

# SPA/PYP WARM-UP LANE ASSIGNMENTS

## LOCKER ROOM COURSE

	FRIDAY	SATURDAY	SUNDAY
LANE 10	SRQ	SRQ	SRQ
LANE 9	SRQ	SRQ	SRQ
LANE 8	SRQ	SRQ	SRQ
LANE 7	SRQ	SRQ	SRQ
LANE 6	CAT	SRQ-KSA-UNCH	SRQ
LANE 5	ACC	WFLA	PS
LANE 4	ACC-SWIM	WFLA-UNBW	WFLA
LANE 3	WFLA	PS	WFLA
LANE 2	WFLA-HCTY	CAT	ACC
LANE 1	VAST	HCTY-SWIM	ACC-UN-P
BUFFER	RAD-PS	RAD-UN-P	CAT-KSA-UNCH

## DIVING BOARD

BUFFER	RXA	VAST-WCA	RAD-HCTY
LANE 10	RXA	RXA	SWIM-ROCO
LANE 9	TBAC	ACC	TBAC-WCA
LANE 8	PYP	ACC	VAST
LANE 7	PYP	PYP	RXA
LANE 6	SPA-UF	PYP	PYP
LANE 5	SPA-CPAC	TBAC-BULL	PYP
LANE 4	SPA-ROCO	SPA-CPAC	SPA-BERK
LANE 3	SPA-BULL	SPA-UF	SPA-UF
LANE 2	SPA	SPA-ROCO	SPA-BULL
LANE 1	SPA	SPA-BERK	SPA

## BAYSIDE COURSE