

2019 FHSAA 3A Region 3 Championship
Hosted By: Countryside High School
Session Report

Session: 1 2019 FHSAA Regional Championship Dive
 Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 1 mtr Diving	18	1	09:00 AM	_____
Finals	10 Boys 1 mtr Diving	6	1	09:55 AM	_____
	Swimmers Counts for Warm-ups: 24	=====	=====		
	Entry / Heat Totals:	24	2		
	Finish Time			10:13 AM	_____

Session: 2 2019 FHSAA Regional Championship Swim
 Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 200 Medley Relay	16	2	05:00 PM	_____
Finals	2 Boys 200 Medley Relay	16	2	05:06 PM	_____
Finals	3 Girls 200 Freestyle	24	3	05:12 PM	_____
Finals	4 Boys 200 Freestyle	24	3	05:19 PM	_____
Finals	5 Girls 200 IM	24	3	05:27 PM	_____
Finals	6 Boys 200 IM	24	3	05:36 PM	_____
Finals	7 Girls 50 Freestyle	24	3	05:44 PM	_____
Finals	8 Boys 50 Freestyle	24	3	05:47 PM	_____
	Break: 15 Minutes:				
Finals	11 Girls 100 Butterfly	24	3	06:05 PM	_____
Finals	12 Boys 100 Butterfly	24	3	06:09 PM	_____
Finals	13 Girls 100 Freestyle	24	3	06:14 PM	_____
Finals	14 Boys 100 Freestyle	24	3	06:18 PM	_____
Finals	15 Girls 500 Freestyle	24	3	06:22 PM	_____
Finals	16 Boys 500 Freestyle	24	3	06:41 PM	_____
Finals	17 Girls 200 Freestyle Relay	16	2	06:58 PM	_____
Finals	18 Boys 200 Freestyle Relay	16	2	07:03 PM	_____
	Break: 10 Minutes:				
Finals	19 Girls 100 Backstroke	24	3	07:17 PM	_____
Finals	20 Boys 100 Backstroke	24	3	07:23 PM	_____
Finals	21 Girls 100 Breaststroke	24	3	07:28 PM	_____
Finals	22 Boys 100 Breaststroke	24	3	07:34 PM	_____
	Break: 5 Minutes:				
Finals	23 Girls 400 Freestyle Relay	16	2	07:44 PM	_____
Finals	24 Boys 400 Freestyle Relay	16	2	07:53 PM	_____
	Swimmers Counts for Warm-ups: 223	=====	=====		
	Entry / Heat Totals:	480	60		