

2023 FHSAA 3A Region 3 Championship**Hosted By: Jesuit High School****Psych Sheet****Event 1 Girls 200 Yard Medley Relay****National: 1:36.98 2/11/2023****Carmel, IN****Berit Berglund, M.Sweeney, A. Shackell, M.Christma****State: 1:42.04 2022****Riverview****River****1:44.27 AA-A****T Schwenk, G Weyant, A Sauickie, B O'Reagan****1:46.16 AA-C**

	Team	Relay	Seed Time	
1	Charlotte High School		1:50.97	
2	Saint Petersburg High School		1:53.67	
3	Cape Coral High School		1:55.51	
4	Naples High School		1:58.46	
5	Countryside High School		2:03.57	
6	Manatee High School		2:03.67	
7	Northeast High School		2:04.20	
8	Braden River High School		2:10.30	
9	Gulf Coast High School		2:10.81	
10	Largo High School		2:13.08	
11	Seminole High School		2:14.99	
12	Osceola (Seminole)		2:16.46	
13	Fort Myers High School		2:17.90	
14	Hillsborough High School		2:18.67	
15	Parrish Community High School		2:21.25	
16	Dixie M Hollins High School		2:34.62	
17	East Bay High School		2:36.77	Alt
18	South Fort Myers High School		2:47.44	Alt

Event 2 Boys 200 Yard Medley Relay**National: 1:27.74 2/14/2014****Baylor School, TN****Kaliszak, Tynes, McHugh, Selby****State: 1:28.02 2012****Bolles (Jacksonville)****Bolle****1:32.76 AA-A****R Murphy, J Schooling, J Booth, S Condorelli****1:34.41 AA-C**

	Team	Relay	Seed Time	
1	Jesuit High School		1:40.24	
2	Cape Coral High School		1:44.06	
3	Osceola (Seminole)		1:44.23	
4	Seminole High School		1:44.81	
5	Countryside High School		1:47.67	
6	North Fort Myers High School		1:50.22	
7	Naples High School		1:50.24	
8	Charlotte High School		1:50.39	
9	Largo High School		1:51.40	
10	Riverdale High School		1:52.78	
11	Saint Petersburg High School		1:57.89	
12	Manatee High School		1:58.99	
13	Gulf Coast High School		1:59.27	
14	Braden River High School		2:00.25	
15	Northeast High School		2:02.14	
16	Hillsborough High School		2:02.24	
17	South Fort Myers High School		2:08.29	Alt
18	Fort Myers High School		2:11.24	Alt

2023 FHSAA 3A Region 3 Championship**Hosted By: Jesuit High School****Psych Sheet****Event 3 Girls 200 Yard Freestyle****National: 1:41.55 2/7/2015****State: 1:44.31 2016****1:48.74 AA-A****1:50.65 AA-C****Katie Ledecy****Morgan Tankersley****Stone Ridge, MD****Plant (Tampa)**

	Name	Year	School	Seed Time	
1	Slagter, Isabella J	10	Charlotte High School	1:56.12	
2	Hansen, Karrington L	10	Saint Petersburg High School	1:56.79	
3	Fjare, Zoie J	10	Saint Petersburg High School	1:57.38	
4	Best, Emma K	11	Cape Coral High School	2:00.38	
5	Ross, Emily	10	Countryside High School	2:00.80	
6	Noga, Mary E	10	Saint Petersburg High School	2:03.31	
7	Henkel, Sara	10	Osceola (Seminole)	2:03.45	
8	Morris, Cheney E	10	Parrish Community High School	2:03.59	
9	Lara, Sabrina F	11	Cape Coral High School	2:04.95	
10	Buchanan, Gianna	10	Naples High School	2:07.71	
11	Summers, Sage	11	Saint Petersburg High School	2:08.28	
12	Douglass, Ayla N	12	Charlotte High School	2:09.80	
13	Braybrook, Molly	10	Palmetto High School	2:11.68	
14	Bailey, Genevieve F	12	Cape Coral High School	2:13.69	
15	Sigmond, Catalina	11	Naples High School	2:15.02	
16	Reber, Kelly	11	Parrish Community High School	2:20.47	
17	Russo, Madison A	12	Seminole High School	2:22.26	
18	Denny, Katelynn	11	Seminole High School	2:22.66	
19	Sullivan, Sophia	11	Hillsborough High School	2:22.74	
20	Steele, Emma	10	Osceola (Seminole)	2:24.71	
21	Meyers, Elise J	11	Cape Coral High School	2:25.12	
22	Runyon, Holly	10	Palmetto High School	2:26.20	
23	Kuhlber, Olivia	9	Parrish Community High School	2:27.76	
24	Frechette, Evelyn	11	Osceola (Seminole)	2:30.98	
25	Hodges, Chloe	10	Countryside High School	2:31.73	Alt
26	Schaefer, Amelie	10	Seminole High School	2:33.57	Alt

Event 4 Boys 200 Yard Freestyle**National: 1:32.85 2/25/2023****State: 1:34.18 2022****1:38.67 AA-A****1:40.06 AA-C****Aaron Shackell****Kaii L Winkler****Carmel, IN****S FL HEAT**

	Name	Year	School	Seed Time	
1	Clements, Aidan	12	Jesuit High School	1:43.75	
2	Monkelis, Arnas	11	Osceola (Seminole)	1:47.26	
3	Tedhams, Hayden A	10	Cape Coral High School	1:48.64	
4	Chappell, Ryland E		Fort Myers High School	1:48.74	
5	Jones, Denis	12	Southeast High School	1:49.21	
6	Jones, David A	11	Seminole High School	1:49.39	
7	Franzese, William	10	Osceola (Seminole)	1:50.08	
8	Biebel, Rex	11	Countryside High School	1:50.73	
9	Trapp, Robert A	12	Charlotte High School	1:51.35	
10	Neely, Henry	10	Jesuit High School	1:51.68	
11	Henry, Tyler	12	Jesuit High School	1:53.18	
12	Livingston, Sterling M	12	Jesuit High School	1:54.06	
13	Ester, Griffin		Largo High School	1:56.80	
14	Hackenberg, Brady W	11	Charlotte High School	2:03.46	

2023 FHSAA 3A Region 3 Championship**Hosted By: Jesuit High School****Psych Sheet****Event 4 ... (Boys 200 Yard Freestyle)**

15	Wassif, Anthony	10	Gulf Coast High School	2:04.55	
16	Guba, Marco J	11	Cape Coral High School	2:05.32	
17	Wright, Gabriel C	12	Cape Coral High School	2:05.46	
18	Mack, Keegan	11	Osceola (Seminole)	2:06.33	
19	Sigmond, Vanden	10	Naples High School	2:08.12	
20	Morales, Matthew	11	Charlotte High School	2:09.83	
21	Torres-Sigler, Nicolas	11	Richard C Spoto High School	2:10.58	
22	Wilczynski, Henry P	10	Fort Myers High School	2:11.56	
23	Pitzer, Wesley		Dixie M Hollins High School	2:11.73	
24	Lybrand, Stephen F	12	Charlotte High School	2:12.73	
25	Plummer, Evan	9	Naples High School	2:17.98	Alt
26	Stevens, Joshua	11	North Fort Myers High School	2:19.74	Alt

Event 5 Girls 200 Yard IM

National:	1:53.38	5/13/2023	Teagan O'Dell	Santa Marg, CA
State:	1:57.07	2009	Melanie Margalis, Countryside	Clearwater
	2:01.46	AA-A		
	2:04.01	AA-C		

	Name	Year	School	Seed Time	
1	Blaine, Melissa A	12	Cape Coral High School	2:08.84	
2	Brackin, Elly V	12	Saint Petersburg High School	2:13.33	
3	Schwartz, Zoe J	11	Charlotte High School	2:15.02	
4	Pellegrino, Sophie M	12	Cape Coral High School	2:19.89	
5	Figuroa, Alejandra	10	Cape Coral High School	2:20.46	
6	Billitto, Brooke D	10	Seminole High School	2:20.52	
7	Kurmay, Lana		Largo High School	2:21.07	
8	Mather, Charlotte	11	Naples High School	2:25.70	
9	Pilon, Emersen G	12	Saint Petersburg High School	2:29.27	
10	Santana, Elisabeth	9	Saint Petersburg High School	2:29.75	
11	Kelley, Ansley	12	Riverdale High School	2:33.61	
12	Lawler, Sofia		Manatee High School	2:34.76	
13	Renda, Ava	11	Palmetto High School	2:39.40	
14	Trabucchi, Lauren	9	Charlotte High School	2:39.93	
15	Hill, Emerson	11	Gulf Coast High School	2:42.83	
16	Lara, Mikayla A	9	Cape Coral High School	2:43.72	
17	Slorp, Breanna	11	Charlotte High School	2:44.75	
18	Mahoney, Sailor	12	Osceola (Seminole)	2:44.89	
19	Crandall, Payton	10	Osceola (Seminole)	2:45.82	
20	Bradberry, Madison		Manatee High School	2:46.04	
21	Frechette, Ava	11	Osceola (Seminole)	2:46.43	
22	Smith, Opal	11	Osceola (Seminole)	2:47.39	
23	Winkelmann, Peytan	11	Parrish Community High School	2:47.49	
24	McKernan, Meaghan	12	Naples High School	2:48.10	
25	Avlonitis, Emmanuela	11	Northeast High School	2:49.93	Alt
26	Montejo, Mariah	9	Naples High School	2:51.77	Alt

2023 FHSAA 3A Region 3 Championship**Hosted By: Jesuit High School****Psych Sheet****Event 6 Boys 200 Yard IM****National: 1:41.39 3/18/2011****David Nolan****Hershey, PA****State: 1:45.02 2022****Carter T Lancaster****Bolles****1:49.50 AA-A****1:51.52 AA-C**

	Name	Year	School	Seed Time	
1	Maloney, Liam	12	Jesuit High School	2:02.09	
2	Rein, Eric	12	Jesuit High School	2:02.86	
3	Borromeo, Antonio	12	Jesuit High School	2:03.98	
4	Politis, Gregory	12	Jesuit High School	2:07.61	
5	Edwards, Nathan	10	Naples High School	2:08.08	
6	Dugan, Aayden T	10	Cape Coral High School	2:10.06	
7	Saenz, Kevin	11	Osceola (Seminole)	2:10.65	
8	Douglass, Bora A	11	Charlotte High School	2:13.52	
9	Bennett, Andrew	10	Hillsborough High School	2:14.36	
10	Cavanaugh, Liam P	12	Seminole High School	2:14.87	
11	Shaw, Aaron		Largo High School	2:17.16	
12	Riley, Robert	10	Osceola (Seminole)	2:17.81	
13	Gagliardi, Adrian	11	Riverdale High School	2:18.05	
14	Menassa, Mason J	12	Cape Coral High School	2:22.12	
15	Griffith, Hayden	10	Saint Petersburg High School	2:23.03	
16	Vanagas, Cole	12	Charlotte High School	2:26.41	
17	Benninghoff, Bobby		Braden River High School	2:27.57	
18	Sevarino, Nicholas	12	Southeast High School	2:28.24	
19	Ramirez, Christopher	11	Riverdale High School	2:28.93	
20	Burns, Charles	11	Naples High School	2:29.34	
21	Keenan, Rowan	9	Osceola (Seminole)	2:30.53	
22	Pomerantz, Jacob	9	Charlotte High School	2:30.63	
23	Dumont, Carter	9	Gulf Coast High School	2:32.15	
24	Kasitz, Jax	9	Fort Myers High School	2:36.93	
25	Martinez, Juan	10	Fort Myers High School	2:37.55	Alt
26	Woodside, Zachary		Manatee High School	2:38.22	Alt

Event 7 Girls 50 Yard Freestyle**National: 21.59 2/7/2020****Gretchen Walsh****Harpeth Hall, TN****State: 22.22 2020****Alexis Mulvihill****G. Steinbrenner****23.08 AA-A****23.50 AA-C**

	Name	Year	School	Seed Time	
1	Noga, Abigail K	12	Saint Petersburg High School	24.48	
2	Golubovic, Maya A	12	Seminole High School	24.48	
3	Pope, Alex P	12	Saint Petersburg High School	24.58	
4	Roy, Kasey E	11	Charlotte High School	24.70	
5	Hickmon, Fina	12	Naples High School	25.00	
6	Koshinski, Sydney		Braden River High School	25.72	
7	Franklyn, Dayna A	9	Cape Coral High School	25.89	
8	Layton, Eire	10	Naples High School	26.11	
9	Boyd, Gabi	12	Naples High School	26.41	
10	Moore, Abigail G	12	Osceola (Seminole)	26.47	
11	Marshall, Charlotte	11	Naples High School	27.10	
12	Eastman, Sydney L	11	Cape Coral High School	27.23	
13	Higgins, Maria V	12	Cape Coral High School	27.45	
14	Romine, Ava P	9	Cape Coral High School	27.46	

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15	Troutman, Addy	9	Countryside High School	27.50	
16	Harris, Raina	10	Richard C Spoto High School	27.60	
17	Frederick, Wednesday A	12	Charlotte High School	27.84	
18	Thornsberry, Ella M	12	Seminole High School	28.10	
19	Golm, Addison		Manatee High School	28.15	
20	Benninghoff, Nora		Bradén River High School	28.25	
21	Wreski, Maddox	12	Riverdale High School	28.33	
22	Fuston, Julia	12	Northeast High School	28.40	
23	Tuckett, Alexandra	12	East Bay High School	28.44	
24	Talarico, Gianna		Largo High School	28.58	
25	Pilon, Caroline	9	Saint Petersburg High School	28.58	
26	Aviles, Jessica	12	Riverdale High School	28.93	Alt
27	Morneau, Holly	10	Hillsborough High School	29.09	Alt

Event 8 Boys 50 Yard Freestyle**National: 19.11 3/6/2021****David Curtiss****Pennington, NJ****State: 19.29 2013****Caeleb Dressell****Clay****20.43 AA-A****20.85 AA-C**

	Name	Year	School	Seed Time	
1	Terry, Jacob	11	North Fort Myers High School	21.67	
2	Moening, Jaxson D	10	Charlotte High School	22.12	
3	Healy, Jackson D	10	Seminole High School	22.81	
4	Rawlings, Johnathan	11	Charlotte High School	22.88	
5	Herold, Jonathan J	12	Seminole High School	23.21	
6	Dunn, Arthur R	11	Charlotte High School	23.29	
7	Cainas, Jacob D	9	Cape Coral High School	23.38	
8	Marcum, Wilson	9	Jesuit High School	23.42	
9	Borowiec, Bruno	10	Jesuit High School	23.44	
10	Hyer, Nolan	12	Naples High School	23.61	
11	Dieffenthaler, David	9	Jesuit High School	23.82	
12	Lai, Julian	11	Osceola (Seminole)	23.84	
13	Lim, Kaden	11	Countryside High School	23.91	
14	Borowiec, Ivan	12	Jesuit High School	24.12	
15	Johnson, Zachary	11	Riverdale High School	24.31	
16	Ornelas, Jacob	11	Seminole High School	24.44	
17	Mentis, Andreas		Largo High School	24.45	
18	Gomez, Brandon	12	Fort Myers High School	24.78	
19	Rua, Jonathan	11	North Fort Myers High School	24.85	
20	Menassa, Mackain G	10	Cape Coral High School	24.85	
21	O'Donnell, Chris	11	Countryside High School	25.19	
22	Carr, Bryce	10	Saint Petersburg High School	25.21	
23	Kurtz, Carter	11	South Fort Myers High School	25.25	
24	Albers, Jaidon L	11	Cape Coral High School	25.30	
25	Hynson, Corbin	11	Parrish Community High School	25.33	Alt
26	Perez, Eduardo		Bradén River High School	25.35	Alt

Event 9 Girls 1 mtr Diving

	Name	Year	School	
1	Rodetsky, Brianna	12	Osceola (Seminole)	419.55
2	Beckman, Emma	12	North Fort Myers High School	366.80
3	Teixeira, Victoria	10	Seminole High School	361.85

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4	Wreski, Maddox	12	Riverdale High School	353.65
5	Granthem, Audrey	10	Osceola (Seminole)	349.05
6	Bates, Madison	11	Naples High School	346.25
7	Carran, Farrell	11	Naples High School	300.50
8	Kurlinski, Isabell	9	Osceola (Seminole)	296.90

Event 10 Boys 1 mtr Diving

	Name	Year	School	
1	Shephard, Clay	11	Gulf Coast High School	456.00

Event 11 Girls 100 Yard Butterfly

National:	49.95	2/25/2021	Torri Huske	Yorktown, VA
State:	52.12	2022	Erika Pelaez	S FL HEAT
	54.38	AA-A		
	55.48	AA-C		

	Name	Year	School	Seed Time
1	Pope, Alex P	12	Saint Petersburg High School	1:00.14
2	Myers, Celina D	12	Charlotte High School	1:00.52
3	Ross, Emily	10	Countryside High School	1:00.81
4	Best, Emma K	11	Cape Coral High School	1:02.51
5	Eastman, Sydney L	11	Cape Coral High School	1:02.95
6	Vizcaya, Ariana	12	Countryside High School	1:04.51
7	Kasitz, Elle	12	Fort Myers High School	1:04.66
8	Mather, Charlotte	11	Naples High School	1:05.05
9	Morrison, Quinn	12	Saint Petersburg High School	1:05.34
10	Aviles, Jessica	12	Riverdale High School	1:05.95
11	Meek, Amelia	11	East Bay High School	1:07.32
12	Santana, Elisabeth	9	Saint Petersburg High School	1:07.57
13	Handel, Feythe		Manatee High School	1:07.68
14	Bredenkamp, Lyla	10	Riverdale High School	1:08.36
15	Burburija, Emma	9	Countryside High School	1:09.11
16	Lawler, Sofia		Manatee High School	1:10.01
17	Marshall, Charlotte	11	Naples High School	1:10.49
18	Hill, Emerson	11	Gulf Coast High School	1:11.88
19	Kerley, Alysia J	11	Saint Petersburg High School	1:12.82
20	Marsala, Chase	10	Seminole High School	1:13.92
21	Schaab, Isabella	12	Naples High School	1:14.09
22	Chu, Sasa	11	North Fort Myers High School	1:14.13
23	Fuston, Julia	12	Northeast High School	1:15.54
24	Barcena, Amy	10	Cape Coral High School	1:16.46
25	Smith, Opal	11	Osceola (Seminole)	1:16.99 Alt
26	Pfannenstiel, Hannah K	10	Fort Myers High School	1:17.05 Alt

Event 12 Boys 100 Yard Butterfly

National:	44.97	2/25/2023	Scotty Buff	St. Francis, OH
State:	45.52	2013	Joseph Schooling	Bolles
	48.57	AA-A		
	49.69	AA-C		

	Name	Year	School	Seed Time
1	Clements, Aidan	12	Jesuit High School	51.80
2	Maloney, Liam	12	Jesuit High School	54.88
3	Healy, Jackson D	10	Seminole High School	55.16
4	Dunn, Arthur R	11	Charlotte High School	55.63

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5	Wilson, Cole B	11	Cape Coral High School	55.77	
6	Kreve, Noah	9	Jesuit High School	56.07	
7	Butina, Marko	11	Northeast High School	56.49	
8	Ester, Griffin		Largo High School	56.59	
9	Austin, Thomas R		Largo High School	56.61	
10	Ornelas, Jacob	11	Seminole High School	57.48	
11	Hickmon, Cruz	10	Naples High School	57.57	
12	Dugan, Aayden T	10	Cape Coral High School	58.10	
13	Chappell, Ryland E		Fort Myers High School	58.33	
14	Clements, Tiernan	9	Jesuit High School	59.39	
15	Ward, Morgan	10	AP Leto Comprehensive High	1:00.75	
16	Saenz, Daniel	11	Osceola (Seminole)	1:02.12	
17	Griffith, Hayden	10	Saint Petersburg High School	1:02.24	
18	Ellwood, William J	10	Countryside High School	1:02.70	
19	Sullivan, Colton	11	Riverdale High School	1:04.53	
20	Moran, Jackson	12	Gulf Coast High School	1:05.37	
21	Rodriguez, Nicholas	12	Cape Coral High School	1:05.81	
22	Barba, Charlie	11	Seminole High School	1:06.23	
23	Naehring, Michael	10	North Fort Myers High School	1:07.78	
24	Best, Nolan R	9	Cape Coral High School	1:09.73	
25	Martinez, Juan	10	Fort Myers High School	1:09.90	Alt
26	Crookes, Richard M	12	Saint Petersburg High School	1:10.02	Alt

Event 13 Girls 100 Yard Freestyle**National: 46.98 2/8/2020****State: 48.08 2022****50.15 AA-A****51.10 AA-C****Gretchen Walsh****Erika Pelaez****Harpeth Hall, TN****S FL HEAT**

	Name	Year	School	Seed	Time
1	Golubovic, Maya A	12	Seminole High School	53.17	
2	Hite, Abigail	12	Southeast High School	53.63	
3	Noga, Abigail K	12	Saint Petersburg High School	53.65	
4	Hickmon, Fina	12	Naples High School	54.27	
5	Roy, Kasey E	11	Charlotte High School	54.43	
6	Koshinski, Sydney		Braden River High School	55.07	
7	Johnson, Maggie K	12	Saint Petersburg High School	55.35	
8	Hauser, Alana	9	Seminole High School	56.83	
9	Zavalaga, Krystina A	12	Cape Coral High School	56.96	
10	Summers, Sage	11	Saint Petersburg High School	57.10	
11	Franklyn, Daynna A	9	Cape Coral High School	57.40	
12	Layton, Eire	10	Naples High School	57.49	
13	Morris, Cheney E	10	Parrish Community High School	57.58	
14	Moore, Abigail G	12	Osceola (Seminole)	58.03	
15	Growe, Alexzandra F	12	Seminole High School	58.23	
16	Ferro, Alexa	11	Cape Coral High School	58.92	
17	Jefferis, Keegan	12	Northeast High School	59.20	
18	Peterman, Madelyn	11	Riverdale High School	1:00.45	
19	Slorp, Breanna	11	Charlotte High School	1:00.93	
20	Higgins, Maria V	12	Cape Coral High School	1:01.39	
21	Steele, Emma	10	Osceola (Seminole)	1:02.90	
22	Renda, Ava	11	Palmetto High School	1:03.20	

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23	Harris, Raina	10	Richard C Spoto High School	1:03.43	
24	Anderson, Gwendolyn	10	Northeast High School	1:03.81	
25	McLendon, Katherine	12	Naples High School	1:03.85	Alt
26	Benninghoff, Nora		Braden River High School	1:03.88	Alt

Event 14 Boys 100 Yard Freestyle

National:	42.34	3/19/2011	David Nolan	Hershey, PA
State:	42.52	2022	Kaii L Winkler	S FL HEAT
	44.83	AA-A		
	45.64	AA-C		

	Name	Year	School	Seed Time	
1	Monkelis, Arnas	11	Osceola (Seminole)	47.69	
2	Terry, Jacob	11	North Fort Myers High School	48.70	
3	Moenning, Jaxson D	10	Charlotte High School	49.52	
4	Neely, Henry	10	Jesuit High School	49.85	
5	Herold, Jonathan J	12	Seminole High School	50.37	
6	Borowiec, Bruno	10	Jesuit High School	51.24	
7	Lim, Kaden	11	Countryside High School	51.88	
8	Hyer, Nolan	12	Naples High School	51.99	
9	Lai, Julian	11	Osceola (Seminole)	52.03	
10	Austin, Thomas R		Largo High School	52.16	
11	Cainas, Jacob D	9	Cape Coral High School	52.32	
12	Johnson, Zachary	11	Riverdale High School	52.56	
13	Borowiec, Ivan	12	Jesuit High School	52.59	
14	Tiozzo, Fiero	9	Jesuit High School	53.17	
15	Brites, Sebastian	12	North Fort Myers High School	54.30	
16	Respass, Cade	9	Saint Petersburg High School	54.71	
17	Menassa, Mackain G	10	Cape Coral High School	54.81	
18	Gomez, Brandon	12	Fort Myers High School	54.88	
19	Rua, Jonathan	11	North Fort Myers High School	55.34	
20	O'Donnell, Chris	11	Countryside High School	55.41	
21	Carr, Bryce	10	Saint Petersburg High School	55.48	
22	Pitzer, Wesley		Dixie M Hollins High School	55.55	
23	Vangroll, Jonah	10	Northeast High School	55.99	
24	Stewart, Andrew		Dixie M Hollins High School	56.02	
25	Nass, Sawyer	9	Riverdale High School	56.65	Alt
26	Mentis, Andreas		Largo High School	56.74	Alt

Event 15 Girls 500 Yard Freestyle

National:	4:26.58	2/6/2015	Katy Ledecky	Stone Ridge, MD
State:	4:37.60	2016	Morgan Tankersley	Plant (Tampa)
	4:53.06	AA-A		
	4:58.20	AA-C		

	Name	Year	School	Seed Time	
1	Fjare, Zoie J	10	Saint Petersburg High School	5:01.76	
2	Blaine, Melissa A	12	Cape Coral High School	5:03.84	
3	Slagter, Isabella J	10	Charlotte High School	5:17.03	
4	Wreski, Izabella	12	Riverdale High School	5:19.92	
5	Lara, Sabrina F	11	Cape Coral High School	5:23.53	
6	Rasmussen, Isabel	11	Gulf Coast High School	5:23.65	
7	Noga, Mary E	10	Saint Petersburg High School	5:24.07	
8	Henkel, Sara	10	Osceola (Seminole)	5:34.38	

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9	Douglass, Ayla N	12	Charlotte High School	5:43.30	
10	Braybrook, Molly	10	Palmetto High School	5:43.72	
11	Kelley, Ansley	12	Riverdale High School	5:52.74	
12	Bailey, Genevieve F	12	Cape Coral High School	5:53.50	
13	Handel, Feythe		Manatee High School	5:55.99	
14	Sigmond, Catalina	11	Naples High School	6:00.91	
15	Thornsberry, Ella M	12	Seminole High School	6:01.76	
16	Romine, Ava P	9	Cape Coral High School	6:13.24	
17	Pilon, Caroline	9	Saint Petersburg High School	6:21.79	
18	Russo, Madison A	12	Seminole High School	6:22.29	
19	Mazzei, Brennan	12	Seminole High School	6:28.50	
20	Haar, Makayla	12	Naples High School	6:32.29	
21	Hodges, Chloe	10	Countryside High School	6:35.27	
22	Frechette, Evelyn	11	Osceola (Seminole)	6:37.25	
23	Reber, Kelly	11	Parrish Community High School	6:41.43	
24	Rozelle, Sally	10	Saint Petersburg High School	6:48.73	
25	Kaule, Libby	12	Parrish Community High School	6:50.43	Alt
26	Chuang Saladin, Zoe L		Fort Myers High School	6:53.07	Alt

Event 16 Boys 500 Yard Freestyle**National: 4:12.70 5/5/2023****State: 4:17.29 2010****4:29.39 AA-A****4:33.16 AA-C****Rex Maurer****Nicholas Caldwell****Loyola, CA****Riverview**

Name	Year	School	Seed Time		
1	Tedhams, Hayden A	10	Cape Coral High School	4:51.82	
2	Jones, Denis	12	Southeast High School	4:51.87	
3	Biebel, Rex	11	Countryside High School	4:55.90	
4	Franzese, William	10	Osceola (Seminole)	4:58.89	
5	Trapp, Robert A	12	Charlotte High School	4:59.20	
6	Henry, Tyler	12	Jesuit High School	5:04.81	
7	Ranson, Anderson	10	Countryside High School	5:06.09	
8	Livingston, Sterling M	12	Jesuit High School	5:19.77	
9	Ward, Morgan	10	AP Leto Comprehensive High	5:25.25	
10	Mack, Keegan	11	Osceola (Seminole)	5:28.14	
11	Shaw, Aaron		Largo High School	5:28.22	
12	Wassif, Anthony	10	Gulf Coast High School	5:30.68	
13	Wright, Gabriel C	12	Cape Coral High School	5:31.14	
14	Clements, Tiernan	9	Jesuit High School	5:42.48	
15	Best, Nolan R	9	Cape Coral High School	5:43.12	
16	Krummrich, Ronan	10	Jesuit High School	5:45.85	
17	Dorofieiev, Ivan	9	Saint Petersburg High School	5:46.19	
18	Morales, Matthew	11	Charlotte High School	5:50.04	
19	Sigmond, Vanden	10	Naples High School	5:50.46	
20	Wilczynski, Henry P	10	Fort Myers High School	5:55.37	
21	Lybrand, Stephen F	12	Charlotte High School	5:57.54	
22	Pechokas, Jonah	12	Naples High School	6:24.62	
23	Albertson, Joseph	9	Saint Petersburg High School	6:28.97	
24	Garbett, Brady	11	Richard C Spoto High School	6:30.81	
25	Grebe, Oliver	11	Northeast High School	6:47.61	Alt
26	Perera Valdes, Cristian	10	Naples High School	6:50.56	Alt

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Psych Sheet

Event 17 Girls 200 Yard Freestyle Relay**National:** 1:29.61 3/28/2023 Santa Margarita, CA

T. Salvino, A. Kozan, G. Aquino, T. O'Dell

State: 1:31.66 2017

Buchholz

Buchh

T. Bates, K. Cronin, G. Bates, I. Ivey

1:35.36 AA-A

1:37.15 AA-C

Team	Relay	Seed Time
1	Saint Petersburg High School	1:39.03
2	Charlotte High School	1:41.81
3	Seminole High School	1:42.94
4	Naples High School	1:43.68
5	Cape Coral High School	1:47.31
6	Riverdale High School	1:49.87
7	Osceola (Seminole)	1:51.53
8	Northeast High School	1:54.50
9	Braden River High School	1:55.25
10	Parrish Community High Schoc	1:55.33
11	North Fort Myers High School	1:59.11
12	Gulf Coast High School	1:59.27
13	Largo High School	2:00.79
14	Palmetto High School	2:03.07
15	Fort Myers High School	2:04.30
16	Hillsborough High School	2:04.33
17	East Bay High School	2:05.31 Alt
18	Countryside High School	2:09.65 Alt

Event 18 Boys 200 Yard Freestyle Relay**National:** 1:19.27 11/10/2012 Bolles School, FL

R Murphy, J Schooling, E Goossen, S Condorelli

State: 1:19.27 2012

Bolles (Jacksonville)

Bolle

R Murphy, J Schooling, E Goossen, S Condorelli

1:24.34 AA-A

1:25.75 AA-C

Team	Relay	Seed Time
1	Jesuit High School	1:31.29
2	Charlotte High School	1:31.89
3	Seminole High School	1:33.29
4	Naples High School	1:36.75
5	Osceola (Seminole)	1:37.75
6	North Fort Myers High School	1:38.20
7	Cape Coral High School	1:39.44
8	Saint Petersburg High School	1:41.89
9	Riverdale High School	1:42.09
10	Manatee High School	1:46.20
11	Gulf Coast High School	1:47.81
12	Southeast High School	1:48.51
13	Largo High School	1:50.35
14	South Fort Myers High School	1:52.55
15	Richard C Spoto High School	1:54.33
16	Dunbar High School	1:55.20
17	Parrish Community High Schoc	1:58.31 Alt

2023 FHSAA 3A Region 3 Championship**Hosted By: Jesuit High School****Psych Sheet****Event 19 Girls 100 Yard Backstroke****National: 49.61 2/10/2022****Claire Curzan****Cardinal Gibb NC****State: 51.78 2022****Erika Pelaez****S FL HEAT****54.73 AA-A****55.91 AA-C**

	Name	Year	School	Seed Time	
1	Johnson, Maggie K	12	Saint Petersburg High School	59.27	
2	Hansen, Karrington L	10	Saint Petersburg High School	59.41	
3	Schwartz, Zoe J	11	Charlotte High School	1:00.38	
4	Brackin, Elly V	12	Saint Petersburg High School	1:00.97	
5	Figueroa, Alejandra	10	Cape Coral High School	1:01.97	
6	Buchanan, Gianna	10	Naples High School	1:02.54	
7	Pellegrino, Sophie M	12	Cape Coral High School	1:02.76	
8	Rasmussen, Isabel	11	Gulf Coast High School	1:04.09	
9	Billitto, Brooke D	10	Seminole High School	1:04.36	
10	Hauser, Alana	9	Seminole High School	1:04.70	
11	Morrison, Quinn	12	Saint Petersburg High School	1:05.95	
12	Grove, Alexzandra F	12	Seminole High School	1:06.61	
13	Zavalaga, Krystina A	12	Cape Coral High School	1:08.38	
14	Jefferis, Keegan	12	Northeast High School	1:08.65	
15	Burburiija, Emma	9	Countryside High School	1:09.19	
16	Peterman, Madelyn	11	Riverdale High School	1:10.53	
17	Chuang Saladin, Zoe L		Fort Myers High School	1:10.65	
18	Meek, Amelia	11	East Bay High School	1:10.69	
19	Bredenkamp, Lyla	10	Riverdale High School	1:11.24	
20	Bradberry, Madison		Manatee High School	1:11.27	
21	Koshinski, Saide		Braden River High School	1:11.49	
22	Frechette, Ava	11	Osceola (Seminole)	1:13.24	
23	Dize, Kaitlyn	11	Pinellas Park High School	1:13.34	
24	Boyd, Gabi	12	Naples High School	1:13.99	
25	Marsala, Chase	10	Seminole High School	1:14.40	Alt
26	Crandall, Payton	10	Osceola (Seminole)	1:14.58	Alt

Event 20 Boys 100 Yard Backstroke**National: 45.08 2/24/2023****Will Modglin****Zionsville, IN****State: 45.34 2012****Ryan Murphy****Bolles****49.07 AA-A****50.18 AA-C**

	Name	Year	School	Seed Time	
1	Ranson, Anderson	10	Countryside High School	56.88	
2	Butina, Marko	11	Northeast High School	57.25	
3	Wilson, Cole B	11	Cape Coral High School	57.40	
4	Rawlings, Johnathan	11	Charlotte High School	57.69	
5	Politis, Gregory	12	Jesuit High School	58.17	
6	Edwards, Nathan	10	Naples High School	59.24	
7	Wysmulski, Nicholai		Manatee High School	1:00.18	
8	Hackenberg, Brady W	11	Charlotte High School	1:01.36	
9	Marcum, Wilson	9	Jesuit High School	1:01.73	
10	Dieffenthaler, David	9	Jesuit High School	1:02.20	
11	Kreye, Noah	9	Jesuit High School	1:02.44	
12	Ellwood, William J	10	Countryside High School	1:02.54	
13	Gagliardi, Adrian	11	Riverdale High School	1:03.16	
14	Riley, Robert	10	Osceola (Seminole)	1:03.71	

2023 FHSAA 3A Region 3 Championship**Hosted By: Jesuit High School****Psych Sheet****Event 20 ... (Boys 100 Yard Backstroke)**

15	Respass, Cade	9	Saint Petersburg High School	1:04.03	
16	Sevarino, Nicholas	12	Southeast High School	1:05.07	
17	Dumont, Carter	9	Gulf Coast High School	1:06.58	
18	Morris, William A	11	Ida S Baker High School	1:08.20	
19	Woodside, Zachary		Manatee High School	1:08.58	
20	Keenan, Rowan	9	Osceola (Seminole)	1:11.70	
21	Naehring, Michael	10	North Fort Myers High School	1:11.86	
22	Ramirez-Angeles, Santiago		Immokalee High School	1:11.89	
23	Rodriguez, Nicholas	12	Cape Coral High School	1:11.97	
24	Perez, Miguel		Braden River High School	1:12.47	
25	Popadikj, Aleksa R		Braden River High School	1:14.81	Alt
26	Bailey, Maverick J	10	Cape Coral High School	1:14.87	Alt
27	Pape, Paul	11	Riverdale High School	1:14.87	Alt

Event 21 Girls 100 Yard Breaststroke

National:	58.35	2/22/2020	Kaitlyn Dobler	Aloha High, OR
State:	1:00.99	2017	Isabel Ivey	Buchholz
	1:02.59	AA-A		
	1:03.78	AA-C		

	Name	Year	School	Seed Time	
1	Hite, Abigail	12	Southeast High School	1:07.62	
2	Myers, Celina D	12	Charlotte High School	1:08.23	
3	Wreski, Izabella	12	Riverdale High School	1:09.40	
4	Kurmay, Lana		Largo High School	1:10.84	
5	Vizcaya, Ariana	12	Countryside High School	1:11.09	
6	Troutman, Addy	9	Countryside High School	1:16.16	
7	Anderson, Gwendolyn	10	Northeast High School	1:16.30	
8	Pilon, Emersen G	12	Saint Petersburg High School	1:19.44	
9	Trabucchi, Lauren	9	Charlotte High School	1:19.55	
10	Ferro, Alexa	11	Cape Coral High School	1:20.95	
11	Kerley, Alysia J	11	Saint Petersburg High School	1:21.27	
12	McKernan, Meaghan	12	Naples High School	1:21.57	
13	Koshinski, Saide		Braden River High School	1:22.11	
14	Simons, Sophie	10	Naples High School	1:23.37	
15	Mazzei, Brennan	12	Seminole High School	1:24.08	
16	Montejo, Mariah	9	Naples High School	1:24.90	
17	Wonders, Barbara	12	Gulf Coast High School	1:25.30	
18	Mahoney, Sailor	12	Osceola (Seminole)	1:26.48	
19	Winkelmann, Peytan	11	Parrish Community High School	1:27.22	
20	Avlonitis, Emmanuela	11	Northeast High School	1:27.30	
21	Lui, Isabel T	11	Dunbar High School	1:27.37	
22	Giustino, Alijah	12	Parrish Community High School	1:27.89	
23	Topping, Jocelyn	10	Osceola (Seminole)	1:27.92	
24	Garcia, Lia	11	North Fort Myers High School	1:28.29	
25	Mihaly, Terezia N	11	Cape Coral High School	1:28.45	Alt
26	Morneau, Holly	10	Hillsborough High School	1:28.72	Alt

2023 FHSAA 3A Region 3 Championship**Hosted By: Jesuit High School****Psych Sheet****Event 22 Boys 100 Yard Breaststroke****National: 51.16 2/18/2018****State: 52.38 2022****55.44 AA-A****56.68 AA-C****Reece Whitley****William A. Heck****William Penn, PA****Bolles**

	Name	Year	School	Seed Time	
1	Rein, Eric	12	Jesuit High School	1:00.95	
2	Jones, David A	11	Seminole High School	1:01.97	
3	Borromeo, Antonio	12	Jesuit High School	1:02.21	
4	Saenz, Kevin	11	Osceola (Seminole)	1:03.30	
5	Wysmulski, Nicholai		Manatee High School	1:03.66	
6	Saenz, Daniel	11	Osceola (Seminole)	1:03.97	
7	Bennett, Andrew	10	Hillsborough High School	1:05.11	
8	Brites, Sebastian	12	North Fort Myers High School	1:06.01	
9	Hickmon, Cruz	10	Naples High School	1:06.11	
10	Cavanaugh, Liam P	12	Seminole High School	1:06.64	
11	Menassa, Mason J	12	Cape Coral High School	1:07.11	
12	Tiozzo, Fiero	9	Jesuit High School	1:08.22	
13	Nass, Sawyer	9	Riverdale High School	1:08.96	
14	Krummrich, Ronan	10	Jesuit High School	1:08.97	
15	Albers, Jaidon L	11	Cape Coral High School	1:10.31	
16	Douglass, Bora A	11	Charlotte High School	1:11.56	
17	Vanagas, Cole	12	Charlotte High School	1:11.60	
18	Guba, Marco J	11	Cape Coral High School	1:12.67	
19	Ramirez, Christopher	11	Riverdale High School	1:13.87	
20	Sullivan, Colton	11	Riverdale High School	1:14.49	
21	Pomerantz, Jacob	9	Charlotte High School	1:15.48	
22	Lopez, Kai	10	Saint Petersburg High School	1:15.63	
23	Proskurkin, Daniel	11	Osceola (Seminole)	1:15.92	
24	Benninghoff, Bobby		Braden River High School	1:16.77	
25	Carpenter, Caleb	11	Gulf Coast High School	1:16.85	Alt
26	Beaulieu, Cole	11	Saint Petersburg High School	1:17.06	Alt

Event 23 Girls 400 Yard Freestyle Relay**National: 3:15.38 2/14/2015 Carmel, IN****State: 3:20.95 2017****3:27.68 AA-A****3:31.16 AA-C****Burchill V, Adams, Smith, Bilquist****Buchholz****I Ivey, K Balbuena, G Bates, T Bates****Buchh**

	Team	Relay	Seed Time
1	Saint Petersburg High School		3:41.14
2	Cape Coral High School		3:45.68
3	Seminole High School		3:50.14
4	Naples High School		3:55.55
5	Charlotte High School		4:05.93
6	Countryside High School		4:06.29
7	Osceola (Seminole)		4:11.91
8	Manatee High School		4:14.32
9	Parrish Community High Schoc		4:15.30
10	Riverdale High School		4:19.68
11	Fort Myers High School		4:46.68
12	North Fort Myers High School		4:47.53

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13	Gulf Coast High School	4:52.38	
14	Northeast High School	4:59.93	
15	Pinellas Park High School	5:18.31	
16	Dixie M Hollins High School	5:23.84	
17	Hillsborough High School	5:45.47	Alt
18	South Fort Myers High School	5:57.26	Alt

Event 24 Boys 400 Yard Freestyle Relay

National: 2:53.81 3/15/2018 N. Allegheny, PA
 Gonzalez, Zhang, Wright, Mihm
State: 2:54.43 2012 Bolles (Jacksonville) Bolle
 R Murphy, S Condorelli, J Booth, J Schooling
 3:05.74 AA-A
 3:08.40 AA-C

Team	Relay	Seed Time	
1	Jesuit High School	3:20.95	
2	Osceola (Seminole)	3:24.29	
3	Charlotte High School	3:24.91	
4	Cape Coral High School	3:31.73	
5	Countryside High School	3:35.10	
6	Largo High School	3:38.85	
7	Saint Petersburg High School	3:50.01	
8	Riverdale High School	3:51.50	
9	Braden River High School	3:58.90	
10	Naples High School	4:02.12	
11	Richard C Spoto High School	4:02.76	
12	Northeast High School	4:07.91	
13	Southeast High School	4:12.05	
14	North Fort Myers High School	4:13.53	
15	South Fort Myers High School	4:17.36	
16	Gulf Coast High School	4:19.44	
17	Parrish Community High Schoc	4:34.37	
18	Pinellas Park High School	4:42.44	Alt
19	Immokalee High School	5:14.43	Alt