

## Florida Senior Games - State Championship - 12/3/2022 to 12/4/2022

## Recognized by the Florida LMSC

## Results - Sunday

**Event 19 Women 50-54 50 Yard Freestyle**

FLASR: 27.54 # 12/3/2006 Patricia Sargeant

NATL: 24.19 N 4/30/2022 ERIKA BRAUN

1 Hafer, Jill 54 FLSR 30.98 9

**Event 19 Women 55-59 50 Yard Freestyle**

FLASR: 26.92 # 12/11/2011 Patricia Sargeant

NATL: 25.16 N 4/8/2017 SUE WALSH

1 Hennessey, Lynnette 58 FLSR 29.12 9

2 Tafuto, Julie 56 FLSR 31.25 7

3 Croughwell, Jennifer 57 FLSR 32.99 6

**Event 19 Women 60-64 50 Yard Freestyle**

FLASR: 28.36 # 12/12/2021 Kelly Palace

NATL: 26.20 N 5/11/2018 PENNY NOYES

1 Johnson, Ruth 61 FLSR 32.10 9

2 Snyder, Diane 63 FLSR 34.50 7

3 Blair, Deb 64 FLSR 34.53 6

4 Curnow, Barbara 62 FLSR 34.93 5

5 Wood, Cindi 62 FLSR 39.66 4

6 Goerdt, Jennifer 63 FLSR 40.77 3

7 Swanson, Sharon 63 FLSR 51.58 2

**Event 19 Women 65-69 50 Yard Freestyle**

FLASR: 31.21 # 12/2/2018 Linda Fulton

NATL: 26.31 N 3/7/2020 PENNY NOYES

1 Fisk, Debra 65 FLSR 31.92 9

2 Lowther, Jocelyn 68 FLSR 36.30 7

3 Sagan, Deborah 69 INTSR 40.53 6

4 Richard, Marion 69 FLSR 43.96 5

5 Papineau, Sandra 69 FLSR 47.50 4

6 Gellert, Janet 67 FLSR 1:03.01 3

**Event 19 Women 70-74 50 Yard Freestyle**

FLASR: 31.42 # 12/2/2018 Julianna Holbrook

NATL: 27.10 N 4/30/2022 LAURA VAL

1 Fulton, Linda 70 FLSR 32.66 9

2 McBride, Terril 72 FLSR 38.50 7

3 Johnson, Lois 74 FLSR 41.92 6

4 Ward, Carol 74 FLSR 43.56 5

5 Cohen, Janice 73 FLSR 56.82 4

6 Navaroli, Davenia 70 FLSR 1:05.39 3

7 Assini, Claudia 74 FLSR 1:11.65 2

--- Ledsinger, Darlene 72 FLSR DQ

**Event 19 Women 75-79 50 Yard Freestyle**

FLASR: 37.09 # 2002 Florence Carr

NATL: 30.53 N 4/30/2022 DIANN UUSTAL

1 Panker, Karen 77 FLSR 38.40 9

2 Hackett, Jeanne 79 FLSR 40.55 7

3 Fabb, Geraldine 77 INTSR 41.27 6

**Event 19 Women 85-89 50 Yard Freestyle**

FLASR: 48.40 # 2014 Betty Lorenzi

NATL: 41.21 N 3/9/2013 BETTY RUSS

1 Tullman, Patricia 85 FLSR 47.71# 9

**Event 20 Men 50-54 50 Yard Freestyle**

FLASR: 23.73 # 12/7/2008 John Newman

NATL: 21.36 N 4/29/2011 ROWDY GAINES

1 Cardozo, James 52 FLSR 26.69 9

2 Haddock, Asa 53 FLSR 28.37 7

3 Kendrick, Alex 50 FLSR 32.80 6

**Event 20 Men 55-59 50 Yard Freestyle**

FLASR: 23.62 # 12/2/2012 Michael Scott

NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMS

1 Gonzalez, Jorge 59 FLSR 24.72 9

2 Clear, Kirk 55 FLSR 25.51 7

3 Haviland, Dewey 56 FLSR 25.64 6

4 Krieger, Dima 56 FLSR 26.07 5

5 Uriarte, Michael 56 FLSR 26.59 4

6 Binder, Thomas 56 FLSR 28.20 3

**Event 20 Men 60-64 50 Yard Freestyle**

FLASR: 25.05 # 12/8/2019 Michael Smith

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS

1 Williams, Jeff 60 FLSR 27.27 9

2 Drongosky, Michael 62 FLSR 29.20 7

3 Miller, David 62 INTSR 30.43 6

4 Deemer, Craig 62 FLSR 31.02 5

**Event 20 Men 65-69 50 Yard Freestyle**

FLASR: 25.92 # 2000 Cav Cavanaugh

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS

1 Smith, Michael 65 FLSR 25.94 9

2 Rubel, Jon 66 FLSR 29.50 7

3 Lear, Douglas 66 FLSR 31.07 6

4 Faulkner, Patrick 68 FLSR 36.61 5

**Event 20 Men 70-74 50 Yard Freestyle**

FLASR: 26.28 # 12/6/2015 Keefe Ludwig

NATL: 24.13 N 5/4/2008 JEFF FARRELL

1 Heacock, Robert 73 FLSR 29.77 9

2 Winslow, Timothy 72 FLSR 30.79 7

3 Bowman, Bruce 71 FLSR 31.20 6

4 Baggs, Robert 71 FLSR 32.77 5

**Event 20 Men 75-79 50 Yard Freestyle**

FLASR: 27.37 # 12/8/2019 David Quiggin

NATL: 25.58 N 3/4/2012 JEFF FARRELL

1 Jarvis, David 75 FLSR 30.76 9

2 Shire, John 79 FLSR 32.92 7

3 Christopher, Gary 75 FLSR 39.60 6

4 White, David 75 FLSR 44.42 5

**Event 20 Men 80-84 50 Yard Freestyle**

FLASR: 29.67 # 12/2/2018 Tom Verth

NATL: 28.68 N 4/30/2017 FARRELL/FARRELL

1 Disterdick, John 80 FLSR 33.59 9

2 Schenk, Martin 80 FLSR 37.97 7

3 Miller, Andy 81 FLSR 38.33 6

4 Ferinden, James 80 FLSR 43.45 5

5 Delauzon, Joseph 80 FLSR 46.47 4

6 Cannan, Patrick 82 FLSR 48.89 3

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## Results - Sunday

**Event 20 Men 85-89 50 Yard Freestyle**

FLASR: 36.52 # 12/12/2021 Cav Cavanaugh

NATL: 31.04 N 5/15/2022 JEFF FARRELL

1 Monsein, Skip 88 FLSR 44.40 9

**Event 21 Women 50-54 200 Yard Butterfly**

FLASR: 2:48.76 # 12/2/2018 Karen Westerman

NATL: 2:15.18 N 5/17/2002 LAURA VAL

1 Hayden, Alison 51 FLSR 2:33.41# 9  
33.44 1:11.83 1:52.16 2:33.41**Event 21 Women 55-59 200 Yard Butterfly**

FLASR: 3:06.08 # 12/4/2016 Barbara McNulty

NATL: 2:16.28 N 5/10/2009 LAURA VAL

1 Kupan, Cheryl 58 FLSR 3:20.10 9  
42.82 1:30.94 2:24.53 3:20.10**Event 21 Women 65-69 200 Yard Butterfly**

FLASR: 3:42.41 # 12/4/2016 Maureen Fitzpatri

NATL: 2:29.12 N 4/9/2017 LAURA VAL

1 McNulty, Barbara 65 INTSR 3:34.23# 9  
45.87 1:41.84 2:40.77 3:34.23**Event 21 Women 70-74 200 Yard Butterfly**

FLASR: 4:15.75 # 12/12/2021 Kathleen Tittle

NATL: 2:42.80 N 2/5/2022 LAURA VAL

1 Paukert, Judy 74 FLSR 4:28.53 9  
58.30 2:05.97 3:18.72 4:28.53  
2 Dennis, Martha 70 FLSR 4:51.88 7  
1:04.95 2:19.40 3:36.64 4:51.88**Event 22 Men 60-64 200 Yard Butterfly**

FLASR: 2:26.34 # 12/3/2017 Kern Davis

NATL: 2:07.21 N 3/28/2021 MIKE LAMONICA

1 White, Larry 64 FLSR 3:32.87 9  
44.75 1:39.31 2:36.75 3:32.87**Event 23 Women 50-54 50 Yard Backstroke**

FLASR: 30.69 # 12/12/2021 Paula Texel

NATL: 27.04 N 5/10/2013 LESLIE LIVINGSTON

1 Stewart, Ann 52 FLSR 30.58# 9

**Event 23 Women 55-59 50 Yard Backstroke**

FLASR: 33.19 # 12/2/2018 Patty Fennell

NATL: 28.14 N 10/30/2016 LESLIE LIVINGSTON

1 Buxton, Sylvia 57 INTSR 32.65# 9

**Event 23 Women 60-64 50 Yard Backstroke**

FLASR: 34.71 # 12/5/2015 Ann Guins

NATL: 29.58 N 4/26/2015 LAURA VAL

1 Breedy, Christine 62 FLSR 35.49 9  
2 Blair, Deb 64 FLSR 43.46 7  
3 Snyder, Diane 63 FLSR 45.00 6  
4 Goerdt, Jennifer 63 FLSR 49.04 5  
5 Swanson, Sharon 63 FLSR 1:06.68 4**Event 23 Women 65-69 50 Yard Backstroke**

FLASR: 35.50 # 12/2/2018 Linda Fulton

NATL: 29.65 N 5/12/2018 LAURA VAL

1 Fisk, Debra 65 FLSR 41.19 9  
2 Clinton, Marjory 69 FLSR 42.28 73 Lowther, Jocelyn 68 FLSR 49.49 6  
4 Richard, Marion 67 FLSR 53.40 5  
5 Papineau, Sandra 69 FLSR 57.95 4  
6 Sagan, Deborah 69 INTSR 59.36 3**Event 23 Women 70-74 50 Yard Backstroke**

FLASR: 36.62 # 12/6/2020 Diann Uustal

NATL: 30.49 N 5/1/2022 LAURA VAL

1 Fulton, Linda 70 FLSR 37.24 9  
2 McBride, Terril 72 FLSR 54.82 7  
3 Cohen, Janice 73 FLSR 1:12.76 6  
4 Assini, Claudia 74 FLSR 1:14.44 5  
5 Ledsinger, Darlene 72 FLSR 1:38.94 4**Event 23 Women 75-79 50 Yard Backstroke**

FLASR: 47.08 # 12/13/2014 Patricia Bond

NATL: 36.73 N 5/1/2022 DIANN UUSTAL

1 Fabb, Geraldine 77 INTSR 52.86 9  
2 Foley, Carolyn 79 FLSR 1:06.01 7**Event 23 Women 85-89 50 Yard Backstroke**

FLASR: 49.57 # 2014 Betty Lorenzi

NATL: 46.77 N 2/9/2013 BETTY LORENZI

1 Tullman, Patricia 85 FLSR 54.75 9

**Event 24 Men 50-54 50 Yard Backstroke**

FLASR: 26.75 # 12/12/2021 Christopher Beach

NATL: 24.57 N 5/4/2014 FRITZ BEDFORD

1 Cardozo, James 52 FLSR 35.13 9

**Event 24 Men 55-59 50 Yard Backstroke**

FLASR: 28.78 # 12/12/2021 David Zimmerman

NATL: 25.30 N 3/23/2019 FRITZ BEDFORD

1 Clear, Kirk 55 FLSR 29.31 9  
2 Krieger, Dima 56 FLSR 32.23 7  
3 Uriarte, Michael 56 FLSR 34.51 6**Event 24 Men 60-64 50 Yard Backstroke**

FLASR: 31.70 # 12/6/2020 John Wise

NATL: 26.60 N 4/7/2018 BRUCE KONE

1 Miller, David 62 INTSR 41.00 9

**Event 24 Men 65-69 50 Yard Backstroke**

FLASR: 31.26 # 12/4/2016 George Schmidt

NATL: 27.74 N 5/23/2010 RICHARD ABRAHAMS

1 Cockburn, Alistair 69 FLSR 31.25# 9  
2 McMillen, Scott 69 FLSR 33.67 7  
3 Dix, Martin 67 FLSR 39.65 6  
--- Helbling, Michael 69 INTSR DQ**Event 24 Men 70-74 50 Yard Backstroke**

FLASR: 33.91 # 12/6/2020 George Schmidt

NATL: 29.72 N 4/26/2015 RICHARD BURNS

1 Heacock, Robert 73 FLSR 35.33 9  
2 McCaffrey, Thomas 74 FLSR 39.18 7  
3 Waybright, Jimmy 72 FLSR 39.54 6  
4 Baggs, Robert 71 FLSR 40.60 5  
5 Bowman, Bruce 71 FLSR 41.92 4

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**Event 24 Men 75-79 50 Yard Backstroke**

FLASR: 35.83 # 2000 Paul Hutingner

NATL: 30.90 N 4/26/2019 RICHARD BURNS

1	Jarvis, David	75	FLSR	38.72	9
2	Hickey, Kenneth	77	FLSR	46.65	7
3	White, David	75	FLSR	48.19	6
4	Colburn, Harry	79	FLSR	1:00.71	5

**Event 24 Men 80-84 50 Yard Backstroke**

FLASR: 36.13 # 12/2/2018 Tom Verth

NATL: 34.49 N 4/29/2016 YOSHI OYAKAWA

1	Ferinden, James	80	FLSR	51.39	9
2	Delauzon, Joseph	80	FLSR	58.94	7
3	Lyon, Bruce	83	FLSR	2:07.74	6

**Event 24 Men 85-89 50 Yard Backstroke**

FLASR: 43.62 # 12/8/2019 Skip Monsein

NATL: 36.72 N 4/21/2018 CLARKE MITCHELL

1	Monsein, Skip	88	FLSR	47.35	9
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**Event 25 Women 50-54 200 Yard IM**

FLASR: 2:34.22 # 12/6/2020 Karen Westerman

NATL: 2:12.57 N 4/15/2018 ELLEN REYNOLDS

1	Hayden, Alison	51	FLSR	2:32.29#	9
		32.60	1:13.06	1:57.70	2:32.29

**Event 25 Women 55-59 200 Yard IM**

FLASR: 2:37.46 # 12/2/2018 Patty Fennell

NATL: 2:13.92 N 12/14/2019 ELLEN REYNOLDS

1	Tafuto, Julie	56	FLSR	2:46.04	9
		35.48	1:18.98	2:06.88	2:46.04
2	Kupan, Cheryl	58	FLSR	2:58.21	7
		41.40	1:26.14	2:19.45	2:58.21

**Event 25 Women 65-69 200 Yard IM**

FLASR: 3:02.24 # 12/8/2019 Joan Craffey

NATL: 2:29.52 N 12/7/2019 PENNY NOYES

1	van Eyck, Megan	68	FLSR	3:48.91	9
		47.48	1:50.26	2:51.74	3:48.91
2	Sagan, Deborah	69	INTSR	4:15.08	7
		53.87	2:00.88	3:17.31	4:15.08

**Event 25 Women 70-74 200 Yard IM**

FLASR: 3:23.10 # 12/12/2021 Laurie Grubbs

NATL: 2:35.20 N 4/3/2022 LAURA VAL

1	Evans, Merry	71	FLSR	3:57.03	9
		1:00.11	2:00.45	3:04.15	3:57.03
2	Dennis, Martha	70	FLSR	4:07.31	7
		1:05.88	2:02.89	3:22.81	4:07.31
3	Johnson, Lois	74	FLSR	4:08.69	6
		1:01.18	2:07.93	3:17.69	4:08.69
4	Paukert, Judy	74	FLSR	4:20.86	5
		56.85	2:07.82	3:27.14	4:20.86

**Event 25 Women 75-79 200 Yard IM**

FLASR: 3:33.84 # 12/15/2013 Patricia Bond

NATL: 3:14.61 N 4/27/2019 DANIELA BARNEA

1	McKenney, Marilyn	75	FLSR	5:17.83	9
		1:12.84	2:42.32	4:03.31	5:17.83

**Event 25 Women 85-89 200 Yard IM**

FLASR: 5:29.29 # 12/2/2007 June Reynolds

NATL: 4:17.15 N 2/10/2013 JEAN TROY

1	Henderson, Martha	86	FLSR	5:50.61	9
		1:24.45	2:43.98	5:50.61	

**Event 26 Men 50-54 200 Yard IM**

FLASR: 2:12.66 # 12/6/2015 Eric Wendorf

NATL: 1:58.19 N 3/11/2017 MIKE IRVIN

1	Cardozo, James	52	FLSR	2:44.71	9
		34.96	1:17.71	2:08.16	2:44.71

**Event 26 Men 55-59 200 Yard IM**

FLASR: 2:17.22 # 12/8/2019 Michael Aubrey

NATL: 2:00.44 N 3/19/2022 MIKE IRVIN

1	Gonzalez, Jorge	59	FLSR	2:28.25	9
		28.99	1:09.42	1:51.58	2:28.25

**Event 26 Men 65-69 200 Yard IM**

FLASR: 2:29.67 # 12/4/2016 George Schmidt

NATL: 2:03.63 N 4/28/2017 RICK COLELLA

1	McMillen, Scott	69	FLSR	2:42.47	9
		35.10	1:19.08	2:06.26	2:42.47
2	Charrette, Dale	65	FLSR	2:53.11	7
		33.73	1:19.73	2:12.49	2:53.11

**Event 26 Men 70-74 200 Yard IM**

FLASR: 2:37.51 # 12/12/2021 Lee Childs

NATL: 2:10.59 N 5/1/2022 RICK COLELLA

1	Cooper, Charles	72	FLSR	3:28.54	9
		39.75	1:32.54	2:39.25	3:28.54

**Event 27 Women 50-54 50 Yard Butterfly**

FLASR: 30.39 # 12/2/2018 Karen Westerman

NATL: 25.70 N 5/11/2013 LESLIE LIVINGSTON

1	Stewart, Ann	52	FLSR	31.34	9
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**Event 27 Women 55-59 50 Yard Butterfly**

FLASR: 29.72 # 12/11/2011 Pat Sargeant

NATL: 27.04 N 10/30/2016 LESLIE LIVINGSTON

1	Tafuto, Julie	56	FLSR	34.68	9
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**Event 27 Women 60-64 50 Yard Butterfly**

FLASR: 33.80 # 12/6/2015 Pam Falcigno

NATL: 27.93 N 5/13/2018 TRACI GRANGER

1	Johnson, Ruth	61	FLSR	35.78	9
2	Blair, Deb	64	FLSR	39.31	7
3	Breedy, Christine	62	FLSR	39.33	6
4	Snyder, Diane	63	FLSR	42.33	5
5	Goerd, Jennifer	63	FLSR	45.77	4
6	Christensen, Rebecca	61	FLSR	47.90	3
7	Swanson, Sharon	63	FLSR	1:04.73	2

**Event 27 Women 65-69 50 Yard Butterfly**

FLASR: 35.00 # 12/8/2019 Linda Fulton

NATL: 28.94 N 9/14/2019 PENNY NOYES

1	McNulty, Barbara	65	INTSR	38.97	9
2	Clinton, Marjory	69	FLSR	40.04	7
3	van Eyck, Megan	68	FLSR	44.27	6
4	Papineau, Sandra	69	FLSR	55.64	5

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**(Event 27 Women 65-69 50 Yard Butterfly)**

5 Richard, Marion 67 FLSR 59.43 4

**Event 27 Women 70-74 50 Yard Butterfly****FLASR: 37.15 # 12/2/2018 Julianna Holbrook****NATL: 31.12 N 4/2/2022 LAURA VAL**1 Fulton, Linda 70 FLSR 36.06# 9  
2 McBride, Terril 72 FLSR 47.43 7  
3 Paukert, Judy 74 FLSR 53.10 6**Event 27 Women 85-89 50 Yard Butterfly****FLASR: 1:10.54 # 12/2/2007 June Reynolds****NATL: 57.02 N 3/27/2010 LOIS KIVI NOCHMAN**

1 Tullman, Patricia 85 FLSR 1:03.02# 9

**Event 28 Men 50-54 50 Yard Butterfly****FLASR: 25.64 # 12/6/2015 Eric Wendorf****NATL: 23.19 N 4/25/2004 TRIP HEDRICK**1 Haddock, Asa 53 FLSR 33.28 9  
2 Kendrick, Alex 50 FLSR 36.59 7**Event 28 Men 55-59 50 Yard Butterfly****FLASR: 26.65 # 12/6/2004 Thomas Peek****NATL: 23.57 N 7/25/2021 STEVE HILTABIDDLE**1 Clear, Kirk 55 FLSR 28.27 9  
2 Gonzalez, Jorge 59 FLSR 28.66 7  
3 Uriarte, Michael 56 FLSR 30.75 6**Event 28 Men 65-69 50 Yard Butterfly****FLASR: 28.08 # 12/11/2011 Keefe Lodwig****NATL: 24.94 N 5/22/2010 RICHARD ABRAHAMS**1 Smith, Michael 65 FLSR 28.00# 9  
2 Cockburn, Alistair 69 FLSR 28.62 7  
3 Charrette, Dale 65 FLSR 30.92 6  
4 Geller, Thomas 69 FLSR 34.67 5  
5 Rubel, Jon 66 FLSR 35.30 4**Event 28 Men 70-74 50 Yard Butterfly****FLASR: 29.01 # 12/6/2015 Keefe Lodwig****NATL: 26.92 N 4/26/2015 RICHARD ABRAHAMS**1 Vazmina, Rudy 72 FLSR 29.98 9  
2 Bowman, Bruce 71 FLSR 34.28 7  
3 Cooper, Charles 72 FLSR 39.00 6  
--- Winslow, Timothy 72 FLSR DQ**Event 28 Men 75-79 50 Yard Butterfly****FLASR: 35.52 # 12/3/2017 Martin Schenk****NATL: 28.70 N 7/25/2021 RICHARD ABRAHAMS**1 Jarvis, David 75 FLSR 35.59 9  
2 Colburn, Harry 79 FLSR 1:15.38 7**Event 28 Men 80-84 50 Yard Butterfly****FLASR: 36.43 # 12/2/2018 Tom Verth****NATL: 33.11 N 5/1/2021 MIKE FRESHLEY**1 Miller, Andy 81 FLSR 51.88 9  
2 Lyon, Bruce 83 FLSR 2:09.25 7**Event 29 Women 50-54 100 Yard Freestyle****FLASR: 1:00.54 # 12/2/2007 Patricia Sargeant****NATL: 52.77 N 5/1/2022 ERIKA BRAUN**1 Hafer, Jill 54 FLSR 1:08.66 9  
33.23 1:08.66**Event 29 Women 55-59 100 Yard Freestyle****FLASR: 1:00.52 # 12/11/2011 Patricia Sargeant****NATL: 54.72 N 5/4/2008 LAURA VAL**1 Buxton, Sylvia 57 INTSR 1:02.80 9  
29.89 1:02.80  
2 Hennessey, Lynnette 58 FLSR 1:04.03 7  
30.96 1:04.03**Event 29 Women 60-64 100 Yard Freestyle****FLASR: 1:01.65 # 12/12/2021 Kelly Palace****NATL: 56.45 N 4/29/2012 LAURA VAL**1 Johnson, Ruth 61 FLSR 1:09.15 9  
33.36 1:09.15  
2 Curnow, Barbara 62 FLSR 1:19.63 7  
36.91 1:19.63  
3 Wood, Cindi 62 FLSR 1:32.48 6  
43.86 1:32.48  
--- Goerdt, Jennifer 63 FLSR DQ  
42.63 DQ**Event 29 Women 65-69 100 Yard Freestyle****FLASR: 1:10.26 # 12/6/2015 June Carson****NATL: 57.88 N 5/12/2018 LAURA VAL**1 Fisk, Debra 65 FLSR 1:11.24 9  
34.45 1:11.24  
2 Lowther, Jocelyn 68 FLSR 1:26.82 7  
41.08 1:26.82  
3 Gellert, Janet 67 FLSR 2:12.48 6  
1:03.56 2:12.48**Event 29 Women 70-74 100 Yard Freestyle****FLASR: 1:09.97 # 12/12/2021 Frances Hare****NATL: 59.11 N 5/1/2022 LAURA VAL**1 Evans, Merry 71 FLSR 1:34.18 9  
45.90 1:34.18  
2 Ward, Carol 74 FLSR 1:34.65 7  
46.13 1:34.65  
3 Johnson, Lois 74 FLSR 1:36.36 6  
47.75 1:36.36  
4 Cohen, Janice 73 FLSR 2:10.24 5  
58.41 2:10.24  
5 Navaroli, Davenia 70 FLSR 2:23.40 4  
1:06.85 2:23.40  
6 Assini, Claudia 74 FLSR 2:30.11 3  
1:11.69 2:30.11**Event 29 Women 75-79 100 Yard Freestyle****FLASR: 1:23.77 # 2000 Florence Carr****NATL: 1:09.34 N 5/1/2022 DIANN UUSTAL**1 Panker, Karen 77 FLSR 1:30.16 9  
44.31 1:30.16  
2 Hackett, Jeanne 79 FLSR 1:32.25 7  
44.74 1:32.25

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**(Event 29 Women 75-79 100 Yard Freestyle)**

3	Fabb, Geraldine	77	INTSR	1:36.78	6
				44.81	1:36.78
4	Foley, Carolynn	79	FLSR	1:55.69	5
				54.40	1:55.69

**Event 29 Women 85-89 100 Yard Freestyle**

FLASR: 1:49.54 # 2/3/2006 Bunny Cederlund

NATL: 1:31.20 N 4/12/2014 NAN BOHL

1	Tullman, Patricia	85	FLSR	1:51.58	9
				58.18	1:51.58

**Event 30 Men 50-54 100 Yard Freestyle**

FLASR: 52.88 # 12/7/2008 John Newman

NATL: 46.59 N 5/10/2009 ROWDY GAINES

1	Haddock, Asa	53	FLSR	1:02.76	9
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**Event 30 Men 55-59 100 Yard Freestyle**

FLASR: 52.46 # 12/2/2012 Michael Scott

NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMS

1	Haviland, Dewey	56	FLSR	54.53	9
				26.41	54.53
2	Krieger, Dima	56	FLSR	57.87	7
				28.67	57.87
3	Clear, Kirk	55	FLSR	1:00.44	6
				28.48	1:00.44

**Event 30 Men 60-64 100 Yard Freestyle**

FLASR: 56.95 # 12/2/2007 Bruce Mohl

NATL: 49.14 N 5/22/2005 RICHARD ABRAHAMS

1	Williams, Jeff	60	FLSR	1:00.17	9
				28.37	1:00.17
2	Drongosky, Michael	62	FLSR	1:06.98	7
				31.65	1:06.98
3	Miller, David	62	INTSR	1:11.03	6
				33.99	1:11.03
4	Deemer, Craig	62	FLSR	1:12.67	5
				34.01	1:12.67

**Event 30 Men 65-69 100 Yard Freestyle**

FLASR: 58.40 # 2000 Cav Cavanaugh

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMS

1	McMillen, Scott	69	FLSR	1:03.92	9
				30.35	1:03.92
2	Rubel, Jon	66	FLSR	1:06.26	7
				32.07	1:06.26
3	Helbling, Michael	69	INTSR	1:17.42	6
				37.33	1:17.42
4	Faulkner, Patrick	68	FLSR	1:22.58	5
				39.08	1:22.58

**Event 30 Men 70-74 100 Yard Freestyle**

FLASR: 58.74 # 12/6/2015 Keefe Lodwig

NATL: 54.58 N 4/26/2015 RICHARD ABRAHAMS

1	Heacock, Robert	73	FLSR	1:08.17	9
				32.95	1:08.17
2	Waybright, Jimmy	72	FLSR	1:09.85	7
				33.47	1:09.85

3	Bowman, Bruce	71	FLSR	1:11.28	6
				34.40	1:11.28

**Event 30 Men 75-79 100 Yard Freestyle**

FLASR: 1:00.10 # 12/8/2019 David Quiggin

NATL: 58.68 N 5/10/2009 DAVID RADCLIFF

1	Christopher, Gary	75	FLSR	1:47.49	9
				47.65	1:47.49

**Event 30 Men 80-84 100 Yard Freestyle**

FLASR: 1:21.15 # 12/8/2019 Cav Cavanaugh

NATL: 1:04.60 N 5/3/2014 DAVID RADCLIFF

1	Disterdick, John	80	FLSR	1:22.95	9
				38.35	1:22.95
2	Schenk, Martin	80	FLSR	1:25.68	7
				40.90	1:25.68
3	Miller, Andy	81	FLSR	1:30.22	6
				41.81	1:30.22
4	Ferinden, James	80	FLSR	1:43.76	5
				48.24	1:43.76
5	Cannan, Patrick	82	FLSR	1:47.08	4
				51.52	1:47.08
6	Delauzon, Joseph	80	FLSR	1:48.13	3
				52.26	1:48.13

**Event 31 Women 50-54 200 Yard Breaststroke**

FLASR: 2:58.87 # 12/14/2014 Paula Cunio

NATL: 2:29.92 N 2/20/2012 CAROLINE KRATTLI

1	Hayden, Alison	51	FLSR	2:50.85#	9
				38.68	1:22.01
				2:06.19	2:50.85

**Event 31 Women 55-59 200 Yard Breaststroke**

FLASR: 2:56.40 # 12/5/2010 Deb Walker

NATL: 2:36.82 N 12/15/2019 ELLEN REYNOLDS

1	Buxton, Sylvia	57	INTSR	2:59.81	9
				39.38	1:24.84
				2:12.30	2:59.81
2	Croughwell, Jennifer	57	FLSR	3:24.02	7
				46.62	1:38.57
				2:30.98	3:24.02
3	Liska, Cathy	58	FLSR	3:25.03	6
				45.22	1:36.23
				2:30.80	3:25.03

**Event 31 Women 60-64 200 Yard Breaststroke**

FLASR: 3:01.91 # 12/12/2021 Paula Cunio

NATL: 2:44.73 N 4/26/2015 LO KNAPP

1	Myszewski, Charlene	60	FLSR	4:09.62	9
				57.41	2:02.18
				3:07.06	4:09.62

**Event 31 Women 65-69 200 Yard Breaststroke**

FLASR: 3:23.67 # 12/4/2016 Laurie Grubbs

NATL: 2:56.56 N 4/3/2022 COLETTE CRABBE

1	van Eyck, Megan	68	FLSR	3:53.88	9
				50.99	1:48.39
				2:50.92	3:53.88
2	Lowther, Jocelyn	68	FLSR	4:11.50	7
				56.24	2:00.15
				3:05.66	4:11.50

**Event 31 Women 70-74 200 Yard Breaststroke**

FLASR: 3:37.95 # 12/12/2021 Laurie Grubbs

NATL: 3:07.28 N 2/2/2009 JOANN LEILICH

1	Evans, Merry	71	FLSR	4:16.17	9
				57.56	2:00.94
				3:08.78	4:16.17

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**Event 31 Women 75-79 200 Yard Breaststroke**

FLASR: 3:50.44 # 12/3/2006 Sylvia Eisele

NATL: 3:16.31 N 4/5/2014 JOANN LEILICH

1	Hackett, Jeanne	79	FLSR	4:21.90	9
				56.39 2:04.39 3:14.14 4:21.90	
2	McKenney, Marilyn	75	FLSR	5:15.47	7
				1:12.33 2:33.29 3:55.11 5:15.47	

**Event 32 Men 60-64 200 Yard Breaststroke**

FLASR: 2:34.62 # 12/12/2021 Michael Aubrey

NATL: 2:16.25 N 5/1/2022 DAVID GUTHRIE

1	Appel, Luther	63	FLSR	3:21.38	9
				45.39 1:37.11 2:30.27 3:21.38	

**Event 32 Men 65-69 200 Yard Breaststroke**

FLASR: 2:44.90 # 12/6/2015 Rudy Vazmina

NATL: 2:16.70 N 4/29/2017 RICK COLELLA

1	Smith, Michael	65	FLSR	2:55.98	9
				39.64 1:25.28 2:11.88 2:55.98	
2	Charrette, Dale	65	FLSR	3:21.66	7
				45.40 1:36.95 2:29.84 3:21.66	

**Event 32 Men 70-74 200 Yard Breaststroke**

FLASR: 2:54.00 # 12/12/2021 Hubie Kerns

NATL: 2:35.66 N 4/29/2016 ROBERT STRAND

1	Vazmina, Rudy	72	FLSR	3:00.20	9
				42.13 1:27.91 2:14.25 3:00.20	
2	Chojnowski, Gerald	73	FLSR	4:05.73	7
				54.87 1:57.52 3:02.20 4:05.73	

**Event 32 Men 75-79 200 Yard Breaststroke**

FLASR: 3:15.15 # 12/6/2020 Mike Freshley

NATL: 2:45.33 N 4/29/2016 MIKE FRESHLEY

1	Hickey, Kenneth	77	FLSR	5:43.81	9
				1:16.73 2:47.25 4:15.59 5:43.81	

**Event 32 Men 80-84 200 Yard Breaststroke**

FLASR: 3:44.90 # 2014 Mani Sanguily

NATL: 3:01.78 N 4/17/2021 MIKE FRESHLEY

1	Delauzon, Joseph	80	FLSR	4:55.23	9
				1:08.64 2:26.35 3:43.19 4:55.23	
2	Wood, Fred	82	FLSR	5:10.41	7
				1:06.69 2:21.26 3:44.80 5:10.41	
---	Lyon, Bruce	83	FLSR	DQ	
				6:34.68 DQ	

**Event 33 Women 50-54 500 Yard Freestyle**

FLASR: 5:53.61 # 12/12/2021 Karen Westerman

NATL: 5:14.56 N 5/12/2013 JILL HERNANDEZ

1	Hayden, Alison	51	FLSR	5:53.02#	9
				31.05 1:05.86 1:41.31 2:17.20	
				2:53.42 3:29.88 4:06.40 4:42.49	
				5:18.01 5:53.02	

**Event 33 Women 55-59 500 Yard Freestyle**

FLASR: 5:46.27 # 12/12/2021 Amy Alexander

NATL: 5:20.68 N 4/29/2017 JILL HERNANDEZ

1	Hennessey, Lynnette	58	FLSR	6:32.88	9
				34.92 1:14.88 1:55.44 2:36.39	
				3:16.90 3:56.66 4:36.90 5:15.83	
				5:53.47 6:32.88	

**Event 33 Women 60-64 500 Yard Freestyle**

FLASR: 5:48.19 # 12/12/2021 Kelly Palace

NATL: 5:39.00 N 1/26/2014 LAURA VAL

1	Blair, Deb	64	FLSR	8:11.83	9
				41.97 1:29.49 2:21.42 3:12.60	
				4:03.03 4:53.26 5:44.74 6:34.93	
				7:24.51 8:11.83	
2	Christensen, Rebecca	61	FLSR	8:15.52	7
				44.77 1:32.65 2:22.18 3:12.20	
				4:02.29 4:52.87 5:43.73 6:34.66	
				7:26.36 8:15.52	
3	Myszewski, Charlene	60	FLSR	8:26.42	6
				46.89 1:39.01 2:31.55 3:23.92	
				4:15.73 5:07.43 5:58.79 6:49.13	
				7:39.31 8:26.42	

**Event 33 Women 65-69 500 Yard Freestyle**

FLASR: 6:43.56 # 12/12/2021 Darcy LaFountain

NATL: 5:52.39 N 5/21/2017 LAURA VAL

1	McNulty, Barbara	65	INTSR	7:17.79	9
				40.96 1:24.67 2:08.86 2:53.02	
				3:37.59 4:21.74 5:06.34 5:50.89	
				6:34.82 7:17.79	
2	Clinton, Marjory	69	FLSR	7:37.60	7
				40.42 1:25.26 2:11.71 2:58.46	
				3:45.12 4:30.80 5:17.91 6:05.02	
				6:52.29 7:37.60	
3	Lowther, Jocelyn	68	FLSR	9:27.22	6
				47.77 1:45.10 2:43.59 3:41.04	
				4:38.89 5:37.73 6:36.26 7:35.06	
				8:33.07 9:27.22	

**Event 33 Women 70-74 500 Yard Freestyle**

FLASR: 6:52.04 # 12/12/2021 Fran Hare

NATL: 6:16.06 N 11/7/2021 CHARLOTTE DAVIS

1	Evans, Merry	71	FLSR	8:43.65	9
				46.29 1:36.95 2:29.92 3:22.82	
				4:15.77 5:08.78 6:03.26 6:56.82	
				7:50.40 8:43.65	
2	Ward, Carol	74	FLSR	9:13.21	7
				48.53 1:43.04 2:39.40 3:37.22	
				4:34.71 5:31.90 6:28.79 7:24.99	
				8:19.83 9:13.21	
3	Paukert, Judy	74	FLSR	9:38.18	6
				54.49 1:51.78 2:50.58 3:49.90	
				4:48.05 5:46.57 6:45.23 7:43.47	
				8:43.01 9:38.18	

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## Results - Sunday

**(Event 33 Women 70-74 500 Yard Freestyle)**

4	Navaroli, Davenia	70	FLSR	13:28.26	5
	1:09.56	2:29.25	3:53.21	5:17.38	
	6:38.76	8:01.50	9:23.08	10:46.87	
	12:09.32	13:28.26			

**Event 33 Women 75-79 500 Yard Freestyle**

FLASR: 8:01.54 # 12/13/2014 Patricia Bond

NATL: 7:32.58 N 5/16/2009 RONNIE KAMPHAUSEN

1	Foley,Carolynn	79	FLSR	10:35.69	9
	55.22	1:56.84	3:01.19	4:06.44	
	5:11.90	6:16.94	7:22.73	8:27.16	
	9:32.21	10:35.69			

**Event 33 Women 85-89 500 Yard Freestyle**

FLASR: 9:58.14 # 2014 Betty Lorenzi

NATL: 9:07.55 N 4/13/2013 BETTY LORENZI

1	Henderson, Martha	86	FLSR	12:29.73	9
	2:28.28	3:45.26			
	6:17.41	7:34.93	8:50.01		
	11:18.96	12:29.73			

**Event 33 Women 90-94 500 Yard Freestyle**

FLASR: 19:49.68 # 12/5/2015 Shirley Chase

NATL: 10:22.61 N 5/10/2009 RITA SIMONTON

1	Campbell, Joan	92	FLSR	13:36.85#	9
	1:14.19	2:34.93	3:59.77	5:24.88	
	6:50.52	8:16.18	9:41.32	11:03.96	
	12:22.70	13:36.85			

**Event 34 Men 50-54 500 Yard Freestyle**

FLASR: 5:39.47 # 2005 Brian Voisard

NATL: 4:47.57 N 5/20/2001 JIM MCCONICA

1	Haddock, Asa	53	FLSR	6:47.95	9
	32.60	1:09.26	6:47.95		
2	Kendrick, Alex	50	FLSR	7:06.79	7
	38.11	1:20.43	2:04.31	2:48.40	
	3:32.26	4:16.03	4:59.35	5:42.37	
	6:25.16	7:06.79			

**Event 34 Men 60-64 500 Yard Freestyle**

FLASR: 5:51.61 # 12/10/2011 Brian Voisard

NATL: 5:09.95 N 5/1/2022 ARNALDO PEREZ

1	Drongosky, Michael	62	FLSR	6:56.82	9
	36.21	1:16.26	1:58.29	2:41.48	
	3:24.44	4:06.89	4:48.85	5:31.67	
	6:14.88	6:56.82			
2	White, Larry	64	FLSR	7:09.80	7
	37.37	1:19.34	2:03.23	2:47.35	
	3:31.62	4:16.72	5:01.41	5:44.70	
	6:27.71	7:09.80			

**Event 34 Men 65-69 500 Yard Freestyle**

FLASR: 5:58.93 # 12/13/2014 J Nathan Leech

NATL: 5:05.44 N 4/9/2017 RICK COLELLA

1	Helbling, Michael	69	INTSR	7:47.04	9
	40.30	1:24.69	2:11.00	2:57.91	
	3:45.54	4:33.78	5:22.14	6:11.16	
	6:59.60	7:47.04			

2	Lear, Douglas	66	FLSR	7:49.12	7
	42.59	1:28.38	2:16.23	3:04.39	
	3:52.78	4:41.50	5:29.69	6:17.46	
	7:05.70	7:49.12			
3	Faulkner, Patrick	68	FLSR	9:05.48	6
	1:33.13	9:05.48			

**Event 34 Men 70-74 500 Yard Freestyle**

FLASR: 6:10.49 # 12/8/2019 J Nathan Leech

NATL: 5:41.21 N 11/4/2018 DAN KIRKLAND

1	Hoffman, Thomas	70	FLSR	7:21.23	9
	40.06	1:23.15	2:07.75	2:52.78	
	3:37.44	4:22.32	5:07.36	5:52.56	
	6:37.29	7:21.23			
2	Waybright, Jimmy	72	FLSR	7:43.74	7
	40.20	1:24.36	2:10.34	2:56.69	
	3:43.58	4:30.47	5:17.83	6:05.88	
	6:54.88	7:43.74			
3	Whaley, Richard	70	FLSR	7:54.25	6
	43.32	1:31.11	2:20.12	3:09.73	
	3:58.37	4:47.04	5:35.09	6:22.87	
	7:10.08	7:54.25			
4	Chojnowski, Gerald	73	FLSR	9:14.89	5
	49.26	1:43.89	2:40.58	3:37.46	
	4:34.89	5:30.15	6:27.08	7:23.02	
	8:19.60	9:14.89			

**Event 34 Men 75-79 500 Yard Freestyle**

FLASR: 6:23.69 # 12/8/2019 David Quiggin

NATL: 6:03.87 N 5/8/2010 DAVID RADCLIFF

1	Colburn, Harry	79	FLSR	11:43.30	9
	1:04.99	3:40.55			
	6:05.68	7:16.07	8:27.27	9:36.14	
	10:53.97	11:43.30			

**Event 34 Men 80-84 500 Yard Freestyle**

FLASR: 9:08.10 # 12/3/2006 Robert Sigersmith

NATL: 6:27.81 N 5/1/2014 DAVID RADCLIFF

1	Davis, Ron	81	FLSR	8:44.41#	9
	48.06	1:39.44	2:33.16	3:26.95	
	4:20.56	5:14.00	6:07.80	7:01.45	
	7:54.15	8:44.41			
2	Disterdick, John	80	FLSR	9:33.07	7
	46.08	1:41.65	2:40.19	3:39.94	
	4:40.82	5:39.07	6:38.33	7:37.67	
	8:35.57	9:33.07			
3	Cannan, Patrick	82	FLSR	10:18.37	6
	56.46	1:58.28	3:03.27	4:08.20	
		6:12.71	7:15.34	8:17.64	
	9:17.95	10:18.37			
4	Ferinden, James	80	FLSR	10:38.85	5
	56.32	1:58.50	3:03.44	4:09.05	
	5:15.35	6:20.86	7:25.97	8:32.01	
	9:37.73	10:38.85			
5	Wood, Fred	82	FLSR	11:19.22	4
	58.39	2:03.54	3:11.78	4:19.44	
	5:27.78	6:39.82	7:48.46	8:59.96	
	10:14.11	11:19.22			

## Florida Senior Games - State Championship - 12/3/2022 to 12/4/2022

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Results - Sunday

**Event 35 Women 45+ 200 Yard Medley Relay**

FLASR: 2:30.04 # 12/7/2008 Relays

C Lasher, L Faubion, P Hirr, C Greb

NATL: 1:51.83 N 5/12/2018 NORTH CAROLINA

J BUCKLEY, S DUNN, E BRAUN, A HOLLAND

1	VAST	A	2:34.60	18
	1) Hafer, Jill W54	2) Croughwell, Jennifer W57		
	3) Johnson, Ruth W61	4) Snyder, Diane W63		
	39.17	1:21.39	1:58.81	2:34.60

**Event 35 Women 65+ 200 Yard Medley Relay**

FLASR: 3:09.53 # 12/3/2017 Florida Aquatic

K Panker, J Hackett, V LaCoppola, r suttie

NATL: 2:21.19 N 3/31/2019 NORTH TEXAS LON

J WOOLSLAYER, C MCKELVEY, K MACCURDY, J COLE

1	VAST	A	3:08.67#	18
	1) Evans, Merry W71	2) Hackett, Jeanne W79		
	3) Fisk, Debra W65	4) Panker, Karen W77		
	57.84	1:51.73	2:29.45	3:08.67

**Event 35 Men 55+ 200 Yard Medley Relay**

FLASR: 2:06.96 # 12/11/2011 Fla Sr Games Re

D Oakes, K LODWIG, B KELLEY, T Cornell

NATL: 1:45.05 N 4/28/2019 PUGET SOUND MAS

C HAYNIE, D PHILLIPS, B HERING, B SOUVIRAA-LABASTI

1	VAST	A	2:05.02#	18
	1) Uriarte, Michael M56	2) Haviland, Dewey M56		
	3) Charrette, Dale M65	4) Williams, Jeff M60		
	33.57	1:08.50	1:38.56	2:05.02

**Event 35 Mixed 45+ 200 Yard Medley Relay**

FLASR: 2:07.16 # 12/2/2018 Residents - Fla

k westerman, J Maurer, R Russell, B Brown

NATL: 1:44.02 N 5/4/2008 ARIZONA MASTERS

J SMITH, G MILLS, S ROLLINS, M BAILEY

1	UNA	A	2:35.06	18
	1) Clinton, Marjory W69	2) Blair, Deb W64		
	3) Haddock, Asa M53	4) Helbling, Michael M69		
	42.25	1:27.45	2:01.97	2:35.06