

2023 3A–District 7 Swimming and Diving Championship
Florida High School Athletic Association
Hosted by St. Petersburg High School

Sanctioned by: Florida Swimming of USA #TBD
“In granting this approval it is understood and agreed the USA Swimming/Florida Swimming **shall** be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of the event”.

**Condition of:
Sanctioning** The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming.

| | | |
|------------------|--------------------------|----------------------------|
| Location: | Swimming | Diving |
| | Northshore Pool | Northeast High School Pool |
| | 901 N. Shore Drive N.E. | 5500 16 St N |
| | St. Petersburg, FL 33701 | St. Petersburg, FL 33703 |

DECK CHANGING & SHAVING: **Changing on deck & shaving on the premises is PROHIBITED by FHSAA rule. Competitors use only the individual restrooms on the side of the main building.**

Dates/Times: Diving – Thurs, October 26th
Warm up at 5:00 pm Competition begins at 6:00pm

Swimming – Friday, October 27th
7:45 AM – Warm-up (Team/Lane Assignment TBA)
8:30 AM – Controlled Warm-up
8:40 AM – Coaches & Captains Meeting
9:00 AM – Timed Finals begin

Type of Meet: 25-yard Short Course High School District Championship Timed Final format. Meet Management may opt to use fly-over starts at this competition.

Pool Specs: Certified 25 -yard indoor pool with a maximum of two eight lane racing courses, having a minimum depth of 5 feet and non-turbulent lane lines.
(Backstroke Ledges are not permitted in High School Swimming.)

Timing System: Electronic Timing System with scoreboard, manual back-up watches-Computer Scoring

Gate Fee: \$8.00 per person/per session on GoFan.co

Meet Host: St. Petersburg High School

Administrator in Charge: Chris Otto, St. Petersburg Athletic Director.

Eligibility: All swimmers submitted on each team’s District Meet entry list (per Home Campus)

Warm up: Assignments will be made once entries are submitted.

| Order of Events: | Girls | Boys | |
|------------------|-----------------------------------|-----------------------|----|
| | 1 | 200 Medley Relay | 2 |
| | 3 | 200 Freestyle | 4 |
| | 5 | 200 Individual Medley | 6 |
| | 7 | 50 Freestyle* | 8 |
| | - 15 minute break per NFHS rule - | | |
| | 11 | 100 Butterfly | 12 |
| | 13 | 100 Freestyle | 14 |
| | 15 | 500 Freestyle | 16 |
| | 17 | 200 Freestyle Relay | 18 |
| | - 10 minute break | | |
| | 19 | 100 Backstroke | 20 |
| | 21 | 100 Breaststroke | 22 |
| | - 5 minute break | | |
| | 23 | 400 Freestyle Relay | 24 |

** Diving will be held separately and will not show in swimming order of events

Seeding: Timed finals slowest to fastest using 8 lanes

Scoring: Individual: 20, 17,16,15,14,13,12,11,9,7,6,5,4,3,2,1
Relay: 40, 34,32,30,28,26,24,22,18,14,12,10,8,6,4,2

Awards: Girls Team Champion, Boys Team Champion

Entries: All entries with times (Hy-tek file) must be submitted via email by **Sunday, October 22nd, 2023 by 2pm** to: John Ware at johnware@midnightsports.com
If you are having any difficulties submitting your entries, please contact John at 813-240-3893.
Entries failing to make the deadline may result in not being entered in the meet. Follow all FHSAA protocols for official entries. Relay cards will be provided at the meet.

A student athlete whose name was not originally submitted on the official entry list is not eligible to participate in the district meet until the addition of his or her name is approved by the FHSAA office.

Each team is allowed a maximum of 4 swimmers per event; each contestant shall be limited to a maximum of 4 events, no more than two of which may be individual events. Follow all rules of the 2022-2023 NFHS rules book and the FHSAA Swimming & Diving Manual.

Swimmers must have their USA swimming numbers in the entry file for times to be recognized by USA Swimming.

Relays: Any swimmer on your Master Entry form (HyTek file) may be eligible for a relay. Prior to the start of the relay events, you must turn in your relay card listing your relay swimmers. Relay card must also designate the name of the lead-off swimmer who actually swims in the lead-off position. You may list up to 8 swimmers. Reminder: You MAY NOT scratch a swimmer from an individual event in order to swim an additional relay.

Declared False Start: During the Florida High School State Championship Series, NO declared false starts are permitted.

Failure to Compete: A competitor who fails to compete (no show) in an event in which he/she has officially entered, shall be disqualified from further competition in the state series unless the failure to compete is due to a medical reason certified by an appropriate medical professional and declared to the Meet Referee in advance of the event.

Officials: Meet Referee: Bob Bentz Administrative Referee: John Ware
Starter: Tony Uselis Stroke & Turn: James Bartolomeo, Paul Billitto
Head Marshall: Kim Brackin
Meet Manager: Jason Grant (grantja@pcsb.org) 727-776-5339

Results: John Ware at johnware@midnightsports.com

Notes: Entry Fee: \$75/team; Any financial losses will be divided equally among participating schools.

District Shirts: FHSAA approved vendor will be on site to sell district t-shirts.

Deck Passes: Only Athletes, Coaches, Volunteers will be allowed on deck. Any School Photographers must have prior approval to be on deck, just like Timer Volunteers. Wristbands will be issued.

Coaches Info: One coach and one captain per team will meet at 8:40 AM

Concessions: Concessions and hospitality will be available based on local rules and protocols.

Timers: Each team should provide two timers for the session.

All timers should be registered volunteers with the school system in their county.

Camera Zones: Per FHSAA, meet management shall designate and inform the public of 'Camera Zones' at each meet where both still photography and video photography of a race or competitor in a race may be taken. Acceptable 'Camera Zones' may include but are not limited to the side course of a pool, team gathering areas, concession area, and turn-end of the pool when not in use as the start end. Meet management shall also designate 'No Camera Zones'. Under NO circumstances will camera zones include the area immediately behind the starting blocks at either end of the racing course while they are in use for 'race starting purposes' during competition and warm up. No camera zones also include locker rooms, restrooms, or any other dressing area.

Any individual failing to abide by this rule could be subject to the FHSAA Code of Conduct violation.

2023 3A–District 7 Diving Championship Florida High School Athletic Association

Location: Northeast High School
5500 16th St. N.
St. Petersburg, FL 33703

Date: Thursday, October 26th

Pool Specs: Two 1-Meter maxi-flex boards with 12 ft. diving well

Times:

| | |
|---------|------------------------------|
| 5:00 pm | Warm-up begins |
| 5:30 pm | Dive Sheets Finalized/Signed |
| 5:50 pm | Diver Meeting |
| 6:00 pm | Diving Competition Begins |

Boys and Girls may run concurrently. Diving referees will have the discretion to make any necessary changes in compliance of the rules to permit and ensure safe and continual competition.

Dive Sheets: All divers must be listed on Master Entry Form (via Home Campus) and in the Hy-tek file submitted to John Ware on or before the October 22nd deadline.

Please submit a list of dives for each contestant by Sunday, October 22nd to Bill Walker (whw@walkeratty.com). You may change the list at the meet.

A Coach or HS Representative needs to be present at the competition to sign dive sheets and judge.

The following must be included on each sheet:

1. Dive Number
2. Written Description
3. Position
4. Degree of Difficulty
5. Order in which dives will be attempted
6. Voluntary dives must be marked on the dive sheet

Order of Competition:

| | |
|--------------------|--|
| Preliminary Round: | 2 voluntary dives and 3 optional dives |
| Semi-Final Round: | 2 voluntary dives and 1 optional dive |
| Final Round: | 1 voluntary dive and 2 optional dives |

Note: Each listed optional dive must represent all five diving categories; All divers must meet NFHS standards and regulations in addition to the FHSAA Swimming & Diving Manual.

Dive Referee: Bill Walker

Dive Judges: Diving coaches from each school represented

Gate Fee: \$8.00 to be purchased at GoFan.co