

11 and Older Warm-up 8am to 9:15am

Locker Room Course  
Lane 10 ACC  
Lane 9 ACC  
Lane 8 ACTT & LRSA  
Lane 7 BERK  
Lane 6 BERK & LAS  
Lane 5 LAS  
Lane 4 BLUE WAVE  
Lane 3 BLUE WAVE  
Lane 2 BLUE WAVE  
Lane 1 BLUE WAVE  
Buffer 1 TBAY  
Diving Board  
Buffer 2 TBAY  
Buffer 3 LOLL  
Buffer 4 LOLL  
Lane 8 LWRY  
Lane 7 LWRY  
Lane 6 PYP  
Lane 5 PYP  
Lane 4 PYP  
Lane 3 PYP  
Lane 2 WCA & LEES  
Lane 1 SC  
Bay Side Course

25 Yard by 25 Meter Pool -

Lane 10 SPA  
Lane 9 SPA  
Lane 8 SPA  
Lane 7 SPA  
Lane 6 SPA  
Lane 5 SPA  
Lane 4 SPA  
Lane 3 WFLA  
Lane 2 WFLA  
Lane 1 WFLA  
Bay Side

10 and Under Warm-up 9:15am to 9:45am

Lane 10 Competition  
Lane 9 Competition  
Lane 8 Competition  
Lane 7 Competition  
Lane 6 Competition  
Lane 5 Competiton  
Lane 4 Competition  
Lane 3 Competition  
Lane 2 Competition  
Lane 1 Competition  
Buffer Lane  
Diving Board  
Buffer Two 11 and older Warm down  
Buffer Three AAC  
Buffer Four BERK  
Lane 8 BLUE WAVE  
Lane 7 BLUE  
Lane 6 BLUE WAVE  
Lane 5 LOLL  
Lane 4 SC & LAS  
Lane 3 LWRY  
Lane 2 LWRY  
Lane 1 WCA

Lane 10 SPA  
Lane 9 SPA  
Lane 8 SPA  
Lane 7 WFLA  
Lane 6 WFLA  
Lane 5 TBAY  
Lane 4 TBAY  
Lane 3 PYP  
Lane 2 PYP  
Lane 1 PYP