



2022 Harry Meisel Championships - West

SANCTIONED BY: Florida Swimming Member of USA Swimming Sanction #FL-6224

CONDITION OF
SANCTION:

1. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
2. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
3. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
4. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach, spectator areas and open ceiling locker rooms) anytime athletes, coaches, officials and/ or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.
5. All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

COVID-19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

HOSTED BY: SPA – TBAC – PYP

TYPE OF MEET: 25 Yard short course - 8 & U, 9-10, 11-12, 13-14, 15-16 and OPEN EVENTS are timed finals

**Flyover starts may be used at the discretion of the meet management and referee.

DATE AND TIME: Friday, Saturday and Sunday, December 9, 10 & 11, 2022
Friday 5:00PM start
Saturday and Sunday 11 & Older 9:00am Start – 10 and Under Probable 9:30am Start with a small Meet entry and :45 minutes after #48 on Saturday and #106 on Sunday. Start times to be decided after the entries are in and meet is seeded.

- LOCATION: North Shore Pool
901 North Shore Drive, NE
St. Petersburg, FL 33701
- POOL SPECS: Certified 25 yard, outdoor pool with a maximum of 20 short course racing lanes having a minimum depth of 4 feet and non-turbulent lane lines. Double lane rope buffer and a minimum of two 25 yard lanes for constant warm down.
- TIMING EQUIPMENT: Colorado Timing System with scoreboard, manual back-up watches.
- WARM UP: Swimmers must enter the pool feet first with one hand on the pool deck unless doing a racing start while supervised by a coach in the appropriate lane at the appropriate time.
- WARM UP TIMES: Friday 3:30pm warm-up for all Age groups, Saturday and Sunday 7:45 a.m. to 8:45a.m. 11 and older; 8:45a.m. to 9:15am for 10 and under events (possible later warm-up for 10 & under)
- ELIGIBILITY: On deck registration will NOT be allowed.
Open to all currently registered USA Swimming swimmers whose events' best times are slower than the FLAGS or 15-16 Senior Champ cuts.
- ENTRY LIMIT: FOUR (4) individual events per day plus relays. A swimmer whose entry exceeds that limit will be considered entered in the first 4 individual events listed on the entry.
- SEEDING: Seeding for the meet shall be by short course yard times, then long course meter times. Short course meter times and **CONVERSION TIMES ARE NOT ALLOWED.**
Relay forms will be available at the Clerk of Course.
- SCRATCHES: No penalty for scratching at the block.
- RELAY ENTRIES: Teams may only enter UNLIMITED relays per even, **BUT ONLY TWO RELAYS PER TEAM CAN SCORE POINTS. ALL RELAYS WILL BE SEEDED TOGETHER BY GENDER AND SCORED SEPARATELY.**
- ENTRY FORM: Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. A signed hard copy printout is acceptable as proof of entry in place of the enclosed entry forms. Free text e-mail entries will not be accepted. Disk or e-mailed entries must be accompanied by a backup hard copy of the entry. List all attending coaches, contact phone numbers, and RELAY ONLY swimmers in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent upon receipt of file. If using the enclosed Entry Form, the form will serve as proof of entry. The legal name and current USA Swimming Registration Number for each swimmer must be listed on the Entry Form, including "relay-only" swimmers. The Master Entry Form must accompany the proof of entries and a current USA Swimming Member must sign the form.
- DECK ENTRIES: **\$10.00** per individual deck entry to fill existing heats only (the facility fee and heat sheet fee will be collected if the swimmer is not already entered into the meet). No new heats will be created. Deck entries will be accepted by the referee or his/her designee up to 30 minutes before the start of each session. Swimmers must meet the time standards for the meet. A swimmer may not drop an already-entered event to deck enter another; the entry limit still applies. **\$10.00** for Relay team's deck entered.
- ENTRY FEES: **\$4.50 per individual event.**
\$ 5.00 per relay event.
\$10.00 facility charge per swimmer entered.
\$3.00 per swimmer heat sheet fee
SINGLE CHECK PER TEAM – NO INDIVIDUAL CHECKS
- HEAT SHEETS : Will be posted on www.stpetersburgaquatics.com no later than 48 hours prior to the start of the meet. These are to be printed and brought to the meet. A \$2.00 charge will be applied to each swimmer's entry fee. Coaches, please make your team aware of this.
- ENTRY DEADLINE: Entries must be received by **5:00 p.m. on Wednesday, November 30th, 2022.**

A check or money order, payable to St. Petersburg Aquatics must accompany the entries. SWIMMERS ACHIEVING FASTER TIMES FASTER THAN THE STANDARD, AFTER THE DEADLINE, MAY STILL SWIM THE ENTERED EVENT.

Mail first class to:
Fred Lewis – North Shore Pool
901 North Shore Drive NE
Saint Petersburg, Florida 33701
727 440 9382
swimstpete@aol.com

OFFICIALS: Subject to change by local official's chairman
Meet Referee: Kevin Mooren
Starter: Gary Saslo
Head Stroke & Turn: Lenard Kemp
Marshal: Joe Novak, Samantha Mooren
Meet Manager: Fred Lewis. Patty Nardozzi
Admin Official: John Ware

SCORING: Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

AWARDS: Team: High Point - 1st - 3rd
Team Spirit Award (Picked by Committee)

Individual events: 1st - 3rd medals 4th - 8th ribbons
Relays: 1st - 3rd medals 4th - 8th ribbons
NO AWARDS OR POINTS FOR OPEN EVENTS AND FRIDAY NIGHT EVENTS

TEAM REP.: Prior to the start of the meet, the name of one person other than the coach, who may check with the referee about any matter pertaining to the team may be given to the referee. The coach and that person ONLY will be recognized. Each team will provide supervision for its team as designated by the safety officer.

IDENTIFICATION: Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet or prove registration with Deck Pass.

CAMERA ZONES: Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

FOR INFORMATION: Fred Lewis, swimstpete@aol.com, 727- 440 9382

RULES: Current USA Swimming technical rules will govern.

WARM UP SCHEDULE
No equipment may be used at any time

The first half is general warm up as follows

- LANE 1 Push off 25's pace circle swim
- LANE 2 Swim and pull only push off
- LANE 3 Swim and pull only push off
- LANE 4 Swim and pull only push off
- LANE 5 Swim and pull only push off
- LANE 6 Swim and pull only push off
- LANE 7 Swim and pull only push off
- LANE 8 Push off 25's pace circle swim

The second half is controlled warm up as follows

- LANE 1 Push off 25's pace circle swim
- LANE 2 Racing start one length only from the east end only
- LANE 3 Swim and pull only push off
- LANE 4 Swim and pull only push off
- LANE 5 Swim and pull only push off
- LANE 6 Swim and pull only push off
- LANE 7 Racing start one length only from the east end only
- LANE 8 Push off 25's pace circle swim

One hand must be on the pool deck when swimmers enter the water, unless doing a racing start while supervised by a coach in the appropriate lane at the appropriate time.

Warm ups may be modified by the Referee or Meet Management to suit the needs of the competitors.

FRIDAY DECEMBER 9, 2022

**3:30PM WARM-UP 5:00PM START – MULTIPLE FASTER THAN QUALIFYING TIMES
 THESE EVENTS ARE NOT TO GET EXPERIENCE SWIMMING DISTANCE EVENTS. THESE
 EVENTS ARE FOR SWIMMERS GOING AFTER A FLAGS CUT.**

- 1. 9 - 14 MIXED 1000 FREE**
**9-10 FASTER THAN STANDARD (2:36.00 FOR 200FREE) (6:45.00 FOR
 500FREE) (12:30.00 FOR 1000FREE)-200 & 500 CUT ENTER AT 1000
 STANDARD**
**11-12 FASTER THAN STANDARD (2:16.00 FOR 200FREE) (6:05.00 FOR
 500FREE) (12:30.00 FOR 1000FREE)- 200 & 500 CUT ENTER AT 1000
 STANDARD**
**13-14 FASTER THAN STANDARD (2:06.00 FOR 200FREE) (5:30.00 FOR
 500FREE) (11:30.00 FOR 1000FREE)-200 & 500 CUT ENTER AT 1000
 STANDARD**
- 2. 12 - 14 MIXED 1650 FREE – FASTER THAN STANDARDS**
**(2:06.00 FOR 200FREE) (5:30.00 FOR 500FREE) (11:30.00 FOR 1000FREE)
 (19:20.00 FOR 1650FREE) – 200 & 500 & 1000 CUT ENTER AT 1650 STANDARD**

2020 Florida Swimming Harry Meisel Championships – WEST
Order of Events

(Entry Times entered must be "slower than" listed in the Order of Events)

Saturday, December 10

Session 1&2 Girls & Boys 11 and Older

Warm up 7:45am to 8:45am

Meet starts at 9:00 am

(SLOWER THAN)

(SLOWER THAN)

| <u>Ev#</u> | <u>Age Group</u> | <u>Event</u> | <u>Girl</u> | <u>Boy – Slower than</u> |
|------------|------------------|--------------|-------------|--------------------------|
| 3 - 4 | 11-12 | 100 Free | 1:00.49 | 1:00.99 |
| 5 – 6 | 13-14 | 100 Free | :56.79 | :54.59 |
| 7 – 8 | 15-16 | 100 Free | :56.59 | :51.69 |
| 9 – 10 | 17 & Older | 100 Free | :55.49 | :49.69 |
| 11 – 12 | 11-12 | 50 Breast | :37.19 | :38.09 |
| 13 – 14 | 13-14 | 100 Breast | 1:14.19 | 1:12.09 |

| | | | | |
|---------|------------|------------------|------------------|------------------|
| 15 – 16 | 15-16 | 100 Breast | 1:14.49 | 1:06.79 |
| 17 – 18 | 17 & Older | 100 Breast | 1:13.79 | 1:06.39 |
| 19 – 20 | 11-12 | 100 Back | 1:10.19 | 1:11.89 |
| 21 – 22 | 13-14 | 200 Back | 2:18.79 | 2:16.99 |
| 23 - 24 | 15-16 | 200 Back | 2:18.79 | 2:12.09 |
| 25 – 26 | 17 & Older | 200Back | 2:18.99 | 2:10.79 |
| 27 – 28 | 11-12 | 50 Fly | :31.09 | :31.99 |
| 29 – 30 | 13-14 | 100 Fly | 1:03.29 | 1:02.69 |
| 31 – 32 | 15-16 | 100 Fly | 1:02.39 | :55.99 |
| 33 – 34 | 17 & Older | 100 FLY | 1:02.39 | :54.79 |
| 35 – 36 | 11-12 | 100 IM | 1:10.99 | 1:11.49 |
| 37 – 38 | 13-14 | 200 IM | 2:20.19 | 2:15.99 |
| 39 – 40 | 15-16 | 200 IM | 2:19.59 | 2:08.49 |
| 41 – 42 | 11-12 | 200 Free Relay\$ | No FLAGS | 50 Free Swimmers |
| 43 – 44 | 13-14 | 200 Free Relay\$ | No FLAGS | 50 Free Swimmers |
| 45 – 46 | OPEN | 200 Free Relay\$ | No Senior Champs | 50 Free Swimmers |
| 47 – 48 | OPEN | 500 Free | 5:14.79 | 4:54.79 |

\$ ALL RELAYS WILL BE SEEDED TOGETHER AND SCORED SEPARATELY

**SESSION 3 (Warm up 8:45am to 9:15am 9:30am Start with Small Meet)
 (???Warm-up for 40 minutes after #48 with Large Meet Entry - TO
 BE ANNOUNCED AFTER ENTRIES ARE RECEIVED)**

| <u>Event #</u> | <u>Age Group</u> | <u>Event</u> | <u>Girls (SLOWER THAN) SCY</u> | <u>Boys SCY</u> |
|----------------|------------------|------------------|------------------------------------|---------------------|
| 49-50 | 10&U | 100 Free | 1:10.19 | 1:10.79 |
| 51-52 | 8&U | 50 Free | 31.69 | 31.89 |
| 53-54 | 9-10 | 50 Breast | 41.99 | 43.49 |
| 55-56 | 8&U | 25 Breast | ----- | ----- |
| 57-58 | 10&U | 100 Back | 1:21.19 | 1:21.19 |
| 59-60 | 8&U | 50 Back | 37.59 | 38.09 |
| 61-62 | 9-10 | 50 Fly | 35.99 | 36.69 |
| 63-64 | 8&U | 25 Fly | ----- | ----- |
| 65-66 | 9-10 | 100 IM | 1:19.99 | 1:22.29 |
| 67-68 | 8&U | 100 IM | 1:19.99 | 1:22.29 |
| 69-70 | 10&U | 100 Free Relay\$ | ----- | ----- |
| 71-72 | 8&U | 100 Free Relay\$ | ----- | ----- |
| 73-74 | 10&U | 200 Free | 2:32.69 | 2:31.89 |

\$ RELAYS WILL BE SEEDED TOGETHER AND SCORED SEPARATELY

(Entry Times must be "SLOWER THAN" times listed in Order of Events

SESSION FOUR - Sunday, December 11

Warm up 7:45am to 8:45am - Meet starts at 9:00 am

| <u>Ev#</u> | <u>Age Group</u> | <u>Event</u> | <u>GIRLS (slower than)</u> | <u>BOYS</u> |
|------------|------------------|------------------|-----------------------------|-------------|
| 75 - 76 | 11 - 12 | 200 Free | 2:12.49 | 2:14.69 |
| 77 - 78 | 13 - 14 | 200 Free | 2:02.39 | 1:58.79 |
| 79 - 80 | 15 - 16 | 200 Free | 2:01.19 | 1:52.99 |
| 81 - 82 | 17 & Older | 200 Free | 2:00.69 | 1:47.39 |
| 83 - 84 | 11-12 | 100 Fly | 1:10.49 | 1:11.69 |
| 85 - 86 | 13-14 | 200 Fly | 2:23.39 | 2:20.29 |
| 87 - 88 | 15-16 | 200 Fly | 2:21.99 | 2:12.19 |
| 89 - 90 | 17 & Older | 200 Fly | 2:18.39 | 2:10.89 |
| 91 - 92 | 11-12 | 50 Back | :32.99 | :33.49 |
| 93 - 94 | 13-14 | 100 Back | 1:04.39 | 1:02.69 |
| 95 - 96 | 15-16 | 100 Back | 1:03.79 | :59.09 |
| 97 - 98 | 17 & Older | 100 Back | 1:03.79 | :59.09 |
| 99 - 100 | 11-12 | 100 Breast | 1:20.29 | 1:22.09 |
| 101 - 102 | 13-14 | 200 Breast | 2:40.99 | 2:35.29 |
| 103 - 104 | 15-16 | 200 Breast | 2:40.99 | 2:25.99 |
| 105 - 106 | 17 & Older | 200 Breast | 2:39.09 | 2:25.19 |
| 107 - 108 | 11-12 | 50 Free | :28.19 | :28.29 |
| 109 - 110 | 13-14 | 50 Free | :26.29 | :24.89 |
| 111 - 112 | 15-16 | 50 Free | :25.99 | :23.79 |
| 113 - 114 | 17 & Older | 50 Free | :25.89 | :22.69 |
| 115 - 116 | 11-12 | 200 Medley Relay | NO FLAGS 50 CUT SWIMMERS | |
| 117 - 118 | 13-14 | 200 Medley Relay | NO FLAGS 50 CUT SWIMMERS | |
| 119 - 120 | Open | 200 Medley Relay | NO SR CHAMP 50 CUT SWIMMERS | |
| 121 - 122 | 11-12 | 200 IM | 2:31.99 | 2:34.69 |
| 123 - 124 | Open | 400 IM | 4:49.49 | 4:30.49 |

Session 4 Warm up 8:45am to 9:15am Meet starts at 9:30am

(??? INCASE OF A LARGE MEET ENTRY SESSION WILL HAVE 40 MINUTE WARM-UP, AFTER EVENT #124???)

| <u>Event #</u> | <u>Age Group</u> | <u>Event</u> | <u>Girls (SLOWER THAN) SCY</u> | <u>Boys SCY</u> |
|----------------|------------------|------------------|--------------------------------|-----------------|
| 125 - 126 | 8&U | 25 Free | ----- | ----- |
| 127 - 128 | 9-10 | 50 Free | 31.69 | 31.89 |
| 129 - 130 | 8&U | 50 Fly | 35.99 | 36.69 |
| 131 - 132 | 10&U | 100 Fly | 1:23.99 | 1:25.59 |
| 133 - 134 | 8&U | 25 Back | ----- | ----- |
| 135 - 136 | 9-10 | 50 Back | 37.59 | 38.09 |
| 137 - 138 | 8&U | 50 Breast | 41.99 | 43.49 |
| 139 - 140 | 10&U | 100 Breast | 1:33.39 | 1:34.69 |
| 141 - 142 | 8&U | 100 Medley Relay | ----- | ----- |
| 143 - 145 | 10&U | 100 Medley Relay | ----- | ----- |
| 145 - 146 | 8&U | 100 Free | 1:10.19 | 1:10.79 |
| 147 - 148 | 10&U | 200 IM | 2:53.39 | 2:55.29 |

*** THESE EVENTS ARE NOT RECOGNIZED BY USA SWIMMING AND FLORIDA SWIMMING AND ARE ONLY INCLUDED IN THIS MEET FOR THE PURPOSES OF HAVING FUN. RELAYS WILL BE SEEDED TOGETHER AND SCORED SEPARATELY.**

**MASTER ENTRY FORM
2022 FLORIDA SWIMMING SHORT COURSE
Harry Meisel Championships - WEST**

**COURSE: 25 YARD
DATE OF MEET: DECEMBER 9-10-11, 2022**

TEAM NAME _____ CALL LETTERS _____

ADDRESS _____

COACH _____ HOME PHONE _____ OFFICE PHONE _____

SWIMMER/COACH REGISTRATION

I certify that all individuals listed on the attached entry forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on deck supervising the activities of these individuals during all warm up and competitive sessions at the meet.

| NAME OF COACH | TEAM |
|---------------|-------|
| _____ | _____ |
| _____ | _____ |

I certify that the individuals listed above are currently registered USA-S Coach Members, and that I am a current USA-S registered Non-athlete member.

Signature (MUST be a USA-S member) Team Date

Entries must be received by Wednesday November 30, 2022 no later than 6:00 p.m..

Email to swimstpete@aol.com and mail paper and HY Tek Export entries to:

FINANCIAL RECAP

WE HAVE ENTERED THE FOLLOWING:

| | | |
|----------------------------------|-------|-----------------------------|
| Total number of swimmers entered | _____ | |
| Women's individual events | _____ | at \$ 4.50 each = \$ _____ |
| Men's individual events | _____ | at \$ 4.50 each = \$ _____ |
| Women's relay events | _____ | at \$ 5.00 each = \$ _____ |
| Men's relay events | _____ | at \$ 5.00 each = \$ _____ |
| Facility surcharge | _____ | at \$ 10.00 each = \$ _____ |
| Heat sheet surcharge | _____ | at \$ 3.00 each = \$ _____ |

TOTAL ENTRY FEES PAID = \$ _____

MAKE CHECKS PAYABLE TO: St. Petersburg Aquatics (SINGLE CHECK PER TEAM)