

Ver. Florida Swimming

SANCTIONED BY: Florida Swimming of USA Swimming # 4878-1

"In granting this approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the

conduct of the event."

CONDITION OF

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach,

SANCTION:

must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer slegal guardian to ensure

compliance with this requirement.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such

certification is on file with USA Swimming.

Changing into or out of swimsuites other than in locker rooms or other designated areas is not appropriate and is

prohibited.

TYPE OF MEET:

25 Yd. SC Invitational Swim Meet, 6&U, 8&U, 10&U, 11&12 & 13-14 Timed Finals

DATE & TIME:

Session 1: Friday, February 2, 2018, 5:00 PM

Session 2: Saturday, February 3, 2018, 9:00 AM

Session 3: Saturday, February 3, 2018, Not Before 12:00 Noon

Session 4: Sunday, February 4, 2018, 9:00 AM

Session 5: Sunday, February 4, 2018, 20 minutes after completion of Session 4

LOCATION:

Carrollwood Country Club (TAC) Tennis & Aquatic Center, 13985 Club House Drive, Tampa, Florida 33618 - 813-

961-1368

POOL SPEC:

The water depth at the competition starting and turning end is a minimum of 4 feet. Certified 25 Yd. outdoor pool,

non-turbulent lanelines, Up to Nine (9) lanes may be used for competition.

TIMING: D

Daktronics Automatic Timing

WARM-UP: Sessions 1:

3:30 PM to 4:50 PM

3:30 PM to 4:30 PM Lanes 1 to 10 continuous lap swimming 4:30 PM to 4:50 PM Lanes 1 to 6 continuous lap swimming

Lanes 7 to 10 racing starts

Sessions 2&4:

7:30 AM to 8:50 AM

7:30 AM to 8:30 AM Lanes 1 to 10 continuous lap swimming 8:30 AM to 8:50 AM Lanes 1 to 6 continuous lap swimming

Lanes 7 to 10 racing starts

Sessions 3

Immediately following the end of Session 2 (Not Before 11:00 AM) 11:00 AM to 11:30 AM Lanes 1 to 10 continuous lap swimming 11:30 AM to 11:50 AM Lanes 1 to 6 continuous lap swimming

Lanes 7 to 10 racing starts

Session 5:

20 Minutes, immediately following the completion of Session 4 - Lanes 1 to 10 contunuous lap swimming

Lane 10 will be available for Warm-up/Warm-down during all competition.

\*\*\*\*\*ONE HAND MUST BE ON THE DECK WHEN ENTERING THE POOL, WHEN NOT DOING A RACING START. \*\*\*\*\*NO EQUIPTMENT MAY BE USED AT ANY TIME.

ELIGIBILITY:

Open to all invited currently registered USA Swimming Athlete Members, on the invited teams. Entries will stop being accepted with the team that Meet Management feels will put the sessions at four (4) hours. On deck registration will be allowed. The 2018 USA-S form, fee, etc. must be presented to the Referee.

SEEDING: 25 yard times will be used for seeding.

SCRATCHES: No penalty for scratching on the block.

ENTRY LIMIT: Four (4) individual events per day plus relays. Swimmers over entered will be considered as entered in their first

Four (4) events.

ENTRY FORM: Entries must be submitted by Electronic Entry, in the SDIF or CL2 Format. Entries will be accepted via electronic

mail attachment to the CVST Office at *Info@CVST.org*. Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. Free text e-mail entries will not be accepted. Disk or e-mailed entries must be accompanied by a



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backup hard copy of the entry. List all attending coaches and contact phone numbers, in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted

electronically are the responsibility of the applicant. Electronic mail confirmation will be sent upon receipt of file. If using the enclosed Entry Form, the form will serve as proof of entry. The legal name and current USA Swimming Registration Number for each swimmer <u>must</u> be listed on the Entry Form. The Master Entry Form must accompany the proof of entries and a current USA Swimming Member must sign the form. All applicable entry fees must be received by the CVST by the entry deadline listed in this meet information letter.

ENTRY FEE: \$4.15 per individual event, \$10.00 per swimmer Facility Fee, \$2.00 Heat Sheet Fee..

HEAT SHEETS: Heat Sheets will be posted on; www.CVST.org and www.floridaswimming.org no later than 48 hours prior to the

start of the meet. These are to be printed and brought to the meet. A \$2.00 charge will be applied to each

swimmer's entry fee. A limited number of heat sheets will be available at the meet for purchase. Coaches, please

email all swimmers and parents to make them aware of this.

ENTRY All entries must be received by Tuesday, January 23, 2018, 8:00pm. No late, phone or fax

DEADLINE: entries will be accepted. Checks payable to CVST MUST accompany entry forms. Mail Express Mail to: CVST

Last Chance Sweetheart Invitational, 13985 Clubhouse Drive, Tampa, Florida 33618 Email to: Info@CVST.org.

DECK ENTRIES: Deck entries will be accepted for open, unseeded lanes only if the swimmer is not already in five (4) events for the

day. A swimmer may not scratch an event to deck enter another. No new heats will be created. Deck entry fees will be \$10.00 per event and the Facility Fee and Heat Sheet Fee applies. The deadline for **ALL** deck entries will

be 30 minutes prior to the start of the session for the entered event.

AWARDS: Individual: Awards 1st - 8th Place

Individual High Point: 1st - 3rd Place

RULES: Current USA Swimming Technical Rules will govern. Safety rules as outlined by USA Swimming, and as

recommended by the Head Marshall, will be in effect during the meet.

TEAM REP: Prior to the start of the meet, the name of one person other than the coach will be given to the referee. Only the

coach and that person will be recognized by the referee relative to matters pertaining to the meet.

OFFICIALS: Head Referee - Rick Sheridan Deck Referee - Tom Nelson

Starter - Bob Griffiths Stroke & Turn - Chris Repak Marshall - Bill Lee Meet Director - Jim Kelly

COACHES: All Coaches & Officials MUST show proof of USA Swimming Coach Membership in order to be on deck at the

meet and/or receive a Team Packet and MUST have their USA Swimming registration card at all times while on

deck or show current registration on Deck Pass.

CAMERA ZONES: Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at

each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule

239.2.

FOOD SERVICE: No Outside Food / No Coolers Permitted on Property - Food Service will be available at the meet - Club

Charge, Cash or Credit Card. Coolers, etc. are prohibited from the facility. All food and drink consumed on the

property must be purchased through Carrollwood Country Club.

INFORMATION: Info@CVST.org / 813-961-1368



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### **ORDER OF EVENTS**

#### **SESSION 1**

#### FRIDAY, FEBRUARY 3, 2017 - WARM UP 3:30pm/START 5:00pm

EVENT#	AGE GROUP	EVENT
1-2	6&U*	25 Free (1)
3-4	8&U*	25 Free (1)
5-6	6&U*	25 Back (1)
7-8	8&U*	25 Back (1)
9-10	6&U*	25 Breast (1)
11-12	8&U*	25 Breast (1)
13-14	6&U*	25 Fly (1)
15-16	8&U*	25 Fly (1)
17-18	13-14*	200 IM (2)
19-20	10&U*	200 Free (2)
21-22	11-12*	200 Free (2)
23-24	13-14	500 Free (3)
25-26	11-12	500 Free (3)

- (1) Events 1-16 will be combined with like distances & strokes and scored separately.
- (2) Events 17-22 are all Positive Check-In Events. The Scratch/Check-In Deadline is one half (1/2) hour prior to the start of the session for these events. All of these events will be combined with like distances & like strokes and scored separately.
- (3) Events 23-26 are all Positive Check-In Events. The Scratch/Check-In Deadline is one half (1/2) hour prior to the start of the session for these events. All of these events will be combined with like distances and scored separately. Swimmers in these events must provide their own counters and timers as required.

#### SESSION 2 SATURDAY, February 4, 2017 - WARM UP 7:30am/START 9:00am

EVENT#	AGE GROUP	EVENT
27-28	13-14	200 Free (1)
29-30	11-12	50 Free (1)
31-32	13-14	100 Back (1)
33-34	11-12	100 Back (1)
35-36	13-14	200 Breast (1)
37-38	11-12	50 Breast (1)
39-40	13-14	200 Fly (1)
41-42	11-12	50 Fly (1)
43-44	13-14	100 Free (1)
45-46	11-12	100 Free (1)
47-48	13-14	200 Back (1)
49-50	11-12	50 Back (1)
51-52	13-14	100 Breast (1)
53-54	11-12	100 Breast (1)
55-56	13-14	100 Fly (1)
57-58	11-12	100 Fly (1)
59-60	13-14	200IM (1)
61-62	11-12	200 IM (1)
63-64	13-14	50 Free (1)

(1) Events will be combined with like distances & strokes and scored separately.



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#### **SESSION 3**

#### SATURDAY, February 4, 2017 - WARM UP Not Before 11:00pm/START Not Before 12:00pm

EVENT#	AGE GROUP	EVENT
65-66	8&U	50 Free (1)
67-68	10&U	50 Free (1)
69-70	10&U	100 Fly (1)
71-72	8&U	50 Back (1)
73-74	10&U	50 Back (1)
75-76	10&U	100 Breast (1)
77-78	8&U	100 Free (1)
79-80	10&U	100 Free (1)
81-82	8&U	50 Breast (1)
83-84	10&U	50 Breast (1)
85-86	10&U	100 Back (1)
87-88	8&U	50 Fly (1)
89-90	10&U	50 Fly (1)
91-92	8&U	100 IM (1)
93-94	10&U	200 IM (1)

(1) Events will be combined with like distances & strokes and scored separately.

#### **SESSION 4**

#### SUNDAY, February 5, 2017 - WARM UP 7:30am/START 9:00am

EVENT#	AGE GROUP	EVENT
95-96	10&U	100 IM (3)
97-98	11-12	100 IM (3)
99-100	13-14	400 IM (3)
101-102	11-12	1000 Free (3)
103-104	13-14	1000 Free (3)

(3) - Events 95-104 are all Positive Check-In Events. The Scratch/Check-In Deadline is one half (1/2) hour prior to the start of the session for these events. All of these events will be combined with like distances and scored separately. Swimmers in these events must provide their own counters and timers as required.

#### **SESSION 5**

### SUNDAY, February 5, 2017 - WARM UP Immediately following Session 4/START 20 Minutes after completion of Session 4

EVENT#	AGE GROUP	EVENT
105-106	10&U	500 Free (3)
107-108	11-12	1650 Free (3)
109-110	13-14	1650 Free (3)

(3) - Events 105-110 are all Positive Check-In Events. The Scratch/Check-In Deadline is one half (1/2) hour prior to the start of the session for these events. All of these events will be combined with like distances and scored separately. Swimmers in these events must provide their own counters and timers as required.



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### **MASTER ENTRY FORM**

NAME OF TEAM	CALL LETTERS
ADDRESS	
HEAD COACH	LSC
E-MAIL ADDRESS	
HOME PHONE	OFFICE PHONE
SWIMM	ER/COACH REGISTRATION
USA SWIMMING AND ARE ELLIGIBLE TO COMPE	E ATTACHED ENTRY FORM ARE CURRENTLY REGISTERED MEMBERS OF ETE IN THIS MEET. I FURTHER CERTIFY THAT ONE OR MORE OF THE RVISING THE ACTIVITIES OF THESE INDIVIDUALS DURING ALL WARM-UP
NAME OF COACH	TEAM
I CERTIFY THAT THE INDIVIDUALS LISTED ABOVE THAT I AM A CURRENT USA SWIMMING REGISTEI	ARE CURRENTLY REGISTERED USA SWIMMING COACH MEMBERS, AND RED NON-ATHLETE MEMBER.
Signature (must be USA Swimming membe	r) Team Date
WE HAVE ENTERED THE FOLLOWING:	FINANCIAL RECAP
Facility Fee (# of Swimmers)at \$	10.00 each = \$
Heat Sheet (# of Swimmers)at \$	2.00 each = \$
Women's Individual Eventsat \$	4.15 each = \$
Men's Individual Eventsat \$	4.15 each = \$
TOTAL ENTRY F	EES PAID = \$
ENTRIES MUST BE RECEIVED BY: Tueso	day, January 23, 2018, 8:00pm
MAIL TO: CVST Last Chance Sweetheart M	leet, 13985 Clubhouse Drive, Tampa, Florida 33618
EMAIL TO: Info@CVST.org	