

**Dog Days of Summer LCM Masters Swim Meet - 9/7/2024**  
**Sanctioned by Florida LMSC for USMS, Inc., Sanction #: 144-S014**  
**Psych Sheet**

**Event 1 Mixed 1500 LC Meter Freestyle**

18-24W NATL:	17:22.39	7/5/2012	LUANE ROWE
25-29W NATL:	16:39.77	7/19/2001	RACHEL KOMISARZ
30-34W NATL:	17:07.54	4/25/2010	DAWN HECKMAN
35-39W NATL:	17:17.22	8/6/2015	HEIDI GEORGE
40-44W NATL:	17:17.59	4/30/2017	HEIDI GEORGE
45-49W NATL:	17:26.47	12/2/2023	HEIDI GEORGE
50-54W NATL:	18:15.80	7/29/2022	ALISON ZAMANIAN
55-59W NATL:	18:36.30	8/7/2019	ELLEN REYNOLDS
60-64W NATL:	19:10.59	7/6/2024	ELLEN REYNOLDS
65-69W NATL:	20:41.53	7/21/2023	S HEIM-BOWEN

Name	Age	Team	Seed Time
<b>W35-39</b>			
1 Daly, Whitney	W35	AVSC-14	37:48.20
<b>W40-44</b>			
1 Maehr, Erin	W42	GTSA-14	23:00.00
<b>W45-49</b>			
1 Bidwell, Cecilia	W49	AVSC-14	27:35.99
<b>W55-59</b>			
1 Greene, Dana	W55	NCMS-13	29:36.44
2 LeClair, Dale	W55	PBM-50	33:40.00
<b>W60-64</b>			
1 Winslow, Anastasia	W61	CMS-32	21:20.00
2 Wheeler, Joan	W60	MELB-14	21:41.41
<b>W65-69</b>			
1 Courtney, Zena	W65	MELB-14	21:41.58
<b>W90-94</b>			
1 Campbell, Joan	W94	FACT-14	50:14.99
<b>M60-64</b>			
1 Cook, Andy	M60	PALM-55	20:45.00
2 Green, Chip	M64	PBM-50	23:00.00
<b>M65-69</b>			
1 Zinner, James	M68	FACT-14	35:00.00
<b>M70-74</b>			
1 McEvoy, Martin	M74	SWHYM-14	29:30.00
<b>M75-79</b>			
1 Knauss, Stephen	M75	CAM-14	33:30.00

**Event 2 Mixed 200 LC Meter Backstroke**

18-24W NATL:	2:19.70	8/20/2000	S SCHWEITZER
25-29W NATL:	2:13.19	7/30/2018	EMI MORONUKI
30-34W NATL:	2:17.61	8/6/2009	SARABETH METZGER
35-39W NATL:	2:18.20	8/10/1997	K PIPES-NEILSEN
40-44W NATL:	2:20.72	8/23/2024	KELLY HARRIGAN
45-49W NATL:	2:26.06	5/22/2009	K PIPES-NEILSEN
50-54W NATL:	2:26.64	8/4/2014	ELLEN REYNOLDS
55-59W NATL:	2:31.79	5/19/2019	ELLEN REYNOLDS
60-64W NATL:	2:30.58	2/27/2024	ELLEN REYNOLDS
65-69W NATL:	2:47.70	8/8/2019	LAURA VAL

Name	Age	Team	Seed Time
<b>W25-29</b>			
1 Sills, Eleanor	W29	UC14	2:42.61
<b>W40-44</b>			
1 Maehr, Erin	W42	GTSA-14	3:01.83

2 Lopez, Anna	W44	CAM-14	3:35.78
<b>W45-49</b>			
1 Fallucco, Elise	W45	BSS-14	3:10.00
<b>W50-54</b>			
1 Stewart, Ann	W54	SHARK-14	2:48.00
<b>W60-64</b>			
1 Kupan, Cheryl	W60	SPM-14	3:10.23
<b>W65-69</b>			
1 Neville, Cathy	W67	SDSM-44	4:10.00
2 Moucha, Sue	W66	SHARK-14	6:03.03
<b>W75-79</b>			
1 Mitchell, Jeannie	W78	PBM-50	4:27.78
<b>W85-89</b>			
1 Tullman, Patricia	W87	FACT-14	5:32.32
<b>W90-94</b>			
1 Campbell, Joan	W94	FACT-14	6:47.88
<b>M55-59</b>			
1 LeClair, David	M57	PBM-50	3:04.75
<b>M60-64</b>			
1 Green, Chip	M64	PBM-50	3:22.00
<b>M65-69</b>			
1 Nixon, John	M69	SPM-14	3:10.00
2 Securo, Joseph	M68	UC14	3:20.37
3 Zinner, James	M68	FACT-14	7:00.00
<b>M70-74</b>			
1 Wrassmann, David	M70	CAM-14	4:57.25
<b>M80-84</b>			
1 Oakes, David	M84	SHARK-14	4:40.00

**Event 3 Mixed 50 LC Meter Freestyle**

18-24W NATL:	25.72	6/19/2021	ALY TETZLOFF
25-29W NATL:	24.83	8/10/2014	MADISON KENNEDY
30-34W NATL:	25.57	8/8/2009	ERIKA ERNDL
35-39W NATL:	25.52	6/29/2013	ERIKA ERNDL
40-44W NATL:	24.25	7/6/2008	DARA TORRES
45-49W NATL:	27.09	8/5/2017	THOMAS\BRAUN
50-54W NATL:	27.13	6/17/2023	ERIKA BRAUN
55-59W NATL:	28.46	8/8/2019	HOLLY GREEN BLAIR
60-64W NATL:	28.84	8/5/2023	HOLLY GREEN
65-69W NATL:	29.10	8/3/2019	PENNY NOYES

Name	Age	Team	Seed Time
<b>W25-29</b>			
1 McGarrigle, Jamie	W25	UC14	30.76
2 Brahm, Hayley	W28	SPM-14	39.00
<b>W35-39</b>			
1 Daly, Whitney	W35	AVSC-14	53.31
<b>W50-54</b>			
1 Groetsch, Anne Marie	W50	CAM-14	35.61
<b>W55-59</b>			
1 LeClair, Dale	W55	PBM-50	33.11
2 Greene, Dana	W55	NCMS-13	40.36
3 Ersan, Emel	W56	TTM-14	47.07

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**Psych Sheet**

**W60-64...(#3 Mixed 50 LC Meter Freestyle)**

1	Wheeler, Joan	W60 MELB-14	33.02
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**W65-69**

1	Courtney, Zena	W65 MELB-14	33.52
2	Moucha, Sue	W66 SHARK-14	1:22.72

**W70-74**

1	Noyes, Penny	W70 ENSW-15	30.73
2	Jacobson, Geraldine	W74 SPM-14	46.82
3	Kiernan, Nancy	W70 SPM-14	50.32
4	Navaroli, Davenia	W72 CAM-14	1:11.42

**W75-79**

1	Carson, June	W76 SHARK-14	37.47
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**W85-89**

1	Tullman, Patricia	W87 FACT-14	53.00
2	Henderson, Martha	W88 FACT-14	1:05.33

**M18-24**

1	McQueen, Joshua	M24 SPM-14	26.50
2	Lastowski, Logan	M23 UC14	29.68
3	Wilson, Cavan	M24 GSC-14	30.00
4	Valdes, Devin	M23 SPM-14	30.50
5	Joseph, Nathaniel	M18 PBM-50	30.57
6	Clems, Elijah	M19 UC14	31.19

**M25-29**

1	Cheung, Howard	M28 SPM-14	33.87
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**M30-34**

1	Ni, Jake	M31 PSM-36	27.69
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**M35-39**

1	Vivo, Jeffrey	M38 PBM-50	25.40
2	Brown, Ryan	M39 UC14	35.00
3	Grosholz, Jeffrey	M36 UC14	40.99

**M40-44**

1	Sintjago, Rinaldo	M42 LG-14	24.89
2	Kloppe, William	M44 SHARK-14	25.40
3	Dionisi, Nicolas	M42 LMSC-14	1:08.71

**M45-49**

1	Bradchulis, Derek	M47 PBM-50	27.69
2	Garland, Barry	M46 PBM-50	31.35
3	Flaming, Steve	M45 UC14	38.96

**M50-54**

1	Sanchez, Art	M53 PBM-50	27.57
2	Keenan, Sean	M50 SPBA-14	32.50

**M55-59**

1	Wise, James	M59 MINN-30	31.00
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**M60-64**

1	Roberts, Keith	M64 CAM-14	40.00
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**M65-69**

1	Zinner, James	M68 FACT-14	1:30.00
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**M70-74**

1	Ehmke, Frederick	M70 UC14	27.12
2	Groselle, Jack	M70 SHARK-14	30.50
3	Baggs, Robert	M73 UC14	40.00
4	McEvoy, Martin	M74 SWHYM-14	45.00

**M75-79**

1	Knauss, Stephen	M75 CAM-14	45.21
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**M80-84**

1	Quiggin, David	M80 PBM-50	32.04
2	Freshley, Mike	M83 LMSC-14	43.61

**Event 4 Mixed 100 LC Meter Breaststroke**

<b>18-24W NATL:</b>	<b>1:10.32</b>	<b>7/30/2011</b>	<b>BREJA LARSON</b>
<b>25-29W NATL:</b>	<b>1:06.07</b>	<b>6/28/2016</b>	<b>KATIE MEILI</b>
<b>30-34W NATL:</b>	<b>1:10.18</b>	<b>6/12/2021</b>	<b>DANIELLE HERRMANN</b>
<b>35-39W NATL:</b>	<b>1:09.77</b>	<b>7/29/2022</b>	<b>DANIELLE HERRMANN</b>
<b>40-44W NATL:</b>	<b>1:12.12</b>	<b>6/30/2008</b>	<b>S VON DER LIPPE</b>
<b>45-49W NATL:</b>	<b>1:08.32</b>	<b>6/16/2024</b>	<b>GABRIELLE ROSE</b>
<b>50-54W NATL:</b>	<b>1:21.34</b>	<b>7/8/2023</b>	<b>ERIKA BRAUN</b>
<b>55-59W NATL:</b>	<b>1:21.21</b>	<b>7/15/2017</b>	<b>CAROLINE KRATTLI</b>
<b>60-64W NATL:</b>	<b>1:27.24</b>	<b>8/18/2016</b>	<b>BETH ESTEL</b>
<b>65-69W NATL:</b>	<b>1:32.13</b>	<b>8/22/2024</b>	<b>COLETTE CRABBE</b>

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
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**W25-29**

1	Walter, Bethany	W27 CAM-14	1:30.00
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**W35-39**

1	Hunter, Christina	W37 TYSM-14	2:00.00
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**W40-44**

1	Maehr, Erin	W42 GTSA-14	1:38.24
2	Gallardo, Katrina	W44 CAM-14	1:50.00
3	Lopez, Anna	W44 CAM-14	1:55.30

**W45-49**

1	Bidwell, Cecilia	W49 AVSC-14	2:10.00
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**W50-54**

1	Eaton, Heather	W51 TYSM-14	1:40.00
2	Groetsch, Anne Marie	W50 CAM-14	1:51.20

**W55-59**

1	Zipf, Mandy	W59 TTM-14	1:46.11
2	Ersan, Emel	W56 TTM-14	2:06.43

**W60-64**

1	Kupan, Cheryl	W60 SPM-14	1:39.81
2	Mage, Natalie	W60 CAM-14	1:52.72

**W70-74**

1	Jacobson, Geraldine	W74 SPM-14	2:24.77
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**M18-24**

1	Joseph, Nathaniel	M18 PBM-50	1:34.66
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**M30-34**

1	Stickle, Christopher	M34 SPM-14	1:23.05
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**M35-39**

1	Brown, Ryan	M39 UC14	1:20.00
2	Grosholz, Jeffrey	M36 UC14	2:45.99

**M40-44**

1	Dionisi, Nicolas	M42 LMSC-14	2:33.00
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**M45-49**

1	Garland, Barry	M46 PBM-50	1:08.04
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**M50-54**

1	Dunson, David	M52 NCMS-13	1:12.65
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**M60-64...(#4 Mixed 100 LC Meter Breaststroke)**

1	Aubrey, Michael	M63	PBM-50	1:21.47
2	Brodie, Richard	M64	AVSC-14	1:32.00
3	Roberts, Keith	M64	CAM-14	1:45.00

**M70-74**

1	Wrassmann, David	M70	CAM-14	2:10.50
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**M80-84**

1	Freshley, Mike	M83	LMSC-14	1:46.02
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**Event 5 Mixed 100 LC Meter Butterfly**

18-24W NATL:	58.21	6/13/2021	ALY TETZLOFF
25-29W NATL:	59.74	8/4/2017	HANNAH SAIZ
30-34W NATL:	58.81	6/7/2008	MARTINA MORAVCOVA
35-39W NATL:	59.52	6/27/2013	ERIKA ERNDL
40-44W NATL:	1:02.47	6/29/2008	S VON DER LIPPE
45-49W NATL:	1:04.96	8/6/2014	WENKE SEIDER
50-54W NATL:	1:07.80	8/13/2011	JILL HERNANDEZ
55-59W NATL:	1:09.47	8/9/2009	LAURA VAL
60-64W NATL:	1:08.24	8/24/2024	ELLEN REYNOLDS
65-69W NATL:	1:13.70	8/18/2016	LAURA VAL

Name	Age	Team	Seed Time
<b>W25-29</b>			
1 Sills, Eleanor	W29	UC14	1:07.69
<b>W50-54</b>			
1 Braun, Erika	W52	NCMS-13	1:08.03
2 Stewart, Ann	W54	SHARK-14	1:24.00
<b>W55-59</b>			
1 Westerman, Karen	W57	SPM-14	1:25.17
<b>W60-64</b>			
1 Wheeler, Joan	W60	MELB-14	1:27.39
<b>W65-69</b>			
1 Neville, Cathy	W67	SDSM-44	1:55.50
2 Lohrbach, Claire	W65	UC14	2:00.00
<b>M18-24</b>			
1 Joseph, Nathaniel	M18	PBM-50	1:18.36
<b>M30-34</b>			
1 Ni, Jake	M31	PSM-36	1:45.00
<b>M35-39</b>			
1 Vivo, Jeffrey	M38	PBM-50	1:01.95
<b>M50-54</b>			
1 Sanchez, Art	M53	PBM-50	1:11.23

**Event 6 Mixed 200 LC Meter Freestyle**

18-24W NATL:	2:03.06	8/17/2003	JESSICA FOSCHI
25-29W NATL:	2:02.06	8/22/2024	TAORMINA\CAMPBELL
30-34W NATL:	1:58.92	8/7/2009	ERIKA ERNDL
35-39W NATL:	2:00.04	6/26/2013	ERIKA ERNDL
40-44W NATL:	2:09.00	5/25/2003	K PIPES-NEILSEN
45-49W NATL:	2:10.09	6/13/2009	K PIPES-NEILSEN
50-54W NATL:	2:13.18	8/8/2013	JILL HERNANDEZ
55-59W NATL:	2:16.28	8/11/2019	VAL\REYNOLDS
60-64W NATL:	2:16.57	8/22/2024	ELLEN REYNOLDS
65-69W NATL:	2:25.29	8/18/2016	LAURA VAL

Name	Age	Team	Seed Time
<b>W25-29</b>			
1 Sills, Eleanor	W29	UC14	2:20.99
<b>W40-44</b>			
1 Lopez, Anna	W44	CAM-14	3:05.72
<b>W55-59</b>			
1 LeClair, Dale	W55	PBM-50	2:45.00
2 Greene, Dana	W55	NCMS-13	3:24.24
<b>W60-64</b>			
1 Wheeler, Joan	W60	MELB-14	2:39.31
<b>W65-69</b>			
1 Moucha, Sue	W66	SHARK-14	6:03.37
<b>W70-74</b>			
1 Noyes, Penny	W70	ENSW-15	2:40.00
2 Jacobson, Geraldine	W74	SPM-14	3:52.50
3 Kiernan, Nancy	W70	SPM-14	3:53.48
<b>W75-79</b>			
1 Carson, June	W76	SHARK-14	3:16.07
<b>W85-89</b>			
1 Tullman, Patricia	W87	FACT-14	4:24.56
<b>M18-24</b>			
1 Clems, Elijah	M19	UC14	2:50.79
<b>M25-29</b>			
1 Cheung, Howard	M28	SPM-14	3:03.51
<b>M30-34</b>			
1 Chambers, Cameron	M34	SPM-14	2:11.53
<b>M50-54</b>			
1 Keenan, Sean	M50	SPBA-14	2:16.92
<b>M55-59</b>			
1 LeClair, David	M57	PBM-50	2:24.18
2 Wise, James	M59	MINN-30	2:26.00
<b>M60-64</b>			
1 Cook, Andy	M60	PALM-55	2:22.00
<b>M65-69</b>			
1 Zinner, James	M68	FACT-14	5:00.00
<b>M70-74</b>			
1 McEvoy, Martin	M74	SWHYM-14	3:40.00
2 Wrassmann, David	M70	CAM-14	4:13.86
<b>M75-79</b>			
1 Knauss, Stephen	M75	CAM-14	3:52.21

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**M80-84...(#6 Mixed 200 LC Meter Freestyle)**

1	Quiggin, David	M80 PBM-50	3:04.34
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**Event 7 Mixed 50 LC Meter Breaststroke**

<b>18-24W NATL:</b>	<b>32.92</b>	<b>8/1/2015</b>	<b>LAUREN GREENBERG</b>
<b>25-29W NATL:</b>	<b>30.82</b>	<b>6/27/2016</b>	<b>KATIE MEILI</b>
<b>30-34W NATL:</b>	<b>31.76</b>	<b>7/17/2021</b>	<b>DANIELLE HERRMANN</b>
<b>35-39W NATL:</b>	<b>31.06</b>	<b>4/28/2022</b>	<b>DANIELLE HERRMANN</b>
<b>40-44W NATL:</b>	<b>32.47</b>	<b>8/19/2016</b>	<b>KATIE GLENN</b>
<b>45-49W NATL:</b>	<b>31.92</b>	<b>4/13/2024</b>	<b>GABRIELLE ROSE</b>
<b>50-54W NATL:</b>	<b>36.47</b>	<b>8/20/2022</b>	<b>ERIKA BRAUN</b>
<b>55-59W NATL:</b>	<b>37.13</b>	<b>7/16/2017</b>	<b>CAROLINE KRATTLI</b>
<b>60-64W NATL:</b>	<b>39.02</b>	<b>8/19/2016</b>	<b>BETH ESTEL</b>
<b>65-69W NATL:</b>	<b>41.07</b>	<b>8/23/2024</b>	<b>KAREN MAREB</b>

	<b>Name</b>	<b>Age Team</b>	<b>Seed Time</b>
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**W25-29**

1	McGarrigle, Jamie	W25 UC14	41.82
2	Brahm, Hayley	W28 SPM-14	49.93

**W35-39**

1	Daly, Whitney	W35 AVSC-14	57.69
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**W40-44**

1	Gallardo, Katrina	W44 CAM-14	45.00
2	Lopez, Anna	W44 CAM-14	46.48

**W45-49**

1	Bidwell, Cecilia	W49 AVSC-14	57.17
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**W50-54**

1	Braun, Erika	W52 NCMS-13	36.47
2	Eaton, Heather	W51 TYSM-14	49.00
3	Groetsch, Anne Marie	W50 CAM-14	50.26

**W55-59**

1	Zipf, Mandy	W59 TTM-14	46.79
2	Ersan, Emel	W56 TTM-14	56.09

**W60-64**

1	Mage, Natalie	W60 CAM-14	53.00
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**W65-69**

1	Cobb, Dianne	W69 CAM-14	56.17
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**W70-74**

1	Jacobson, Geraldine	W74 SPM-14	1:03.50
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**W75-79**

1	Mitchell, Jeannie	W78 PBM-50	1:03.35
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**M18-24**

1	Lastowski, Logan	M23 UC14	36.90
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**M25-29**

1	Cheung, Howard	M28 SPM-14	47.96
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**M35-39**

1	Brown, Ryan	M39 UC14	40.00
2	Grosholz, Jeffrey	M36 UC14	1:00.99

**M40-44**

1	Dionisi, Nicolas	M42 LMSC-14	1:05.79
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**M45-49**

1	Garland, Barry	M46 PBM-50	30.55
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**M50-54**

1	Dunson, David	M52 NCMS-13	31.70
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**M60-64**

1	Aubrey, Michael	M63 PBM-50	34.50
2	Roberts, Keith	M64 CAM-14	48.00
3	Green, Chip	M64 PBM-50	48.99

**M70-74**

1	Groselle, Jack	M70 SHARK-14	39.17
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**M80-84**

1	Freshley, Mike	M83 LMSC-14	42.84
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**Event 8 Mixed 200 LC Meter IM**

<b>18-24W NATL:</b>	<b>2:16.06</b>	<b>7/1/2008</b>	<b>LAURA DAVIS</b>
<b>25-29W NATL:</b>	<b>2:14.03</b>	<b>6/29/2013</b>	<b>JUSTINE MUELLER</b>
<b>30-34W NATL:</b>	<b>2:13.72</b>	<b>8/8/2009</b>	<b>ERIKA ERNDL</b>
<b>35-39W NATL:</b>	<b>2:21.09</b>	<b>8/6/2022</b>	<b>DANIELLE HERRMANN</b>
<b>40-44W NATL:</b>	<b>2:25.03</b>	<b>8/5/2007</b>	<b>S VON DER LIPPE</b>
<b>45-49W NATL:</b>	<b>2:20.41</b>	<b>7/9/2023</b>	<b>GABRIELLE ROSE</b>
<b>50-54W NATL:</b>	<b>2:31.02</b>	<b>8/7/2016</b>	<b>ELLEN REYNOLDS</b>
<b>55-59W NATL:</b>	<b>2:31.51</b>	<b>7/6/2019</b>	<b>ELLEN REYNOLDS</b>
<b>60-64W NATL:</b>	<b>2:32.30</b>	<b>7/27/2024</b>	<b>ELLEN REYNOLDS</b>
<b>65-69W NATL:</b>	<b>2:51.52</b>	<b>8/4/2019</b>	<b>PENNY NOYES</b>

	<b>Name</b>	<b>Age Team</b>	<b>Seed Time</b>
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**W25-29**

1	Sills, Eleanor	W29 UC14	2:50.99
2	Brahm, Hayley	W28 SPM-14	3:33.01

**W45-49**

1	Fallucco, Elise	W45 BSS-14	3:04.17
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**W60-64**

1	Kupan, Cheryl	W60 SPM-14	3:09.41
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**W65-69**

1	Courtney, Zena	W65 MELB-14	3:08.11
2	Lohrbach, Claire	W65 UC14	4:47.89

**W70-74**

1	Noyes, Penny	W70 ENSW-15	3:08.52
2	Navaroli, Davenia	W72 CAM-14	7:45.42

**M18-24**

1	Wilson, Cavan	M24 GSC-14	2:43.05
2	Joseph, Nathaniel	M18 PBM-50	2:51.86

**M25-29**

1	Cheung, Howard	M28 SPM-14	3:55.00
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**M30-34**

1	Chambers, Cameron	M34 SPM-14	2:26.82
2	Stickle, Christopher	M34 SPM-14	2:27.98

**M35-39**

1	Owen, Cameron	M35 FSAM-16	2:15.79
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**M40-44**

1	Kloppe, William	M44 SHARK-14	2:25.17
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**M50-54**

1	Keenan, Sean	M50 SPBA-14	2:42.75
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**M55-59**

1	LeClair, David	M57 PBM-50	2:50.99
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**M65-69**

1	Matysek, Jim	M65 SHARK-14	3:02.07
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**Dog Days of Summer LCM Masters Swim Meet - 9/7/2024**  
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**Psych Sheet**

**Event 9 Mixed 100 LC Meter Freestyle**

18-24W NATL:	56.08	6/17/2021	ALY TETZLOFF
25-29W NATL:	54.72	8/6/2014	MADISON KENNEDY
30-34W NATL:	54.59	8/5/2009	ERIKA ERNDL
35-39W NATL:	55.17	6/25/2013	ERIKA ERNDL
40-44W NATL:	53.78	7/4/2008	DARA TORRES
45-49W NATL:	57.40	8/8/2015	MELANIE THOMAS
50-54W NATL:	1:00.40	8/6/2023	ERIKA BRAUN
55-59W NATL:	1:02.02	8/13/2007	VAL\VAL
60-64W NATL:	1:03.70	8/25/2024	ELLEN REYNOLDS
65-69W NATL:	1:04.89	7/30/2018	LAURA VAL

Name	Age	Team	Seed Time
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**W25-29...(#9 Mixed 100 LC Meter Freestyle)**

1	Walter, Bethany	W27	CAM-14	1:15.00
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**W35-39**

1	Hunter, Christina	W37	TYSM-14	1:50.00
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**W45-49**

1	Bidwell, Cecilia	W49	AVSC-14	1:30.82
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**W50-54**

1	Groetsch, Anne Marie	W50	CAM-14	1:26.09
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**W55-59**

1	LeClair, Dale	W55	PBM-50	1:13.00
2	Westerman, Karen	W57	SPM-14	1:16.45
3	Zipf, Mandy	W59	TTM-14	1:16.45
4	Greene, Dana	W55	NCMS-13	1:33.35
5	Ersan, Emel	W56	TTM-14	1:50.30

**W60-64**

1	Wheeler, Joan	W60	MELB-14	1:13.09
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**W65-69**

1	Courtney, Zena	W65	MELB-14	1:13.63
2	Cobb, Dianne	W69	CAM-14	1:35.07
3	Moucha, Sue	W66	SHARK-14	3:04.23

**W70-74**

1	Jacobson, Geraldine	W74	SPM-14	1:48.35
2	Kiernan, Nancy	W70	SPM-14	1:49.56

**W75-79**

1	Carson, June	W76	SHARK-14	1:30.50
2	Mitchell, Jeannie	W78	PBM-50	1:55.13

**W85-89**

1	Henderson, Martha	W88	FACT-14	2:34.52
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**M18-24**

1	Wilson, Cavan	M24	GSC-14	1:04.84
2	Joseph, Nathaniel	M18	PBM-50	1:06.25
3	Clems, Elijah	M19	UC14	1:08.41
4	Valdes, Devin	M23	SPM-14	1:10.50

**M25-29**

1	Cheung, Howard	M28	SPM-14	1:21.86
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**M30-34**

1	Lumkong, Nicholas	M33	GTSA-14	59.99
2	Ni, Jake	M31	PSM-36	1:25.00

**M35-39**

1	Vivo, Jeffrey	M38	PBM-50	57.90
2	Brown, Ryan	M39	UC14	1:05.00

3	Grosholz, Jeffrey	M36	UC14	2:35.99
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**M40-44**

1	Sintjago, Rinaldo	M42	LG-14	54.85
2	Dionisi, Nicolas	M42	LMSC-14	2:46.81

**M45-49**

1	Bradchulis, Derek	M47	PBM-50	1:03.56
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**M50-54**

1	Sanchez, Art	M53	PBM-50	1:01.85
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**M60-64**

1	Cook, Andy	M60	PALM-55	1:04.00
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**M70-74**

1	McEvoy, Martin	M74	SWHYM-14	1:40.00
2	Wrassmann, David	M70	CAM-14	1:46.35

**M75-79**

1	Knauss, Stephen	M75	CAM-14	1:50.09
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**M80-84**

1	Quiggin, David	M80	PBM-50	1:12.88
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**Event 10 Mixed 200 LC Meter Breaststroke**

18-24W NATL:	2:35.23	4/22/2023	CAROLINE THEIL
25-29W NATL:	2:29.90	6/26/2013	JUSTINE MUELLER
30-34W NATL:	2:38.90	7/23/2017	MARISSA CLAPP
35-39W NATL:	2:39.78	8/10/2013	KATIE GLENN
40-44W NATL:	2:38.44	8/9/2006	S VON DER LIPPE
45-49W NATL:	2:30.13	6/19/2024	GABRIELLE ROSE
50-54W NATL:	2:54.00	8/6/2016	ELLEN REYNOLDS
55-59W NATL:	2:59.27	5/19/2019	ELLEN REYNOLDS
60-64W NATL:	3:00.11	3/2/2024	ELLEN REYNOLDS
65-69W NATL:	3:18.57	8/24/2024	KAREN MAREB

Name	Age	Team	Seed Time
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**W25-29**

1	Sills, Eleanor	W29	UC14	3:20.99
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**W35-39**

1	Daly, Whitney	W35	AVSC-14	4:20.00
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**W45-49**

1	Fallucco, Elise	W45	BSS-14	3:12.21
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**W55-59**

1	Ersan, Emel	W56	TTM-14	4:27.64
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**M45-49**

1	Garland, Barry	M46	PBM-50	2:38.26
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**M55-59**

1	LeClair, David	M57	PBM-50	3:15.77
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**M60-64**

1	Aubrey, Michael	M63	PBM-50	3:08.43
2	Roberts, Keith	M64	CAM-14	3:55.00

**M70-74**

1	Wrassmann, David	M70	CAM-14	5:04.52
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**M80-84**

1	Freshley, Mike	M83	LMSC-14	3:34.08
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**Psych Sheet**

**Event 11 Mixed 50 LC Meter Backstroke**

18-24W NATL:	30.77	7/9/2022	ADELYN DIAZ
25-29W NATL:	28.39	8/2/2018	EMI MORONUKI
30-34W NATL:	28.57	7/8/2012	NORIKO INADA
35-39W NATL:	28.63	8/18/2016	NORIKO INADA
40-44W NATL:	29.62	8/2/2018	NORIKO INADA
45-49W NATL:	31.32	7/26/2024	JENNIFER MIHALIK
50-54W NATL:	32.30	8/6/2022	ERIKA BRAUN
55-59W NATL:	31.99	8/2/2018	HOLLY GREEN BLAIR
60-64W NATL:	32.68	7/7/2024	ELLEN REYNOLDS
65-69W NATL:	33.59	8/2/2018	LAURA VAL

Name	Age	Team	Seed Time
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**W25-29...(#11 Mixed 50 LC Meter Backstroke)**

1	McGarrigle, Jamie	W25 UC14	36.81
2	Brahm, Hayley	W28 SPM-14	43.98

**W35-39**

1	Hunter, Christina	W37 TYSM-14	1:00.00
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**W40-44**

1	Gallardo, Katrina	W44 CAM-14	45.00
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**W50-54**

1	Braun, Erika	W52 NCMS-13	32.30
2	Groetsch, Anne Marie	W50 CAM-14	46.57

**W55-59**

1	Zipf, Mandy	W59 TTM-14	43.90
2	Ersan, Emel	W56 TTM-14	1:05.21

**W60-64**

1	Mage, Natalie	W60 CAM-14	52.88
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**W65-69**

1	Moucha, Sue	W66 SHARK-14	1:25.68
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**W70-74**

1	Kiernan, Nancy	W70 SPM-14	57.95
2	Navaroli, Davenia	W72 CAM-14	1:33.59

**W75-79**

1	Mitchell, Jeannie	W78 PBM-50	54.74
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**W85-89**

1	Tullman, Patricia	W87 FACT-14	1:00.05
2	Henderson, Martha	W88 FACT-14	1:21.59

**W90-94**

1	Campbell, Joan	W94 FACT-14	1:19.23
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**M35-39**

1	Brown, Ryan	M39 UC14	45.00
2	Grosholz, Jeffrey	M36 UC14	1:10.99

**M40-44**

1	Dionisi, Nicolas	M42 LMSC-14	1:30.00
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**M45-49**

1	Bradchulis, Derek	M47 PBM-50	33.98
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**M65-69**

1	Nixon, John	M69 SPM-14	38.55
2	Securo, Joseph	M68 UC14	42.60
3	Zinner, James	M68 FACT-14	1:30.00

**M70-74**

1	Baggs, Robert	M73 UC14	50.00
2	Thede, Michael	M72 SHARK-14	1:03.00

**M80-84**

1	Oakes, David	M84 SHARK-14	48.00
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**Event 12 Mixed 50 LC Meter Butterfly**

18-24W NATL:	27.83	8/4/2022	ALICIA CARDIE
25-29W NATL:	26.78	8/4/2022	AI SOMA
30-34W NATL:	27.48	6/7/2008	MARTINA MORAVCOVA
35-39W NATL:	27.46	8/5/2014	NORIKO INADA
40-44W NATL:	28.36	6/8/2013	ERIKA BRAUN
45-49W NATL:	28.40	8/5/2017	ERIKA BRAUN
50-54W NATL:	29.47	8/4/2022	ERIKA BRAUN
55-59W NATL:	30.52	7/10/2016	LESLIE LIVINGSTON
60-64W NATL:	29.90	8/4/2023	HOLLY GREEN
65-69W NATL:	32.36	8/7/2023	TRACI GRANGER

Name	Age	Team	Seed Time
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**W25-29**

1	Sills, Eleanor	W29 UC14	30.22
2	McGarrigle, Jamie	W25 UC14	33.07
3	Brahm, Hayley	W28 SPM-14	42.93

**W35-39**

1	Hunter, Christina	W37 TYSM-14	1:00.00
2	Daly, Whitney	W35 AVSC-14	1:20.00

**W45-49**

1	Bidwell, Cecilia	W49 AVSC-14	47.04
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**W50-54**

1	Eaton, Heather	W51 TYSM-14	45.00
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**W55-59**

1	LeClair, Dale	W55 PBM-50	38.00
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**W60-64**

1	Wheeler, Joan	W60 MELB-14	35.90
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**W65-69**

1	Courtney, Zena	W65 MELB-14	38.77
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**W70-74**

1	Noyes, Penny	W70 ENSW-15	34.43
2	Kiernan, Nancy	W70 SPM-14	1:01.13

**W85-89**

1	Tullman, Patricia	W87 FACT-14	1:10.54
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**M18-24**

1	Valdes, Devin	M23 SPM-14	34.50
2	Clems, Elijah	M19 UC14	36.96

**M25-29**

1	Cheung, Howard	M28 SPM-14	42.75
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**M30-34**

1	Ni, Jake	M31 PSM-36	35.00
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**M35-39**

1	Owen, Cameron	M35 FSAM-16	25.26
2	Vivo, Jeffrey	M38 PBM-50	26.75
3	Brown, Ryan	M39 UC14	40.00

**M45-49**

1	Garland, Barry	M46 PBM-50	29.72
2	Bradchulis, Derek	M47 PBM-50	31.85

**M50-54**

1	Dunson, David	M52 NCMS-13	29.00
2	Sanchez, Art	M53 PBM-50	29.43

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**Psych Sheet**

**M50-54...(#12 Mixed 50 LC Meter Butterfly)**

3	Keenan, Sean	M50 SPBA-14	35.50
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**M60-64**

1	Aubrey, Michael	M63 PBM-50	31.03
2	Brodie, Richard	M64 AVSC-14	40.00

**M70-74**

1	Groselle, Jack	M70 SHARK-14	33.50
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**M80-84**

1	Freshley, Mike	M83 LMSC-14	50.00
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**Event 13 Mixed 100 LC Meter Backstroke**

18-24W NATL:	1:04.67	7/20/2012	JENNY VON JOUANNE
25-29W NATL:	1:01.60	7/31/2018	EMI MORONUKI
30-34W NATL:	1:01.78	8/6/2011	NORIKO INADA
35-39W NATL:	1:01.75	8/19/2017	NORIKO INADA
40-44W NATL:	1:04.70	7/31/2018	NORIKO INADA
45-49W NATL:	1:07.45	5/19/2024	JENNIFER MIHALIK
50-54W NATL:	1:09.28	8/8/2014	ELLEN REYNOLDS
55-59W NATL:	1:09.69	8/11/2019	HOLLY GREEN BLAIR
60-64W NATL:	1:10.22	2/28/2024	ELLEN REYNOLDS
65-69W NATL:	1:14.49	7/31/2018	LAURA VAL

Name	Age	Team	Seed Time
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**W25-29**

1	Walter, Bethany	W27 CAM-14	1:15.00
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**W40-44**

1	Lopez, Anna	W44 CAM-14	1:40.91
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**W45-49**

1	Fallucco, Elise	W45 BSS-14	1:25.31
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**W50-54**

1	Stewart, Ann	W54 SHARK-14	1:17.00
2	Groetsch, Anne Marie	W50 CAM-14	1:40.34

**W55-59**

1	Westerman, Karen	W57 SPM-14	1:24.19
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**W60-64**

1	Kupan, Cheryl	W60 SPM-14	1:31.75
2	Mage, Natalie	W60 CAM-14	1:53.00

**W65-69**

1	Lohrbach, Claire	W65 UC14	1:57.49
2	Cobb, Dianne	W69 CAM-14	2:02.06

**W75-79**

1	Mitchell, Jeannie	W78 PBM-50	1:59.48
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**W90-94**

1	Campbell, Joan	W94 FACT-14	3:07.67
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**M30-34**

1	Stickle, Christopher	M34 SPM-14	1:08.16
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**M40-44**

1	Dionisi, Nicolas	M42 LMSC-14	3:00.00
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**M60-64**

1	Roberts, Keith	M64 CAM-14	2:10.00
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**M65-69**

1	Nixon, John	M69 SPM-14	1:25.55
2	Securo, Joseph	M68 UC14	1:28.47
3	Zinner, James	M68 FACT-14	4:00.00

**M70-74**

1	Thede, Michael	M72 SHARK-14	2:30.00
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**M80-84**

1	Oakes, David	M84 SHARK-14	2:00.00
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**Event 14 Mixed 200 LC Meter Butterfly**

18-24W NATL:	2:12.75	7/2/2008	LAURA DAVIS
25-29W NATL:	2:10.83	6/27/2017	HANNAH SAIZ
30-34W NATL:	2:15.65	6/25/2013	KIM VANDENBERG
35-39W NATL:	2:20.21	8/10/1997	K PIPES-NEILSEN
40-44W NATL:	2:24.77	8/17/2003	K PIPES-NEILSEN
45-49W NATL:	2:24.34	6/20/2009	K PIPES-NEILSEN
50-54W NATL:	2:31.55	8/18/2001	LAURA VAL
55-59W NATL:	2:41.51	7/8/2007	LAURA VAL
60-64W NATL:	2:41.03	8/6/2011	LAURA VAL
65-69W NATL:	2:57.26	7/20/2019	PENNY NOYES

Name	Age	Team	Seed Time
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**W65-69**

1	Neville, Cathy	W67 SDSM-44	4:10.00
2	Lohrbach, Claire	W65 UC14	5:46.57

**W70-74**

1	Noyes, Penny	W70 ENSW-15	3:12.76
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**Event 15 Mixed 400 LC Meter Freestyle**

18-24W NATL:	4:16.72	7/5/2003	JULIA STOWERS
25-29W NATL:	4:13.03	12/2/1995	SHEILA TAORMINA
30-34W NATL:	4:17.52	8/3/2010	DAWN HECKMAN
35-39W NATL:	4:16.19	6/1/2012	DAWN HECKMAN
40-44W NATL:	4:22.87	8/13/2011	JANET EVANS
45-49W NATL:	4:30.64	4/14/2023	HEIDI GEORGE
50-54W NATL:	4:40.66	8/11/2013	JILL HERNANDEZ
55-59W NATL:	4:46.49	8/10/2019	ELLEN REYNOLDS
60-64W NATL:	4:48.61	8/25/2024	ELLEN REYNOLDS
65-69W NATL:	5:12.80	8/10/2019	LAURA VAL

Name	Age	Team	Seed Time
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**W25-29**

1	McGarrigle, Jamie	W25 UC14	6:30.00
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**W40-44**

1	Gallardo, Katrina	W44 CAM-14	8:00.00
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**W45-49**

1	Bidwell, Cecilia	W49 AVSC-14	7:15.75
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**W55-59**

1	LeClair, Dale	W55 PBM-50	6:00.00
2	Greene, Dana	W55 NCMS-13	7:03.64

**W60-64**

1	Winslow, Anastasia	W61 CMS-32	5:29.14
2	Mage, Natalie	W60 CAM-14	9:00.00

**W65-69**

1	Neville, Cathy	W67 SDSM-44	6:30.00
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**W70-74**

1	Noyes, Penny	W70 ENSW-15	7:00.00
2	Kiernan, Nancy	W70 SPM-14	7:57.45
3	Navaroli, Davenia	W72 CAM-14	11:47.01

**W75-79**

1	Carson, June	W76 SHARK-14	7:05.00
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**Psych Sheet**

**W85-89...(#15 Mixed 400 LC Meter Freestyle)**

1 Tullman, Patricia W87 FACT-14 11:09.08

**M18-24**

1 Wilson, Cavan M24 GSC-14 4:49.89

**M30-34**

1 Chambers, Cameron M34 SPM-14 4:37.88

**M35-39**

1 Vivo, Jeffrey M38 PBM-50 6:00.00

**M40-44**

1 Kloppe, William M44 SHARK-14 4:39.22

**M55-59**

1 LeClair, David M57 PBM-50 5:23.98

**M60-64**

1 Cook, Andy M60 PALM-55 5:15.00

2 Roberts, Keith M64 CAM-14 7:10.00

**M70-74**

1 Wrassmann, David M70 CAM-14 9:44.48

**M75-79**

1 Knauss, Stephen M75 CAM-14 8:00.00

**M80-84**

1 Quiggin, David M80 PBM-50 6:00.00

**Event 16 Mixed 400 LC Meter IM**

18-24W NATL:	5:04.81	8/7/2022	ALICIA CARDIE
25-29W NATL:	5:06.34	7/30/1989	SARA SHAND
30-34W NATL:	4:47.06	6/29/2008	ERIKA ERNDL
35-39W NATL:	5:02.67	8/15/1998	K PIPES-NEILSEN
40-44W NATL:	5:09.83	8/1/2004	K PIPES-NEILSEN
45-49W NATL:	5:13.85	9/5/2008	K PIPES-NEILSEN
50-54W NATL:	5:20.68	8/5/2014	ELLEN REYNOLDS
55-59W NATL:	5:21.35	5/17/2019	ELLEN REYNOLDS
60-64W NATL:	5:30.07	3/3/2024	ELLEN REYNOLDS
65-69W NATL:	6:14.58	7/19/2019	PENNY NOYES

Name	Age	Team	Seed Time
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**W60-64**

1 Kupan, Cheryl W60 SPM-14 6:47.80

**W65-69**

1 Courtney, Zena W65 MELB-14 7:00.71

2 Neville, Cathy W67 SDSM-44 8:10.00

3 Lohrbach, Claire W65 UC14 10:24.47

**M35-39**

1 Owen, Cameron M35 FSAM-16 4:54.20

**M45-49**

1 Garland, Barry M46 PBM-50 6:01.20

**M65-69**

1 Matysek, Jim M65 SHARK-14 6:43.81

2 Nixon, John M69 SPM-14 7:00.00

**M80-84**

1 Freshley, Mike M83 LMSC-14 7:52.03