



**2019 FLORIDA SWIMMING  
Harry Meisel Championships –  
WEST**



- SANCTIONED BY:** Florida Swimming Member of USA Swimming Sanction # 4946
- CONDITION OF SANCTION:**
1. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
  2. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
  3. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
  4. Operation of a drone, or any other flying apparatus, is prohibited over the venue ( pools, athlete/coach, spectator areas and open ceiling locker rooms) anytime athletes, coaches, officials and/ or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.
  5. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- HOSTED BY:** SPA – TBAC
- TYPE OF MEET:** 25 Yard short course - 8 & U, 9-10, 11-12, 13-14, 15-18 timed finals
- \*\*Flyover starts may be used at the discretion of the meet management and referee.
- DATE AND TIME:** Saturday and Sunday, December 14-15, 2019  
11&12, 13 & 14, 15-18, 9:30 A.M. start; 8&U and 9-10, 10:00 A.M. start
- LOCATION:** North Shore Pool  
901 North Shore Drive, NE  
St. Petersburg, FL 33701
- POOL SPECS:** Certified 50 meter, outdoor pool with a maximum of 20 short course racing lanes having a minimum depth of 4 feet and non-turbulent lane lines. Double lane rope buffer and a minimum of two 25 yard lanes for constant warm down.
- TIMING EQUIPMENT:** Colorado Timing System with scoreboard, manual back-up watches.
- WARM UP:** Swimmers must enter the pool feet first with one hand on the pool deck unless doing a racing start while supervised by a coach in the appropriate lane at the appropriate time.
- WARM UP TIMES:** 8:00 a.m. to 9:15a.m. for 11 & 12, 13 & 14 and 15 - 18 age group; 9:15a.m. to 9:45 a.m. for 8 & Under and 9-10 age groups.
- ELIGIBILITY:** On deck registration will be allowed. The 2018 USA-S form and fee must be presented to the Referee.  
Open to all currently registered USA Swimming swimmers who meet the qualifying time standards.
- ENTRY LIMIT:** Five (5) individual events per day plus relays. A swimmer whose entry exceeds that limit will be considered entered in the first 5 individual events listed on the entry.
- SEEDING:** Seeding for the meet shall be by short course yard times, then long course meter times. Short course meter times and **CONVERSION TIMES ARE NOT ALLOWED.**  
Relay forms will be available at the Clerk of Course.
- SCRATCHES:** No penalty for scratching at the block.

RELAY ENTRIES: Teams may only enter two (2) relays per event

ENTRY FORM: Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. A signed hard copy printout is acceptable as proof of entry in place of the enclosed entry forms. Free text e-mail entries will not be accepted. Disk or e-mailed entries must be accompanied by a backup hard copy of the entry. List all attending coaches, contact phone numbers, and RELAY ONLY swimmers in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent upon receipt of file. If using the enclosed Entry Form, the form will serve as proof of entry. The legal name and current USA Swimming Registration Number for each swimmer must be listed on the Entry Form, including “relay-only” swimmers. The Master Entry Form must accompany the proof of entries and a current USA Swimming Member must sign the form.

DECK ENTRIES: \$10.00 per individual deck entry to fill existing heats only (the facility fee and heat sheet fee will be collected if the swimmer is not already entered into the meet). No new heats will be created. Deck entries will be accepted by the referee or his/her designee up to 30 minutes before the start of each session. Swimmers must meet the time standards for the meet. A swimmer may not drop an already-entered event to deck enter another; the entry limit still applies. \$10.00 for Relay team’s deck entered.

ENTRY FEES: \$4.15 per individual event.  
\$ 5.00 per relay event.  
\$10.00 facility charge per swimmer entered.  
\$2.00 per swimmer heat sheet fee  
SINGLE CHECK PER TEAM – NO INDIVIDUAL CHECKS

HEAT SHEETS : Will be posted on [floridaswimming.org](http://floridaswimming.org) no later than 48 hours prior to the start of the meet. These are to be printed and brought to the meet. A \$2.00 charge will be applied to each swimmer’s entry fee. Coaches, please make your team aware of this.

ENTRY DEADLINE: Entries must be received by 6:00 p.m. on Saturday, December 7th , 2019.  
A check or money order, payable to St. Petersburg Aquatics must accompany the entries.

Mail first class to:  
**Fred Lewis – North Shore Pool**  
**901 North Shore Drive NE**  
**Saint Petersburg, Florida 33701**  
**772 440 9382**  
**swimstpete@aol.com**

OFFICIALS: Subject to change by local official’s chairman  
Meet Referee: Gary Sanderson  
Lead Chief Judge: Brett Ewald  
Starter: Michelle Walker, Ken Walker,  
Head Stroke & Turn: Kevin Mooren  
Marshal: Samantha Mooren,  
Meet Manager: Fred Lewis  
Admin Official: John Ware

SCORING: Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relay: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

AWARDS: Team: High Point - 1st - 3rd  
Team Spirit Award (Picked by Committee)

Individual events: 1st - 3rd medals 4th - 8th ribbons  
Relays: 1st - 3rd medals 4th - 8th ribbons

TEAM REP.: Prior to the start of the meet, the name of one person other than the coach, who may check with the referee about any matter pertaining to the team may be given to the referee. The coach and that person ONLY will be recognized. Each team will provide supervision for its team as designated by the safety officer.

- IDENTIFICATION:** Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet or prove registration with Deck Pass.
- CAMERA ZONES:** Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of “Camera Zones” at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable “Camera Zones” may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a “start-end,” etc. Meet Management shall also designate “Non-Camera Zones.” Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
- FOR INFORMATION:** Fred Lewis, [swimstpete@aol.com](mailto:swimstpete@aol.com), 727- 440 9382
- RULES:** Current USA Swimming technical rules will govern.

### **WARM UP SCHEDULE**

**No equipment may be used at any time**

The first half is general warm up as follows

- LANE 1 Push off 25’s pace circle swim
- LANE 2 Swim and pull only push off
- LANE 3 Swim and pull only push off
- LANE 4 Swim and pull only push off
- LANE 5 Swim and pull only push off
- LANE 6 Swim and pull only push off
- LANE 7 Swim and pull only push off
- LANE 8 Push off 25’s pace circle swim

The second half is controlled warm up as follows

- LANE 1 Push off 25’s pace circle swim
- LANE 2 Racing start one length only from the east end only
- LANE 3 Swim and pull only push off
- LANE 4 Swim and pull only push off
- LANE 5 Swim and pull only push off
- LANE 6 Swim and pull only push off
- LANE 7 Racing start one length only from the east end only
- LANE 8 Push off 25’s pace circle swim

**One hand must be on the pool deck when swimmers enter the water, unless doing a racing start while supervised by a coach in the appropriate lane at the appropriate time.**

**Warm ups may be modified by the Referee or Meet Management to suit the needs of the competitors.**

**2019 Florida Swimming Harry Meisel Championships – WEST**  
**Order of Events**

*(Entry Times entered must be "slower than" listed in the Order of Events)*

**Saturday, December 14**

**Session 1 Warm up 8:00am to 9:15am**

**Meet starts at 9:30 am**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>	<b>Girls (SLOWER THAN)</b> <u>SCY</u>	<b>Boys</b> <u>SCY</u>
1-2	11 - 12	100 Free	1:00.49(11) :59.49(12)	1:00.99(11) :59.09(12)
3-4	13-14	100 Free	:56.79(13) :55.79(13)	:54.59(13) :53.09(14)
5-6	15-18	100 Free	:56.59	:51.69
7-8	11-12	50 Breast	:37.19(11) :35.39(12)	:38.09(11) :36.29(12)
9-10	13-14	100 Breast	1:14.19(13) 1:13.29(14)	1:12.09(13) 1:08.79(14)
11-12	15-18	100 Breast	1:14.49	1:06.79
13-14	11-12	100 Back	1:10.19(11) 1:08.59(12)	1:11.89(11) 1:08.89(12)
15-16	13-14	200 Back	2:18.79(13) 2:16.59(14)	2:16.99(13) 2:11.89(14)
17-18	15-18	200 Back	2:18.99	2:12.09
19-20	11-12	50 Fly	:31.09(11) :29.89(12)	:31.99(11) :30.79(12)
21-22	13-14	100 Fly	1:03.29(13) 1:01.89(14)	1:02.69(13) :58.99(14)
23-24	15-18	100 Fly	1:02.39	:55.99
25-26	11-12	100 IM	1:10.99(11) 1:09.19(12)	1:11.49(11) 1:09.59(12)
27-28	13-14	200 IM	2:20.19(13) 2:18.79(14)	2:15.99(13) 2:09.39(14)
29-30	15-18	200 IM	2:19.59	2:08.49
31-32	11-12	200 Free Relay	-----	-----
33-34	13-14	200 Free Relay	-----	-----
35-36	Open	200 Free Relay	-----	-----
37-38	Open	**500 Free	5:14.79(OPEN) 5:23.39(15-18)	4:54.79(OPEN) 5:05.59(15-18)

**Session 2 Warm up 9:15am to 9:45am**

**Meet Starts at 10:00am**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>	<b>Girls (SLOWER THAN)</b> <u>SCY</u>	<b>Boys</b> <u>SCY</u>
39-40	9-10	100 Free	1:10.19	1:10.79
41-42	8&U	50 Free	31.69	31.89
43-44	9-10	50 Breast	41.99	43.49
45-46	8&U	25 Breast	-----	-----
47-48	10&U	**100 Back	1:21.19	1:21.19
49-50	8&U	50 Back	37.59	38.09
51-52	9-10	50 Fly	35.99	36.69
53-54	8&U	25 Fly	-----	-----
55-56	9-10	100 IM	1:19.99	1:22.29
57-58	8&U	100 IM	1:19.99	1:22.29
59-60	10&U	*100 Free Relay	-----	-----
61-62	8&U	*100 Free Relay	-----	-----
63-64	10&U	**200 Free	2:32.69	2:31.89

**( Entry Times must be "SLOWER THAN" times listed in Order of Events**

**Sunday, December 15**

**Session 3 Warm up 8:00am to 9:15am**

**Meet starts at 9:30 am**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>	<u>Girls (SLOWER THAN)</u> <u>SCY</u>	<u>Boys</u> <u>SCY</u>
65-66	13-18	*,**100 IM	1:09.12 -----	1:09.59 -----
67-68	11-12	200 Free	2:12.19(11) 2:09.49(12)	2:14.69(11)2:09.69(12)
69-70	13-14	200 Free	2:02.39(11) 2:00.09(12)	1:58.79(11)1:54.39(12)
71-72	15-18	200 Free	2:01.19	1:52.99
73-74	11-12	100 Fly	1:10.49(11) 1:07.69(12)	1:11.69(11)1:09.69(12)
75-76	13-14	200 Fly	2:23.39(13)2:19.49(14)	2:20.29(13)2:15.09(12)
77-78	15-18	200 Fly	2:21.99	2:12.19
79-80	11-12	50 Back	:32.99(11):32.09(12)	:33.49(11) :32.49(12)
81-82	13-14	100 Back	1:04.39(13) 1:03.69(14)	1:02.69(13)1:00.29(12)
83-84	15-18	100 Back	1:03.79	:59.09
85-86	11-12	100 Breast	1:20.29(11) 1:18.49(12)	1:22.09(11) 1:19.69(12)
87-88	13-14	200 Breast	2:40.99(13) 2:39.19(14)	2:35.29(13) 2:31.59(14)
89-90	15-18	200 Breast	2:41.39	2:25.99
91-92	11-12	50 Free	28.19(11) 27.39(12)	28.29(11) 27.39(12)
93-94	13-14	50 Free	26.29(13) 25.79(14)	24.89(13) 24.59(14)
95-96	15-18	50 Free	25.99	23.79
97-98	11-12	200 Medley Relay	-----	-----
99-100	13-14	200 Medley Relay	-----	-----
101-102	Open	200 Medley Relay	-----	-----
103-104	11-12	200 IM	2:31.99(11) 2:28.29(12)	2:34.69(11)2:28.69(12)
105-106	Open	**400 IM	4:53.69(15-18) 4:49.49(OPEN)	4:45.29(15-18) 4:30.49(OPEN)

**Session 4 Warm up 9:15am to 9:45am**

**Meet starts at 10:00am**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>	<u>Girls (SLOWER THAN)</u> <u>SCY</u>	<u>Boys</u> <u>SCY</u>
107-108	8&U	25 Free	-----	-----
109-110	9-10	50 Free	31.69	31.89
111-112	8&U	50 Fly	35.99	36.69
113-114	10&U	**100 Fly	1:23.99	1:25.59
115-116	8&U	25 Back	-----	-----
117-118	9-10	50 Back	37.59	38.09
119-120	8&U	50 Breast	41.99	43.49
121-122	10&U	**100 Breast	1:33.39	1:34.69
123-124	8&U	*100 Medley Relay	-----	-----
125-126	10&U	*100 Medley Relay	-----	-----
127-128	8&U	100 Free	1:10.19	1:10.79
129-130	10&U	**200 IM	2:53.39	2:55.29

\* THESE EVENTS ARE NOT RECOGNIZED BY USA SWIMMING AND FLORIDA SWIMMING AND ARE ONLY INCLUDED IN THIS MEET FOR THE PURPOSES OF HAVING FUN. ☺

\*\*AWARDED AND SCORED WITHIN AGE GROUP

**MASTER ENTRY FORM  
2019 FLORIDA SWIMMING SHORT COURSE  
Harry Meisel Championships - WEST**

**COURSE: 25 YARD  
DATE OF MEET: DECEMBER 14-15, 2019**

TEAM NAME \_\_\_\_\_ CALL LETTERS \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

COACH \_\_\_\_\_ HOME PHONE \_\_\_\_\_ OFFICE PHONE \_\_\_\_\_

**SWIMMER/COACH REGISTRATION**

I certify that all individuals listed on the attached entry forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on deck supervising the activities of these individuals during all warm up and competitive sessions at the meet.

NAME OF COACH	TEAM
_____	_____
_____	_____

I certify that the individuals listed above are currently registered USA-S Coach Members, and that I am a current USA-S registered Non-athlete member.

\_\_\_\_\_  
Signature (MUST be a USA-S member)                      Team                      Date

**Entries must be received by Saturday, December 7, 2019, no later than 6:00 p.m..**

Email to [swimstpete@aol.com](mailto:swimstpete@aol.com) and mail paper and HY Tek Export entries to:

**FINANCIAL RECAP**

WE HAVE ENTERED THE FOLLOWING:

Total number of swimmers entered	_____	
Women's individual events	_____	at \$ 4.15 each = \$ _____
Men's individual events	_____	at \$ 4.15 each = \$ _____
Women's relay events	_____	at \$ 5.00 each = \$ _____
Men's relay events	_____	at \$ 5.00 each = \$ _____
Facility surcharge	_____	at \$ 10.00 each = \$ _____
Heat sheet surcharge	_____	at \$ 2.00 each = \$ _____
TOTAL ENTRY FEES PAID = \$		_____

**MAKE CHECKS PAYABLE TO: St. Petersburg Aquatics ( SINGLE CHECK PER TEAM )**