

2022 SUMMER AREA 3 CHAMPIONSHIPS
JULY 22-23-24 2022
Sanction #

HOSTED BY: SAINT PETERSBURG AQUATIC CLUB

NO TIME ENTRIES WILL NOT BE ACCEPTED - SLOWER THAN FLAGS AND SENIOR CHAMPS
TIME STANDARDS FOR ALL AGE GROUP and SENIOR AGE GROUP EVENTS.

" In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

Deck Changing: Deck changing is NOT PERMITTED AT THE NORTH SHORE POOL.

Condition of Sanction: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmers legal guardian to ensure compliance with this requirement.

The City of Saint Petersburg and the FAA prohibit the flying of Drones in and around the North Shore Pool.

The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

TYPE OF MEET: Outdoor, 25 yard, possible dual courses with maximum of 20 lanes.

8 & Under and 10 & Under and 9 & 10 - Timed Finals 500 Free, 400 IM, 1000 Free - Timed Finals

ALL OF FRIDAY'S EVENTS WILL BE SWUM FASTEST TO SLOWEST

Prelims: Normal Age Groups 11 & 12, 13 & 14, 15 & 16, Seniors. Finals will be conducted as Championships Finals "ONLY" for Top 10 qualifiers in each individual age; 11's, 12's, 13's, 14's, 15's and 16 year olds. Seniors will swim Championship Finals followed by a Consolation Final
FINALS: In each event of the Finals session, the heats will be organized with the Finals first and then the Consolation Finals in that order. Swimmers will be announced in the water.

ALTERNATES: Alternates wishing to swim must report to the deck referee and be standing ready to swim at the starter stand by the start of the race. The fastest swimmer from the consolation heat will be moved into finals and an alternate into consolation finals.

DATE & TIME:

Friday 7/22, 5:00pm - ALL EVENTS ON FRIDAY ONLY WILL BE FASTEST TO SLOWEST

Saturday 7/23, Sunday 7/24:

Morning 11 & Older Session - 8:00am Start - 6:30am Warm-up
10 & Under Session - 35 minutes after conclusion of morning session.

Finals, Saturday & Sunday - Not before 3:00pm (TBA at Coach's meeting on Friday at 4:45pm) - Warm-up start 45 MINUTES before Finals.

LOCATION:

North Shore Pool
901 North Shore Drive NE
Saint Petersburg, Florida
33701

POOL SPECS:

Certified, outdoor, 25 yard, 22 lane pool.
Competition pool depth minimum of four feet at start and turn end, separate warm-up lanes

TIMING & SCORING: Colorado Time Systems with scoreboard.

WARMUP:

Friday, 3:30pm,
Saturday, & Sunday Mornings (11 & Older 6:30am to 7:45am) (10 & under for 30 minutes after conclusion of 11 and older morning session)
Finals - 45 minutes before start

ELIGIBILITY:

Open to all currently registered USA swimmers in Area 3 only who have not achieved the current FLAGS or Senior Champ. Cuts in their age group. Any swimmer entered with a time faster than the appropriate time for that event will not be allowed to swim in that event.

SEEDING:

Short course, 25 yard times will be used for seeding. Conversion times are not permitted. Times will be seeded by yard times first and then long course meter times.

SCRATCHES:

No penalty for scratches on the block during prelims WITH EXCEPTION OF DECK SEEDED EVENTS. Any swimmer entered in an individual event that is seeded at the meet who has checked in for that event, must swim that event unless he/she notifies the Clerk of Course before the seeding of that event has begun if he/she wishes to scratch. Failure to do so will result in his/her barring from their next individual event in which he/she is entered on that day or the next day whichever comes first. FINALS: Any swimmer qualifying for a consolation final or final race who fails to compete in said consolation final or final race shall be barred from his/her next event, unless: A) The referee is notified in the event of illness or injury and accepts the proof thereof, or B) A swimmer qualifying for a consolation final or final race based upon the results of the preliminaries notifies the clerk of course within 30 minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions to scratch within 30 minutes following their last individual preliminary event. In the event of weather delays. The meet committee may suspend any or all penalties.

ENTRY LIMIT: All Swimmers will be limited to three (3) individual events per day plus relays. Swimmers posting entries over the entry limit will be as entered in the first three (3) events. No limit on relay entries, but each team should designate relay "A", "B", "C" etc.

DECK ENTRIES: Deck entries will be accepted by the referee in timed finals or Prelim events, including relays, provided that no new heats are created; that the swimmer does not exceed the permitted number of events, and the swimmer does not exceed the cut off times. A swimmer may not scratch or fail to appear in an event in order to deck enter another event. The fee is \$10.00 per individual and \$10.00 per relay event made payable immediately. Any deck seeded entries must be approved by the Referee a minimum of 45 min. before the start of that session.

ENTRY FORMS: Entries must be submitted HyTek, e-mail or disk, please include print out of entries. Manual entries will be accepted and charged an extra \$50.00. The entry recap and coaching certification must also be completed and signed. Order of Events, Master Entry Form, entry print out and Proof of Registration attached.

ENTRY FEE: \$15 Facility fee per swimmer
\$7.00 per prelim/final event
\$4.50 per 10 and under individual event
\$3 per swimmer Heat Sheet Surcharge

Make checks payable to: SAINT PETERSBURG AQUATIC CLUB

ENTRY DEADLINE: All entries must be received by 6:00 pm Tuesday, July 12th, 2022. Please mail by Express Mail, Federal Express, UPS Next Day, or other rapid mail service. NO FAX ENTRIES WILL BE ACCEPTED. MAIL TO:
FRED LEWIS - NORTH SHORE POOL
901 NORTH SHORE DR. NE
SAINT PETERSBURG, FLORIDA 33701
EMAIL: SWIMSTPETE@AOL.COM

AWARDS: Individual Events: Senior Events - Ribbons, - 1st - 10th Place
Age Group - Medals - 1st - 3rd Place
Ribbons - 4th - 10th Place

RULES: Current USA Swimming Technical rules will govern the meet. Safety rules, as outlined by USA Swimming and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. The USA Swimming "no recall" start will be used as outlined in 102.14.4H

STARTS: The "fly-over or immediate climbout" start may be used at the discretion of the head referee for any/or all of the events in the meet.

TEAM REPRESENTATIVE: Prior to the start of the meet, each team may give the name of one other person other than the coach to the meet referee. The Meet Referee will recognize only the coach and the person so designated as the representatives of the team. Prior to the start of the meet all teams must present a list of current USA Swimming certified coaches attending the meet and representing their team. Unattached coaches not entering any swimmers in the meet (not the coach of record designated by the team) will not have deck access.

OFFICIALS: Head Referee: Doreen Sprague
Admin Official: John Ware and Samantha Mooren
Starter: Ken Walker, Michelle Walker, Kevin Mooren,
Nathan Dean Head Stroke & Turn: Charlotte Petersen
Marshall: Joe Novak, Joe Finke
Meet Directors: Fred Lewis and Patty Nardozzi

Camera Zones: Still and video photography will be allowed from the bleacher area only EXCEPT DURING THE START OF THE 25 YARD EVENTS. Cameras are not permitted on the pool deck or in the locker room area.

DISTANCE CHECK IN:

All coaches must check in their swimmers for the 500 freestyle by 4:00pm, the 400 IM by 4:30pm on Friday, the 1000 freestyle by 8:30 am on Saturday. Swimmers missing check-in for any deck seeded events may swim in an empty lane. NO NEW HEATS WILL BE CREATED.

WARM UP SCHEDULE

UNTIL THE LAST HALF HOUR THE WARM UP SCHEDULE WILL BE:

LANE:

- 1 Push off 50's pace (circle swimming-NO EQUIPMENT)
- 2 Racing starts one length only(from the west end only-NO EQUIPMENT)
- 3 Swimming and pulling only (push off - NO EQUIPMENT)
- 4 Swimming and pulling only (push off - NO EQUIPMENT)
- 5 Swimming and pulling only (push off - NO EQUIPMENT)
- 6 Swimming and pulling only (push off - NO EQUIPMENT)
- 7 Swimming and pulling only (push off - NO EQUIPMENT)
- 8 Push off 50's pace (circle swimming-NO EQUIPMENT)

THE LAST 1/2 (ONE-HALF) HOUR IS CONTROLLED WARM-UP AS FOLLOWS:

LANE:

- 1 Push off 50's pace (circle swimming-NO EQUIPMENT)
- 2 Racing starts one length only(from the west end only-NO EQUIPMENT)
- 3 Racing starts one length only(from the west end only-NO EQUIPMENT)
- 4 Swimming and pulling only (push off - NO EQUIPMENT)
- 5 Swimming and pulling only (push off - NO EQUIPMENT)
- 6 Racing starts one length only(from the west end only-NO EQUIPMENT)
- 7 Racing starts one length only(from the west end only-NO EQUIPMENT)
- 8 Push off 50's pace (circle swimming-NO EQUIPMENT)

When entering pool one hand must be on deck, feet first entry except when doing a racing start off the block.

ORDER OF EVENTS

Summer Area 3 Championships

NO TIME ENTRIES WILL NOT BE ACCEPTED FOR THIS MEET

ALL EVENTS ON FRIDAY (ONLY) ARE FASTEST TO SLOWEST

Friday, July 22, 2022 Warm-up-3:30PM Timed Finals-5:00PM

EVENT #	AGE	EVENT
1-2	Senior	50 Butterfly
3-4	10 & Under	200 Freestyle
5-6	Senior	50 Backstroke
7-8	11-12	500 Freestyle *1
9-10	13-14	500 Freestyle *1
11-12	15-16	500 Freestyle *1
13-14	Senior	500 Freestyle *1
15-16	Senior	50 Breaststroke
17-18	10 & Under	200 IM
19-20	11-12	200 IM
21-22	13-14	400 IM *2
23-24	15-16	400 IM *2
25-26	Senior	400 IM *2

Saturday, July 23, 2022 Warm-up 6:30AM Prelims 8:00AM Finals TBA \$

EVENT #	AGE	EVENT
27-28	11-12	50 Freestyle
29-30	13-14	50 Freestyle
31-32	15-16	50 Freestyle
33-34	Senior	50 Freestyle
35-36	11-12	50 Breaststroke
37-38	13-14	100 Breaststroke
39-40	15-16	100 Breaststroke
41-42	Senior	100 Breaststroke
43-44	11-12	100 Backstroke
45-46	13-14	200 Backstroke
47-48	15-16	200 Backstroke
49-50	Senior	200 Backstroke
51-52	11-12	200 Medley Relay *7
53-54	13-14	200 Medley Relay *7
55-56	Senior	200 Medley Relay *7
57-58	11-12	100 Butterfly
59-60	13-14	100 Butterfly
61-62	15-16	100 Butterfly
63-64	Senior	100 Butterfly
65-66	11-12	100 IM
67-68	13-14	200 IM
69-70	15-16	200 IM
71-72	Senior	200 IM
73-74	Senior	1000 Freestyle *3

Saturday, July 23, 2022 Warm-up for 30 min after #74
Timed Finals for 8 & Under and 10 & Under.

EVENT #	AGE	EVENT
75-76	9-10	25 Butterfly
77-78	8 & Under	25 Freestyle
79-80	9-10	50 Freestyle
81-82	8 & Under	25 Breaststroke
83-84	9-10	50 Breaststroke
85-86	8 & Under	50 Backstroke
87-88	9-10	100 Backstroke
89-90	8&U	100 Medley Relay *7
91-92	10&U	100 Medley Relay *7
93-94	8 & Under	50 Butterfly
95-96	9-10	100 Butterfly
97-98	8 & Under	100 IM *6
99-100	9-10	100 IM
101-102	9-10	25 Freestyle *4

Sunday, July 24, 2022 Warm-up 6:30AM Prelims 8:00AM Finals TBA \$

EVENT #	AGE	EVENT
103-104	11-12	200 Freestyle
105-106	13-14	200 Freestyle
107-108	15-16	200 Freestyle
109-110	Senior	200 Freestyle
111-112	11-12	50 Backstroke
113-114	13-14	100 Backstroke
115-116	15-16	100 Backstroke
117-118	Senior	100 Backstroke
119-120	11-12	100 Breaststroke
121-122	13-14	200 Breaststroke
123-124	15-16	200 Breaststroke
125-126	Senior	200 Breaststroke
127-128	11-12	200 Free Relay *7
129-130	13-14	200 Free Relay *7
131-132	Senior	200 Free Relay *7
133-134	11-12	100 Freestyle
135-136	13-14	100 Freestyle
137-138	15-16	100 Freestyle
139-140	Senior	100 Freestyle
141-142	11-12	50 Butterfly
143-144	13-14	200 Butterfly
145-146	15-16	200 Butterfly
147-148	Senior	200 Butterfly

Sunday, February 27, 2022 2022 Warm-up for 30 min after #148
Timed Finals for 8 & Under and 10 & Under.

EVENT #	AGE	EVENT
149-150	9-10	25 Backstroke
151-152	8 & Under	50 Freestyle
153-154	9-10	100 Freestyle
155-156	8 & Under	50 Breaststroke
157-158	9-10	100 Breaststroke
159-160	8&U	100 Free Relay *7
161-162	10&U	100 Free Relay *7
163-164	8 & Under	25 Backstroke
165-166	9-10	50 Backstroke
167-168	8 & Under	25 Butterfly
169-170	9-10	50 Butterfly
171-172	9-10	25 Breaststroke *4
173-174	8 & Under	100 Freestyle

*1 All 500 yard freestyles will be deck seeded as one event and scored separately. All swimmers must be check in by 4:00pm.

*2 All 400 yard IMs will be deck seeded as one event and scored separately. All swimmers must be check in by 4:30 pm.

*3 All 1000 freestyles will be a deck seeded event. All swimmers must be check in by 8:30am and provide their own timer stop watch, and counter. NO TIME ENTRIES WILL NOT BE ACCEPTED!! PLEASE ONLY ENTER SWIMMERS THAT NEED CUTS AND SEED TIMES. MEET DIRECTOR RESERVES THE RIGHT TO SWIM 2 FEMALE AND 2 MALE HEATS AT THE END OF THE MORNING SESSION AND MOVE ALL THE REMAINING HEATS TO AFTER THE END OF THE AFTERNOON SESSION.

*4 Not a USA Swimming recognized event.

*6 Coaches, please use common sense when entering this event and do not enter swimmers who are not strong enough for four lengths of the pool...

*7 All relays will be dedeed together (by gender) as one event and scored separately.

\$ Exact starting time for Finals will be announced at the Coach's meeting on Friday at 4:45pm