

2022 WINTER AREA 3 CHAMPIONSHIPS
FEBRUARY 25, 26, 27 2022
Sanction #FL-5937

HOSTED BY: SAINT PETERSBURG AQUATIC CLUB

NO TIME ENTRIES WILL NOT BE ACCEPTED - SLOWER THAN FLAGS AND SENIOR CHAMPS
TIME STANDARDS FOR ALL AGE GROUP EVENTS. SENIOR OR OPEN EVENTS HAVE NO
RESTRICTIONS.

" In granting this approval it is understood and agreed that USA
Swimming shall be free and held harmless from any liabilities or claims
from damages arising by reason of injuries to anyone during the conduct
of the event."

Condition of Sanction: Any swimmer entered in the meet, unaccompanied by
a USA Swimming member coach, must be certified by a USA Swimming member
coach as being proficient in performing a racing start or must start
each race from within the water. It is the responsibility of the swimmer
or the swimmers legal guardian to ensure compliance with this
requirement.

The City of Saint Petersburg and the FAA prohibit the flying of Drones
in and around the North Shore Pool.

Deck Changing: Deck changing is NOT PERMITTED AT THE NORTH SHORE POOL.

The competition course has been certified in accordance with
104.2.2c(4). The copy of such certification is on file with USA
Swimming.

All applicable adults participating in or associated with this meet,
acknowledge that they are subject to the provisions of the USA Swimming
Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they
understand that compliance with the MAAPP policy is a condition of
participation in the conduct of this competition.

TYPE OF MEET: Outdoor, 25 yard, possible dual courses with maximum of 20
lanes.

8 & Under and 10 & Under and 9 & 10 - Timed Finals 500 Free, 400 IM,
1000 Free, 1650 Free - Timed Finals

ALL OF FRIDAY'S EVENTS WILL BE SWUM FASTEST TO SLOWEST

Prelims: Normal Age Groups 11 & 12, 13 & 14, 15 & 16, Seniors. Finals
will be conducted as Championships Finals "ONLY" for Top 10 qualifiers
in each individual age; 11's, 12's, 13's, 14's, 15's and 16 year olds.
Seniors will swim Championship Finals followed by a Consolation Final
FINALS: In each event of the Finals session, the heats will be
organized with the Finals first and then the Consolation Finals in
that order. Swimmers will be announced in the water.

ALTERNATES: Alternates wishing to swim must report to the deck referee
and be standing ready to swim at the starter stand by the start of the
race. The fastest swimmer from the consolation heat will be moved into
finals and an alternate into consolation finals.

DATE & TIME:

Friday 2/25, 5:00pm - ALL EVENTS ON FRIDAY ONLY WILL BE FASTEST TO SLOWEST

Saturday, Sunday:

Morning 11 & Older Session - 8:00am Start - 6:30am Warm-up 10 & Under Session - 35 minutes after conclusion of morning session.

Finals, Saturday & Sunday - Not before 3:00pm (TBA at Coach's meeting on Friday at 4:45pm) - Warm-up start 45 MINUTES before Finals.

LOCATION:

North Shore Pool
901 North Shore Drive NE
Saint Petersburg, Florida
33701

POOL SPECS:

Certified, outdoor, 25 yard, 22 lane pool.
Competition pool depth minimum of four feet at start and turn end, separate warm-up lanes

TIMING & SCORING: Colorado Time Systems with scoreboard.

WARMUP:

Friday, 3:30pm,
Saturday, & Sunday Mornings (11 & Older 6:30am to 7:45am) (10 & under for 30 minutes after conclusion of 11 and older morning session)
Finals - 45 minutes before start

ELIGIBILITY:

Open to all currently registered USA swimmers in Area 3 only who have not achieved the current FLAGS or Senior Champ. Cuts in their age group. Any swimmer entered with a time faster than the appropriate time for that event will not be allowed to swim in that event. Open and Senior events have no restrictions for the 2022 Winter Area 3 Championships.

SEEDING:

Short course, 25 yard times will be used for seeding. Conversion times are not permitted. Times will be seeded by yard times first and then long course meter times.

SCRATCHES:

No penalty for scratches on the block during prelims WITH EXCEPTION OF DECK SEEDED EVENTS. Any swimmer entered in an individual event that is seeded at the meet who has checked in for that event, must swim that event unless he/she notifies the Clerk of Course before the seeding of that event has begun if he/she wishes to scratch. Failure to do so will result in his/her barring from their next individual event in which he/she is entered on that day or the next day whichever comes first. FINALS: Any swimmer qualifying for a consolation final or final race who fails to compete in said consolation final or final race shall be barred from his/her next event, unless: A) The referee is notified in the event of illness or injury and accepts the proof thereof, or B) A swimmer qualifying for a consolation final or final race based upon the results of the preliminaries notifies the clerk of course within 30 minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions to scratch within 30 minutes

following their last individual preliminary event. In the event of weather delays.

The meet committee may suspend any or all penalties.

ENTRY LIMIT: All Swimmers will be limited to three (3) individual events per day plus relays. Swimmers posting entries over the entry limit will be as entered in the first three (3) events. No limit on relay entries, but each team should designate relay "A", "B", "C" etc.

DECK ENTRIES: Deck entries will be accepted by the referee in timed finals or Prelim events, including relays, provided that no new heats are created; that the swimmer does not exceed the permitted number of events, and the swimmer does not exceed the cut off times. A swimmer may not scratch or fail to appear in an event in order to deck enter another event. The fee is \$10.00 per individual and \$10.00 per relay event made payable immediately. Any deck seeded entries must be approved by the Referee a minimum of 45 min. before the start of that session.

ENTRY FORMS: Entries must be submitted HyTek, e-mail or disk, please include print out of entries. Manual entries will be accepted and charged an extra \$50.00. The entry recap and coaching certification must also be completed and signed. Order of Events, Master Entry Form, entry print out and Proof of Registration attached.

ENTRY FEE: \$15 Facility fee per swimmer
\$7.00 per prelim/final event
\$4.50 per 10 and under individual event
\$3 per swimmer Heat Sheet Surcharge

Make checks payable to: SAINT PETERSBURG AQUATIC CLUB

ENTRY DEADLINE: All entries must be received by 6:00 pm Tuesday, February 15th, 2022. Please mail by Express Mail, Federal Express, UPS Next Day, or other rapid mail service.

NO FAX ENTRIES WILL BE ACCEPTED. MAIL TO:
FRED LEWIS - NORTH SHORE POOL
901 NORTH SHORE DR. NE
SAINT PETERSBURG, FLORIDA 33701
EMAIL: SWIMSTPETE@AOL.COM

AWARDS: Individual Events: Senior Events - Ribbons, - 1st - 10th Place
Age Group - Medals - 1st - 3rd Place
Ribbons - 4th - 10th Place

RULES: Current USA Swimming Technical rules will govern the meet. Safety rules, as outlined by USA Swimming and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. The USA Swimming "no recall" start will be used as outlined in 102.14.4H

STARTS: The "fly-over or immediate climbout" start may be used at the discretion of the head referee for any/or all of the events in the meet.

TEAM REPRESENTATIVE: Prior to the start of the meet, each team may give the name of one other person other than the coach to the meet referee. The Meet Referee will recognize only the coach and the person so designated as the representatives of the team. Prior to the start of the meet all teams must present a list of current USA Swimming certified coaches attending the meet and representing their team. Unattached coaches not entering any swimmers in the meet (not the coach of record designated by the team) will not have deck access.

OFFICIALS: Head Referee: Doreen Sprague and Michelle Walker
Admin Official: John Ware and Samantha Mooren
Starter: Ken Walker, Kevin Mooren
Head Stroke & Turn: Charlotte Petersen
Marshall: Joe Novak, Joe Finke
Meet Directors: Fred Lewis and Patty Nardozzi

Camera Zones: Still and video photography will be allowed from the bleacher area only EXCEPT DURING THE START OF THE 25 YARD EVENTS. Cameras are not permitted on the pool deck or in the locker room area.

DISTANCE CHECK IN:

All coaches must check in their swimmers for the 500 freestyle by 4:00pm, the 400 IM by 4:30pm on Friday, the 1000 freestyle by 8:30 am on Saturday and 1650 freestyle on Sunday by 8:30am. Swimmers missing checkin for any deck seeded events may swim in an empty lane. NO NEW HEATS WILL BE CREATED.

WARM UP SCHEDULE

UNTIL THE LAST HALF HOUR THE WARM UP SCHEDULE WILL BE:

LANE:

- 1 Push off 50's pace (circle swimming-NO EQUIPMENT)
- 2 Racing starts one length only(from the west end only-NO EQUIPMENT)
- 3 Swimming and pulling only (push off - NO EQUIPMENT)
- 4 Swimming and pulling only (push off - NO EQUIPMENT)
- 5 Swimming and pulling only (push off - NO EQUIPMENT)
- 6 Swimming and pulling only (push off - NO EQUIPMENT)
- 7 Swimming and pulling only (push off - NO EQUIPMENT)
- 8 Push off 50's pace (circle swimming-NO EQUIPMENT)

THE LAST 1/2 (ONE-HALF) HOUR IS CONTROLLED WARM-UP AS FOLLOWS:

LANE:

- 1 Push off 50's pace (circle swimming-NO EQUIPMENT)
 - 2 Racing starts one length only(from the west end only-NO EQUIPMENT)
 - 3 Racing starts one length only(from the west end only-NO EQUIPMENT)
 - 4 Swimming and pulling only (push off - NO EQUIPMENT)
 - 5 Swimming and pulling only (push off - NO EQUIPMENT)
 - 6 Racing starts one length only(from the west end only-NO EQUIPMENT)
 - 7 Racing starts one length only(from the west end only-NO EQUIPMENT)
 - 8 Push off 50's pace (circle swimming-NO EQUIPMENT)
- When entering pool one hand must be on deck, feet first entry except when doing a racing start off the block.

ORDER OF EVENTS

Winter Area 3 Championships

NO TIME ENTRIES WILL NOT BE ACCEPTED FOR THIS MEET

ALL EVENTS ON FRIDAY (ONLY) ARE FASTEST TO SLOWEST

Friday, February 25, 2022 Warm-up-3:30PM Timed Finals-5:00PM

EVENT #	AGE	EVENT
1-2	Senior	50 Butterfly
3-4	10 & Under	200 Freestyle
5-6	Senior	50 Backstroke
7-8	11-12	500 Freestyle *1
9-10	13-14	500 Freestyle *1
11-12	15-16	500 Freestyle *1
13-14	Senior	500 Freestyle *1
15-16	Senior	50 Breaststroke
17-18	10 & Under	200 IM
19-20	11-12	200 IM
21-22	13-14	400 IM *2
23-24	15-16	400 IM *2
25-26	Senior	400 IM *2

Saturday, February 26, 2022 Warm-up 6:30AM Prelims 8:00AM Finals TBA

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EVENT #	AGE	EVENT
27-28	11-12	50 Freestyle
29-30	13-14	50 Freestyle
31-32	15-16	50 Freestyle
33-34	Senior	50 Freestyle
35-36	11-12	50 Breaststroke
37-38	13-14	100 Breaststroke
39-40	15-16	100 Breaststroke
41-42	Senior	100 Breaststroke
43-44	11-12	100 Backstroke
45-46	13-14	200 Backstroke
47-48	15-16	200 Backstroke
49-50	Senior	200 Backstroke
51-52	11-12	100 Butterfly
53-54	13-14	100 Butterfly
55-56	15-16	100 Butterfly
57-58	Senior	100 Butterfly
59-60	11-12	100 IM
61-62	13-14	200 IM
63-64	15-16	200 IM
65-66	Senior	200 IM
67-68	Senior	1000 Freestyle *3

Saturday, February 26, 2022 Warm-up for 30 min after #68
Timed Finals for 8 & Under and 10 & Under.

EVENT #	AGE	EVENT
69-70	9-10	25 Butterfly
71-72	8 & Under	25 Freestyle
73-74	9-10	50 Freestyle
75-76	8 & Under	25 Breaststroke
77-78	9-10	50 Breaststroke
79-80	8 & Under	50 Backstroke
81-82	9-10	100 Backstroke
83-84	8 & Under	50 Butterfly
85-86	9-10	100 Butterfly
87-88	8 & Under	100 IM *6
89-90	9-10	100 IM
91-92	9-10	25 Freestyle *4

Sunday, February 27, 2022 Warm-up 6:30AM Prelims 8:00AM Finals TBA \$

EVENT #	AGE	EVENT
93-94	11-12	200 Freestyle
95-96	13-14	200 Freestyle
97-98	15-16	200 Freestyle
99-100	Senior	200 Freestyle
101-102	11-12	50 Backstroke
103-104	13-14	100 Backstroke
105-106	15-16	100 Backstroke
107-108	Senior	100 Backstroke
109-110	11-12	100 Breaststroke
111-112	13-14	200 Breaststroke
113-114	15-16	200 Breaststroke
115-116	Senior	200 Breaststroke
117-118	11-12	100 Freestyle
119-120	13-14	100 Freestyle
121-122	15-16	100 Freestyle
123-124	Senior	100 Freestyle
125-126	11-12	50 Butterfly
127-128	13-14	200 Butterfly
129-130	15-16	200 Butterfly
131-132	Senior	200 Butterfly
133-134	Senior	1650 Freestyle *5

Sunday, February 27, 2022 2022 Warm-up for 30 min after #134
Timed Finals for 8 & Under and 10 & Under.

EVENT #	AGE	EVENT
135-136	9-10	25 Backstroke
137-138	8 & Under	50 Freestyle
139-140	9-10	100 Freestyle
141-142	8 & Under	50 Breaststroke
143-144	9-10	100 Breaststroke
145-146	8 & Under	25 Backstroke
147-148	9-10	50 Backstroke
149-150	8 & Under	25 Butterfly
151-152	9-10	50 Butterfly
153-154	9-10	25 Breaststroke *4
155-156	8 & Under	100 Freestyle

*1 All 500 yard freestyles will be deck seeded as one event and scored separately. All swimmers must be check in by 4:00pm.

*2 All 400 yard IMs will be deck seeded as one event and scored separately. All swimmers must be check in by 4:30 pm.

*3 All 1000 freestyles will be a deck seeded event. All swimmers must be check in by 8:30am and provide their own timer stop watch, and counter. NO TIME ENTRIES WILL NOT BE ACCEPTED!! PLEASE ONLY ENTER SWIMMERS THAT NEED CUTS AND SEED TIMES. MEET DIRECTOR RESERVES THE RIGHT TO SWIM 2 FEMALE AND 2 MALE HEATS AT THE END OF THE MORNING SESSION AND MOVE ALL THE REMAINING HEATS TO AFTER THE END OF THE AFTERNOON SESSION.

*4 Not a USA Swimming recognized event.

*5 1650 Free: Maximum of one heat of girls and one heat of boys.

*6 Coaches, please use common sense when entering this event and do not enter swimmers who are not strong enough for four lengths of the pool...

\$ Exact starting time for Finals will be announced at the Coach's meeting on Friday at 4:45pm