

Florida Senior Games - State Championship - 12/2/2023 to 12/3/2023

Recognized by the Florida LMSC

Psych Sheet

Event 1 Women 100 Yard Butterfly

50+ FLASR:	1:09.16	12/2/2017	Karen Westerman
55+ FLASR:	1:07.19	12/10/2011	Patricia Sargeant
60+ FLASR:	1:17.63	12/3/2016	Kathy Lewis
65+ FLASR:	1:28.44	12/3/2022	Debra Fisk
70+ FLASR:	1:37.82	12/3/2022	Linda Fulton
75+ FLASR:	1:51.06	12/2/2006	Sylvia Eisele
80+ FLASR:	2:06.97	12/1/2018	Patricia Tullman
85+ FLASR:	2:38.97	12/1/2007	June Reynolds

Name	Age	Team	Seed Time
60-64			
1 Swagler, Teresa	64	FL	1:52.36
65-69			
1 Fisk, Debbie	66	FL	1:29.40
70-74			
1 Dennis, Martha	71	FL	2:18.28
75-79			
1 Paukert, Judy	75	FL	1:56.36

Event 2 Men 100 Yard Butterfly

50+ FLASR:	56.24	12/5/2015	Eric Wendorf
55+ FLASR:	59.78	12/5/2009	Thomas Bliss
60+ FLASR:	1:02.00	12/2/2017	Kern Davis
65+ FLASR:	1:00.44	12/1/2018	Rudy Vazmina
70+ FLASR:	1:12.72	12/5/2020	Rudy Vazmina
75+ FLASR:	1:33.51	12/4/2010	Herbert Alvarado
80+ FLASR:	1:46.02	12/11/2021	Robert Pendergras
85+ FLASR:	2:11.08	12/5/2020	Jerry Marchbanks

Name	Age	Team	Seed Time
50-54			
1 Mc Kenna, Joel	53	FL	1:07.09
55-59			
1 Uriarte, Michael	57	FL	1:10.25
60-64			
1 Becker, Steven	61	FL	1:10.00
2 Gibson, Brian	62	FL	1:22.20
3 Vaile, Brian	61	FL	1:17.00
65-69			
1 Charrette, Dale	66	FL	1:14.29
70-74			
1 Ibrahim, Nady	74	FL	1:56.00
80-84			
1 Colburn, Harry	80	FL	3:24.03
2 Miller, Andy	82	FL	2:09.78

Event 3 Women 200 Yard Freestyle

50+ FLASR:	2:09.50	12/11/2021	Paula Texel
55+ FLASR:	2:09.99	12/11/2021	Amy Alexander
60+ FLASR:	2:11.26	12/11/2021	Kelly Palace
65+ FLASR:	2:37.94	12/7/2019	Joan Craffey
70+ FLASR:	2:31.21	12/5/2020	Fran Hare
75+ FLASR:	3:04.24	12/13/2014	Patricia Bond
80+ FLASR:	3:29.41	12/10/2011	Mary Tusa
85+ FLASR:	3:51.78	12/5/2015	Jean Troy
90+ FLASR:	4:02.40	12/2/2017	Jean Troy
95+ FLASR:	10:56.64	12/11/2021	Shirley Chase

Name	Age	Team	Seed Time
50-54			
1 Luetmer, Stacey	52	MN	2:38.69
55-59			
1 Bekoff, Michelle	58	FL	2:55.92
2 Hafer, Jill	55	FL	2:31.57
60-64			
1 Curnow, Barbara	63	FL	2:45.49
2 Johnson, Ruth	62	FL	2:33.95
3 Myszewski, Charlene	61	FL	3:09.65
4 Vaillancourt, Vicki	61	FL	3:11.77
65-69			
1 Griffith, Jaquinn	65	FL	2:31.50
2 Grossman, Gail	68	FL	3:45.05
3 Keegan, Cindy	68	FL	3:40.88
4 Moucha, Susan	65	FL	5:21.57
5 Prezzano, Maryann	68	FL	2:48.97
6 Taylor, Karen	68	FL	2:57.81
70-74			
1 Clinton, Marjory	70	FL	2:50.64
2 Fulton, Linda	71	FL	2:44.00
3 He, Kaixin	73	FL	4:06.00
4 Jacobson, Geraldine	73	FL	3:33.93
5 Segar, Candace	70	FL	3:05.00
6 Tittle, Kathleen	72	FL	3:36.00
75-79			
1 Carson, June	75	FL	3:00.00
2 Hansen, Lorrie	75	FL	3:55.30
3 Johnson, Lois	75	FL	3:38.52
4 Panker, Karen	78	FL	3:26.26
5 Paukert, Judy	75	FL	3:47.40
80-84			
1 Foley, Carolyn	80	FL	4:15.24
2 Hackett, Jeanne	80	FL	3:37.11
85-89			
1 Rumney, Elizabeth	86	FL	NT

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Event 4 Men 200 Yard Freestyle

50+ FLASR:	2:00.58	12/6/2008	Thomas Bliss
55+ FLASR:	2:01.14	12/5/2009	Thomas Bliss
60+ FLASR:	2:05.29	12/2/2017	Kern Davis
65+ FLASR:	2:08.70	12/13/2014	J Nathan Leech
70+ FLASR:	2:13.59	12/5/2015	Keefe Ludwig
75+ FLASR:	2:20.32	12/7/2019	David Quiggin
80+ FLASR:	3:04.54	12/7/2019	Cav Cavanaugh
85+ FLASR:	3:22.58	12/11/2021	Cav Cavanaugh
90+ FLASR:	4:37.18	12/1/2018	John Cornell

Name	Age	Team	Seed Time
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55-59...(#4 Men 200 Yard Freestyle)

1	Bullard, Brett	57	FL	2:30.13
2	Haviland, Dewey	57	FL	2:02.00
3	Krieger, Dima	57	FL	2:08.00

60-64

1	Drongosky, Michael	63	FL	2:30.67
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65-69

1	Don, Metcalf	68	FL	3:19.32
2	Finley, Mark	65	FL	2:29.00
3	Lear, Douglas	67	FL	3:00.00
4	Powers-Young, John	67	FL	3:06.52
5	Simons, Robert	66	FL	2:27.35
6	Zinner, James	67	FL	3:30.00

70-74

1	Leech, J Nathan	74	FL	2:38.00
2	Waybright, Jimmy	73	FL	2:43.58

75-79

1	Davey, Michael	79	FL	3:45.00
2	Larson, David	77	FL	3:05.66
3	Pepito, Tesalonico	75	FL	3:28.29

80-84

1	Cannan, Patrick	83	FL	3:56.92
2	Disterdick, John	81	FL	3:33.00
3	Ferinden, James	81	FL	3:58.00
4	Miller, Andy	82	FL	3:35.11
5	Schenk, Martin	81	FL	3:30.60

Event 5 Women 50 Yard Breaststroke

50+ FLASR:	36.99	12/3/2016	Cheryl Kupan
55+ FLASR:	36.42	12/2/2006	Deb Walker
60+ FLASR:	37.85	12/3/2016	Kathy Lewis
65+ FLASR:	42.44	12/5/2020	Kathy Manger
70+ FLASR:	41.62	12/1/2018	Julianna Holbrook
75+ FLASR:	48.38	12/1/2018	Jeanne Hackett
80+ FLASR:	53.50	12/10/2011	Sylvia Eisele
85+ FLASR:	57.40	12/13/2014	Sylvia Eisele
90+ FLASR:	1:07.20	12/13/2014	Marjorie Stone

Name	Age	Team	Seed Time
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50-54

1	Luetmer, Stacey	52	MN	44.23
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55-59

1	Buchman, Suzanne	55	FL	42.28
2	Croughwell, Jennifer	58	FL	44.00
3	Liska, Cathy	59	FL	44.22

4	Misiak, Sarah	58	FL	42.00
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60-64

1	Johnson, Ruth	62	FL	41.64
2	Konrad, Gail	60	KY	44.20
3	Swanson, Sharon	64	FL	1:04.00
4	Vaillancourt, Vicki	61	FL	55.23

65-69

1	Blair, Deb	65	FL	42.84
2	Keegan, Cindy	68	FL	52.21
3	Lasher, Cynthia	66	FL	43.88
4	Manger, Kathy	69	FL	45.00
5	Prezzano, Maryann	68	FL	51.58

70-74

1	Cohen, Janice	74	FL	1:24.96
2	Jacobson, Geraldine	73	FL	56.60

75-79

1	Carson, June	75	FL	47.29
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80-84

1	Hackett, Jeanne	80	FL	53.10
2	Hanson, Monique	81	FL	NT

Event 6 Men 50 Yard Breaststroke

50+ FLASR:	30.17	2001	George Schmidt
55+ FLASR:	29.16	12/7/2019	Michael Aubrey
60+ FLASR:	29.46	12/3/2022	Michael Aubrey
65+ FLASR:	33.20	12/3/2016	George Schmidt
70+ FLASR:	35.16	12/3/2022	Rudy Vazmina
75+ FLASR:	38.94	12/13/2014	Karl Wiedamann
80+ FLASR:	38.63	12/11/2021	Mike Freshley
85+ FLASR:	46.62	12/5/2020	Jerry Marchbanks
90+ FLASR:	1:09.46	12/11/2021	Gordon Ralph

Name	Age	Team	Seed Time
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55-59

1	Mercado, Robert	58	FL	50.63
2	Uriarte, Michael	57	FL	34.28

60-64

1	Appel, Luther	64	FL	40.00
2	Aubrey, Michael	62	FL	29.70
3	Darken, Kevin	63	FL	44.41
4	Lundeen, Bob	64	FL	37.17
5	Miller, David	63	OH	40.00

65-69

1	Campbell, Charles	69	FL	39.11
2	Forbes, Jonathan	66	FL	39.00
3	Powers-Young, John	67	FL	43.02
4	Simons, Robert	66	FL	39.04
5	Smith, Michael	66	FL	40.00

70-74

1	Bowman, Bruce	72	FL	40.79
2	Jewell, Robert	70	FL	NT
3	Vazmina, Rudy	73	FL	36.50

75-79

1	Parsons, Roger	76	FL	50.50
2	Wickman, Robin	78	FL	39.83

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80-84...(#6 Men 50 Yard Breaststroke)

1	Delauzon, Joseph	81	FL	52.63
2	Disterdick, John	81	FL	NT
3	Freshley, Mike	82	FL	38.99
4	Schenk, Martin	81	FL	48.07
5	Tomaselli, Joseph	84	FL	31.50

85-89

1	Dively, Michael	85	FL	57.28
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Event 7 Women 100 Yard Backstroke

50+ FLASR:	1:06.67	12/5/2020	Paula Texel
55+ FLASR:	1:11.14	12/1/2018	Patty Fennell
60+ FLASR:	1:14.74	12/11/2021	Debbie Cavanaugh
65+ FLASR:	1:17.63	12/1/2018	Linda Fulton
70+ FLASR:	1:20.02	12/5/2020	Diann Uustal
75+ FLASR:	1:37.69	12/15/2013	Patricia Bond
80+ FLASR:	1:48.45	12/6/2004	Bunny Cederlund
85+ FLASR:	1:46.86	2014	Betty Lorenzi
90+ FLASR:	1:54.60	12/2/2017	Betty Lorenzi

	Name	Age	Team	Seed Time
50-54				
1	Stewart, ann	53	FL	1:06.50
55-59				
1	Bekoff, Michelle	58	FL	1:40.00
2	Januszewski, Cindy	57	FL	1:50.00
60-64				
1	Gomez, Laura	64	FL	1:55.89
2	Lohrbach, Claire	64	FL	2:00.00
3	Swagler, Teresa	64	FL	1:40.10
65-69				
1	Fisk, Debbie	66	FL	1:29.80
2	Gellert, Janet	68	FL	2:54.58
3	Griffith, Jaquinn	65	FL	1:27.69
4	Grossman, Gail	68	FL	2:10.23
5	Moucha, Susan	65	FL	2:36.87
6	Prezzano, Maryann	68	FL	1:49.83
70-74				
1	Cohen, Janice	74	FL	2:48.34
2	Fulton, Linda	71	FL	1:21.00
3	O'Connor, Mary Pat	71	FL	2:07.88
75-79				
1	Johnson, Lois	75	FL	1:49.82
2	Panker, Karen	78	FL	1:45.31
3	Suttie, Rae	79	FL	2:32.00
80-84				
1	Foley, Carolyn	80	FL	2:21.51
2	Kostewicz, Mary	81	FL	2:23.42

Event 8 Men 100 Yard Backstroke

50+ FLASR:	1:00.91	12/11/2021	Christopher Beach
55+ FLASR:	1:02.56	12/2/2017	David Zimmerman
60+ FLASR:	1:07.29	12/11/2011	Brian Voisard
65+ FLASR:	1:08.10	12/1/2018	Robert Heacock
70+ FLASR:	1:16.16	12/5/2020	George Schmidt
75+ FLASR:	1:18.85	12/7/2019	David Quiggin
80+ FLASR:	1:27.86	12/6/2004	Paul Hutinger
85+ FLASR:	1:36.97	12/7/2019	Skip Monsein
90+ FLASR:	2:09.39	12/11/2021	Gordon Ralph

	Name	Age	Team	Seed Time
55-59				
1	Bullard, Brett	57	FL	1:36.87
2	Krieger, Dima	57	FL	1:07.00
60-64				
1	Becker, Steven	61	FL	1:18.00
2	Di Prizito, Albert	60	FL	1:06.85
3	Gibson, Brian	62	FL	1:21.50
4	Lundeen, Bob	64	FL	1:16.64
5	Vaile, Brian	61	FL	1:17.00
65-69				
1	Don, Metcalf	68	FL	1:58.09
2	Finley, Mark	65	FL	1:18.00
3	Zinner, James	67	FL	2:00.00
70-74				
1	McMillen, Scott	70	FL	1:14.00
2	Waybright, Jimmy	73	FL	1:27.19
75-79				
1	Davey, Michael	79	FL	2:00.00
2	Hickey, Kenneth	78	FL	1:43.00
3	McCaffrey, Thomas	75	FL	1:29.39
4	Parsons, Roger	76	FL	1:34.50
80-84				
1	Ferinden, James	81	FL	2:09.00

Event 9 Women 400 Yard IM

50+ FLASR:	5:27.21	12/11/2021	Karen Westerman
55+ FLASR:	5:52.76	12/2/2017	Paula Cunio
60+ FLASR:	6:42.00	12/2/2017	Barbara McNulty
65+ FLASR:	6:39.89	12/11/2021	Joan Craffey
70+ FLASR:	8:34.87	12/3/2022	Martha Dennis
75+ FLASR:	11:21.71	12/2/2017	Frances Weston
80+ FLASR:	10:29.97	12/1/2018	Martha Henderson
85+ FLASR:	12:34.25	12/3/2016	Joan Campbell

	Name	Age	Team	Seed Time
55-59				
1	Januszewski, Cindy	57	FL	7:50.00
60-64				
1	Christensen, Rebecca	62	FL	8:14.97
2	Lohrbach, Claire	64	FL	9:40.00
3	Swagler, Teresa	64	FL	7:59.33
70-74				
1	Dennis, Martha	71	FL	8:35.40
2	Tittle, Kathleen	72	FL	10:00.00

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75-79...(#9 Women 400 Yard IM)

1 Paukert, Judy 75 FL 9:05.23

Event 10 Men 400 Yard IM

50+ FLASR: 5:01.49 12/3/2016 Dan Beatty

55+ FLASR: 5:21.91 12/2/2017 Juan Cue

60+ FLASR: 5:06.42 12/2/2017 Kern Davis

65+ FLASR: 5:39.13 2019 Tom Bliss

70+ FLASR: 5:39.09 12/11/2021 Hubie Kerns

75+ FLASR: 7:03.72 12/5/2020 Eliot Winokur

80+ FLASR: 8:07.93 12/3/2016 Jerry Marchbanks

Name	Age	Team	Seed Time
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55-59

1 Haviland, Dewey 57 FL 5:20.00

70-74

1 Ibrahim, Nady 74 FL 8:44.00

2 Leech, J Nathan 74 FL 6:35.00

80-84

1 Colburn, Harry 80 FL 12:10.22

2 Ulanowicz, Robert 80 FL 10:07.34

Event 11 Women 100 Yard Breaststroke

50+ FLASR: 1:21.80 12/3/2016 Jody Maurer

55+ FLASR: 1:19.83 12/2/2006 Deb Walker

60+ FLASR: 1:23.90 2013 Deb Walker

65+ FLASR: 1:32.46 12/13/2014 Julianna Holbrook

70+ FLASR: 1:34.60 12/2/2017 Julianna Holbrook

75+ FLASR: 1:46.72 12/1/2018 Jeanne Hackett

80+ FLASR: 2:02.45 12/10/2011 Sylvia Eisele

85+ FLASR: 2:12.97 12/13/2014 Sylvia Eisele

90+ FLASR: 2:28.36 12/2/2017 Jean Troy

Name	Age	Team	Seed Time
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50-54

1 Luetmer, Stacey 52 MN 1:32.23

55-59

1 Croughwell, Jennifer 58 FL 1:37.50

2 Liska, Cathy 59 FL 1:37.01

3 Misiak, Sarah 58 FL 1:34.00

60-64

1 Johnson, Ruth 62 FL 1:30.70

2 Myszewski, Charlene 61 FL 1:48.89

3 Swanson, Sharon 64 FL 2:10.00

4 Vaillancourt, Vicki 61 FL 1:53.21

65-69

1 Griffith, Jaquinn 65 FL 1:33.01

2 Keegan, Cindy 68 FL 2:00.28

3 Manger, Kathy 69 FL 1:45.00

70-74

1 He, Kaixin 73 FL 2:02.00

2 Jacobson, Geraldine 73 FL 2:21.55

75-79

1 Carson, June 75 FL 1:49.74

2 Johnson, Lois 75 FL 2:05.61

80-84

1 Hackett, Jeanne 80 FL 1:57.29

2 Hanson, Monique 81 FL 2:34.16

Event 12 Men 100 Yard Breaststroke

50+ FLASR: 1:08.73 12/3/2016 Jorge Gonzalez

55+ FLASR: 1:06.37 12/7/2019 Michael Aubrey

60+ FLASR: 1:07.15 12/3/2022 Michael Aubrey

65+ FLASR: 1:15.83 12/5/2015 Rudy Vazmina

70+ FLASR: 1:19.50 12/5/2020 Rudy Vazmina

75+ FLASR: 1:29.24 12/13/2014 Karl Wiedemann

80+ FLASR: 1:28.01 12/11/2021 Mike Freshley

85+ FLASR: 2:00.32 12/5/2020 Jerry Marchbanks

90+ FLASR: 2:39.48 12/2/2017 John Cornell

Name	Age	Team	Seed Time
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55-59

1 Bullard, Brett 57 FL 1:27.70

2 Mercado, Robert 58 FL 1:45.15

60-64

1 Appel, Luther 64 FL 1:29.73

2 Aubrey, Michael 62 FL 1:07.50

3 Darken, Kevin 63 FL 1:45.89

4 Miller, David 63 OH 1:40.00

65-69

1 Campbell, Charles 69 FL 1:23.25

2 Simons, Robert 66 FL 1:23.88

3 Smith, Michael 66 FL 1:21.00

70-74

1 Bowman, Bruce 72 FL 1:37.19

2 McMillen, Scott 70 FL 1:23.00

3 Vazmina, Rudy 73 FL 1:20.44

75-79

1 Davey, Michael 79 FL 2:15.00

2 Hickey, Kenneth 78 FL NT

3 Pepito, Tesalonico 75 FL 1:53.24

4 Wickman, Robin 78 FL 1:32.00

80-84

1 Delauzon, Joseph 81 FL 2:09.34

2 Freshley, Mike 82 FL 1:35.00

3 Schenk, Martin 81 FL 1:53.63

Event 13 Women 200 Yard Backstroke

50+ FLASR: 2:22.21 12/11/2021 Paula Texel

55+ FLASR: 2:36.43 12/3/2022 Sylvia Buxton

60+ FLASR: 2:42.65 12/7/2019 Debbie Cavanaugh

65+ FLASR: 2:48.48 12/1/2018 Linda Fulton

70+ FLASR: 2:53.60 12/5/2020 Diann Uustal

75+ FLASR: 3:23.39 12/15/2013 Patricia Bond

80+ FLASR: 3:54.35 12/6/2004 Bunny Cederlund

85+ FLASR: 3:51.37 2014 Betty Lorenzi

90+ FLASR: 4:15.38 12/2/2017 Betty Lorenzi

Name	Age	Team	Seed Time
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60-64

1 Gomez, Laura 64 FL 4:19.73

2 Swagler, Teresa 64 FL 3:37.62

65-69

1 Gellert, Janet 68 FL 1:03.00

2 Griffith, Jaquinn 65 FL 3:03.51

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65-69...(#13 Women 200 Yard Backstroke)

3	Grossman, Gail	68	FL	4:50.65
4	Moucha, Susan	65	FL	5:24.63

70-74

1	Cohen, Janice	74	FL	6:48.27
2	Dennis, Martha	71	FL	3:41.22
3	Fulton, Linda	71	FL	2:55.00
4	He, Kaixin	73	FL	4:30.00
5	Segar, Candace	70	FL	3:38.00

75-79

1	Suttie, Rae	79	FL	5:22.66
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80-84

1	Foley,Carolynn	80	FL	4:51.79
2	Kostewicz, Mary	81	FL	4:50.29

Event 14 Men 200 Yard Backstroke

50+ FLASR:	2:14.08	12/1/2007	Thomas Bliss
55+ FLASR:	2:15.06	12/6/2009	Thomas Bliss
60+ FLASR:	2:25.48	12/11/2011	Brian Voisard
65+ FLASR:	2:30.70	12/7/2019	Brian Voisard
70+ FLASR:	2:42.84	12/7/2019	J Nathan Leech
75+ FLASR:	2:56.58	2000	Paul Hutinger
80+ FLASR:	3:17.49	12/5/2004	Paul Hutinger
85+ FLASR:	3:43.04	12/7/2019	Skip Monsein
90+ FLASR:	5:00.57	12/11/2021	Gordon Ralph

Name	Age	Team	Seed Time
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60-64

1	Di Prizito, Albert	60	FL	2:24.94
2	Gibson, Brian	62	FL	2:53.50

65-69

1	Don, Metcalf	68	FL	4:14.55
2	Finley, Mark	65	FL	2:59.00

70-74

1	Ibrahim, Nady	74	FL	4:09.00
2	Leech, J Nathan	74	FL	2:55.00
3	Waybright, Jimmy	73	FL	3:24.84

75-79

1	Hickey, Kenneth	78	FL	4:26.00
2	McCaffrey, Thomas	75	FL	3:20.93
3	Parsons, Roger	76	FL	2:30.25

80-84

1	Colburn, Harry	80	FL	5:08.39
2	Ferinden, James	81	FL	4:40.00

Event 15 Women 100 Yard IM

50+ FLASR:	1:09.27	12/11/2021	Paula Trexel
55+ FLASR:	1:09.97	12/10/2011	Pat Sargeant
60+ FLASR:	1:15.95	12/7/2019	Chris Wenzel
65+ FLASR:	1:23.80	12/11/2021	Barbara Protzman
70+ FLASR:	1:25.53	12/1/2018	Julianna Holbrook
75+ FLASR:	1:42.22	12/13/2014	Patricia Bond
80+ FLASR:	1:57.86	12/3/2016	Jean Teegarden
85+ FLASR:	2:06.84	12/5/2015	Jean Troy
90+ FLASR:	2:19.49	12/2/2017	Jean Troy

Name	Age	Team	Seed Time
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50-54

1	Stewart, ann	53	FL	1:10.00
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55-59

1	Buchman, Suzanne	55	FL	1:26.78
2	Croughwell, Jennifer	58	FL	1:37.05
3	Hafer, Jill	55	FL	1:20.14

60-64

1	Christensen, Rebecca	62	FL	1:46.65
2	Curnow, Barbara	63	FL	1:28.35
3	Johnson, Ruth	62	FL	1:21.10
4	Lohrbach, Claire	64	FL	1:55.00
5	Swanson, Sharon	64	FL	2:07.00
6	Vaillancourt, Vicki	61	FL	1:42.66

65-69

1	Blair, Deb	65	FL	1:31.59
2	Fisk, Debbie	66	FL	1:27.60
3	Lasher, Cynthia	66	FL	1:26.20

70-74

1	Clinton, Marjory	70	FL	1:36.14
2	He, Kaixin	73	FL	2:04.00

75-79

1	Hansen, Lorrie	75	FL	1:59.38
2	Johnson, Lois	75	FL	1:50.30
3	Panker, Karen	78	FL	1:47.42

Event 16 Men 100 Yard IM

50+ FLASR:	58.98	12/5/2015	Eric Wendorf
55+ FLASR:	1:01.99	12/1/2012	Michael Scott
60+ FLASR:	1:02.97	12/11/2021	Michael Aubrey
65+ FLASR:	1:06.08	12/3/2016	George Schmidt
70+ FLASR:	1:10.80	12/2/2017	David Jarvis
75+ FLASR:	1:19.33	12/11/2021	David Quiggen
80+ FLASR:	1:22.20	12/11/2021	Mike Freshley
85+ FLASR:	1:50.69	12/5/2020	Jerry Marchbanks
90+ FLASR:	2:49.59	12/4/2010	Howard Hall

Name	Age	Team	Seed Time
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55-59

1	Uriarte, Michael	57	FL	1:20.00
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60-64

1	Aubrey, Michael	62	FL	1:02.50
2	Becker, Steven	61	FL	1:10.00
3	Di Prizito, Albert	60	FL	1:08.73
4	Lundeen, Bob	64	FL	1:13.09
5	Miller, David	63	OH	1:29.00

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Psych Sheet

60-64...(#16 Men 100 Yard IM)

6 Vaile, Brian 61 FL 1:17.00

65-69

1 Baum, Benjamin 68 FL 1:28.45

2 Campbell, Charles 69 FL 1:16.03

3 Lear, Douglas 67 FL 2:00.00

4 Smith, Michael 66 FL 1:16.00

70-74

1 Bowman, Bruce 72 FL 1:21.60

2 Jewell, Robert 70 FL 1:57.20

3 McMillen, Scott 70 FL 1:14.00

4 Smith, Paul 71 FL 1:28.00

5 Vazmina, Rudy 73 FL 1:13.45

75-79

1 Pepito, Tesalonico 75 FL 1:50.95

2 Wickman, Robin 78 FL 1:25.00

80-84

1 Colburn, Harry 80 FL 2:39.64

2 Disterdick, John 81 FL 2:03.00

3 Miller, Andy 82 FL 1:54.39

4 Schenk, Martin 81 FL 1:46.09

85-89

1 Dively, Michael 85 FL 1:55.81

Event 17 Mixed 200 Yard Freestyle Relay**45+W FLASR: 2:19.88 12/1/2012 Relays****A Hoffman, B Goltz, M Tappen, B Wright****55+W FLASR: 2:12.84 12/7/2019 Fla Sr Games****A Johnson, M Wruck, M Medendorp, D Fisk****65+W FLASR: 2:40.11 12/10/2011 Fla Sr Games Re****S Newland, K KLISCH, R Suttie, J HACKETT****45+M FLASR: 1:50.30 12/7/2019 Fla Sr Games****J Nixon, J Gonzalez, M Smith, W Bouyoucas****55+M FLASR: 1:47.47 12/3/2022 VAST****D Haviland, M Finley, J Williams, M Uriarte****65+M FLASR: 1:54.63 12/1/2012 Relays****D JARVIS, J SHIRE, T MC GEE, A MILLER****75+M FLASR: 2:42.07 12/10/2011 Fla Sr Games Re****J Cornell, J DELBURN, D ARNDT, M KUTANOVSKI****45+ FLASR: 1:53.94 12/1/2018 Residents - Fla****M Smith, T Brandt, k westerman, R Russell****55+ FLASR: 1:58.29 12/7/2019 Fla Sr Games****I seier, c burt, C Wenzel, M Aubrey****65+ FLASR: 2:05.16 12/3/2016 Florida Aquatic****P HIRR, D Jarvis, R Olmsted, J Leech****Team Relay Seed Time**

--- No entries for this event

Event 19 Women 50 Yard Freestyle**50+ FLASR: 27.54 12/3/2006 Patricia Sargeant****55+ FLASR: 26.92 12/11/2011 Patricia Sargeant****60+ FLASR: 28.36 12/12/2021 Kelly Palace****65+ FLASR: 31.21 12/2/2018 Linda Fulton****70+ FLASR: 31.42 12/2/2018 Julianna Holbrook****75+ FLASR: 37.09 2002 Florence Carr****80+ FLASR: 42.93 12/3/2017 Patricia Tullman****85+ FLASR: 47.71 12/4/2022 Patricia Tullman****90+ FLASR: 54.44 12/2/2018 Betty Lorenzi****95+ FLASR: 2:04.22 12/12/2021 Shirley Chase****Name Age Team Seed Time****50-54**

1 Luetmer, Stacey 52 MN 30.74

55-59

1 Bekoff, Michelle 58 FL 31.00

2 Brookes, Brita 56 MI 34.91

3 Buchman, Suzanne 55 FL 31.30

4 Croughwell, Jennifer 58 FL NT

5 Hafer, Jill 55 FL 32.00

6 Marsicano, Stacie 56 FL 36.55

60-64

1 Curnow, Barbara 63 FL 34.93

2 Gomez, Laura 64 FL 39.23

3 Konrad, Gail 60 KY 33.34

4 Lohrbach, Claire 64 FL 1:00.00

5 Wood, Cindi 63 FL 38.04

65-69

1 Blair, Deb 65 FL 34.53

2 Devanney, Celia 66 FL 32.00

3 Fisk, Debbie 66 FL 32.10

4 Keegan, Cindy 68 FL 42.71

5 Lasher, Cynthia 66 FL 32.71

6 Lowther, Jocelyn 69 FL 36.03

7 Manger, Kathy 69 FL 40.00

8 Taylor, Karen 68 FL 35.00

70-74

1 Clinton, Marjory 70 FL 34.60

2 Cohen, Janice 74 FL 1:02.67

3 Fulton, Linda 71 FL 33.00

4 Green, Lola 70 CA 51.51

5 Jacobson, Geraldine 73 FL 44.24

6 McBride, Terril 73 FL 39.96

7 Medendorp, Marjorie 70 FL 39.04

8 Segar, Candace 70 FL 41.03

75-79

1 Carson, June 75 FL 34.30

2 Hansen, Lorrie 75 FL 41.22

3 Johnson, Lois 75 FL 41.92

4 Panker, Karen 78 FL 39.30

5 Suttie, Rae 79 FL 57.73

80-84

1 Hackett, Jeanne 80 FL 44.46

2 Hanson, Monique 81 FL 46.25

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Psych Sheet

80-84...(#19 Women 50 Yard Freestyle)

3 Kostewicz, Mary 81 FL 1:07.10

85-89

1 Rumney, Elizabeth 86 FL 1:08.30

Event 20 Men 50 Yard Freestyle

50+ FLASR: 23.73 12/7/2008 John Newman
55+ FLASR: 23.62 12/2/2012 Michael Scott
60+ FLASR: 25.05 12/8/2019 Michael Smith
65+ FLASR: 25.92 2000 Cav Cavanaugh
70+ FLASR: 26.28 12/6/2015 Keefe Lodwig
75+ FLASR: 27.37 12/8/2019 David Quiggin
80+ FLASR: 29.67 12/2/2018 Tom Verth
85+ FLASR: 36.52 12/12/2021 Cav Cavanaugh
90+ FLASR: 45.85 12/3/2017 John Cornell

Name	Age	Team	Seed Time
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50-54

1 Soukup, Gregory 54 FL 29.00

55-59

1 Bullard, Brett 57 FL 30.45

2 Egan, Brian 55 TN 29.46

3 Haviland, Dewey 57 FL NT

4 Krieger, Dima 57 FL 26.00

5 Mercado, Robert 58 FL 33.17

6 Shoemaker, Jon 56 FL 29.35

7 Sierra, Miguel 59 FL 32.12

8 Uriarte, Michael 57 FL 26.60

60-64

1 Becker, Steven 61 FL 30.00

2 Drongosky, Michael 63 FL 29.44

3 Gibson, Brian 62 FL 29.50

4 Lundeen, Bob 64 FL 28.95

5 Miller, David 63 OH 30.00

6 Vaile, Brian 61 FL 29.00

65-69

1 Baum, Benjamin 68 FL 27.45

2 Finley, Mark 65 FL 27.90

3 Forbes, Jonathan 66 FL 29.24

4 Gauthier, Brian 66 FL 33.80

5 Lear, Douglas 67 FL 35.00

6 Powers-Young, John 67 FL 30.65

7 Simons, Robert 66 FL 28.73

8 Smith, Michael 66 FL 32.00

9 Zinner, James 67 FL 45.00

70-74

1 Baggs, Robert 72 FL 34.00

2 Blossom, Paul 73 FL 46.05

3 Bowman, Bruce 72 FL 30.78

4 Leech, J Nathan 74 FL 34.00

5 Smith, Paul 71 FL 33.50

6 Winslow, Timothy 73 FL 31.20

75-79

1 Cohen, Martin 76 FL 46.00

2 Larson, David 77 FL 43.00

3 Peek, Thomas 76 FL 28.40

4 Simons, Robert 75 FL 31.34

5 Wickman, Robin 78 FL 32.20

80-84

1 Cannan, Patrick 83 FL 48.89

2 Delauzon, Joseph 81 FL 46.47

3 Disterdick, John 81 FL 33.33

4 Freshley, Mike 82 FL 32.88

5 Miller, Andy 82 FL 38.33

85-89

1 Dively, Michael 85 FL 39.40

Event 21 Women 200 Yard Butterfly**50+ FLASR:** 2:33.41 12/4/2022 Alison Hayden**55+ FLASR:** 3:06.08 12/4/2016 Barbara McNulty**60+ FLASR:** 3:12.40 12/2/2018 Barbara McNulty**65+ FLASR:** 3:34.23 12/4/2022 Barbara McNulty**70+ FLASR:** 4:15.75 12/12/2021 Kathleen Tittle**75+ FLASR:** 5:23.92 12/4/2016 Patricia Tullman**80+ FLASR:** 5:13.58 12/3/2017 Patricia Tullman

Name	Age	Team	Seed Time
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70-74

1 Dennis, Martha 71 FL 4:50.28

2 Tittle, Kathleen 72 FL NT

75-79

1 Paukert, Judy 75 FL 4:26.40

Event 22 Men 200 Yard Butterfly**55+ FLASR:** 2:26.13 12/3/2017 Juan Cue**60+ FLASR:** 2:26.34 12/3/2017 Kern Davis**65+ FLASR:** 3:01.40 12/2/2018 Bob Jennings**70+ FLASR:** 2:48.91 12/12/2021 Hubie Kerns**75+ FLASR:** 3:38.64 12/12/2021 Eliot Winokur**80+ FLASR:** 4:26.52 12/2/2018 Paul Magnarella

Name	Age	Team	Seed Time
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70-74

1 Ibrahim, Nady 74 FL 4:48.00

2 Leech, J Nathan 74 FL 3:30.00

80-84

1 Colburn, Harry 80 FL 7:44.65

Event 23 Women 50 Yard Backstroke**50+ FLASR:** 30.58 12/4/2022 Ann Stewart**55+ FLASR:** 32.65 12/4/2022 Sylvia Buxton**60+ FLASR:** 34.71 12/5/2015 Ann Guins**65+ FLASR:** 35.50 12/2/2018 Linda Fulton**70+ FLASR:** 36.62 12/6/2020 Diann Uustal**75+ FLASR:** 47.08 12/13/2014 Patricia Bond**80+ FLASR:** 49.68 2002 Bunny Cederlund**85+ FLASR:** 49.57 2014 Betty Lorenzi**90+ FLASR:** 52.84 12/3/2017 Betty Lorenzi**95+ FLASR:** 1:52.37 12/13/2014 Mary Nothouse

Name	Age	Team	Seed Time
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50-54

1 Stewart, ann 53 FL 30.50

55-59

1 Bekoff, Michelle 58 FL 40.50

2 Brookes, Brita 56 MI 45.08

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55-59...(#23 Women 50 Yard Backstroke)

3 Buchman, Suzanne 55 FL 36.38

60-64

1 Gomez, Laura 64 FL 49.02

2 Swagler, Teresa 64 FL 44.65

3 Swanson, Sharon 64 FL 54.00

4 Wood, Cindi 63 FL 1:02.44

65-69

1 Devanney, Celia 66 FL 40.23

2 Fisk, Debbie 66 FL 41.90

3 Grossman, Gail 68 FL 1:01.21

4 Lasher, Cynthia 66 FL 39.62

5 Lowther, Jocelyn 69 FL NT

6 Prezzano, Maryann 68 FL 48.51

70-74

1 Clinton, Marjory 70 FL 40.81

2 Cohen, Janice 74 FL 1:19.42

3 Fulton, Linda 71 FL 38.00

4 Green, Lola 70 CA 1:03.05

5 McBride, Terril 73 FL 52.79

6 O'Connor, Mary Pat 71 FL 59.33

7 Segar, Candace 70 FL 48.70

75-79

1 Suttie, Rae 79 FL 1:06.38

80-84

1 Foley, Carolyn 80 FL 1:04.50

2 Hanson, Monique 81 FL 56.22

3 Kostewicz, Mary 81 FL NT

Event 24 Men 50 Yard Backstroke**50+ FLASR: 26.75 12/12/2021 Christopher Beach****55+ FLASR: 28.78 12/12/2021 David Zimmerman****60+ FLASR: 31.70 12/6/2020 John Wise****65+ FLASR: 31.25 12/4/2022 Alistair Cockburn****70+ FLASR: 33.91 12/6/2020 George Schmidt****75+ FLASR: 35.83 2000 Paul Hutinger****80+ FLASR: 36.13 12/2/2018 Tom Verth****85+ FLASR: 43.62 12/8/2019 Skip Monsein****90+ FLASR: 56.83 12/12/2021 Gordon Ralph**

Name	Age	Team	Seed Time
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55-59

1 Krieger, Dima 57 FL 32.00

2 Mercado, Robert 58 FL 49.27

3 Sierra, Miguel 59 FL 40.56

60-64

1 Becker, Steven 61 FL 38.00

2 Di Prizito, Albert 60 FL 30.00

3 Gibson, Brian 62 FL 37.00

4 Lundeen, Bob 64 FL 35.70

5 Miller, David 63 OH 40.00

65-69

1 Don, Metcalf 68 FL 55.34

2 Finley, Mark 65 FL 37.00

3 Forbes, Jonathan 66 FL 38.00

4 Zinner, James 67 FL 50.00

70-74

1 Baggs, Robert 72 FL 41.00

2 McMillen, Scott 70 FL 34.71

3 Setser, Henry 74 FL 34.78

4 Waybright, Jimmy 73 FL 40.50

75-79

1 Hickey, Kenneth 78 FL 45.00

2 McCaffrey, Thomas 75 FL 40.78

3 Parsons, Roger 76 FL 42.75

4 Simons, Robert 75 FL 38.51

5 Wickman, Robin 78 FL 43.40

80-84

1 Delauzon, Joseph 81 FL 58.94

2 Ferinden, James 81 FL 55.00

85-89

1 Dively, Michael 85 FL 52.59

Event 25 Women 200 Yard IM**50+ FLASR: 2:32.29 12/4/2022 Alison Hayden****55+ FLASR: 2:37.46 12/2/2018 Patty Fennell****60+ FLASR: 2:47.43 12/8/2019 Debbie Cavanaugh****65+ FLASR: 3:02.24 12/8/2019 Joan Craffey****70+ FLASR: 3:23.10 12/12/2021 Laurie Grubbs****75+ FLASR: 3:33.84 12/15/2013 Patricia Bond****80+ FLASR: 3:55.60 12/2/2018 Patricia Bond****85+ FLASR: 5:29.29 12/2/2007 June Reynolds**

Name	Age	Team	Seed Time
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55-59

1 Januszewski, Cindy 57 FL 3:45.00

60-64

1 Durkin, Dorothy 64 NY 4:10.00

2 Lohrbach, Claire 64 FL 4:50.00

3 Wood, Cindi 63 FL 3:06.22

65-69

1 Devanney, Celia 66 FL 3:05.00

70-74

1 Dennis, Martha 71 FL 4:11.25

2 Evans, Merry 72 FL 3:59.88

75-79

1 Johnson, Lois 75 FL 4:06.68

2 McKenney, Marilynn 76 FL 4:35.41

3 Panker, Karen 78 FL 3:57.64

Event 26 Men 200 Yard IM**50+ FLASR: 2:12.66 12/6/2015 Eric Wendorf****55+ FLASR: 2:17.22 12/8/2019 Michael Aubrey****60+ FLASR: 2:21.15 12/12/2021 Michael Aubrey****65+ FLASR: 2:29.67 12/4/2016 George Schmidt****70+ FLASR: 2:37.51 12/12/2021 Lee Childs****75+ FLASR: 3:04.18 12/6/2020 Mike Freshley****80+ FLASR: 3:07.38 12/12/2021 Mike Freshley****85+ FLASR: 4:06.91 12/6/2020 Jerry Marchbanks**

Name	Age	Team	Seed Time
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60-64

1 Di Prizito, Albert 60 FL 2:33.04

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70-74...(#26 Men 200 Yard IM)

1	Ibrahim, Nady	74	FL	3:56.00
2	McMillen, Scott	70	FL	2:44.10

80-84

1	Colburn, Harry	80	FL	5:28.58
2	Freshley, Mike	82	FL	3:40.00

Event 27 Women 50 Yard Butterfly

50+ FLASR:	30.39	12/2/2018	Karen Westerman
55+ FLASR:	29.72	12/11/2011	Pat Sargeant
60+ FLASR:	33.80	12/6/2015	Pam Falcigno
65+ FLASR:	35.00	12/8/2019	Linda Fulton
70+ FLASR:	36.06	12/4/2022	Linda Fulton
75+ FLASR:	49.32	12/15/2013	Patricia Bond
80+ FLASR:	53.32	12/3/2017	Patricia Tullman
85+ FLASR:	1:03.02	12/4/2022	Patricia Tullman

Name	Age	Team	Seed Time
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50-54

1	Stewart, ann	53	FL	31.50
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55-59

1	Buchman, Suzanne	55	FL	36.21
2	Januszewski, Cindy	57	FL	NT

60-64

1	Christensen, Rebecca	62	FL	51.47
2	Durkin, Dorothy	64	NY	1:04.00
3	Johnson, Ruth	62	FL	35.05
4	Lohrbach, Claire	64	FL	1:00.00
5	Wood, Cindi	63	FL	1:10.23

65-69

1	Blair, Deb	65	FL	38.03
2	Devanney, Celia	66	FL	37.40

70-74

1	Evans, Merry	72	FL	1:00.11
2	Fulton, Linda	71	FL	37.07
3	McBride, Terril	73	FL	49.70
4	Medendorp, Marjorie	70	FL	47.98
5	O'Connor, Mary Pat	71	FL	1:07.05

75-79

1	Hansen, Lorrie	75	FL	49.38
2	Paukert, Judy	75	FL	NT
3	Suttie, Rae	79	FL	1:10.96

Event 28 Men 50 Yard Butterfly

50+ FLASR:	25.64	12/6/2015	Eric Wendorf
55+ FLASR:	26.65	12/6/2004	Thomas Peek
60+ FLASR:	27.91	12/8/2019	Michael Smith
65+ FLASR:	28.00	12/4/2022	Michael Smith
70+ FLASR:	29.01	12/6/2015	Keefe Ludwig
75+ FLASR:	35.52	12/3/2017	Martin Schenk
80+ FLASR:	36.43	12/2/2018	Tom Verth
85+ FLASR:	52.97	12/6/2020	Jerry Marchbanks
90+ FLASR:	1:24.32	12/5/2010	Howard Hall

Name	Age	Team	Seed Time
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50-54

1	Mc Kenna, Joel	53	FL	53.00
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55-59

1	Egan, Brian	55	TN	31.43
2	Shoemaker, Jon	56	FL	32.08
3	Sierra, Miguel	59	FL	36.70
4	Uriarte, Michael	57	FL	29.97

60-64

1	Aubrey, Michael	62	FL	27.50
2	Becker, Steven	61	FL	30.00
3	Di Prizito, Albert	60	FL	28.45
4	Gibson, Brian	62	FL	34.40
5	Vaile, Brian	61	FL	32.00

65-69

1	Andrade, Igor	68	FL	1:20.00
2	Baum, Benjamin	68	FL	30.50
3	Charrette, Dale	66	FL	29.82
4	Smith, Michael	66	FL	34.00

70-74

1	Bowman, Bruce	72	FL	34.10
2	Smith, Paul	71	FL	37.97
3	Vazmina, Rudy	73	FL	32.01
4	Winslow, Timothy	73	FL	32.70

75-79

1	Simons, Robert	75	FL	35.76
2	Wickman, Robin	78	FL	38.10

80-84

1	Miller, Andy	82	FL	52.88
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Event 29 Women 100 Yard Freestyle

50+ FLASR:	1:00.54	12/2/2007	Patricia Sargeant
55+ FLASR:	1:00.52	12/11/2011	Patricia Sargeant
60+ FLASR:	1:01.65	12/12/2021	Kelly Palace
65+ FLASR:	1:10.26	12/6/2015	June Carson
70+ FLASR:	1:09.97	12/12/2021	Frances Hare
75+ FLASR:	1:23.77	2000	Florence Carr
80+ FLASR:	1:31.96	2001	Jean Ritchie
85+ FLASR:	1:49.54	2/3/2006	Bunny Cederlund
90+ FLASR:	1:58.99	12/2/2018	Betty Lorenzi
95+ FLASR:	4:50.33	12/12/2021	Shjirly Chase

Name	Age	Team	Seed Time
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50-54

1	Luetmer, Stacey	52	MN	1:08.54
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55-59

1	Bekoff, Michelle	58	FL	1:16.95
2	Brookes, Brita	56	MI	1:16.85
3	Croughwell, Jennifer	58	FL	1:20.05
4	Hafer, Jill	55	FL	1:07.55
5	Januszewski, Cindy	57	FL	1:30.00
6	Marsicano, Stacie	56	FL	1:26.00

60-64

1	Curnow, Barbara	63	FL	1:16.49
2	Johnson, Ruth	62	FL	1:09.63
3	Konrad, Gail	60	KY	1:15.50
4	Vaillancourt, Vicki	61	FL	1:24.73
5	Wood, Cindi	63	FL	1:10.01

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65-69...(#29 Women 100 Yard Freestyle)

1	Devanney, Celia	66	FL	1:16.00
2	Fisk, Debbie	66	FL	1:12.10
3	Griffith, Jaquinn	65	FL	1:12.18
4	Grossman, Gail	68	FL	2:05.05
5	Keegan, Cindy	68	FL	1:43.31
6	Lowther, Jocelyn	69	FL	NT
7	Prezzano, Maryann	68	FL	1:19.28
8	Taylor, Karen	68	FL	1:19.74

70-74

1	Clinton, Marjory	70	FL	1:18.13
2	Cohen, Janice	74	FL	2:26.47
3	Evans, Merry	72	FL	1:36.95
4	Green, Lola	70	CA	NT
5	Jacobson, Geraldine	73	FL	1:39.90
6	Medendorp, Marjorie	70	FL	1:30.72
7	O'Connor, Mary Pat	71	FL	1:46.81
8	Tittle, Kathleen	72	FL	1:59.00

75-79

1	Carson, June	75	FL	1:18.15
2	Hansen, Lorrie	75	FL	1:37.31
3	Panker, Karen	78	FL	1:28.88

80-84

1	Foley,Carolynn	80	FL	1:57.34
2	Hackett, Jeanne	80	FL	1:41.70
3	Hanson, Monique	81	FL	1:42.14
4	Kostewicz, Mary	81	FL	2:43.15

85-89

1	Rumney, Elizabeth	86	FL	2:23.46
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Event 30 Men 100 Yard Freestyle

50+ FLASR:	52.88	12/7/2008	John Newman
55+ FLASR:	52.46	12/2/2012	Michael Scott
60+ FLASR:	56.95	12/2/2007	Bruce Mohl
65+ FLASR:	58.40	2000	Cav Cavanaugh
70+ FLASR:	58.74	12/6/2015	Keefe Ludwig
75+ FLASR:	1:00.10	12/8/2019	David Quiggin
80+ FLASR:	1:21.15	12/8/2019	Cav Cavanaugh
85+ FLASR:	1:25.21	12/12/2021	Cav Cavanaugh
90+ FLASR:	1:51.98	12/3/2017	John Cornell

Name	Age	Team	Seed Time
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50-54

1	Soukup, Gregory	54	FL	1:08.10
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55-59

1	Bullard, Brett	57	FL	1:05.23
2	Egan, Brian	55	TN	1:07.00
3	Haviland, Dewey	57	FL	55.00
4	Krieger, Dima	57	FL	57.00
5	Mercado, Robert	58	FL	1.06
6	Shoemaker, Jon	56	FL	1:07.42

60-64

1	Drongosky, Michael	63	FL	1:04.33
2	Lundeen, Bob	64	FL	1:04.66
3	Miller, David	63	OH	1:10.00
4	Vaile, Brian	61	FL	1:05.00

65-69

1	Andrade, Igor	68	FL	1:20.00
2	Bak, Michael	67	FL	1:22.40
3	Don, Metcalf	68	FL	1:25.41
4	Finley, Mark	65	FL	1:04.00
5	Powers-Young, John	67	FL	1:16.91
6	Simons, Robert	66	FL	1:04.02
7	Smith, Michael	66	FL	1:10.00
8	Zinner, James	67	FL	2:00.00

70-74

1	Bowman, Bruce	72	FL	1:13.52
2	McMillen, Scott	70	FL	1:03.00
3	Waybright, Jimmy	73	FL	1:10.72

75-79

1	Larson, David	77	FL	1:23.20
2	Simons, Robert	75	FL	1:10.49

80-84

1	Cannan, Patrick	83	FL	1:47.08
2	Delauzon, Joseph	81	FL	1:48.13
3	Disterdick, John	81	FL	2:03.00
4	Ferinden, James	81	FL	1:51.00
5	Miller, Andy	82	FL	1:35.11
6	Schenk, Martin	81	FL	1:31.60

85-89

1	Dively, Michael	85	FL	1:55.86
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Event 31 Women 200 Yard Breaststroke

50+ FLASR:	2:50.85	12/4/2022	Alison Hayden
55+ FLASR:	2:56.40	12/5/2010	Deb Walker
60+ FLASR:	3:01.91	12/12/2021	Paula Cunio
65+ FLASR:	3:23.67	12/4/2016	Laurie Grubbs
70+ FLASR:	3:37.95	12/12/2021	Laurie Grubbs
75+ FLASR:	3:50.44	12/3/2006	Sylvia Eisele
80+ FLASR:	4:22.52	12/2/2018	Patricia Bond
85+ FLASR:	5:05.66	12/14/2014	Sylvia Eisele
90+ FLASR:	5:48.25	12/4/2016	Joan Wayne

Name	Age	Team	Seed Time
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55-59

1	Croughwell, Jennifer	58	FL	3:58.00
2	Liska, Cathy	59	FL	3:33.78
3	Misiak, Sarah	58	FL	3:30.00

60-64

1	Durkin, Dorothy	64	NY	3:59.00
2	Gomez, Laura	64	FL	4:09.83
3	Myszewski, Charlene	61	FL	3:58.65
4	Swagler, Teresa	64	FL	3:58.88

65-69

1	Griffith, Jaquinn	65	FL	3:17.48
2	Keegan, Cindy	68	FL	4:16.37
3	Lowther, Jocelyn	69	FL	4:11.50
4	Manger, Kathy	69	FL	3:50.00

70-74

1	Dennis, Martha	71	FL	5:25.25
2	Evans, Merry	72	FL	4:19.42
3	He, Kaixin	73	FL	4:12.02

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75-79...(#31 Women 200 Yard Breaststroke)

1 McKenney, Marilyn 76 FL 4:16.51

80-84

1 Hackett, Jeanne 80 FL 4:21.93

Event 32 Men 200 Yard Breaststroke**50+ FLASR: 2:37.44 12/4/2016 Dan Beatty****55+ FLASR: 2:33.49 12/8/2019 Michael Aubrey****60+ FLASR: 2:34.62 12/12/2021 Michael Aubrey****65+ FLASR: 2:44.90 12/6/2015 Rudy Vazmina****70+ FLASR: 2:54.00 12/12/2021 Hubie Kerns****75+ FLASR: 3:15.15 12/6/2020 Mike Freshley****80+ FLASR: 3:44.90 2014 Mani Sanguily****85+ FLASR: 4:57.07 12/4/2016 Gordon Ralph****90+ FLASR: 6:20.60 12/12/2021 Gordon Ralph**

Name	Age	Team	Seed Time
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55-59

1 Bullard, Brett 57 FL 3:09.90

60-64

1 Appel, Luther 64 FL 3:16.80

2 Aubrey, Michael 62 FL 2:36.50

3 Darken, Kevin 63 FL 3:56.34

65-69

1 Simons, Robert 66 FL 3:02.56

70-74

1 Vazmina, Rudy 73 FL 3:02.52

75-79

1 Hickey, Kenneth 78 FL 5:58.00

2 Pepito, Tesalonico 75 FL 4:15.24

80-84

1 Delauzon, Joseph 81 FL 4:56.70

2 Freshley, Mike 82 FL 3:30.00

3 Schenk, Martin 81 FL 5:20.00

Event 33 Women 500 Yard Freestyle**50+ FLASR: 5:53.02 12/4/2022 Alison Hayden****55+ FLASR: 5:46.27 12/12/2021 Amy Alexander****60+ FLASR: 5:48.19 12/12/2021 Kelly Palace****65+ FLASR: 6:43.56 12/12/2021 Darcy LaFountain****70+ FLASR: 6:52.04 12/12/2021 Fran Hare****75+ FLASR: 8:01.54 12/13/2014 Patricia Bond****80+ FLASR: 8:44.79 12/2/2018 Patricia Bond****85+ FLASR: 9:58.14 2014 Betty Lorenzi****90+ FLASR: 13:36.85 12/4/2022 Joan Campbell****95+ FLASR: 26:57.23 12/12/2021 Shirley Chase**

Name	Age	Team	Seed Time
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50-54

1 Luetmer, Stacey 52 MN 7:25.57

55-59

1 Bekoff, Michelle 58 FL 7:35.44

2 Brookes, Brita 56 MI 7:26.26

3 Hafer, Jill 55 FL 7:25.00

4 Januszewski, Cindy 57 FL 7:50.00

60-64

1 Christensen, Rebecca 62 FL 8:15.52

2 Gomez, Laura 64 FL 8:29.30

3 Myszewski, Charlene 61 FL 8:13.19

4 Vaillancourt, Vicki 61 FL 8:42.30

65-69

1 Blair, Deb 65 FL 8:11.23

2 DeMoss, Teresa 69 FL 10:05.00

3 Devanney, Celia 66 FL 7:11.00

4 Grossman, Gail 68 FL 9:35.27

5 Lowther, Jocelyn 69 FL 9:24.22

6 Prezzano, Maryann 68 FL 7:30.08

7 Taylor, Karen 68 FL 7:48.87

70-74

1 Clinton, Marjory 70 FL 7:36.72

2 Evans, Merry 72 FL 8:41.76

3 Green, Lola 70 CA 10:21.05

4 He, Kaixin 73 FL 10:55.00

5 O'Connor, Mary Pat 71 FL 10:54.85

6 Segar, Candace 70 FL 8:22.31

75-79

1 Carson, June 75 FL 7:00.52

2 Hansen, Lorrie 75 FL NT

3 Paukert, Judy 75 FL 9:55.49

80-84

1 Foley, Carolyn 80 FL 10:53.52

2 Kostewicz, Mary 81 FL 13:09.19

85-89

1 Rumney, Elizabeth 86 FL 12:55.52

Event 34 Men 500 Yard Freestyle**50+ FLASR: 5:39.47 2005 Brian Voisard****55+ FLASR: 5:34.57 12/2/2007 Brian Voisard****60+ FLASR: 5:51.61 12/10/2011 Brian Voisard****65+ FLASR: 5:58.93 12/13/2014 J Nathan Leech****70+ FLASR: 6:10.49 12/8/2019 J Nathan Leech****75+ FLASR: 6:23.69 12/8/2019 David Quiggin****80+ FLASR: 8:44.41 12/4/2022 Ron Davis****85+ FLASR: 11:56.41 12/5/2015 James Pitts****90+ FLASR: 16:07.27 12/14/2013 Lowell Heneveld**

Name	Age	Team	Seed Time
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55-59

1 Egan, Brian 55 TN 6:31.00

2 Haviland, Dewey 57 FL 5:40.00

3 Mercado, Robert 58 FL 6:15.00

60-64

1 Drongosky, Michael 63 FL 6:47.33

65-69

1 Bak, Michael 67 FL 8:58.00

2 Don, Metcalf 68 FL 9:14.75

3 Lear, Douglas 67 FL 8:00.00

70-74

1 Ibrahim, Nady 74 FL 8:28.00

2 Jewell, Robert 70 FL 9:51.51

3 Leech, J Nathan 74 FL 6:40.00

4 Smith, Paul 71 FL 8:03.00

5 Waybright, Jimmy 73 FL 7:44.76

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75-79...(#34 Men 500 Yard Freestyle)

1	Larson, David	77	FL	9:08.00
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80-84

1	Cannan, Patrick	83	FL	10:18.37
2	Disterdick, John	81	FL	9:33.00
3	Ferinden, James	81	FL	10:49.00
4	Freshley, Mike	82	FL	7:44.00

Event 35 Mixed 200 Yard Medley Relay

45+W FLASR: 2:30.04 12/7/2008 Relays

C Lasher, L Faubion, P Hirr, C Greb

55+W FLASR: 2:35.86 12/8/2019 Fla Sr Games

A Johnson, M Medendorp, D Fisk, M Wruck

65+W FLASR: 3:08.67 12/4/2022 VAST

M Evans, J Hackett, D Fisk, K PANKER

75+W FLASR: 3:48.78 12/8/2019 Florida Aquatic

M Rowan, J Hackett, R Suttie, S Fishlock

45+M FLASR: 1:59.74 12/8/2019 Fla Sr Games

J Nixon, J Gonzalez, M Smith, W Bouyoucas

55+M FLASR: 2:05.02 12/4/2022 VAST

M Uriarte, D Haviland, D Charrette, J Williams

65+M FLASR: 2:13.58 12/14/2014 Florida Aquatic

J Leech, M Schenk, D Jarvis, R Lyons

75+M FLASR: 3:14.58 12/11/2011 Fla Sr Games Re

G Ralph, M KUTANOVSKI, J DELBURN, J Cornell

45+ FLASR: 2:07.16 12/2/2018 Residents - Fla

k westerman, J Maurer, R Russell, B Brown

55+ FLASR: 2:26.59 12/2/2018 Residents - Fla

T Dickson, D Jarvis, D Fisk, M Wruck

<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
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--- No entries for this event