

FLORIDA HIGH SCHOOL ACTIVITIES ASSOCIATION

2023 1A DISTRICT 8 SWIMMING AND DIVING CHAMPIONSHIPS

DATE/TIME: Saturday, October 21, 2023
Warm up 7:15, Meet Start 9:00 AM

LOCATION: Northshore Aquatic Center
901 North Shore Dr NE, St Petersburg, FL 33701

FACILITIES: Certified 25 yard 8 lane pool with continuous flow-through lane lines, Colorado timing equipment, Hy Tek Meet Manager with commlink Software.

GATE FEE: \$8.00 per session

MEET HOST: Northside Christian

ELIGIBILITY: All swimmers listed on Home Campus Roster

ORDER OF EVENTS:	WOMENS	EVENT	MEN
	1	200 MEDLEY RELAY	2
	3	200 FREESTYLE	4
	5	200 INDIVIDUAL MEDLEY	6
	7	50 FREESTYLE	8
	9	1 METER DIVING	10
	11	100 BUTTERFLY	12
	13	100 FREESTYLE	14
	15	500 FREESTYLE	16
	17	200 FREESTYLE RELAY	18
	19	100 BACKSTROKE	20
	21	100 BREASTSTROKE	22
	23	400 FREESTYLE RELAY	24

Note: There will be a 15 minute break following the 50 freestyle. Additional breaks to be determined at **the** coaches meeting.

COACHES MEETING: Mandatory coaches meeting to be held at 8:45 in Hospitality.

SCORING: Individual: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1
Relays: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2

AWARDS: Girls Team Champion and Runner Up Trophies
Boys Team Champion and Runner Up Trophies

ENTRIES: Hy-Tek entries must be emailed to John Ware: johnware@midnightsports.com
By 5 PM THURSDAY, OCTOBER 12th. Please include USA Swimming numbers for Club swimmers.

- ENTRY LIMIT:** Each team is allowed **4 entries per Individual event. Each team is allowed 1 entry per relay event.**
Each contestant shall be limited to **4** events, no more than **2** of which may be Individual events.
Follow all rules in the 2023-24 NFHS Rule Book and 2023-24 FHSAA Swimming And Diving Manual.
- RELAYS:** Any swimmer listed on your Home Campus Roster is eligible to swim relays. Prior to the start of the relay event, swimmers must be listed in order of swim on the relay card. Once that card is given to the timer, the lead swimmer cannot be changed to another position. Once the event starts by the blowing of whistle no other swimmer positions can be changed.
DO NOT list your swimmers name on the Hy-Tek entry form for each Relay; only list them on the relay card prior to the event at the meet.
- SCRATCHES:** There are no Declared false starts or scratches allowed. If a swimmer does not show for their event, they are considered a No Show and are disqualified for the remainder of the meet and State Series.
- OFFICIALS:** Meet REFEREE: Bob Griffiths STARTER: Dana Rozance
Stroke and Turn: Maria Barnaky

MEET MANAGER: Kay Caldwell, 727-455-8377, kaycaldwell1954@gmail.com
- SCORING:** John Ware at Midnight Sports, 813-240-3893, johnware@midnightsports.com
- TIMING SYSTEM:** Colorado timing system provided by St Pete Aquatics
- WARM UP:** Teams will be assigned time and lanes after psyche sheet is posted, no later than Wednesday before the Meet. No equipment allowed during warm-up.
- HEAT SHEETS:** Complimentary for coaches only. Spectators can purchase at concessions for \$5.
- CONCESSIONS:** Provided by Northside Christian School, cash only.
- TIMERS:** Each participating school is asked to provide 1 timer.
- Notes:** Financial loss reimbursement will be requested. If denied by FHSAA, loss will be Shared among participating schools.
- CAMERA ZONES:** Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of Camera Zones at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable camera zones may include but are not limited to the side courses of a pool, team gathering spots etc. Under NO circumstances will camera zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for racing start purposes during competition and warm up. Locker rooms

or any other dressing room area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2

USAS Covid-19 Statement: An inherent risk of exposure to COVID 19 exists in any public place where people are present. COVID 19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc. cannot prevent you or your children from becoming exposed to, contracting or spreading COVID 19 while participating in USA sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID 19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.