



**BLOOMIN' FAST
SWIM MEET**
**Sponsored by Outback
Steakhouse.**

JANUARY 20, 21 and 22, 2023

BLOOMIN' DEAL FOR COACHES

COACHES OF TEAMS PROVIDING OFFICIALS WILL RECEIVE A \$25 OUTBACK GIFT CARD FOR EVERY \$125 IN ENTRY FEES (\$3 HEAT SHEET SURCHARGE AND \$10 PER SWIMMER FACILITY SURCHARGE ARE NOT ENTRY FEES.)

This Meet will be Seeded Fastest to Slowest - \$3 Heat Sheet Surcharge All Events MAY be combined by Age and Gender, but scored separately

- Sanctioned by:** Florida Swimming of USA Swimming #
"In granting this approval it is understood that USA-S/FL shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event"
- Condition of Sanction:** Any swimmer entered in the meet, unaccompanied by a USA-S member coach must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas and spectator areas) any time athletes, coaches, officials and or spectators are present.
- Sponsored by:** St. Petersburg Aquatics, City of St. Petersburg Department of Leisure Services,
- Type of Meet:** Age Group and Senior 25 Yard Short course, Timed
- Finals Deck Changing:** **Deck Changing is not allowed at the North Shore**
- Pool. Date and Time:** Friday January 20 – 5:00pm Start
Saturday January 21-(11 & Older 9:00am)(10 & Under 9:30am)
Sunday January 22-(11 & Older 9:00am)(10 & Under 9:30am)
In the event of a large entry, the 10 & Under Session will be switch to the afternoon.
- Location:** North Shore Pool
901 North Shore Drive NE, St. Petersburg, FL 33701
- Pool Spec:** Certified 25 Yard, outdoor pool with two racing courses. Locker room course has a max of 10 lanes and Bayside course has a max of 10 lanes. Both having a minimum depth of 4 feet, at both starting ends, and non-turbulent lane lines. Numerous lanes for constant warm down.

Timing Equipment: Colorado Timing System with scoreboard on both courses.
Medical: Lifeguards on duty and AED device available.
Warm-up: Friday 3:30pm; Saturday & Sunday 11 & Older - 7:30am to 8:50am; 10 & Under 8:50am to 9:20am
Eligibility: Open to all USA Swimming registered swimmers.
Seeding: **25 Yard times will be used for seeding of ALL EVENTS.**
Scratches: No penalty for scratching on the block.
Entry Limit: Entries will be limited to keep the meet under the four (4) hours

per session. Fly Over Starts may be used to control the length of the meet. Swimmers will be limited to a maximum of four (4) INDIVIDUAL events per day. Swimmers posting entries over the event limit will be considered as entered in the first four (4) events listed.

Entry Form: Entries must be submitted on Hy-Tek disk. Please enclose hard copy of entries from Hy-Tek along with the disk.

Entry Fee: Individual events: \$5.50/event
\$2 per out of LSC Swimmer Surcharge
Facility Charge \$10.00 per swimmer. ALL ENTRY FEE MUST BE PAID BEFORE THE START OF THE MEET. NO SWIMMERS WILL BE PERMITTED TO COMPETE IN THE MEET, TILL ALL ENTRY FEES ARE PAID.

HEAT SHEETS will be posted on; www.stpetersburgaquatics.com , www.midnightsports.com no later than 48 hours prior to the start of the meet.

These are to be printed and brought to the meet. A

\$3 charge will be applied to each swimmer's entry fee. A limited number of heat sheets will be available at the meet for purchase. Coaches, please email all swimmers and parents to make them aware of this.

Deck Entry: Deck entries from already entered swimmers will be accepted to fill heats only. No new heats will be created. Each deck entry will cost \$10.00, plus facility fee and heat sheet fee, if not already entered in meet. Entries will only be accepted from coaches with credentials. Parents and swimmers cannot deck enter an athlete. Deck entries must be accepted and assigned a lane 45 minutes before the start of the Session to be entered A swimmer may not drop an event to deck enter another event, and the entry limit of 4 pre- entered events remains.

Entry Deadline: All entries must be submitted by **Tuesday, January 10, 2023.**
Enclose checks and make payable to **St. Petersburg Aquatics.**
Please send **Express Mail Overnight** to:

Mr. Fred Lewis
St. Petersburg Aquatics
North Shore Pool
901 North Shore Drive, NE
St. Petersburg, FL 33701
SWIMSTPETE@AOL.COM

BLOOMIN' DEAL FOR COACHES WILL BE CALCULATED ON ENTRY FEES AS OF JANUARY 10 2023. CARDS WILL BE PURCHASED ON JANUARY 11, 2023 AND AVAILABLE UPON PAYMENT OF ENTRY FEES AT THE SWIM MEET.

Awards: Age Group events: 1st - 10th Place: Ribbon-No awards for Seniors
Rules: Current USA Swimming and regulations rules will govern. Safety Rules, as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas.

Team Representative: Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. The coach and only that person will be recognized.

Identification: Coaches and Officials shall sign in with the Meet Referee and show credentials prior to being on the pool deck. **Coaches without credential will not be permitted on the pool deck.**

Volunteers must have credentials to be on the pool deck.

Medical:

Coach Supervision:

Lifeguards are on duty and AED Device is available.

All swimmers must be supervised by a USA Swimming Certified Coach. Any swimmers attending the meet without a certified coach must take responsibility for finding a certified coach, who will be responsible for them during all warm-ups and sessions of the meet. That agreement must be submitted in writing to the referee before the swimmer is allowed in the meet.

Warm-Up Schedule:

The first 25 minutes will be general warm-up as listed below. The last 25 minutes will be controlled warm-up as listed below.

| | |
|--|--|
| Lane 1 Push off 50's pace (circle swimming) | Lane 1 Push off 50's pace (circle swimming) |
| Lane 2 Swimming and pulling only (push-off no equipment) | Lane 2 Racing start one length only |
| Lane 3 Swimming and pulling only (push-off no equipment) | Lane 3 Racing start one length only |
| Lane 4 Swimming and pulling only (push-off no equipment) | Lane 4 Swimming and pulling only |
| Lane 5 Swimming and pulling only (push-off no equipment) | Lane 5 Swimming and pulling only |
| Lane 6 Swimming and pulling only (push-off no equipment) | Lane 6 Swimming and pulling only |
| Lane 7 Swimming and pulling only (push-off no equipment) | Lane 7 Swimming and pulling only |
| Lane 8 Swimming and pulling only (push-off no equipment) | Lane 8 Racing start one length only |
| Lane 9 Swimming and pulling only (push-off no equipment) | Lane 9 Racing start one length only |
| Lane 10 Push off 50's pace (circle swimming) | Lane 10 Rush off 50's pace (circle swimming) |

*****Except for racing start, swimmers must enter the pool feet first with one hand touching the deck of the pool*****

NO EQUIPMENT ALLOWED IN THE POOL AT ANY TIME

Officials: Meet Referee Kevin Mooren

Admin Official: John Ware & Samantha Mooren

Starter: Nathan Dean

Stroke and Turn: Charlotte Peterson

Head Marshall: Joe Finke

Head Marshall: Patty Nardozzi

Meet Manager: Fred Lewis 727 440 9382, Patty Nardozzi 727 440 9382

Camera Zones: Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "camera zones" at each swim meet where still and video photography of a race or a competitor in a race may be taken. No "Camera Zones" are the area immediately behind the starting blocks at either end of the racing course while they are in use for "racing start purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.

THIS MEET WILL BE SEEDED FASTEST TO SLOWEST

Friday, January 20, 2023 (Swimmers may enter a maximum of 4 events/day)

3:30pm to 4:50pm warm-up 5:00pm Start –

| Event# | Age | Event Name |
|--------------|--------|-----------------|
| G - B | | |
| 1 – 2 | Senior | 50 Free |
| 3 – 4 | Senior | 50 Breaststroke |
| 5 – 6 | Senior | 50 Back |
| 7 – 8 | Senior | 50 Butterfly |
| 9 – 10 | Senior | 500 Free\$ |

Saturday, January 21, 2023. (Swimmers may enter a maximum of four (4) events/day)

7:30am to 8:50am Warm-up

9:00am Start

| Event | Age | Event |
|--------|-------|-------|
| Number | Group | |

G - B

Locker room end course -

| | | |
|---------|---------|------------------|
| 11 - 12 | Senior | 50 Freestyle |
| 13 - 14 | Senior | 200 Back |
| 15 - 16 | 11 & 12 | 50 Back |
| 17 - 18 | Senior | 100 Butterfly |
| 19 - 20 | 11 & 12 | 100 Butterfly |
| 21 - 22 | Senior | 200 Freestyle |
| 23 - 24 | 11 & 12 | 50 Freestyle |
| 25 - 26 | Senior | 100 Breaststroke |
| 27 - 28 | 11 & 12 | 100 Breaststroke |
| 29 - 30 | Senior | 400 IM \$ |
| 31 - 32 | 11 & 12 | 200 IM |

Bayside end course – If the morning session is too large, this session will be moved to the afternoon.

8:50am to 9:20am Warm-up

9:30am Start

**Event Age Event
Number Group**

G - B

| | | |
|---------|------------|-----------------|
| 33 - 34 | 10 & under | 100 Backstroke |
| 35 - 36 | 8 & under | 50 Backstroke |
| 37 - 38 | 10 & Under | 50 Butterfly |
| 39 - 40 | 8 & Under | 25 Butterfly |
| 41 - 42 | 10 & Under | 100 Freestyle |
| 43 - 44 | 8 & under | 50 Freestyle |
| 45 - 46 | 10 & Under | 50 Breaststroke |
| 47 - 48 | 8 & Under | 25 Breaststroke |
| 49 - 50 | 10 & Under | 200 IM1 \$ |
| 51 - 52 | 10 & Under | 100 IM |

Sunday, January 22, 2023 (Swimmers may enter a maximum of four (4) events/day)

Locker room end course -

7:30am to 8:50am Warm-up

9:00am Start

**Event Age Event
Number Group**

G - B

| | | |
|---------|---------|--------------------|
| 53 - 54 | Senior | 100 Backstroke |
| 55 - 56 | 11 & 12 | 100 Backstroke |
| 57 - 58 | Senior | 200 Butterfly |
| 59 - 60 | 11 & 12 | 50 Fly |
| 61 - 62 | Senior | 100 Freestyle |
| 63 - 64 | 11 & 12 | 100 Freestyle |
| 65 - 66 | Senior | 200 Breaststroke |
| 67 - 68 | 11 & 12 | 50 Breaststroke |
| 69 - 70 | Senior | 50 Freestyle |
| 71 - 72 | Senior | 200 IM |
| 73 - 74 | Senior | 1000 Freestyle\$ # |

Bayside end course – IF MORNING SESSION IS TOO LARGE, THIS SESSION WILL BE MOVED TO THE AFTERNOON STARTING 35 MINUTES AFTER #74

8:50am to 9:20am Warm-up

9:30am Start

| Event Number | Age Group | Event |
|-----------------|--------------|-------|
|-----------------|--------------|-------|

G - B

| | | |
|---------|------------|----------------------|
| 75 - 76 | 10 & Under | 50 Backstroke |
| 77 - 78 | 8 & Under | 25 Backstroke |
| 79 - 80 | 10 & Under | 100 Butterfly |
| 81 - 82 | 8 & Under | 50 Butterfly |
| 83 - 84 | 10 & Under | 50 Freestyle |
| 85 - 86 | 8 & Under | 25 Freestyle |
| 87 - 88 | 10 & Under | 100 Breaststroke |
| 89 - 90 | 8 & Under | 50 Breaststroke |
| 91 - 92 | 10 & Under | 200 Freestyle |
| 93 - 94 | 9 & 10 | 500 Freestyle 1 # \$ |

\$ These events will be limited to eight heats, 80 fastest females and 80 fastest males. If one gender doesn't have the max, the other gender can be substituted. Swimmers not making the cut will be given the option of swimming another event, if an empty lane is available, no new heats will be created. No refunds will be given. Coaches must check-in swimmers for these events to be seeded. Check-in will close 45 minutes before the start of the Session that the event is competed. Swimmers failing to check-in, may swim in an empty lane on a first come basis, **NO NEW HEATS WILL BE CREATED. Swimmers must provide their own timer and counter for the 1000 free.**

1 These events will be combined by gender and limited to the fastest 30 females and fastest 30 males. If one gender doesn't have the max entered, the other gender can be seeded. Swimmers not making the cut will be given the option of swimming another event, if an empty lane is available, no new heats will be created. No refunds will be given.

Swimmers must provide their own counters and timers for events (73 - 74 1000 Free) (93-94, 9&10 500 free). Check-in for the 9 & 10 500 free (#93^) by 9:00am on Sunday 1/23.