond

1 Alice Kelly	65	FACT-FL	46.64
2 Carolyn Zelonis	69	FACT-FL	1:14.24
3 Debra Hanes	66	POLK	1:17.99

## Women 65-69 50 Yard Breast

PolkSr: 45.15# 2011 Jeanne Hackett

1 Debra Hanes	66	POLK	1:50.17
--- Kathleen Keen	67	POLK	NS

## Women 65-69 100 Yard Fly

PolkSr: 1:40.83# 2003 Patricia M Bond

1 Alice Kelly	65	FACT-FL	2:02.48
	55.54	2:02.48	
--- Carolyn Zelonis	69	FACT-FL	NS

## Women 65-69 100 Yard IM

PolkSr: 1:33.67# 2005 Patricia M Bond

1 Alice Kelly	65	FACT-FL	1:46.00
	48.66	1:46.00	

## Women 70-74 50 Yard Free

PolkSr: 38.50# 2007 PATRICIA TULLMAN

1 Jeanne Hackett	70	FACT-FL	39.27
2 Alberdina Brown	74	POLK	1:06.57

## Women 70-74 100 Yard Free

PolkSr: 1:23.66# 2009 Patricia Bond

1 Jeanne Hackett	70	FACT-FL	1:29.19
	42.07	1:29.19	
2 Alberdina Brown	74	POLK	2:31.41
	1:10.82	2:31.41	

## Women 70-74 200 Yard Free

PolkSr: 2:55.49# 2009 Patricia Bond

1 Jeanne Hackett	70	FACT-FL	3:21.53
	44.15	1:35.55	2:29.94
			3:21.53
2 Mary Rose Rowan	71	FACT-FL	3:41.80
	48.58	1:44.58	2:43.17
			3:41.80
3 Frances Weston	73	POLK	4:04.11
	55.09	1:57.65	3:01.40
			4:04.11
4 JoAnn Fowler	73	POLK	4:22.54
	57.28	2:09.98	3:19.07
			4:22.54
5 Alberdina Brown	74	POLK	5:27.05
	1:08.68	2:32.87	3:59.89
			5:27.05

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**Women 70-74 500 Yard Free****PolkSr: 7:40.60# 2008 PATRICIA M BOND**

1	Frances Weston	73	POLK	10:48.38
	55.11	1:59.12	3:04.86	4:12.48
	5:20.41	6:28.43	7:35.64	8:42.34
	9:47.44	10:48.38		
2	Alberdina Brown	74	POLK	14:14.39
	1:16.82	2:46.75	4:23.48	6:00.25
			12:36.29	
	14:14.39			
---	Kathleen O'Leary	70	FACT-FL	NS

**Women 70-74 50 Yard Back****PolkSr: 44.37# 2008 PATRICIA M BOND**

1	JoAnn Fowler	73	POLK	1:07.76
2	Alberdina Brown	74	POLK	1:12.16
---	Kathleen O'Leary	70	FACT-FL	NS

**Women 70-74 100 Yard Back****PolkSr: 1:32.55# 2009 Patricia Bond**

1	Kathleen O'Leary	70	FACT-FL	1:59.27
	1:00.16	1:59.27		
2	Alberdina Brown	74	POLK	2:44.74
	1:19.79	2:44.74		

**Women 70-74 200 Yard Back****PolkSr: 3:14.76# 2009 Patricia Bond**

1	Kathleen O'Leary	70	FACT-FL	4:11.73
	1:00.49	2:04.96	3:10.88	4:11.73
2	Alberdina Brown	74	POLK	5:53.29
	1:21.34	4:24.90	5:53.29	

**Women 70-74 50 Yard Breast****PolkSr: 47.03# 2013 Jeanne Hackett**

1	Jeanne Hackett	70	FACT-FL	47.03#
2	Mary Rose Rowan	71	FACT-FL	55.59
3	Alberdina Brown	74	POLK	1:02.13
4	Janice Mellberg	71	FACT-FL	1:04.47
5	JoAnn Fowler	73	POLK	1:14.94

**Women 70-74 100 Yard Breast****PolkSr: 1:41.61# 2013 Jeanne Hackett**

1	Jeanne Hackett	70	FACT-FL	1:41.61#
	47.62	1:41.61		
2	Mary Rose Rowan	71	FACT-FL	2:06.58
	59.43	2:06.58		
3	Janice Mellberg	71	FACT-FL	2:19.76
	1:06.93	2:19.76		
4	Alberdina Brown	74	POLK	2:26.21
	1:06.80	2:26.21		

**Women 70-74 200 Yard Breast****PolkSr: 3:46.57# 2013 Jeanne Hackett**

1	Jeanne Hackett	70	FACT-FL	3:46.57#
	50.46	1:48.84	2:48.87	3:46.57
2	Alberdina Brown	74	POLK	5:25.88
	1:12.39	2:36.34	4:05.11	5:25.88

**Women 70-74 50 Yard Fly****PolkSr: 46.10# 2009 Patricia Bond**

1	Alberdina Brown	74	POLK	1:44.69
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**Women 70-74 100 Yard Fly****PolkSr: 1:44.94# 2008 PATRICIA M BOND**

1	Frances Weston	73	POLK	2:11.68
	1:01.07	2:11.68		
2	Janice Mellberg	71	FACT-FL	2:43.57
	1:14.32	2:43.57		

**Women 70-74 100 Yard IM****PolkSr: 1:35.01# 2008 PATRICIA M BOND**

1	Jeanne Hackett	70	FACT-FL	1:50.23
	56.21	1:50.23		
2	Mary Rose Rowan	71	FACT-FL	1:57.93
	54.75	1:57.93		
3	Frances Weston	73	POLK	2:10.28
	1:05.12	2:10.28		
4	Janice Mellberg	71	FACT-FL	2:16.25
	1:05.50	2:16.25		
5	JoAnn Fowler	73	POLK	2:31.04
	1:13.58	2:31.04		

**Women 75-79 50 Yard Free****PolkSr: 37.00# 2005 Jean D Troy**

1	Doris Prokopi	78	FMM-FL	57.19
2	Corlene Findley	75	POLK	1:00.52
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 100 Yard Free****PolkSr: 1:25.00# 2006 Jean D Troy**

1	Doris Prokopi	78	FMM-FL	2:07.26
	59.46	2:07.26		
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 200 Yard Free****PolkSr: 3:01.89# 2006 Jean D Troy**

1	Martha Henderson	77	FACT-FL	3:46.34
	52.56	1:52.32	2:51.24	3:46.34
2	Doris Prokopi	78	FMM-FL	4:18.46
	58.59	2:04.85	3:12.62	4:18.46
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 500 Yard Free****PolkSr: 8:30.40# 2006 Jean D Troy**

1	Martha Henderson	77	FACT-FL	9:47.82
	52.97	1:52.90	2:52.76	3:52.05
	4:52.30	5:52.90	6:53.19	7:53.22
	8:52.53	9:47.82		
2	Doris Prokopi	78	FMM-FL	11:36.53
	1:03.10	2:10.22	3:18.57	4:28.02
	5:39.29	6:50.30	8:01.67	9:12.76
	10:25.97	11:36.53		
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 50 Yard Back****PolkSr: 50.06# 2005 Mary C Tusa**

1	Martha Henderson	77	FACT-FL	56.82
2	Doris Prokopi	78	FMM-FL	1:01.21

3	Corlene Findley	75	POLK	1:11.93
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 100 Yard Back****PolkSr: 1:47.54# 2010 Beverly Myers**

1	Doris Prokopi	78	FMM-FL	2:21.62
	1:07.81	2:21.62		
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 200 Yard Back****PolkSr: 3:55.72# 2005 Mary C Tusa**

1	Doris Prokopi	78	FMM-FL	4:57.07
	1:06.92	2:26.66	3:43.24	4:57.07
---	Martha Henderson	77	FACT-FL	NS
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 50 Yard Breast****PolkSr: 51.39# 2010 Beverly Myers**

1	Doris Prokopi	78	FMM-FL	1:01.91
2	Martha Henderson	77	FACT-FL	1:13.56
3	Corlene Findley	75	POLK	1:50.36
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 100 Yard Breast****PolkSr: 1:57.72# 2005 Jean D Troy**

1	Doris Prokopi	78	FMM-FL	2:18.31
	1:03.72	2:18.31		
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 200 Yard Breast****PolkSr: 4:32.55# 2011 Shirley Fishlock**

1	Doris Prokopi	78	FMM-FL	5:08.63
	1:09.76	2:28.64	3:49.37	5:08.63

**Women 75-79 50 Yard Fly****PolkSr: 49.53# 2006 Jean D Troy**

---	Martha Henderson	77	FACT-FL	NS
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 100 Yard IM****PolkSr: 1:41.29# 2006 Jean D Troy**

1	Martha Henderson	77	FACT-FL	2:08.82
	59.48	2:08.82		
2	Doris Prokopi	78	FMM-FL	2:24.19
	1:10.16	2:24.19		
---	Helen Grieshaber	78	POLK	NS

**Women 75-79 200 Yard IM****PolkSr: 3:46.85# 2010 Beverly Myers**

---	Martha Henderson	77	FACT-FL	NS
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**Women 80-84 50 Yard Free****PolkSr: 38.95# 2008 JEAN D TROY**

1	Jean Lafferty	81	POLK	1:45.47
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**Women 80-84 100 Yard Free****PolkSr: 1:27.83# 2007 JEAN D TROY**

1	Jean Lafferty	81	POLK	3:46.82
	1:40.73	3:46.82		

## Polk Senior Games (Swimming) - 2/23/2013 to 2/24/2013

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**Women 80-84 200 Yard Free**

PolkSr: 3:43.68# 2013 Mary Tusa

1	Mary Tusa	83	FACT-FL	3:43.68#
	50.42	1:47.83	2:46.90	3:43.68

**Women 80-84 500 Yard Free**

PolkSr: 9:53.49# 2013 Mary Tusa

1	Mary Tusa	83	FACT-FL	9:53.49#
	53.39	1:51.52	2:51.08	3:50.88
	4:51.05	5:52.65	6:52.88	7:53.89
	8:54.92	9:53.49		

**Women 80-84 50 Yard Back**

PolkSr: 52.65# 1993 Florence Dunbar

1	Jane Sanders	83	POLK	1:55.05
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**Women 80-84 50 Yard Breast**

PolkSr: 54.15# 1993 Florence Dunbar

1	Shirley Carnahan	81	POLK	1:17.54
2	Jean Lafferty	81	POLK	2:08.45

**Women 80-84 100 Yard Breast**

PolkSr: 2:00.77# 2007 JEAN D TROY

1	Shirley Carnahan	81	POLK	2:54.98
	1:17.65	2:54.98		

**Women 80-84 100 Yard IM**

PolkSr: 1:49.52# 2007 JEAN D TROY

1	Mary Tusa	83	FACT-FL	2:08.42
	1:00.18	2:08.42		

**Women 85-89 50 Yard Free**

PolkSr: 58.01# 2013 Phyllis Goodlad

1	Phyllis Goodlad	85	POLK	58.01#
2	Ellen Brown	88	FACT-FL	1:34.07

**Women 85-89 100 Yard Free**

PolkSr: 2:07.96# 2013 Phyllis Goodlad

1	Phyllis Goodlad	85	POLK	2:07.96#
	1:00.47	2:07.96		
2	Ellen Brown	88	FACT-FL	3:10.04
	1:28.69	3:10.04		

**Women 85-89 200 Yard Free**

PolkSr: 4:25.57# 2013 Phyllis Goodlad

1	Phyllis Goodlad	85	POLK	4:25.57#
2	Ellen Brown	88	FACT-FL	6:44.57
	1:28.97	3:13.94	6:44.57	

**Women 85-89 500 Yard Free**

PolkSr: 11:27.52# 2013 Phyllis Goodlad

1	Phyllis Goodlad	85	POLK	11:27.52#
	1:01.91	2:09.21	3:17.79	4:28.47
	5:38.04	6:48.09	7:58.45	9:09.20
	10:20.10	11:27.52		

**Women 85-89 50 Yard Back**

PolkSr: 1:02.37# 1999 Florence Dunbar

1	Ellen Brown	88	FACT-FL	1:32.03
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**Women 85-89 50 Yard Breast**

PolkSr: 1:08.28# 1999 Florence Dunbar

---	Ellen Brown	88	FACT-FL	NS
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**Women 85-89 100 Yard Breast**

PolkSr: 3:34.56# 2011 Ellen Brown

1	Ellen Brown	88	FACT-FL	3:43.55
	1:45.73	3:43.55		

**Women 85-89 200 Yard Breast**

PolkSr: 7:42.25# 2011 Ellen Brown

1	Ellen Brown	88	FACT-FL	8:08.16
	4:01.29	8:08.16		

**Women 85-89 100 Yard IM**

PolkSr: 3:15.68# 2011 Ellen Brown

1	Ellen Brown	88	FACT-FL	3:32.48
	1:38.73	3:32.48		

**Men 50-54 50 Yard Free**

PolkSr: 24.63# 2010 Ed Laderer

1	Mark Sessums	52	POLK	30.08
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**Men 50-54 100 Yard Free**

PolkSr: 54.99# 2010 Ed Laderer

1	Mark Sessums	52	POLK	1:08.45
	32.78	1:08.45		

**Men 50-54 200 Yard Free**

PolkSr: 2:04.25# 2012 Allen Sale

1	Mark Sessums	52	POLK	2:45.54
	33.62	1:56.78	2:45.54	

**Men 50-54 500 Yard Free**

PolkSr: 5:51.16# 2005 Brian S Voisard

1	Peter Turner	54	SPCO-FL	6:33.30
	34.40	1:12.75	1:52.47	2:32.25
	3:12.65	3:53.07	4:34.14	5:14.36
	5:54.34	6:33.30		

**Men 50-54 50 Yard Breast**

PolkSr: 33.45# 2010 Ed Laderer

1	Peter Turner	54	SPCO-FL	36.56
---	Mark Sessums	52	POLK	NS

**Men 50-54 100 Yard Breast**

PolkSr: 1:14.82# 2009 Peter Turner

1	Peter Turner	54	SPCO-FL	1:19.16
	36.67	1:19.16		
2	Mark Sessums	52	POLK	1:30.82
	43.31	1:30.82		

**Men 50-54 100 Yard IM**

PolkSr: 1:04.05# 2010 Ed Laderer

1	Peter Turner	54	SPCO-FL	1:17.86
	36.85	1:17.86		

**Men 55-59 50 Yard Free**

PolkSr: 25.82# 2005 David W Castle

1	James Luffman	58	POLK	34.81
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**Men 55-59 100 Yard Free**

PolkSr: 56.54# 2009 Brian Voisard

1	James Luffman	58	POLK	1:17.93
	36.97	1:17.93		

**Men 55-59 200 Yard Free**

PolkSr: 2:04.43# 2009 Brian Voisard

1	Allen Sale	55	POLK	2:09.57
	30.95	1:03.99	1:37.29	2:09.57

**Men 55-59 500 Yard Free**

PolkSr: 5:36.18# 2009 Brian S Voisard

---	Allen Sale	55	POLK	NS
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**Men 55-59 50 Yard Back**

PolkSr: 30.33# 2007 NATHAN LEECH

1	Allen Sale	55	POLK	31.83
2	Ralph Swiger	57	POLK	43.01

**Men 55-59 100 Yard Back**

PolkSr: 1:05.42# 2009 Brian Voisard

1	Allen Sale	55	POLK	1:10.46
	34.52	1:10.46		
2	Ralph Swiger	57	POLK	1:35.59
	47.10	1:35.59		

**Men 55-59 200 Yard Back**

PolkSr: 2:21.97# 2009 Brian Voisard

1	Allen Sale	55	POLK	2:32.09
	36.24	1:53.86	2:32.09	
2	Ralph Swiger	57	POLK	3:21.39
	49.52	1:41.20	2:32.19	3:21.39

**Men 55-59 50 Yard Breast**

PolkSr: 33.09# 2007 NATHAN LEECH

1	Ralph Swiger	57	POLK	42.35
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**Men 55-59 100 Yard Breast**

PolkSr: 1:14.58# 2007 NATHAN LEECH

1	Ralph Swiger	57	POLK	1:35.50
	44.65	1:35.50		

**Men 55-59 200 Yard Breast**

PolkSr: 2:46.96# 2013 Allen Sale

1	Allen Sale	55	POLK	2:46.96#
	39.07	1:20.39	2:03.61	2:46.96
2	Ralph Swiger	57	POLK	3:29.31
	45.82	1:39.67	2:34.84	3:29.31
3	James Luffman	58	POLK	4:17.12
	53.33	1:58.91	3:09.24	4:17.12

**Men 55-59 50 Yard Fly**

PolkSr: 29.06# 2006 Brian S Voisard

1	Allen Sale	55	POLK	29.41
2	Ralph Swiger	57	POLK	41.47
3	James Luffman	58	POLK	55.07

**Men 55-59 100 Yard Fly**

PolkSr: 1:04.68# 2006 Brian S Voisard

1	Allen Sale	55	POLK	1:11.20
	31.84	1:11.20		

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**(Men 55-59 100 Yard Fly)**

2 Ralph Swiger 57 POLK 1:41.00  
47.10 1:41.00

**Men 55-59 100 Yard IM**

**PolkSr: 1:05.14# 2007 NATHAN LEECH**

1 Allen Sale 55 POLK 1:08.66  
32.36 1:08.66  
2 Ralph Swiger 57 POLK 1:28.50  
42.70 1:28.50

**Men 55-59 200 Yard IM**

**PolkSr: 2:25.61# 2010 Brian Voisard**

1 Allen Sale 55 POLK 2:28.19  
31.94 1:11.16 1:55.21 2:28.19  
2 Ralph Swiger 57 POLK 3:20.58  
46.82 1:43.11 2:38.70 3:20.58

**Men 60-64 50 Yard Free**

**PolkSr: 26.52# 2011 Brian Voisard**

1 Brian Voisard 62 WIN-FL 26.88  
2 Terry Wampler 63 POLK 59.55

**Men 60-64 100 Yard Free**

**PolkSr: 58.72# 2011 Brian Voisard**

1 Brian Voisard 62 WIN-FL 59.22  
29.02 59.22

**Men 60-64 200 Yard Free**

**PolkSr: 2:08.54# 2003 Gaylord Hopkins**

1 Brian Voisard 62 WIN-FL 2:12.75  
31.13 1:04.05 1:38.23 2:12.75

**Men 60-64 500 Yard Free**

**PolkSr: 5:52.09# 2011 Brian S Voisard**

1 Brian Voisard 62 WIN-FL 6:13.10  
33.34 1:09.43 1:46.11 2:23.28  
3:00.84 3:38.99 4:17.27 4:56.14  
5:35.00 6:13.10  
2 Robert Kelly 64 POLK 8:06.58  
45.46 1:31.86 2:20.22 3:10.55  
4:00.24 4:50.71 5:40.97 6:31.41  
7:21.03 8:06.58

**Men 60-64 100 Yard Breast**

**PolkSr: 1:24.96# 2013 Brian Voisard**

1 Brian Voisard 62 WIN-FL 1:24.96#  
40.59 1:24.96

**Men 65-69 50 Yard Free**

**PolkSr: 27.06# 2013 Paul Polgar**

1 Paul Polgar 65 FACT-FL 27.06#  
2 Robin Wickman 68 POLK 30.73  
3 James Heppel 69 POLK 33.02  
4 Dennis Bishop 65 POLK 38.62  
5 Ken Hickey 68 BLU-FL 43.37  
--- Bernie Bourdeau 65 POLK NS

**Men 65-69 100 Yard Free**

**PolkSr: 59.61# 2006 Gaylord Hopkins**

1 Paul Polgar 65 FACT-FL 1:03.14  
30.34 1:03.14  
2 Terry McGee 69 FACT-FL 1:09.87  
32.59 1:09.87  
3 William Stephens 67 POLK 1:13.82  
34.67 1:13.82  
4 Robin Wickman 68 POLK 1:16.16  
36.94 1:16.16  
5 Dennis Bishop 65 POLK 1:36.41  
43.53 1:36.41  
--- Bernie Bourdeau 65 POLK NS  
--- Ken Hickey 68 BLU-FL NS

**Men 65-69 200 Yard Free**

**PolkSr: 2:11.17# 2006 Gaylord Hopkins**

1 Terry McGee 69 FACT-FL 2:39.31  
35.36 1:16.56 1:59.11 2:39.31  
2 William Stephens 67 POLK 2:42.99  
35.20 1:15.72 1:59.15 2:42.99  
3 Jim Klinzing 69 POLK 3:17.63  
45.54 1:35.40 2:27.19 3:17.63  
4 Leander Aulisio 66 POLK 3:39.83  
47.33 1:45.84 2:42.53 3:39.83  
--- Bernie Bourdeau 65 POLK NS

**Men 65-69 500 Yard Free**

**PolkSr: 6:04.76# 2006 Gaylord Hopkins**

1 David Jarvis 66 FACT-FL 7:14.16  
38.48 1:20.47 2:04.25 2:48.19  
3:32.74 4:17.35 5:01.81 5:46.02  
6:31.97 7:14.16  
2 William Stephens 67 POLK 7:36.54  
37.68 1:20.36 2:06.04 2:53.25  
3:40.47 4:29.38 5:17.07 6:04.37  
6:51.68 7:36.54  
3 Terry McGee 69 FACT-FL 7:38.35  
37.92 1:21.68 2:07.85 2:56.26  
3:44.48 4:33.31 5:21.82 6:09.48  
6:56.06 7:38.35  
4 Jim Klinzing 69 POLK 8:45.15  
47.36 1:39.89 2:34.19 3:28.69  
4:22.13 5:16.22 6:09.71 7:02.76  
7:55.08 8:45.15  
5 Leander Aulisio 66 POLK 9:25.84  
49.62 1:48.66 2:47.99 3:47.44  
4:45.77 5:43.60 6:40.03 7:37.36  
8:32.90 9:25.84  
6 Richard Sumner 69 FACT-FL 9:31.23  
53.44 1:52.93 2:52.85 3:52.31  
4:52.64 5:48.61 6:46.03 7:44.42  
8:40.85 9:31.23  
7 Don Gledhill 69 POLK 9:43.88  
51.52 1:47.15 2:45.11 3:43.62  
4:43.05 5:44.77 6:45.76 7:45.66  
8:45.79 9:43.88  
--- Bernie Bourdeau 65 POLK NS

**Men 65-69 50 Yard Back**

**PolkSr: 33.57# 2007 GAYLORD HOPKIN**

1 Robin Wickman 68 POLK 41.49  
2 Ken Hickey 68 BLU-FL 43.11  
--- Paul Polgar 65 FACT-FL NS

**Men 65-69 100 Yard Back**

**PolkSr: 1:13.47# 2006 Gaylord Hopkins**

1 Ken Hickey 68 BLU-FL 1:40.33  
48.25 1:40.33  
2 Robin Wickman 68 POLK 1:43.75  
49.89 1:43.75

**Men 65-69 200 Yard Back**

**PolkSr: 2:37.57# 2006 Gaylord Hopkins**

1 Ken Hickey 68 BLU-FL 3:47.83  
54.44 1:52.74 2:51.40 3:47.83

**Men 65-69 50 Yard Breast**

**PolkSr: 39.04# 2007 GAYLORD HOPKIN**

1 William Stephens 67 POLK 41.13  
2 Robin Wickman 68 POLK 41.23  
3 Richard Sumner 69 FACT-FL 41.61  
4 Ken Hickey 68 BLU-FL 55.41

**Men 65-69 100 Yard Breast**

**PolkSr: 1:25.83# 2007 CHARLES KILBOU**

1 William Stephens 67 POLK 1:29.93  
42.78 1:29.93  
2 Robin Wickman 68 POLK 1:33.71  
45.29 1:33.71  
3 Richard Sumner 69 FACT-FL 1:34.18  
44.38 1:34.18  
4 Terry McGee 69 FACT-FL 1:35.07  
43.95 1:35.07

**Men 65-69 200 Yard Breast**

**PolkSr: 3:22.27# 2013 William Stephens**

1 William Stephens 67 POLK 3:22.27#  
46.34 1:36.91 2:30.45 3:22.27  
2 Terry McGee 69 FACT-FL 3:37.35  
48.31 1:43.57 2:41.69 3:37.35  
3 Ken Hickey 68 BLU-FL 4:43.67  
1:03.35 2:15.97 3:31.02 4:43.67

**Men 65-69 50 Yard Fly**

**PolkSr: 30.73# 2013 Paul Polgar**

1 Paul Polgar 65 FACT-FL 30.73#  
2 Robin Wickman 68 POLK 38.93  
3 James Heppel 69 POLK 50.91

**Men 65-69 100 Yard Fly**

**PolkSr: 1:19.05# 2013 David Jarvis**

1 David Jarvis 66 FACT-FL 1:19.05#  
37.74 1:19.05

**Men 65-69 100 Yard IM**

**PolkSr: 1:14.83# 2006 Gaylord Hopkins**

1 Terry McGee 69 FACT-FL 1:27.00  
40.75 1:27.00

## Polk Senior Games (Swimming) - 2/23/2013 to 2/24/2013

## Results

**(Men 65-69 100 Yard IM)**

2	Robin Wickman	68	POLK	1:28.21
		42.05	1:28.21	
3	James Heppel	69	POLK	1:42.35
		46.04	1:42.35	
4	Leander Aulisio	66	POLK	1:57.46
		57.13	1:57.46	

**Men 65-69 200 Yard IM****PolkSr: 2:49.91# 2010 Gaylord Hopkins**

1	Terry McGee	69	FACT-FL	3:28.06
		38.79	1:41.56	2:45.77
				3:28.06

**Men 70-74 50 Yard Free****PolkSr: 29.08# 2005 Burwell Jones**

1	Loren Sibilla	70	POLK	41.16
2	Jim Partain	73	POLK	47.31
3	Harvey Cohen	71	POLK	48.18
4	Larry Smucker	72	POLK	1:33.90

**Men 70-74 100 Yard Free****PolkSr: 1:02.25# 2005 Burwell Jones**

1	Loren Sibilla	70	POLK	1:43.71
		47.99	1:43.71	
2	Jim Partain	73	POLK	2:02.07
		55.00	2:02.07	
3	Harvey Cohen	71	POLK	2:05.59

**Men 70-74 200 Yard Free****PolkSr: 2:20.98# 2011 Gaylord Hopkins**

1	Thomas Carroll	74	POLK	2:55.17
		40.30	1:24.47	2:10.51
				2:55.17
2	Loren Sibilla	70	POLK	3:52.56
		52.09	1:53.78	2:57.52
				3:52.56

**Men 70-74 500 Yard Free****PolkSr: 6:16.54# 2011 Gaylord Hopkins**

1	Thomas Carroll	74	POLK	8:01.03
2	Jim Corbeil	72	POLK	11:16.57
		55.38	2:01.50	3:10.97
		5:30.19	6:38.00	7:47.31
		10:08.41	11:16.57	8:56.91
3	Loren Sibilla	70	POLK	11:36.83
		1:04.40	2:19.81	3:37.62
		6:04.62	7:15.83	8:26.90
		11:36.83	9:33.51	

**Men 70-74 50 Yard Back****PolkSr: 34.16# 2005 Burwell Jones**

1	Gaylord Hopkins	72	FMM-FL	39.89
2	Loren Sibilla	70	POLK	52.56
3	Jim Partain	73	POLK	57.01
4	Jim Corbeil	72	POLK	1:00.24
5	Larry Smucker	72	POLK	1:21.14

**Men 70-74 100 Yard Back****PolkSr: 1:24.76# 2009 Thomas Carroll**

1	Loren Sibilla	70	POLK	2:14.55
		1:01.85	2:14.55	

2	Jim Partain	73	POLK	2:20.24
		1:08.29	2:20.24	
3	Harvey Cohen	71	POLK	2:35.51
		1:12.61	2:35.51	
4	Larry Smucker	72	POLK	3:04.08
		1:24.53	3:04.08	
---	Jim Corbeil	72	POLK	NS

**Men 70-74 200 Yard Back****PolkSr: 2:51.02# 2011 Gaylord Hopkins**

1	Loren Sibilla	70	POLK	4:56.30
		1:07.66	2:27.81	3:46.44
				4:56.30
2	Jim Corbeil	72	POLK	5:33.95
		1:18.10	2:42.43	4:08.44
				5:33.95
3	Larry Smucker	72	POLK	6:41.63
		1:29.39	3:11.19	4:55.36
				6:41.63

**Men 70-74 50 Yard Breast****PolkSr: 37.68# 2005 Burwell Jones**

1	Loren Sibilla	70	POLK	1:06.05
2	Jim Corbeil	72	POLK	1:18.75
3	Jim Partain	73	POLK	1:27.15
4	Larry Smucker	72	POLK	1:45.23

**Men 70-74 100 Yard Breast****PolkSr: 1:24.44# 2005 Burwell Jones**

1	Thomas Carroll	74	POLK	1:38.29
		47.48	1:38.29	
2	Jim Corbeil	72	POLK	3:18.18
		1:27.32	3:18.18	
3	Larry Smucker	72	POLK	3:42.62
		1:38.55	3:42.62	
4	Jim Partain	73	POLK	3:59.93
		1:41.37	3:59.93	

**Men 70-74 200 Yard Breast****PolkSr: 3:23.31# 2009 Thomas Carroll**

1	Jim Corbeil	72	POLK	6:28.45
		1:20.92	3:04.07	4:46.21
				6:28.45
2	Larry Smucker	72	POLK	8:20.61
		3:54.60	8:20.61	

**Men 70-74 50 Yard Fly****PolkSr: 32.67# 2005 Burwell Jones**

1	Loren Sibilla	70	POLK	56.68
2	Jim Corbeil	72	POLK	1:10.21
3	Larry Smucker	72	POLK	2:48.32

**Men 70-74 100 Yard Fly****PolkSr: 1:16.25# 2005 Burwell Jones**

1	Jim Corbeil	72	POLK	2:42.52
		1:01.90	2:42.52	
---	Larry Smucker	72	POLK	NS

**Men 70-74 100 Yard IM****PolkSr: 1:17.61# 2011 Gaylord Hopkins**

1	Thomas Carroll	74	POLK	1:30.78
		43.40	1:30.78	
2	Loren Sibilla	70	POLK	2:01.33
		52.77	2:01.33	

3	Jim Corbeil	72	POLK	2:36.14
		1:00.86	2:36.14	
4	Larry Smucker	72	POLK	4:26.95
		2:09.93	4:26.95	

**Men 70-74 200 Yard IM****PolkSr: 3:06.26# 2009 Thomas Carroll**

1	Jim Corbeil	72	POLK	5:39.91
		1:09.22	2:32.08	4:26.67
				5:39.91

**Men 75-79 50 Yard Free****PolkSr: 31.85# 2005 James T Pitts**

1	Donald Doe	78	POLK	36.91
2	Alan Phillips	77	NTC-FL	41.36

**Men 75-79 100 Yard Free****PolkSr: 1:13.81# 2005 James T Pitts**

1	Donald Doe	78	POLK	1:26.41
		41.54	1:26.41	
2	Alan Phillips	77	NTC-FL	1:52.85
3	Fred Beckett	79	POLK	2:05.25
		59.50	2:05.25	
---	Hans Wendel	77	POLK	NS

**Men 75-79 200 Yard Free****PolkSr: 2:52.78# 2005 James T Pitts**

1	Steven Hendrickson	77	FACT-FL	3:36.63
		50.97	1:47.77	2:44.78
				3:36.63
2	Fred Beckett	79	POLK	4:22.67
		57.89	2:02.85	3:13.23
				4:22.67

**Men 75-79 500 Yard Free****PolkSr: 7:49.93# 2007 CHARLES WEATH**

1	Fred Beckett	79	POLK	12:29.75
		1:07.23	2:19.50	3:35.40
		6:09.14	7:26.03	8:41.41
		11:12.32	12:29.75	9:55.23

**Men 75-79 50 Yard Back****PolkSr: 40.11# 2007 GORDON RALPH**

1	Alan Phillips	77	NTC-FL	53.34
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**Men 75-79 100 Yard Back****PolkSr: 1:31.62# 2005 Charles Schlegel**

1	Alan Phillips	77	NTC-FL	2:08.20
		59.05	2:08.20	
2	Fred Beckett	79	POLK	2:39.35
		1:17.87	2:39.35	

**Men 75-79 200 Yard Back****PolkSr: 3:27.91# 2007 GORDON RALPH**

1	Fred Beckett	79	POLK	5:26.75
		1:17.67	2:41.38	4:05.13
				5:26.75

**Men 75-79 50 Yard Breast****PolkSr: 42.44# 2011 Steven Hendrickson**

1	Steven Hendrickson	77	FACT-FL	44.90
2	Alan Phillips	77	NTC-FL	58.34
---	Hans Wendel	77	POLK	NS

## Polk Senior Games (Swimming) - 2/23/2013 to 2/24/2013

## Results

## Men 75-79 100 Yard Breast

PolkSr: 1:38.97# 2011 Steven Hendrickson

1	Steven Hendrickson	77	FACT-FL	1:46.47
				50.34 1:46.47
2	Fred Beckett	79	POLK	2:43.44
				1:17.65 2:43.44
---	Hans Wendel	77	POLK	NS

## Men 75-79 200 Yard Breast

PolkSr: 3:54.56# 2011 Hans Wendel

1	Fred Beckett	79	POLK	5:55.55
				1:20.70 2:50.41 4:23.99 5:55.55
---	Hans Wendel	77	POLK	NS
				6:43.47

## Men 75-79 100 Yard IM

PolkSr: 1:27.69# 2007 CHARLES WEATH

1	Alan Phillips	77	NTC-FL	2:17.33
				1:03.23 2:17.33
2	Fred Beckett	79	POLK	2:51.84
				1:30.28 2:51.84

## Men 80-84 50 Yard Free

PolkSr: 35.70# 2010 Tom Whiteleather

1	James Pitts	83	FMM-FL	38.92
2	Phil Lindsley	80	FACT-FL	39.42
3	Dick Foster	81	POLK	57.45

## Men 80-84 100 Yard Free

PolkSr: 1:26.84# 2010 Tom Whiteleather

1	Phil Lindsley	80	FACT-FL	1:32.00
				45.44 1:32.00
2	James Pitts	83	FMM-FL	1:33.15
				45.51 1:33.15
3	Dick Foster	81	POLK	2:13.62
				1:03.16 2:13.62

## Men 80-84 200 Yard Free

PolkSr: 3:25.98# 2008 JOHN E CORNELL

1	Phil Lindsley	80	FACT-FL	3:27.71
				49.10 1:43.17 2:36.60 3:27.71
2	Dick Foster	81	POLK	4:57.94
				1:07.26 2:24.59 3:42.37 4:57.94
3	Richard Adicks	81	POLK	6:45.17
				4:51.79 6:45.17
---	James Pitts	83	FMM-FL	NS

## Men 80-84 500 Yard Free

PolkSr: 9:30.60# 2013 Phil Lindsley

1	Phil Lindsley	80	FACT-FL	9:30.60#
				3:46.42
				4:45.33 5:44.07 6:42.17 7:39.34
				8:35.78 9:30.60
2	Dick Foster	81	POLK	12:39.15
				1:09.64 3:45.66
				6:17.52 7:34.48 8:51.74
				11:26.20 12:39.15

3	Richard Adicks	81	POLK	18:26.44
				11:05.11 18:26.44
---	James Pitts	83	FMM-FL	NS

## Men 80-84 50 Yard Back

PolkSr: 46.99# 2003 John Woods

1	Dick Foster	81	POLK	59.34
2	Everett Sanders	84	POLK	1:57.54

## Men 80-84 100 Yard Back

PolkSr: 1:45.57# 2003 John Woods

1	Dick Foster	81	POLK	2:10.86
				1:06.54 2:10.86

## Men 80-84 200 Yard Back

PolkSr: 3:55.95# 2003 John Woods

1	Dick Foster	81	POLK	4:43.32
				2:21.51 3:34.73 4:43.32

## Men 80-84 100 Yard IM

PolkSr: 1:43.00# 2008 JOHN E CORNELL

---	James Pitts	83	FMM-FL	NS
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## Men 90-94 100 Yard Free

PolkSr: 3:02.87# 2013 Lowell Heneveld

1	Lowell Heneveld	90	POLK	3:02.87#
				1:26.56 3:02.87

## Men 90-94 200 Yard Free

PolkSr: 6:14.10# 2013 Lowell Heneveld

1	Lowell Heneveld	90	POLK	6:14.10#
				1:21.80 2:55.87 4:36.95 6:14.10

## Men 90-94 500 Yard Free

PolkSr: 16:28.76# 2013 Lowell Heneveld

1	Lowell Heneveld	90	POLK	16:28.76#
				1:30.31 3:08.48 4:48.12 6:28.05
				8:08.88 9:47.20 11:27.37 13:09.17
				14:51.32 16:28.76

## Men 90-94 50 Yard Back

PolkSr: 1:22.83# 2013 Lowell Heneveld

1	Lowell Heneveld	90	POLK	1:22.83#
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## Men 90-94 100 Yard Back

PolkSr: 3:18.83# 2013 Lowell Heneveld

1	Lowell Heneveld	90	POLK	3:18.83#
				1:34.47 3:18.83

## Men 90-94 200 Yard Back

PolkSr: 6:32.79# 2013 Lowell Heneveld

1	Lowell Heneveld	90	POLK	6:32.79#
				1:30.34 3:14.17 4:58.47 6:32.79

## Men 95-99 50 Yard Back

PolkSr: 1:44.51# 2010 Arland Meade

1	Arland Meade	98	POLK	2:05.23
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## Men 95-99 50 Yard Breast

PolkSr: 2:23.04# 2010 Arland Meade

1	Arland Meade	98	POLK	2:29.92
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