

## Good Life Games (Swimming) - 3/9/2024

Sanction #: 144-R002

Meet Program - Saturday

**Event 1 Mixed 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

1				
2	Dennis, Martha	W72	Kissimmee	9:42.10
3	Compton, Ivette A	W64	Clearwater	9:00.00
4	Lohrbach, Claire	W65	Tampa	9:00.00
5				
6				

**Heat 2 of 2 Finals**

1	Kupan, Cheryl	W60	Saint Petersburg	8:00.08
2	Davis, Kern	M70	St Petersburg	6:45.00
3	Hayden, Alison	W53	Saint Petersburg	5:56.32
4	Palace, Kelly	W63	Rockledge	6:30.00
5	Westerman, Karen	W56	Land o Lakes	7:20.47
6	Januszewski, Cindy	W58	Inverness	8:26.00

**Event 2 Mixed 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1				
2	Owen, Mary Catherine	W75	Beverly Hills	NT
3	Coakley, Marian	W87	T V	NT
4	Gustafson, Peter	M79	Sun City Center	NT
5				
6				

**Heat 2 of 4 Finals**

1				
2	Ketchum, Donna	W73	Holiday	1:40.00
3	Jacobson, Geraldine	W74	St Petersburg	1:03.63
4	Laux, Michael	M83	Osprey	1:20.00
5	Assini, Claudia	W76	Palm Harbor	1:57.15
6				

**Heat 3 of 4 Finals**

1	Sjoberg, Darryl	M78	Nokomis	59.00
2	Claugherty, Jim	M63	Wesley Chapel	50.14
3	Brandt, Tabitha	W56	Treasure Island	48.43
4	Slockett, Robert	M68	Pinellas Park	49.51
5	He, Kaixin	W74	Lacento Fl 34461	55.96
6	Jenkins, Elizabeth	W75	Tampa	1:02.00

**Heat 4 of 4 Finals**

1	Groselle, Jack	M70	Hiram	45.00
2	Davis, Kern	M70	St Petersburg	41.00
3	Matysek, Jim	M65	Sarasota	39.12
4	Freshley, Robert	M83	Orlando	40.00
5	Zweibelson, Samuel	M49	Casselberry	43.00
6	Westerman, Karen	W56	Land o Lakes	45.43

**Event 3 Mixed 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

1	Moucha, Sue	W66	Valrico	6:03.37
2	Henderson, Martha	W88	Cocoa	5:01.05
3	Tullman, Patricia	W87	Tampa	4:30.56
4	Laux, Michael	M83	Osprey	4:40.00
5	Campbell, Joan K	W94	Palm Harbor	5:43.63
6	Owen, Mary Catherine	W75	Beverly Hills	NT

**Heat 2 of 3 Finals**

1	Lefler, Vern	M79	Crystal River	4:20.00
2	Jacobson, Geraldine	W74	St Petersburg	3:52.50
3	Marsicano, Stacie	W57	Seffner	3:20.00
4	Januszewski, Cindy	W58	Inverness	3:34.04
5	He, Kaixin	W74	Lacento Fl 34461	4:01.00
6	Bogue, Sherri	W60	Clearwater	4:29.54

**Heat 3 of 3 Finals**

1	Claugherty, Jim	M63	Wesley Chapel	2:59.08
2	Courtney, Zena	W65	Cocoa Beach	2:40.50
3	Palace, Kelly	W63	Rockledge	2:34.00
4	Bernardino, Paul	M69	Tarpon Springs	2:35.00
5	Kupan, Cheryl	W60	Saint Petersburg	2:55.09
6	Uustal, Diann	W78	Sarasota	3:09.00

**Event 4 Mixed 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

1				
2	Laux, Michael	M83	Osprey	1:20.00
3	Lohrbach, Claire	W65	Tampa	1:00.00
4	Tullman, Patricia	W87	Tampa	1:11.19
5	Ketchum, Donna	W73	Holiday	1:30.00
6				

**Heat 2 of 2 Finals**

1	Compton, Ivette A	W64	Clearwater	57.00
2	Zweibelson, Samuel	M49	Casselberry	36.00
3	Hayden, Alison	W53	Saint Petersburg	32.57
4	Freshley, Robert	M83	Orlando	36.00
5	Brandt, Tabitha	W56	Treasure Island	45.43
6	Slockett, Robert	M68	Pinellas Park	57.94

**Event 5 Mixed 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

1	Henderson, Martha	W88	Cocoa	3:07.02
2	Tullman, Patricia	W87	Tampa	2:27.42
3	Compton, Ivette A	W64	Clearwater	2:10.00
4	Oakes, David	M84	Sarasota	2:15.00
5	Assini, Claudia	W76	Palm Harbor	2:51.74
6	Dennis, Martha	W72	Kissimmee	NT

## Good Life Games (Swimming) - 3/9/2024

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Meet Program - Saturday

**Heat 2 Finals (#5 Mixed 100 LC Meter Backstroke)**

1	Cothren, Jack	M75	Savannah	1:45.00
2	Securo, Joseph	M68	Sarasota	1:40.00
3	Stewart, Ann	W53	Lakeland	1:18.00
4	Courtney, Zena	W65	Cocoa Beach	1:27.50
5	Gerber, Harvey	M76	Hernando	1:43.00
6	Kupan, Cheryl	W60	Saint Petersburg	1:45.04

**Event 6 Mixed 200 LC Meter IM**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

1	Henderson, Martha	W88	Cocoa	NT
2	Compton, Ivette A	W64	Clearwater	4:30.00
3	Slockett, Robert	M68	Pinellas Park	4:00.01
4	Januszewski, Cindy	W58	Inverness	4:12.12
5	Dennis, Martha	W72	Kissimmee	4:40.22
6	Gustafson, Peter	M79	Sun City Center	NT

**Heat 2 of 2 Finals**

1	Freshley, Robert	M83	Orlando	3:40.00
2	Kupan, Cheryl	W60	Saint Petersburg	3:02.01
3	Hayden, Alison	W53	Saint Petersburg	2:48.53
4	Westerman, Karen	W56	Land o Lakes	2:57.28
5	Palace, Kelly	W63	Rockledge	3:05.90
6	Lohrbach, Claire	W65	Tampa	4:00.00

**Event 7 Mixed 50 LC Meter Freestyle**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1				
2	Owen, Mary Catherine	W75	Beverly Hills	NT
3	Jenkins, Elizabeth	W75	Tampa	4:50.00
4	Coakley, Marian	W87	T V	NT
5				
6				

**Heat 2 of 4 Finals**

1	Moucha, Sue	W66	Valrico	1:21.72
2	Campbell, Joan K	W94	Palm Harbor	1:08.58
3	Laux, Michael	M83	Osprey	59.00
4	Boehm, Jack	M84	Beacon	1:03.00
5	Ketchum, Donna	W73	Holiday	1:10.00
6	Assini, Claudia	W76	Palm Harbor	1:22.09

**Heat 3 of 4 Finals**

1	Tullman, Patricia	W87	Tampa	55.62
2	Oakes, David	M84	Sarasota	44.00
3	Brandt, Tabitha	W56	Treasure Island	40.45
4	Lefler, Vern	M79	Crystal River	42.00
5	Jacobson, Geraldine	W74	St Petersburg	50.71
6	Bogue, Sherri	W60	Clearwater	58.32

**Heat 4 of 4 Finals**

1	Courtney, Zena	W65	Cocoa Beach	34.33
2	Claugherty, Jim	M63	Wesley Chapel	33.32
3	Zweibelson, Samuel	M49	Casselberry	30.00
4	Groselle, Jack	M70	Hiram	32.00
5	Freshley, Robert	M83	Orlando	34.00
6	Marsicano, Stacie	W57	Seffner	38.39

**Event 8 Mixed 100 LC Meter Breaststroke**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

1				
2	Jacobson, Geraldine	W74	St Petersburg	2:31.21
3	Westerman, Karen	W56	Land o Lakes	2:02.10
4	Sjoberg, Darryl	M78	Nokomis	2:30.00
5				
6				

**Heat 2 of 2 Finals**

1	Slockett, Robert	M68	Pinellas Park	1:50.92
2	Freshley, Robert	M83	Orlando	1:37.00
3	Matysek, Jim	M65	Sarasota	1:24.80
4	Davis, Kern	M70	St Petersburg	1:30.00
5	Brandt, Tabitha	W56	Treasure Island	1:43.45
6	He, Kaixin	W74	Lacento Fl 34461	2:02.00

**Event 9 Mixed 200 LC Meter Butterfly**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

1				
2				
3	Dennis, Martha	W72	Kissimmee	5:15.30
4	Hayden, Alison	W53	Saint Petersburg	NT
5				
6				

**Event 10 Mixed 200 LC Meter Backstroke**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

1				
2	Henderson, Martha	W88	Cocoa	NT
3	Laux, Michael	M83	Osprey	6:30.00
4	Campbell, Joan K	W94	Palm Harbor	6:40.99
5				
6				

**Heat 2 of 3 Finals**

1	Tullman, Patricia	W87	Tampa	5:31.48
2	Dennis, Martha	W72	Kissimmee	4:17.22
3	Cothren, Jack	M75	Savannah	3:50.00
4	Januszewski, Cindy	W58	Inverness	3:53.32
5	He, Kaixin	W74	Lacento Fl 34461	4:31.00
6	Assini, Claudia	W76	Palm Harbor	6:00.45

**Heat 3 of 3 Finals**

1	Gerber, Harvey	M76	Hernando	3:30.00
2	Courtney, Zena	W65	Cocoa Beach	3:08.00
3	Stewart, Ann	W53	Lakeland	2:48.00
4	Kupan, Cheryl	W60	Saint Petersburg	3:01.11
5	Securo, Joseph	M68	Sarasota	3:20.00
6	Uustal, Diann	W78	Sarasota	3:30.00

## Good Life Games (Swimming) - 3/9/2024

Sanction #: 144-R002

Meet Program - Saturday

**Event 11 Mixed 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

1				
2	Moucha, Sue	W66	Valrico	3:04.23
3	Henderson, Martha	W88	Cocoa	2:33.18
4	Assini, Claudia	W76	Palm Harbor	2:58.47
5	Owen, Mary Catherine	W75	Beverly Hills	NT
6				

**Heat 2 of 3 Finals**

1	Bogue, Sherri	W60	Clearwater	2:03.31
2	Lefler, Vern	M79	Crystal River	1:50.00
3	Laux, Michael	M83	Osprey	1:36.99
4	Jacobson, Geraldine	W74	St Petersburg	1:46.35
5	Tullman, Patricia	W87	Tampa	2:03.29
6	Boehm, Jack	M84	Beacon	2:16.00

**Heat 3 of 3 Finals**

1	Claugherty, Jim	M63	Wesley Chapel	1:16.15
2	Palace, Kelly	W63	Rockledge	1:13.00
3	Zweibelson, Samuel	M49	Casselberry	1:10.00
4	Stewart, Ann	W53	Lakeland	1:12.00
5	Bernardino, Paul	M69	Tarpon Springs	1:15.00
6	Marsicano, Stacie	W57	Seffner	1:26.90

**Event 12 Mixed 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

1				
2	Gustafson, Peter	M79	Sun City Center	NT
3	Jenkins, Elizabeth	W75	Tampa	5:07.00
4	Dennis, Martha	W72	Kissimmee	5:30.25
5				
6				

**Heat 2 of 3 Finals**

1				
2	He, Kaixin	W74	Lacento Fl 34461	4:18.00
3	Westerman, Karen	W56	Land o Lakes	4:01.95
4	Januszewski, Cindy	W58	Inverness	4:14.00
5	Sjoberg, Darryl	M78	Nokomis	5:00.00
6				

**Heat 3 of 3 Finals**

1	Palace, Kelly	W63	Rockledge	3:39.00
2	Davis, Kern	M70	St Petersburg	3:30.00
3	Matysek, Jim	M65	Sarasota	3:06.36
4	Freshley, Robert	M83	Orlando	3:25.00
5	Brandt, Tabitha	W56	Treasure Island	3:35.45
6	Slockett, Robert	M68	Pinellas Park	4:00.01

**Event 13 Mixed 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 1 Finals**

1				
2	Compton, Ivette A	W64	Clearwater	2:15.00
3	Hayden, Alison	W53	Saint Petersburg	1:16.32
4	Lohrbach, Claire	W65	Tampa	2:00.00
5				
6				

**Event 14 Mixed 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

1	Owen, Mary Catherine	W75	Beverly Hills	NT
2	Ketchum, Donna	W73	Holiday	1:45.00
3	Assini, Claudia	W76	Palm Harbor	1:23.83
4	Moucha, Sue	W66	Valrico	1:25.68
5	Coakley, Marian	W87	T V	NT
6				

**Heat 2 of 3 Finals**

1	Boehm, Jack	M84	Beacon	1:08.00
2	Lefler, Vern	M79	Crystal River	1:00.00
3	Oakes, David	M84	Sarasota	54.00
4	Compton, Ivette A	W64	Clearwater	59.00
5	Lohrbach, Claire	W65	Tampa	1:00.00
6	Campbell, Joan K	W94	Palm Harbor	1:19.23

**Heat 3 of 3 Finals**

1	Claugherty, Jim	M63	Wesley Chapel	45.44
2	Zweibelson, Samuel	M49	Casselberry	43.00
3	Stewart, Ann	W53	Lakeland	36.50
4	Courtney, Zena	W65	Cocoa Beach	40.38
5	Securo, Joseph	M68	Sarasota	45.00
6	Cothren, Jack	M75	Savannah	50.00

**Event 17 Mixed 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

1				
2	Henderson, Martha	W88	Cocoa	NT
3	He, Kaixin	W74	Lacento Fl 34461	10:46.00
4	Campbell, Joan K	W94	Palm Harbor	11:46.93
5	Tobin, Barbara	W51	Clearwater	NT
6				

**Heat 2 of 3 Finals**

1	Januszewski, Cindy	W58	Inverness	7:56.14
2	Ketchum, Donna	W73	Holiday	7:00.00
3	Kupan, Cheryl	W60	Saint Petersburg	5:55.55
4	Zweibelson, Samuel	M49	Casselberry	6:14.93
5	Slockett, Robert	M68	Pinellas Park	7:11.75
6	Bogue, Sherri	W60	Clearwater	9:23.31

**Good Life Games (Swimming) - 3/9/2024**

**Sanction #: 144-R002**

**Meet Program - Saturday**

**Heat 3 Finals (#17 Mixed 400 LC Meter Freestyle)**

1	Bernardino, Paul	M69	Tarpon Springs	5:35.00
2	Courtney, Zena	W65	Cocoa Beach	5:32.02
3	Hayden, Alison	W53	Saint Petersburg	5:10.00
4	Palace, Kelly	W63	Rockledge	5:25.00
5	Matysek, Jim	M65	Sarasota	5:33.05
6	Davis, Kern	M70	St Petersburg	5:40.00