

2023 SPRING AREA 3 CHAMPIONSHIPS
February 24-25-26, 2023
Sanction #

HOSTED BY: SAINT PETERSBURG AQUATIC CLUB

NO TIME ENTRIES WILL NOT BE ACCEPTED – SLOWER THAN FLAGS AND SENIOR CHAMPS TIME STANDARDS FOR ALL AGE GROUP EVENTS. SENIOR OR OPEN EVENTS HAVE NO RESTRICTIONS.

“In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.”

Deck Changing: Deck changing is NOT PERMITTED AT THE NORTH SHORE POOL.

Condition of Sanction: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

The City of Saint Petersburg and the FAA prohibit the flying of Drones in and around the North Shore Pool.

The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

TYPE OF MEET:

Outdoor, 25-yard, possible dual courses with maximum of 20 lanes
8 & Under, 10 & Under and 9-10 age groups – Timed Finals
500 Free, 400 IM, 1000 Free, 1650 Free – Timed Finals
ALL OF FRIDAY’S EVENTS WILL BE SWUM FASTEST TO SLOWEST

Prelims: Normal Age Groups 11 & 12, 13 & 14, 15 & 16, Seniors.
Finals will be conducted as Championship Finals ONLY for Top 10 qualifiers in each individual age: 11’s, 12’s, 13’s, 14’s, 15’s and 16 year olds. Seniors will swim Championship finals followed by Consolation Finals.

Finals: In each event of the Finals session, the heats will be organized with the Championship Finals first and then the Consolation Finals in that order. Swimmers will be announced in the water.

ALTERNATES: Alternates wishing to swim must report to the deck referee and be standing ready to swim at the starter stand by the start of the race. The fastest swimmer from the consolation heat will be moved

into finals and an alternate into consolation finals.

- DATE AND TIME:** Friday, February 24, 5:00 PM start – ALL EVENTS ON FRIDAY ONLY WILL BE FASTEST TO SLOWEST
Saturday & Sunday, February 25 & 26
Morning 11 & older session, 8:00 AM start
10 & Under Session – 35 minutes after conclusion of 11 & older morning session
Finals Saturday & Sunday- Not before 3:00 PM (TBA at coaches meeting on Friday at 4:45 PM). Warm-up start 45 minutes before finals.
- LOCATION:** North Shore Aquatic Complex
901 North Shore Drive
St. Petersburg, FL 33701
- POOL SPECS:** Certified, outdoor, 25-yard, 22 lane pool. Competition pool depth minimum of four feet at start and turn end, separate warm-up lanes.
- TIMING & SCORING:** Colorado Time Systems with scoreboard and Midnight Sports
- WARM-UP:** Friday – 3:30 PM
Saturday & Sunday Morning 11 & Older – 6:30-7:45 AM
Saturday & Sunday 10 & Under – 30 minutes after the conclusion of the 11 & Older morning session
Saturday & Sunday Finals – 45 minutes before start time
WARM-UP LANES WILL BE ASSIGNED BY WEDNESDAY, FEBRUARY 22ND AND EMAILED TO ALL COACHES.
No Equipment and feet first entry except when doing a racing start off of the block.
- ELIGIBILITY:** Open to all currently registered USA swimmers in Area 3 only who have not achieved the current FLAGS or Senior Championship cuts in their age group or Open (Senior) cuts in Open events. Any swimmer entered with a faster than the appropriate time for that event will not be allowed to swim in that event.
- SEEDING:** Short course, 25-yard times will be used for seeding. Conversion times are not permitted. Times will be seeded yard times first and then long course meter times.
- SCRATCHES:** No penalty for scratches on the block during prelims **WITH EXCEPTION OF DECK SEEDED EVENTS.** Any swimmer entered in an individual event that is seeded at the meet, who has checked in for that event, must swim that event unless he/she notifies the Clerk of Course before the seeding of that event has begun if he/she wishes to scratch. Failure to do so will result in his/her barred from their next individual event in which he/she is entered on that day or the next day, whichever comes first. **FINALS:** Any swimmer qualifying for a consolation final or a championship final race who fails to compete in said race shall be barred from his/her next event unless: A) The referee is notified in the event of illness or injury and accepts proof thereof, or B) A swimmer qualifying for

a consolation final or championship final races based upon the results of the preliminaries notifies the Clerk of Course within 30 minutes following their last individual preliminary event. In the event of weather delays, the meet committee may suspend any or all penalties.

ENTRY LIMIT:

All swimmers will be limited to three (3) individual events per day plus relays. Swimmers posting entries over the entry limit will be as entered in the first three (3) events. No limit on relay entries, but each team should designate relay "A", "B", "C", etc.

DECK ENTRIES:

Deck entries will be accepted by the referee in timed finals or prelim events, including relays from swimmers already entered in the meet, provided that no new heats are created; that the swimmer does not exceed the permitted number of events, and the swimmer does not exceed the cut off times. A swimmer may not scratch or fail to appear in an event in order to deck enter another event. The fee is \$10.00 per individual and \$10.00 per relay event, made payable immediately. Any deck seeded entries must be approved by the referee a minimum of 45 minutes before the start of that session.

ENTRY FORMS:

Entries must be submitted by Hy-Tek or Team Unify entry files and emailed to Fred Lewis at swimstpete@aol.com . Manual entries will be accepted but charged an additional \$50.00 fee.

ENTRY FEE:

\$15.00 Facility Fee per swimmer
\$7.00 per Prelim/Final Event
\$5.50 per 10 & Under Individual Event
\$10.00 per Relay Event
\$3.00 per swimmer Heat Sheet charge

Make checks payable to: **SAINT PETERSBURG AQUATIC CLUB**
Entry fee payment is due on or before Friday, February 24, 2023 and may be mailed in advance to:
St. Petersburg Aquatics
901 North Shore Drive NE
St. Petersburg, FL 33701

ENTRY DEADLINE:

All entries must be received by 6:00 PM on Thursday, February 16, 2023. NO FAX ENTRIES ACCEPTED. Email to swimstpete@aol.com .

AWARDS:

Individual Events:
Senior Events Ribbons 1st – 10th
Age Group Medals 1st – 3rd
Ribbons 4th – 10th
Relay Events: Ribbons 1st – 10th

RULES:

Current USA Swimming Technical Rules will govern the meet. Safety rules, as outlined by USA Swimming and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. The USA Swimming "no recall" start will be used as outlined in 102.12.4H.

- STARTS:** The “**fly-over or immediate climb out start**” may be used at the discretion of the head referee for any or all of the events in the meet.
- TEAM REP:** Prior to the start of the meet, each team may give the name of one other person other than the coach to the meet referee. The meet referee will recognize only the coach and the person so designated as the representative of the team. Prior to the start of the meet, all teams must present a list of current USA Swimming certified coaches attending the meet and representing their team. Unattached coaches not entering any swimmers in the meet (not the coach of record designated by the team) will not have deck access.
- OFFICIALS:** Head Referee – Kevin Mooren
Admin Official – John Ware & Samantha Mooren
Starter – Michelle Walker & Nathan Dean
Head Stroke & Turn – Charlotte Petersen
Marshalls – Joe Novak & Hayley Brahm
Meet Directors – Fred Lewis & Patty Nardozzi
- CAMERA ZONES:** Still and video photography will be allowed from the bleacher area only **EXCEPT DURING THE START OF THE 25 YARD EVENTS.** Cameras are not permitted on the pool deck or in the locker room areas.
- DISTANCE CHECK IN:** All coaches must check in their swimmers for the 500 Freestyle by 4:00PM, the 400 IM by 4:30 PM on Friday, the 1000 Freestyle by 8:30 AM on Saturday and the 1650 Freestyle by 8:30 AM on Sunday. Swimmers missing check-in for any deck seeded event may swim in an empty lane. **NO NEW HEATS WILL BE CREATED.**

**ORDER OF EVENTS
SPRING AREA 3 CHAMPIONSHIPS**

No Time entries will not be accepted for this meet.

ALL EVENTS ON FRIDAY ONLY ARE SEEDED FASTEST TO SLOWEST

FRIDAY, FEBRUARY 24, 2023

Warm-up 3:30 PM, Timed Finals Start 5:00 PM

| Event # | Age | Event |
|----------------|------------|------------------|
| 1-2 | Senior | 50 Butterfly |
| 3-4 | 10 & Under | 200 Freestyle |
| 5-6 | Senior | 50 Backstroke |
| 7-8 | 11-12 | 500 Freestyle *1 |
| 9-10 | 13-14 | 500 Freestyle *1 |
| 11-12 | 15-16 | 500 Freestyle *1 |
| 13-14 | Senior | 500 Freestyle *1 |
| 15-16 | Senior | 50 Breaststroke |
| 17-18 | 10 & Under | 200 IM |
| 19-20 | 11-12 | 200 IM |
| 21-22 | 13-14 | 400 IM *2 |
| 23-24 | 15-16 | 400 IM *2 |
| 25-26 | Senior | 400 IM *2 |

SATURDAY, FEBRUARY 25, 2023

Warm-up 6:30 AM, Prelims 8:00 AM, Finals TBA \$

| Event # | Age | Event |
|----------------|------------|---------------------|
| 27-28 | 11-12 | 50 Freestyle |
| 29-30 | 13-14 | 50 Freestyle |
| 31-32 | 15-16 | 50 Freestyle |
| 33-34 | Senior | 50 Freestyle |
| 35-36 | 11-12 | 50 Breaststroke |
| 37-38 | 13-14 | 100 Breaststroke |
| 39-40 | 15-16 | 100 Breaststroke |
| 41-42 | Senior | 100 Breaststroke |
| 43-44 | 11-12 | 100 Backstroke |
| 45-46 | 13-14 | 200 Backstroke |
| 47-48 | 15-16 | 200 Backstroke |
| 49-50 | Senior | 200 Backstroke |
| 51-52 | 11-12 | 200 Medley Relay *7 |
| 53-54 | 13-14 | 200 Medley Relay *7 |
| 55-56 | Senior | 200 Medley Relay *7 |
| 57-58 | 11-12 | 100 Butterfly |
| 59-60 | 13-14 | 100 Butterfly |
| 61-62 | 15-16 | 100 Butterfly |
| 63-64 | Senior | 100 Butterfly |
| 65-66 | 11-12 | 100 IM |
| 67-68 | 13-14 | 200 IM |
| 69-70 | 15-16 | 200 IM |

| Event # | Age | Event |
|----------------|------------|-------------------|
| 71-72 | Senior | 200 IM |
| 73-74 | Senior | 1000 Freestyle *3 |

SATURDAY, FEBRUARY 25, 2023

Warm-up for 30 minutes following event #68, Timed Finals

| Event # | Age | Event |
|----------------|------------|---------------------|
| 75-76 | 9-10 | 25 Butterfly |
| 77-78 | 8 & under | 25 Freestyle |
| 79-80 | 9-10 | 50 Freestyle |
| 81-82 | 8 & under | 25 Breaststroke |
| 83-84 | 9-10 | 50 Breaststroke |
| 85-86 | 8 & under | 50 Backstroke |
| 87-88 | 9-10 | 100 Backstroke |
| 89-90 | 8 & under | 100 Medley Relay *7 |
| 91-92 | 10 & under | 100 Medley Relay *7 |
| 93-94 | 8 & under | 50 Butterfly |
| 95-96 | 9-10 | 100 Butterfly |
| 97-98 | 8 & under | 100 IM *6 |
| 99-100 | 9-10 | 100 IM |
| 101-102 | 9-10 | 25 Free *4 |

SUNDAY, FEBRUARY 26, 2023

Warm-up 6:30 AM, Prelims 8:00 AM, Finals TBA \$

| Event # | Age | Event |
|----------------|------------|-------------------|
| 103-104 | 11-12 | 200 Freestyle |
| 105-106 | 13-14 | 200 Freestyle |
| 107-108 | 15-16 | 200 Freestyle |
| 109-110 | Senior | 200 Freestyle |
| 111-112 | 11-12 | 50 Backstroke |
| 113-114 | 13-14 | 100 Backstroke |
| 115-116 | 15-16 | 100 Backstroke |
| 117-118 | Senior | 100 Backstroke |
| 119-120 | 11-12 | 100 Breaststroke |
| 121-122 | 13-14 | 200 Breaststroke |
| 123-124 | 15-16 | 200 Breaststroke |
| 125-126 | Senior | 200 Breaststroke |
| 127-128 | 11-12 | 200 Free Relay *7 |
| 129-130 | 13-14 | 200 Free Relay *7 |
| 131-132 | Senior | 200 Free Relay *7 |
| 133-134 | 11-12 | 100 Freestyle |
| 135-136 | 13-14 | 100 Freestyle |
| 137-138 | 15-16 | 100 Freestyle |
| 139-140 | Senior | 100 Freestyle |
| 141-142 | 11-12 | 50 Butterfly |
| 143-144 | 13-14 | 200 Butterfly |
| 145-146 | 15-16 | 200 Butterfly |
| 147-148 | Senior | 200 Butterfly |
| 149-150 | Senior | 1650 Freestyle *5 |

SUNDAY, FEBRUARY 26, 2023

Warm-up for 30 minutes following event #134, Timed Finals

| Event # | Age | Event |
|----------------|------------|--------------------|
| 151-152 | 9-10 | 25 Backstroke |
| 153-154 | 8 & under | 50 Freestyle |
| 155-156 | 9-10 | 100 Freestyle |
| 157-158 | 8 & under | 50 Breaststroke |
| 159-160 | 9-10 | 100 Breaststroke |
| 161-162 | 8 & under | 100 Free Relay *7 |
| 163-164 | 10 & under | 100 Free Relay *7 |
| 165-166 | 8 & under | 25 Backstroke |
| 167-168 | 9-10 | 50 Backstroke |
| 169-170 | 8 & under | 25 Butterfly |
| 171-172 | 9-10 | 50 Butterfly |
| 173-174 | 9-10 | 25 Breaststroke *4 |
| 175-176 | 8 & under | 100 Freestyle |

*1 All 500 yard freestyle events will be deck seeded as one event and scored separately.
All swimmers must check in by 4:00 PM.

*2 All 400 yard IM's will be deck seeded as one event and scored separately.
All swimmers must check in by 4:30 PM.

*3 All 1000 freestyle events will be deck seeded. All swimmers must check in by 8:30 AM.
All swimmers must provide their own timer and counter. NO TIME ENTRIES WILL NOT BE ACCEPTED. PLEASE ONLY ENTER SWIMMERS THAT NEED CUTS AND SEED TIMES. MEET DIRECTOR RESERVES THE RIGHT TO SWIM 2 FEMALE AND 2 MALE HEATS AT THE END OF THE MORNING SESSION AND MOVE ALL REMAINING HEATS TO AFTER THE CONCLUSION OF THE AFTERNOON SESSION.

*4 Not a USA Swimming recognized event.

*5 1650 Free will be held to a maximum of one heat of girls and one heat of boys.

*6 Coaches: Please use common sense when entering this event and do not enter swimmers who are not strong enough for four lengths of the pool.

*7 All relays will be seeded together (by gender) as one event and scored separately.

§ Exact starting time for Finals will be announced at the Coaches Meeting on Friday at 4:45 PM.