

## 2024 Suncoast Summer Swim League Championship

Hosted by WFLA Lightning/WFLA Bolts

**Sanctioned by:** Florida Swimming of USA Sanction # FL-6757

"In granting this approval it is understood and agreed the USA Swimming/Florida Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of the event."

**Condition of Sanctioning:**

1. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
2. The competition course has been certified in accordance with 104.2.2C4). The copy of such certification is on file with USA Swimming.
3. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
4. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.
5. All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

**Location:** Southwest Rec. Pool, 13120 Vonn Rd., Largo, FL 33774

**Type of Meet:** Closed, age group, 25 yard short course, timed finals meet.

**Pool Specs:** Certified 25-yard outdoor pool of 22 lanes. Pool depth at start end 17' to 12'. A buffer lane is provided with multiple lanes for continuous warm-up or warm-down. 8 lanes will be used for the competition.

**Timing System:** Electronic timing system, lane buttons with scoreboard, manual back-up watches.

**Eligibility:** Only registered 2024 USA Swimming athletes who are member of invited summer teams in good standing with the Suncoast Summer Swim League are eligible

**Meet Times:** Saturday, July 27, 2024  
Open warm-up 7:00 – 8:20 A.M.  
Start 8:30 A.M.  
No training equipment allowed in the pool at any time.

- Seeding:** Use 25 yard times, conversions may not be used for entry and seeding purposes.
- Scratches:** No penalties for scratches on the block.
- Entry limits:** Max of 3 individual events and 2 relays per swimmer. Each team may only enter one relay team per relay event. Over entries will automatically be dropped when they exceed the limit.
- Mixed Relays:** You can only swim a mixed relay if you can't fill a boys or girls relay in that age group. You can't swim your gender/age group relay and a mixed relay for that age group. You can only swim two relays per age group. Mixed combinations (2 boys 2 girls).
- Entries:** Entries must be submitted in Hy-Tek format via email by **Friday, July 19<sup>th</sup>, 2024, by 5pm** to John Ware at [johnwaretimidnightsports.com](mailto:johnwaretimidnightsports.com) . If you are having any difficulties submitting your entries please contact John at 813-240-3893. Please include coaches names and numbers with your email.
- Entry Fees:** \$5.50 per individual timed final event  
\$6.00 per relay entry  
\$10.00 facility fee per swimmer  
\$3.00 meet program charge
- No deck entries**  
All checks made out to WFLA and should be received by the day of the meet either by bringing to the meet or mailing it to: 11468 87<sup>th</sup> Ave, Seminole FL 33772
- Officials:**
- |                  |                          |
|------------------|--------------------------|
| Meet Referee –   | Deanna Calderone-Kaufman |
| Admin Official – | John Ware                |
| Starter –        | Paul Billitto            |
| Stroke & Turn –  | Maria Barnaky            |
| Meet Manager –   | Karen Smalley            |
- Team Rep:** Prior to the start of the meet, the name of one person, other than the coach, who will check with the referee about any matter pertaining to the meet may be given to the referee. The coach and only that person will be recognized.
- Scoring:** Individual events top 12: 16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, 1  
Relays top 6: 32, 26, 24, 22, 20, 18
- Awards:** Individual events: medals 1<sup>st</sup> – 3<sup>rd</sup>, ribbons 4<sup>th</sup> – 8<sup>th</sup>  
Relay events: ribbons 1<sup>st</sup> – 3<sup>rd</sup>
- High point award for 1<sup>st</sup> in each age group for girls and boys.  
Team awards to 1<sup>st</sup>-3<sup>rd</sup> combined scores.

**Information:**

1. Each team must provide 2 timers, please send their names along with your entries.
2. Shirts will be available for sale. There will be order forms sent to teams prior to the meet.
3. Each team may have up to 2 chaperones for their swimmers.
4. The meet committee has the right to change to multiple sessions, run fly over starts, add in breaks as needed based on entries as they are received.
5. Events will be combined where possible before the meet program is published.
6. Heat sheets will be posted on [midnightsports.com](http://midnightsports.com) no later than 48 hours prior to the start of the meet.

**Rules:**

1. Current USA Swimming Technical rules will govern. Safety rules as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas.
2. All coaches must have current USA Swimming credentials visible on deck or prove membership through Deck Pass.

Event Number	Age Group	Distance and Stroke
1-2	6 & under	25 yard Freestyle
3-4	7-8	25 yard Freestyle
5-6	10 & under	50 yard Freestyle
7-8	11-12	50 yard Freestyle
9-10	13-24	100 yard Freestyle
11-12	15-18	100 yard Freestyle
13-14	6 & under	25 yard Backstroke
15-16	7-8	25 yard Backstroke
17-18	10 & under	50 yard Backstroke
19-20	11-12	50 yard Backstroke
21-22	13-14	100 yard Backstroke
23-24	15-18	100 yard Backstroke
25-26	8 & under	100 yard Individual Medley
27-28	10 & under	100 yard Individual Medley
29-30	11-12	100 yard Individual Medley

31-32	13-14	200 yard Individual Medley
33-34	15-18	200 yard Individual Medley
35-36	6 & under	100 yard Freestyle Relay
37	6 & under mixed	100 yard Freestyle Relay
38-39	8 & under	100 yard Freestyle Relay
40	8 & under mixed	100 yard Freestyle Relay
41-42	10 & under	200 yard Freestyle Relay
43	10 & under mixed	200 yard Freestyle Relay
44-45	11-12	200 yard Freestyle Relay
46	11-12 mixed	200 yard Freestyle Relay
47-48	13-14	200 yard Freestyle Relay
49	13-14 mixed	200 yard Freestyle Relay
50-51	Senior	200 yard Freestyle Relay
52	Senior mixed	200 yard Freestyle Relay
53-54	13-14	50 yard Freestyle
55-56	15-18	50 yard Freestyle
57-58	8 & under	25 yard Breaststroke
59-60	10 & under	50 yard Breaststroke
61-62	11-12	50 yard Breaststroke
63-64	13-14	100 yard Breaststroke
65-66	15-18	100 yard Breaststroke
67-68	8 & under	25 yard BuUerfly
69-70	10 & under	50 yard BuUerfly
71-72	11-12	50 yard BuUerfly
73-74	13-14	100 yard BuUerfly
75-76	15-18	100 yard BuUerfly
77-78	8 & under	100 yard Medley Relay
79	8 & under mixed	100 yard Medley Relay

80-81	10 & under	200 yard Medley Relay
82	10 & under mixed	200 yard Medley Relay
83-84	11-12	200 yard Medley Relay
85	11-12 mixed	200 yard Medley Relay
86-87	13-14	200 yard Medley Relay
88	13-14 mixed	200 yard Medley Relay
89-90	Senior	200 yard Medley Relay
91	Senior mixed	200 yard Medley Relay

**Camera Zones:**

Per Florida Swimming Rules 223.13, meet management shall designate and inform the public of “Camera Zones” at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable “Camera Zones” may include but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a “start-end,” etc. Meet Management shall also designate “Non-Camera” Zones. Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing courses) while they are in use for “race starting purposes.” During competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.