

Florida Senior Games - State Championship - 12/7/2024

Recognized by the Florida LMSC, Sanction #: 144-R006

Psych Sheet

#1 Women 100 Yard Butterfly

50+ FLASR:	1:09.16	2017	Karen Westerman
55+ FLASR:	1:07.19	2011	Patricia Sargeant
60+ FLASR:	1:17.63	2016	Kathy Lewis
65+ FLASR:	1:28.44	2022	Debra Fisk
70+ FLASR:	1:37.82	2022	Linda Fulton
75+ FLASR:	1:51.06	2006	Sylvia Eisele
80+ FLASR:	2:06.97	2018	Patricia Tullman
85+ FLASR:	2:38.97	2007	June Reynolds
Name	Age	Team	Seed Time

55-59	1 Misiak, Sarah	59 UNAT	1:48.00
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60-64	1 Compton, Ivette	64 UNAT	2:00.39
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65-69	1 Nevid, Nancy	69 UNAT	1:23.00
	2 Fisk, Debbie	67 UNAT	1:33.66
	3 Lohrbach, Claire	65 UNAT	2:00.00

70-74	1 van Eyck, Megan	70 UNAT	2:10.00
	2 Dennis, Martha	72 UNAT	2:15.25

75-79	1 Paukert, Judy	76 UNAT	2:05.55
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#2 Men 100 Yard Butterfly

50+ FLASR:	56.24	2015	Eric Wendorf
55+ FLASR:	59.78	2009	Thomas Bliss
60+ FLASR:	1:02.00	2017	Kern Davis
65+ FLASR:	1:00.44	2018	Rudy Vazmina
70+ FLASR:	1:12.72	2020	Rudy Vazmina
75+ FLASR:	1:33.51	2010	Herbert Alvarado
80+ FLASR:	1:46.02	2021	Robert Pendergras
85+ FLASR:	2:11.08	2020	Jerry Marchbanks
Name	Age	Team	Seed Time

50-54	1 McKenna, Joel	54 UNAT	1:07.49
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55-59	1 Haviland, Dewey	58 UNAT	1:08.00
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60-64	1 Becker, Steven	62 UNAT	1:10.00
	2 Sierra, Miguel	60 UNAT	1:28.50

65-69	1 Cue, Juan	65 UNAT	1:03.00
	2 Charrette, Dale	67 UNAT	1:14.00
	3 Swiger, Ralph	68 UNAT	2:10.00

70-74	1 Mendel, Stephen	71 UNAT	1:47.61
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75-79	1 Ibrahim, Nady	75 UNAT	2:10.00
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#3 Women 200 Yard Freestyle

50+ FLASR:	2:09.50	2021	Paula Texel
55+ FLASR:	2:09.99	2021	Amy Alexander
60+ FLASR:	2:11.26	2021	Kelly Palace
65+ FLASR:	2:37.94	2019	Joan Craffey
70+ FLASR:	2:31.21	2020	Fran Hare
75+ FLASR:	3:04.24	2014	Patricia Bond
80+ FLASR:	3:29.41	2011	Mary Tusa
85+ FLASR:	3:51.78	2015	Jean Troy
90+ FLASR:	4:02.40	2017	Jean Troy
95+ FLASR:	10:56.64	2021	Shirley Chase
Name	Age	Team	Seed Time

50-54	1 Luetmer, Stacey	53 UNAT	2:38.69
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55-59	1 Bekoff, Michelle	59 UNAT	2:35.00
	2 Brookes, Brita	57 UNAT	2:35.30
	3 Januszewski, Cindy	58 UNAT	3:03.46
	4 Maxwell, Nicole	55 UNAT	3:16.64

60-64	1 Guilfoyle, Kimberly	60 UNAT	2:33.00
	2 Vaillancourt, Vicki	62 UNAT	3:06.42
	3 Myszewski, Charlene	62 UNAT	3:09.94
	4 Christensen, Rebecca	63 UNAT	3:17.23

65-69	1 Taylor, Karen	69 UNAT	2:52.00
	2 Cipriano, Deborah	67 UNAT	2:56.17
	3 Prezzano, Maryann	69 UNAT	2:59.00
	4 Ingold, Barbara Seib	65 UNAT	3:28.06
	5 Henderson, Robin	65 UNAT	3:30.32
	6 Grossman, Gail	69 UNAT	3:31.29
	7 Urbach, Susan	68 UNAT	3:34.52
	8 Kirby, Paulette	65 UNAT	3:45.40
	9 Moucha, Susan	66 UNAT	5:15.38

70-74	1 Fulton, Linda	72 UNAT	2:45.00
	2 Medendorp, Marjorie	71 UNAT	2:59.73
	3 Jacobson, Geraldine	74 UNAT	3:58.26
	4 Lacavera, Debbie	73 UNAT	4:38.00

75-79	1 Panker, Karen	79 UNAT	3:21.52
	2 Johnson, Lois	76 UNAT	3:34.71
	3 Hansen, Lorrie	76 UNAT	3:59.66
	4 Fabianke, Rosalyn	75 UNAT	NT
	5 Ferber, Jane	79 UNAT	NT

80-84	1 Hackett, Jeanne	81 UNAT	3:26.08
	2 Foley, Carolyn	81 UNAT	4:15.61

85-89	1 Henderson, Martha	88 FACT	4:52.27
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90-94	1 Campbell, Joan	94 FACT	5:05.74
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#4 Men 200 Yard Freestyle

50+ FLASR:	2:00.58	2008	Thomas Bliss
55+ FLASR:	1:59.60	2023	Dewey Haviland
60+ FLASR:	2:05.29	2017	Kern Davis
65+ FLASR:	2:08.70	2014	J Nathan Leech
70+ FLASR:	2:13.59	2015	Keefe Ludwig
75+ FLASR:	2:20.32	2019	David Quiggin
80+ FLASR:	3:04.54	2019	Cav Cavanaugh
85+ FLASR:	3:22.58	2021	Cav Cavanaugh
90+ FLASR:	4:37.18	2018	John Cornell
Name	Age	Team	Seed Time

55-59	1 Haviland, Dewey	58 UNAT	2:00.00
	2 Romena, Robert	58 UNAT	3:40.00

60-64	1 Drongosky, Michael	64 UNAT	2:28.90
	2 Clagherty, James	64 UNAT	2:39.06
	3 Toothman, Wayne	61 UNAT	2:42.55

65-69	1 Bailey, Bret	65 UNAT	2:23.56
	2 Simons, Robert	67 UNAT	2:25.00
	3 Charrette, Dale	67 UNAT	2:35.00
	4 Rubel, Jon	68 UNAT	2:38.00
	5 Powers-Young, John	68 UNAT	3:01.26
	6 Metcalf, Don	69 UNAT	3:12.64
	7 Zinner, James	68 UNAT	3:55.00

70-74	1 McMillen, Scott	71 UNAT	2:20.00
	2 Waybright, Jimmy	74 UNAT	2:51.41
	3 McEvoy, Martin	74 UNAT	3:08.00
	4 Mathews, Scott	74 UNAT	3:15.39
	5 Whaley, Richard	72 UNAT	3:30.00

75-79	1 Helm, Wayne	75 UNAT	2:59.66
	2 Larson, David	78 UNAT	3:06.08
	3 Lacavera, Gerry	77 UNAT	3:15.00
	4 Welsh, Wayne	79 UNAT	3:38.00
	5 Pepito, Tesalonico	76 UNAT	3:43.26
	6 Chojnowski, Gerald	75 UNAT	3:45.00

80-84	1 Schenk, Martin	82 UNAT	3:18.64
	2 Davey, Michael	80 UNAT	3:45.00
	3 Disterdick, John	82 UNAT	3:53.00
	4 Cannan, Patrick	84 UNAT	4:10.00
	5 Ferinden, James	82 UNAT	4:21.00
	6 Wood, Fred	84 UNAT	4:30.00

85-89	1 Dively, Michael	86 UNAT	3:52.56
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Psych Sheet

#5 Women 50 Yard Breaststroke

50+ FLASR:	36.99	2016	Cheryl Kupan
55+ FLASR:	36.42	2006	Deb Walker
60+ FLASR:	37.85	2016	Kathy Lewis
65+ FLASR:	42.44	2020	Kathy Manger
70+ FLASR:	41.62	2018	Julianna Holbrook
75+ FLASR:	48.38	2018	Jeanne Hackett
80+ FLASR:	51.80	2023	Jeanne Hackett
85+ FLASR:	57.40	2014	Sylvia Eisele
90+ FLASR:	1:07.20	2014	Marjorie Stone

Name	Age	Team	Seed Time
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#50-54...(#5 Women 50 Yard Breaststroke)

1 Valeri, Gina	50 UNAT	41.34
2 Joggerst, Elaine	53 UNAT	41.63
3 Luetmer, Stacey	53 UNAT	44.48

55-59

1 Cox, Susan	58 UNAT	40.00
2 Bekoff, Michelle	59 UNAT	41.50
3 Misiak, Sarah	59 UNAT	42.00

60-64

1 Johnson, Ruth	63 UNAT	42.33
2 Helsing, Jane	62 UNAT	44.13
3 Vaillancourt, Vicki	62 UNAT	47.56

65-69

1 Taylor, Karen	69 UNAT	45.01
2 Blair, Debora	66 UNAT	45.36
3 Conwell, Lisa	65 UNAT	50.72
4 Henderson, Robin	65 UNAT	52.39
5 Prezzano, Maryann	69 UNAT	52.59
6 Messer, Nita	66 UNAT	57.64

70-74

1 Medendorp, Marjorie	71 UNAT	49.25
2 van Eyck, Megan	70 UNAT	50.00
3 Uible, Barbara	73 UNAT	52.79
4 Jacobson, Geraldine	74 UNAT	1:09.68
5 Lacavera, Debbie	73 UNAT	1:16.00

75-79

1 Hirt, Patrice	75 UNAT	46.40
2 Fabb, Geraldine	79 UNAT	58.69
3 McKenney, Marilyn	77 UNAT	1:03.26
4 Ferry, Susan	76 UNAT	1:04.20
5 Cohen, Janice	75 UNAT	1:22.75

80-84

1 Hackett, Jeanne	81 UNAT	51.45
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#6 Men 50 Yard Breaststroke

50+ FLASR:	30.17	2001	George Schmidt
55+ FLASR:	29.16	2019	Michael Aubrey
60+ FLASR:	29.29	2023	Michael Aubrey
65+ FLASR:	32.63	2023	Michael Smith
70+ FLASR:	35.16	2022	Rudy Vazmina
75+ FLASR:	38.94	2014	Karl Wiedamann
80+ FLASR:	38.63	2021	Mike Freshley
85+ FLASR:	46.62	2020	Jerry Marchbanks
90+ FLASR:	1:09.46	2021	Gordon Ralph

Name	Age	Team	Seed Time
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55-59			
1 Lach, David	59 UNAT	35.00	
2 Romena, Robert	58 UNAT	1:00.00	

60-64

1 Aubrey, Michael	63 UNAT	29.50
2 Miller, David	64 UNAT	40.08
3 Darken, Kevin	64 UNAT	44.33

65-69

1 Simons, Robert	67 UNAT	39.00
2 Powers-Young, John	68 UNAT	43.03
3 Willems, John	66 UNAT	47.54

70-74

1 Campbell, Charles	70 UNAT	39.11
2 Beuttenmuller, David	74 UNAT	45.00
3 Jewell, Robert	71 UNAT	58.84

75-79

1 Wickman, Robin	79 UNAT	42.00
2 Welsh, Wayne	79 UNAT	45.00
3 Witaszek, Jeremy	77 UNAT	45.00
4 Zarzecki, Stephen	78 UNAT	46.83
5 Chojnowski, Gerald	75 UNAT	55.00

80-84

1 Freshley, Mike	83 UNAT	45.00
2 Schenk, Martin	82 UNAT	47.57
3 Delauzon, Joseph	82 UNAT	59.00
4 Davey, Michael	80 UNAT	1:00.00
5 Wood, Fred	84 UNAT	1:01.00
6 Disterdick, John	82 UNAT	1:13.00

#7 Women 100 Yard Backstroke

50+ FLASR:	1:06.05	2023	ann Stewart
55+ FLASR:	1:11.14	2018	Patty Fennell
60+ FLASR:	1:14.74	2021	Debbie Cavanaugh
65+ FLASR:	1:17.63	2018	Linda Fulton
70+ FLASR:	1:20.02	2020	Diann Uustal
75+ FLASR:	1:37.69	2013	Patricia Bond
80+ FLASR:	1:48.45	2004	Bunny Cederlund
85+ FLASR:	1:46.86	2014	Betty Lorenzi
90+ FLASR:	1:54.60	2017	Betty Lorenzi

Name	Age	Team	Seed Time
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50-54

1 Stewart, Ann	54 UNAT	1:06.00
2 Joggerst, Elaine	53 UNAT	1:21.04

55-59

1 Buchman, Suzanne	56 UNAT	1:12.37
2 Maxwell, Nicole	55 UNAT	1:41.99

60-64

1 Compton, Ivette	64 UNAT	2:16.00
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65-69

1 Fisk, Debbie	67 UNAT	1:29.67
2 Prezzano, Maryann	69 UNAT	1:41.00
3 Urbach, Susan	68 UNAT	1:42.32
4 Ingold, Barbara Seib	65 UNAT	1:46.45
5 Grossman, Gail	69 UNAT	2:08.74
6 Kirby, Paulette	65 UNAT	2:30.01
7 Moucha, Susan	66 UNAT	2:36.87

70-74

1 Fulton, Linda	72 UNAT	1:22.00
2 van Eyck, Megan	70 UNAT	2:10.00

75-79

1 Johnson, Lois	76 UNAT	1:59.01
2 Fabb, Geraldine	79 UNAT	2:05.15

3 Cohen, Janice	75 UNAT	2:48.34
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#8 Men 100 Yard Backstroke

50+ FLASR:	1:00.91	2021	Christopher Beach
55+ FLASR:	1:02.56	2017	David Zimmerman
60+ FLASR:	1:05.82	2023	Albert Di Prizito
65+ FLASR:	1:08.10	2018	Robert Heacock
70+ FLASR:	1:13.67	2023	Scott McMillen
75+ FLASR:	1:18.85	2019	David Quiggin
80+ FLASR:	1:27.86	2004	Paul Hutinger
85+ FLASR:	1:36.97	2019	Skip Monsein
90+ FLASR:	2:09.39	2021	Gordon Ralph

Name	Age	Team	Seed Time
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50-54

1 McKenna, Joel	54 UNAT	1:12.40
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55-59

1 Krieger, Dima	58 UNAT	1:07.00
2 Clear, Kirk	57 UNAT	1:08.00

60-64

1 Sierra, Miguel	60 UNAT	1:30.15
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65-69

1 Metcalf, Don	69 UNAT	1:53.55
2 Zinner, James	68 UNAT	2:10.00

70-74

1 McMillen, Scott	71 UNAT	1:14.00
2 Owen, David	72 UNAT	1:21.09
3 Waybright, Jimmy	74 UNAT	1:32.65

75-79

1 Helm, Wayne	75 UNAT	1:23.96
2 McCaffrey, Thomas	76 UNAT	1:32.48
3 Parsons, Roger	77 UNAT	1:33.50

80-84

1 Delauzon, Joseph	82 UNAT	2:15.00
2 Ferinden, James	82 UNAT	2:15.00

85-89

1 Dively, Michael	86 UNAT	1:54.53
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#9 Women 400 Yard IM

50+ FLASR:	5:27.21	2021	Karen Westerman
55+ FLASR:	5:52.76	2017	Paula Cunio
60+ FLASR:	6:42.00	2017	Barbara McNulty
65+ FLASR:	6:39.89	2021	Joan Craffey
70+ FLASR:	8:28.63	2023	Martha Dennis
75+ FLASR:	9:14.28	2023	Judy Paukert
80+ FLASR:	10:29.97	2018	Martha Henderson
85+ FLASR:	12:34.25	2016	Joan Campbell

Name	Age	Team	Seed Time
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55-59

1 Januszewski, Cindy	58 UNAT	7:13.86
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60-64

1 Compton, Ivette	64 UNAT	8:10.33
2 Christensen, Rebecca	63 UNAT	8:17.68

65-69

1 Prezzano, Maryann	69 UNAT	10:00.00
2 Lohrbach, Claire	65 UNAT	10:00.00

70-74

1 Dennis, Martha	72 UNAT	8:27.84
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75-79

1 Paukert, Judy	76 UNAT	9:10.58
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Psych Sheet

#10 Men 400 Yard IM				75-79				55-59												
50+ FLASR: 5:01.49	2016	Dan Beatty		1 Hirr, Patrice	75 UNAT	1:42.94		1 Brookes, Brita	57 UNAT	3:04.20										
55+ FLASR: 5:05.62	2023	Dewey Haviland		2 Johnson, Lois	76 UNAT	1:58.80		65-69												
60+ FLASR: 5:06.42	2017	Kern Davis		3 McKenney, Marilyn	77 UNAT	2:26.77		1 Urbach, Susan	68 UNAT	3:38.83										
65+ FLASR: 5:39.13	2019	Tom Bliss		4 Kessel, Judith	75 UNAT	3:00.00		2 Cipriano, Deborah	67 UNAT	3:56.23										
70+ FLASR: 5:39.09	2021	Hubie Kerns		80-84				3 Grossman, Gail	69 UNAT	4:44.65										
75+ FLASR: 7:03.72	2020	Eliot Winokur		1 Hackett, Jeanne	81 UNAT	1:55.38		4 Moucha, Susan	66 UNAT	5:19.10										
80+ FLASR: 8:07.93	2016	Jerry Marchbanks		#12 Men 100 Yard Breaststroke				70-74												
Name	Age	Team	Seed Time	50+ FLASR: 1:08.73	2016	Jorge Gonzalez		1 Fulton, Linda	72 UNAT	2:59.00										
#10 Men 400 Yard IM				55+ FLASR: 1:06.37	2019	Michael Aubrey		2 Dennis, Martha	72 UNAT	3:50.47										
1 Cardozo, James	54 UNAT		6:15.00	60+ FLASR: 1:06.89	2023	Michael Aubrey		75-79												
60-64				65+ FLASR: 1:14.46	2023	Michael Smith		1 Paukert, Judy	76 UNAT	4:26.33										
1 Becker, Steven	62 UNAT		6:30.00	70+ FLASR: 1:19.50	2020	Rudy Vazmina		2 Cohen, Janice	75 UNAT	6:26.14										
65-69				75+ FLASR: 1:29.24	2014	Karl Wiedamann		80-84												
1 Cue, Juan	65 UNAT		5:35.00	80+ FLASR: 1:28.01	2021	Mike Freshley		1 Foley, Carolyn	81 UNAT	4:54.57										
2 Swiger, Ralph	68 UNAT		9:20.00	85+ FLASR: 2:00.32	2020	Jerry Marchbanks		85-89												
70-74				90+ FLASR: 2:39.48	2017	John Cornell		1 Henderson, Martha	88 FACT	5:19.11										
1 Mendel, Stephen	71 UNAT		7:15.00	Name	Age	Team	Seed Time	90-94												
75-79				50-54				1 Campbell, Joan	94 FACT	6:06.74										
1 Leech, J Nathan	75 UNAT		7:03.70	1 Cardozo, James	54 UNAT	1:27.00		#14 Men 200 Yard Backstroke												
2 Ibrahim, Nady	75 UNAT		9:50.00	55-59				50+ FLASR: 2:14.08	2007	Thomas Bliss										
80-84				1 Lach, David	59 UNAT	1:20.60		55+ FLASR: 2:15.06	2009	Thomas Bliss										
1 Ulanowicz, Robert	81 UNAT		10:44.44	2 Romena, Robert	58 UNAT	2:10.06		60+ FLASR: 2:25.48	2011	Brian Voisard										
#11 Women 100 Yard Breaststroke				60-64																
50+ FLASR: 1:21.80	2016	Jody Maurer		1 Aubrey, Michael	63 UNAT	1:06.50		65+ FLASR: 2:30.70	2019	Brian Voisard										
55+ FLASR: 1:19.83	2006	Deb Walker		2 Miller, David	64 UNAT	1:35.96		70+ FLASR: 2:42.84	2019	J Nathan Leech										
60+ FLASR: 1:23.90	2013	Deb Walker		3 Darken, Kevin	64 UNAT	1:45.01		75+ FLASR: 2:56.58	2000	Paul Hutinger										
65+ FLASR: 1:32.46	2014	Julianna Holbrook		65-69				80+ FLASR: 3:17.49				2004	Paul Hutinger							
70+ FLASR: 1:34.60	2017	Julianna Holbrook		1 Simons, Robert	67 UNAT	1:24.00		85+ FLASR: 3:43.04	2019	Skip Monsein										
75+ FLASR: 1:46.72	2018	Jeanne Hackett		70-74				90+ FLASR: 5:00.57				2021	Gordon Ralph							
80+ FLASR: 1:56.25	2023	Jeanne Hackett		1 Campbell, Charles	70 UNAT	1:23.30		Name	Age	Team	Seed Time									
85+ FLASR: 2:12.97	2014	Sylvia Eisele		2 Jewell, Robert	71 UNAT	2:04.42		50-54												
90+ FLASR: 2:28.36	2017	Jean Troy		75-79				1 McKenna, Joel				54 UNAT	2:36.71							
Name	Age	Team	Seed Time	1 Gustafson, Peter	79 UNAT	1:32.57		60-64				1 Becker, Steven				62 UNAT	2:45.00			
50-54				2 Witaszek, Jeremy	77 UNAT	1:37.01		65-69				1 Swiger, Ralph				68 UNAT	4:00.00			
1 Valeri, Gina	50 UNAT		1:30.31	3 Wickman, Robin	79 UNAT	1:45.00		70-74				2 Metcalf, Don				69 UNAT	4:01.93			
2 Luetmer, Stacey	53 UNAT		1:40.26	4 Welsh, Wayne	79 UNAT	1:50.00		75-79				3 Zinner, James				68 UNAT	4:50.00			
55-59				5 Pepito, Tesalonico	76 UNAT	1:53.66		80-84				1 McMillen, Scott				71 UNAT	2:42.00			
1 Misiak, Sarah	59 UNAT		1:33.00	6 Chojnowski, Gerald	75 UNAT	2:00.00		85-89				2 Owen, David				72 UNAT	2:53.29			
60-64				80-84				80-84				3 Waybright, Jimmy				74 UNAT	3:13.98			
1 Guilfoyle, Kimberly	60 UNAT		1:26.77	1 Freshley, Mike	83 UNAT	1:45.00		75-79				4 Burns, Bill				71 UNAT	3:25.00			
2 Johnson, Ruth	63 UNAT		1:32.12	2 Schenk, Martin	82 UNAT	1:47.93		80-84				1 Leech, J Nathan				75 UNAT	2:56.58			
3 Helsing, Jane	62 UNAT		1:37.56	3 Davey, Michael	80 UNAT	2:06.00		75-79				2 Helm, Wayne				75 UNAT	3:17.00			
4 Vaillancourt, Vicki	62 UNAT		1:45.50	4 Delauzon, Joseph	82 UNAT	2:20.00		80-84				3 Parsons, Roger				77 UNAT	3:25.00			
5 Myszewski, Charlene	62 UNAT		1:51.65	#13 Women 200 Yard Backstroke				85-89				4 McCaffrey, Thomas				76 UNAT	3:31.63			
65-69				50+ FLASR: 2:22.21	2021	Paula Texel		75-79				5 Ibrahim, Nady				75 UNAT	4:20.00			
1 Nevid, Nancy	69 UNAT		1:32.00	55+ FLASR: 2:36.43	2022	Sylvia Buxton		80-84				1 Ferinden, James				82 UNAT	5:01.00			
2 Cipriano, Deborah	67 UNAT		1:47.24	60+ FLASR: 2:42.65	2019	Debbie Cavanaugh		85-89												
3 Conwell, Lisa	65 UNAT		1:50.00	65+ FLASR: 2:48.48	2018	Linda Fulton														
4 Prezzano, Maryann	69 UNAT		1:52.82	70+ FLASR: 2:53.60	2020	Diann Uustal														
5 Ingold, Barbara Seib	65 UNAT		2:06.83	75+ FLASR: 3:23.39	2013	Patricia Bond														
6 Henderson, Robin	65 UNAT		2:08.00	80+ FLASR: 3:54.35	2004	Bunny Cederlund														
7 Messer, Nita	66 UNAT		2:08.22	85+ FLASR: 3:51.37	2014	Betty Lorenzi														
70-74				90+ FLASR: 4:15.38	2017	Betty Lorenzi														
1 van Eyck, Megan	70 UNAT		1:45.00	Name	Age	Team	Seed Time													
2 Jacobson, Geraldine	74 UNAT		2:26.78	50-54																
				1 Joggerst, Elaine	53 UNAT	2:55.37														

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Psych Sheet

#15 Women 100 Yard IM

50+ FLASR:	1:09.27	2021	Paula Trexel
55+ FLASR:	1:09.97	2011	Pat Sargeant
60+ FLASR:	1:15.95	2019	Chris Wenzel
65+ FLASR:	1:23.80	2021	Barbara Protzman
70+ FLASR:	1:25.53	2018	Julianna Holbrook
75+ FLASR:	1:42.22	2014	Patricia Bond
80+ FLASR:	1:57.86	2016	Jean Teegarden
85+ FLASR:	2:06.84	2015	Jean Troy
90+ FLASR:	2:19.49	2017	Jean Troy

Name	Age	Team	Seed Time
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50-54...(#15 Women 100 Yard IM)

1	Stewart, Ann	54 UNAT	1:09.50
2	Valeri, Gina	50 UNAT	1:19.69
3	Joggerst, Elaine	53 UNAT	1:22.49

55-59

1	Buchman, Suzanne	56 UNAT	1:16.77
2	Brookes, Brita	57 UNAT	1:29.44
3	Bekoff, Michelle	59 UNAT	1:29.58
4	Cox, Susan	58 UNAT	1:30.00
5	Maxwell, Nicole	55 UNAT	2:05.55

60-64

1	Guilfoyle, Kimberly	60 UNAT	1:16.77
2	Johnson, Ruth	63 UNAT	1:22.77
3	Helsing, Jane	62 UNAT	1:33.50
4	Vaillancourt, Vicki	62 UNAT	1:37.86
5	Compton, Ivette	64 UNAT	1:44.50
6	Myszewski, Charlene	62 UNAT	1:48.51

65-69

1	Prezzano, Maryann	69 UNAT	1:40.00
2	Lohrbach, Claire	65 UNAT	2:00.00
3	Henderson, Robin	65 UNAT	2:10.00

70-74

1	Clinton, Marjory	71 UNAT	1:37.44
2	Medendorp, Marjorie	71 UNAT	1:38.23
3	van Eyck, Megan	70 UNAT	1:50.00
4	Uible, Barbara	73 UNAT	1:54.98

75-79

1	Hirr, Patrice	75 UNAT	1:34.15
2	Panker, Karen	79 UNAT	1:43.76
3	Fabb, Geraldine	79 UNAT	1:54.44
4	Johnson, Lois	76 UNAT	1:58.07
5	Hansen, Lorrie	76 UNAT	2:21.94
6	McKenney, Marilyn	77 UNAT	2:27.18
7	Cook, Sue	79 UNAT	2:40.00

80-84

1	Weston, Frances	84 UNAT	2:45.30
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#16 Men 100 Yard IM

50+ FLASR:	58.98	2015	Eric Wendorf
55+ FLASR:	1:01.99	2012	Michael Scott
60+ FLASR:	1:02.97	2021	Michael Aubrey
65+ FLASR:	1:06.08	2016	George Schmidt
70+ FLASR:	1:10.80	2017	David Jarvis
75+ FLASR:	1:19.33	2021	David Quiggen
80+ FLASR:	1:22.20	2021	Mike Freshley
85+ FLASR:	1:50.69	2020	Jerry Marchbanks
90+ FLASR:	2:49.59	2010	Howard Hall

Name	Age	Team	Seed Time
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50-54

1	Cardozo, James	54 UNAT	1:18.00
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55-59

1	Haviland, Dewey	58 UNAT	1:06.00
2	Clear, Kirk	57 UNAT	1:09.00
3	Krieger, Dima	58 UNAT	1:13.00
4	Lach, David	59 UNAT	1:20.20

60-64

1	Aubrey, Michael	63 UNAT	1:01.50
2	Claugherty, James	64 UNAT	1:16.47
3	Miller, David	64 UNAT	1:30.13
4	White, James	61 UNAT	1:40.00

65-69

1	Charrette, Dale	67 UNAT	1:16.00
2	Bailey, Bret	65 UNAT	1:18.91
3	Powers-Young, John	68 UNAT	1:37.16
4	Zinner, James	68 UNAT	2:50.00

70-74

1	Campbell, Charles	70 UNAT	1:18.00
2	Mendel, Stephen	71 UNAT	1:42.38
3	Jewell, Robert	71 UNAT	1:59.28

75-79

1	Leech, J Nathan	75 UNAT	1:21.42
2	Wickman, Robin	79 UNAT	1:35.00
3	Zarzecki, Stephen	78 UNAT	1:39.39
4	Chambers, Nick	76 UNAT	1:40.00
5	Pepito, Tesalonico	76 UNAT	1:55.24

80-84

1	Freshley, Mike	83 UNAT	1:33.00
2	Schenk, Martin	82 UNAT	1:47.81
3	Disterdick, John	82 UNAT	2:03.00
4	Wood, Fred	84 UNAT	2:35.00

85-89

1	Dively, Michael	86 UNAT	2:04.90
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#17 Mixed 200 Yard Freestyle Relay

45+W FLASR:	2:19.88	2012	Relays
A Hoffman, B Goltz, M Tappen, B Wright			
55+W FLASR:	2:06.93	2023	Villagers Masters Aquatics
J Croughwell, R Johnson, J Hafer, S Buchman			
65+W FLASR:	2:26.91	2023	Unattached
K Taylor, J Hackett, K PANKER, D Fisk			
45+M FLASR:	1:50.30	2019	Fla Sr Games
J Nixon, J Gonzalez, M Smith, W Bouyoucas			
55+M FLASR:	1:47.47	2022	VAST
D Haviland, M Finley, J Williams, M Uriarte			
65+M FLASR:	1:54.63	2012	Relays
D JARVIS, J SHIRE, T MC GEE, A MILLER			
75+M FLASR:	2:42.07	2011	Fla Sr Games Re
J Cornell, J DELBURN, D ARNDT, M KUTANOVSK			
45+ FLASR:	1:53.94	2018	Residents - Fla
M Smith, T Brandt, k westerman, R Russell			
55+ FLASR:	1:58.29	2019	Fla Sr Games
I seier, c burt, C Wenzel, M Aubrey			
65+ FLASR:	2:05.16	2016	Florida Aquatic
P Hirr, D Jarvis, R Olmsted, J Leech			

Team	Relay	Seed Time
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--- No entries for this event

#19 Women 50 Yard Freestyle

50+ FLASR:	27.54	2006	Patricia Sargeant
55+ FLASR:	26.92	2011	Patricia Sargeant
60+ FLASR:	28.36	2021	Kelly Palace
65+ FLASR:	31.21	2018	Linda Fulton
70+ FLASR:	31.42	2018	Julianna Holbrook
75+ FLASR:	37.09	2002	Florence Carr
80+ FLASR:	42.31	2023	Jeanne Hackett
85+ FLASR:	47.71	2022	Patricia Tullman
90+ FLASR:	54.44	2018	Betty Lorenzi
95+ FLASR:	2:04.22	2021	Shirly Chase

Name	Age	Team	Seed Time
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50-54

1	Luetmer, Stacey	53 UNAT	30.74
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55-59

1	Buchman, Suzanne	56 UNAT	28.31
2	Cox, Susan	58 UNAT	30.00
3	Bekoff, Michelle	59 UNAT	31.05
4	Brookes, Brita	57 UNAT	32.70
5	Januszewski, Cindy	58 UNAT	38.19
6	Maxwell, Nicole	55 UNAT	39.38
7	Mysh, Natalia	58 UNAT	59.00
8	Hoag, Loree	58 UNAT	1:00.00

60-64

1	Cloney, Julie	60 UNAT	31.90
2	Johnson, Ruth	63 UNAT	31.97
3	Holland, Cynthia	60 UNAT	39.44
4	Walker, Sharon	63 UNAT	1:26.34

65-69

1	Fisk, Debbie	67 UNAT	32.45
2	Taylor, Karen	69 UNAT	35.00
3	McCarthy, Mary	67 UNAT	35.90
4	Conwell, Lisa	65 UNAT	36.93
5	Cipriano, Deborah	67 UNAT	37.00
6	Kirby, Paulette	65 UNAT	40.00

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Psych Sheet

70-74...(#19 Women 50 Yard Freestyle)			7 Washington, Frank	72 UNAT	3:34.00	#23 Women 50 Yard Backstroke						
1	Fulton, Linda	72 UNAT	33.00	75-79		50+ FLASR:	30.44	2023	ann Stewart			
2	Clinton, Marjory	71 UNAT	35.54	1	Simons, Randy	76 UNAT	31.34	55+ FLASR:	32.65	2022	Sylvia Buxton	
3	Medendorp, Marjorie	71 UNAT	36.71	2	Helm, Wayne	75 UNAT	32.77	60+ FLASR:	34.71	2015	Ann Guins	
4	Uible, Barbara	73 UNAT	38.09	3	Wickman, Robin	79 UNAT	33.78	65+ FLASR:	35.50	2018	Linda Fulton	
5	Lowther, Jocelyn	70 UNAT	40.00	4	Zarzecki, Stephen	78 UNAT	34.07	70+ FLASR:	36.35	2023	Linda Fulton	
6	Jacobson, Geraldine	74 UNAT	47.92	5	Welsh, Wayne	79 UNAT	36.01	75+ FLASR:	47.08	2014	Patricia Bond	
75-79				6	Chambers, Nick	76 UNAT	40.00	80+ FLASR:	49.68	2002	Bunny Cederlund	
1	Hirr, Patrice	75 UNAT	36.45	7	Cohen, Martin	77 UNAT	40.04	85+ FLASR:	49.57	2014	Betty Lorenzi	
2	Panker, Karen	79 UNAT	37.53	8	Larson, David	78 UNAT	40.77	90+ FLASR:	52.84	2017	Betty Lorenzi	
3	Fabb, Geraldine	79 UNAT	42.90	9	Chojnowski, Gerald	75 UNAT	45.00	95+ FLASR:	1:52.37	2014	Mary Nothhouse	
4	Hansen, Lorrie	76 UNAT	44.75	80-84		Name						
5	Ferber, Jane	79 UNAT	45.44	1	Freshley, Mike	83 UNAT	35.00	Age	Team	Seed Time		
6	Jenkins, Elizabeth	75 UNAT	49.00	2	Disterdick, John	82 UNAT	38.27	50-54				
7	Cohen, Janice	75 UNAT	1:02.57	3	Miller, Andrew	83 UNAT	42.30	1	Stewart, Ann	54 UNAT	30.50	
8	Cook, Sue	79 UNAT	1:05.00	4	Cannan, Patrick	84 UNAT	52.50	2	Joggerst, Elaine	53 UNAT	37.06	
9	Kessel, Judith	75 UNAT	1:05.00	85-89				55-59				
10	Fabianke, Rosalyn	75 UNAT	NT	1	Dively, Michael	86 UNAT	39.36	1	Cox, Susan	58 UNAT	30.00	
80-84				#21 Women 200 Yard Butterfly				2	Buchman, Suzanne	56 UNAT	33.71	
1	Hackett, Jeanne	81 UNAT	42.43	50+ FLASR:	2:33.41	2022	Alison Hayden	3	Hoag, Loree	58 UNAT	1:00.00	
2	Weston, Frances	84 UNAT	52.35	55+ FLASR:	3:06.08	2016	Barbara McNulty	60-64				
#20 Men 50 Yard Freestyle				60+ FLASR:	3:12.40	2018	Barbara McNulty	1	Compton, Ivette	64 UNAT	50.15	
50+ FLASR:	23.73	2008	John Newman	65+ FLASR:	3:34.23	2022	Barbara McNulty	2	Holland, Cynthia	60 UNAT	1:02.34	
55+ FLASR:	23.62	2012	Michael Scott	70+ FLASR:	4:15.75	2021	Kathleen Tittle	3	Walker, Sharon	63 UNAT	1:42.62	
60+ FLASR:	25.05	2019	Michael Smith	75+ FLASR:	4:27.41	2023	Judy Paukert	65-69				
65+ FLASR:	25.47	2023	Michael Smith	80+ FLASR:	5:13.58	2017	Patricia Tullman	1	Fisk, Debbie	67 UNAT	40.89	
70+ FLASR:	26.28	2015	Keefe Lodwig	Name		Age	Team	Seed Time	2	Taylor, Karen	69 UNAT	41.91
75+ FLASR:	27.37	2019	David Quiggin	65-69				3	Ingold, Barbara Seib	65 UNAT	46.38	
80+ FLASR:	29.67	2018	Tom Verth	1	Lohrbach, Claire	65 UNAT	5:00.00	4	McCarthy, Mary	67 UNAT	46.81	
85+ FLASR:	36.52	2021	Cav Cavanaugh	70-74				5	Urbach, Susan	68 UNAT	47.45	
90+ FLASR:	45.85	2017	John Cornell	1	Dennis, Martha	72 UNAT	4:50.22	6	Grossman, Gail	69 UNAT	57.59	
Name	Age	Team	Seed Time	75-79				70-74				
55-59				1	Paukert, Judy	76 UNAT	4:29.84	1	Fulton, Linda	72 UNAT	38.00	
1	Haviland, Dewey	58 UNAT	25.50	#22 Men 200 Yard Butterfly				2	Clinton, Marjory	71 UNAT	44.48	
2	Krieger, Dima	58 UNAT	26.00	55+ FLASR:	2:26.13	2017	Juan Cue	3	Uible, Barbara	73 UNAT	49.97	
3	Clear, Kirk	57 UNAT	26.50	60+ FLASR:	2:26.34	2017	Kern Davis	4	Lowther, Jocelyn	70 UNAT	52.00	
4	Lach, David	59 UNAT	29.00	65+ FLASR:	3:01.40	2018	Bob Jennings	75-79				
5	Romena, Robert	58 UNAT	31.00	70+ FLASR:	2:48.91	2021	Hubie Kerns	1	Fabb, Geraldine	79 UNAT	50.82	
60-64				75+ FLASR:	3:38.64	2021	Eliot Winokur	2	Cohen, Janice	75 UNAT	1:19.42	
1	Claugherty, James	64 UNAT	29.30	80+ FLASR:	4:26.52	2018	Paul Magnarella	3	Cook, Sue	79 UNAT	1:20.00	
2	Drongosky, Michael	64 UNAT	29.49	Name		Age	Team	Seed Time	80-84			
3	Miller, David	64 UNAT	29.79	50-54				1	Weston, Frances	84 UNAT	1:45.00	
4	Sierra, Miguel	60 UNAT	29.90	1	McKenna, Joel	54 UNAT	3:09.00	#24 Men 50 Yard Backstroke				
5	Becker, Steven	62 UNAT	30.00	60-64				50+ FLASR:	26.75	2021	Christopher Beach	
6	Toothman, Wayne	61 UNAT	31.62	1	Becker, Steven	62 UNAT	2:45.00	55+ FLASR:	28.78	2021	David Zimmerman	
65-69				65-69				60+ FLASR:	30.09	2023	Albert Di Prizito	
1	Bailey, Bret	65 UNAT	28.06	1	Cue, Juan	65 UNAT	2:31.00	65+ FLASR:	31.25	2022	Alistair Cockburn	
2	Charrette, Dale	67 UNAT	29.00	2	Swiger, Ralph	68 UNAT	4:50.00	70+ FLASR:	33.40	2023	Scott McMillen	
3	Simons, Robert	67 UNAT	29.00	70-74				75+ FLASR:	35.83	2000	Paul Hutingner	
4	Rubel, Jon	68 UNAT	29.50	1	Mendel, Stephen	71 UNAT	4:00.00	80+ FLASR:	36.13	2018	Tom Verth	
5	Powers-Young, John	68 UNAT	32.24	2	Burns, Bill	71 UNAT	4:25.00	85+ FLASR:	43.62	2019	Skip Monsein	
6	Ouellette, Lee	67 UNAT	41.67	75-79				90+ FLASR:	56.83	2021	Gordon Ralph	
70-74				1	Leech, J Nathan	75 UNAT	3:38.64	Name				
1	McMillen, Scott	71 UNAT	28.00	2	Ibrahim, Nady	75 UNAT	5:10.00	Age	Team	Seed Time		
2	Burns, Bill	71 UNAT	29.50	55-59				1	Clear, Kirk	57 UNAT	29.50	
3	Beuttenmuller, David	74 UNAT	30.00	1	Clear, Kirk	57 UNAT	29.50	2	Krieger, Dima	58 UNAT	32.00	
4	Winslow, Timothy	74 UNAT	33.45	2	Krieger, Dima	58 UNAT	32.00	3	Romena, Robert	58 UNAT	40.00	
5	Mathews, Scott	74 UNAT	36.57	60-64				60-64				
6	McEvoy, Martin	74 UNAT	40.00	1	Sierra, Miguel	60 UNAT	35.50					

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60-64...(#24 Men 50 Yard Backstroke)

2 Miller, David 64 UNAT 41.79

65-69

1 Metcalf, Don 69 UNAT 53.06

2 Zinner, James 68 UNAT 55.00

70-74

1 Waybright, Jimmy 74 UNAT 39.14

2 Campbell, Charles 70 UNAT 39.42

3 Jewell, Robert 71 UNAT 1:04.54

75-79

1 Helm, Wayne 75 UNAT 38.36

2 Simons, Randy 76 UNAT 38.47

3 McCaffrey, Thomas 76 UNAT 41.00

4 Parsons, Roger 77 UNAT 43.25

5 Wickman, Robin 79 UNAT 45.22

6 Chambers, Nick 76 UNAT 50.00

7 Chojnowski, Gerald 75 UNAT 55.00

80-84

1 Miller, Andrew 83 UNAT 47.28

2 Ferinden, James 82 UNAT 58.00

3 Delauzon, Joseph 82 UNAT 59.00

85-89

1 Dively, Michael 86 UNAT 53.19

#25 Women 200 Yard IM

50+ FLASR: 2:32.29 2022 Alison Hayden

55+ FLASR: 2:37.46 2018 Patty Fennell

60+ FLASR: 2:47.43 2019 Debbie Cavanaugh

65+ FLASR: 3:02.24 2019 Joan Craffey

70+ FLASR: 3:23.10 2021 Laurie Grubbs

75+ FLASR: 3:33.84 2013 Patricia Bond

80+ FLASR: 3:55.60 2018 Patricia Bond

85+ FLASR: 5:29.29 2007 June Reynolds

Name Age Team Seed Time

55-59

1 Januszewski, Cindy 58 UNAT 3:23.22

60-64

1 Guilfoyle, Kimberly 60 UNAT 2:50.07

65-69

1 Nevid, Nancy 69 UNAT 2:59.72

2 Lohrbach, Claire 65 UNAT 4:00.00

3 Ingold, Barbara Seib 65 UNAT 4:44.29

70-74

1 Evans, Merry 73 UNAT 4:00.00

2 Dennis, Martha 72 UNAT 4:15.25

75-79

1 Johnson, Lois 76 UNAT 4:11.85

2 Panker, Karen 79 UNAT 4:15.44

3 McKenney, Marilyn 77 UNAT 5:39.98

80-84

1 Weston, Frances 84 UNAT 6:35.73

#26 Men 200 Yard IM

50+ FLASR: 2:12.66 2015 Eric Wendorf

55+ FLASR: 2:17.22 2019 Michael Aubrey

60+ FLASR: 2:21.15 2021 Michael Aubrey

65+ FLASR: 2:29.67 2016 George Schmidt

70+ FLASR: 2:37.51 2021 Lee Childs

75+ FLASR: 3:04.18 2020 Mike Freshley

80+ FLASR: 3:07.38 2021 Mike Freshley

85+ FLASR: 4:06.91 2020 Jerry Marchbanks

Name Age Team Seed Time

55-59

1 Haviland, Dewey 58 UNAT 2:20.00

65-69

1 Swiger, Ralph 68 UNAT 4:10.00

70-74

1 McMillen, Scott 71 UNAT 2:37.60

2 Mendel, Stephen 71 UNAT 3:30.00

75-79

1 Leech, J Nathan 75 UNAT 3:04.63

2 Ibrahim, Nady 75 UNAT 5:00.00

#27 Women 50 Yard Butterfly

50+ FLASR: 30.39 2018 Karen Westerman

55+ FLASR: 29.72 2011 Pat Sargeant

60+ FLASR: 33.80 2015 Pam Falcigno

65+ FLASR: 35.00 2019 Linda Fulton

70+ FLASR: 35.14 2023 Linda Fulton

75+ FLASR: 47.86 2023 Lorrie Hansen

80+ FLASR: 53.32 2017 Patricia Tullman

85+ FLASR: 1:03.02 2022 Patricia Tullman

Name Age Team Seed Time

50-54

1 Stewart, Ann 54 UNAT 31.50

55-59

1 Buchman, Suzanne 56 UNAT 31.67

60-64

1 Cloney, Julie 60 UNAT 31.50

2 Johnson, Ruth 63 UNAT 35.69

3 Compton, Ivette 64 UNAT 49.05

4 Christensen, Rebecca 63 UNAT 49.52

5 Holland, Cynthia 60 UNAT 54.32

65-69

1 Blair, Debora 66 UNAT 42.60

70-74

1 Fulton, Linda 72 UNAT 38.00

2 Clinton, Marjory 71 UNAT 43.51

3 Medendorp, Marjorie 71 UNAT 44.98

75-79

1 Hirt, Patrice 75 UNAT 43.42

2 Hansen, Lorrie 76 UNAT 52.37

3 Paukert, Judy 76 UNAT 57.26

4 Fabb, Geraldine 79 UNAT 59.02

#28 Men 50 Yard Butterfly

50+ FLASR: 25.64 2015 Eric Wendorf

55+ FLASR: 26.65 2004 Thomas Peek

60+ FLASR: 26.85 2023 Michael Aubrey

65+ FLASR: 28.00 2022 Michael Smith

70+ FLASR: 29.01 2015 Keefe Ludwig

75+ FLASR: 34.07 2023 Robert Simons

80+ FLASR: 36.43 2018 Tom Verth

85+ FLASR: 52.97 2020 Jerry Marchbanks

90+ FLASR: 1:24.32 2010 Howard Hall

Name Age Team Seed Time

50-54

1 McKenna, Joel 54 UNAT 31.16

55-59

1 Clear, Kirk 57 UNAT 28.00

2 Lach, David 59 UNAT 35.10

60-64

1 Aubrey, Michael 63 UNAT 27.00

2 Becker, Steven 62 UNAT 30.00

3 Sierra, Miguel 60 UNAT 32.50

65-69

1 Cue, Juan 65 UNAT 28.50

2 Charrette, Dale 67 UNAT 30.00

3 Rubel, Jon 68 UNAT 33.50

4 Powers-Young, John 68 UNAT 39.78

70-74

1 Burns, Bill 71 UNAT 32.00

2 Winslow, Timothy 74 UNAT 34.94

3 Geller, Thomas 71 UNAT 35.40

4 Jewell, Robert 71 UNAT 51.37

75-79

1 Simons, Randy 76 UNAT 34.07

2 Wickman, Robin 79 UNAT 41.00

3 Chambers, Nick 76 UNAT 50.00

80-84

1 Miller, Andrew 83 UNAT 57.18

#29 Women 100 Yard Freestyle

50+ FLASR: 1:00.54 2007 Patricia Sargeant

55+ FLASR: 1:00.52 2011 Patricia Sargeant

60+ FLASR: 1:01.65 2021 Kelly Palace

65+ FLASR: 1:10.26 2015 June Carson

70+ FLASR: 1:09.97 2021 Frances Hare

75+ FLASR: 1:23.77 2000 Florence Carr

80+ FLASR: 1:31.96 2001 Jean Ritchie

85+ FLASR: 1:49.54 2006 Bunny Cederlund

90+ FLASR: 1:58.99 2018 Betty Lorenzi

95+ FLASR: 4:50.33 2021 Shjirly Chase

Name Age Team Seed Time

50-54

1 Luetmer, Stacey 53 UNAT 1:08.54

55-59

1 Cox, Susan 58 UNAT 1:06.00

2 Buchman, Suzanne 56 UNAT 1:06.11

3 Brookes, Brita 57 UNAT 1:10.80

4 Maxwell, Nicole 55 UNAT 1:33.06

5 Januszewski, Cindy 58 UNAT 1:34.76

6 Hoag, Loree 58 UNAT 2:00.00

7 Mysh, Natalia 58 UNAT 2:01.00

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60-64...(#29 Women 100 Yard Freestyle)			
1	Guilfoyle, Kimberly	60 UNAT	1:06.31
2	Johnson, Ruth	63 UNAT	1:10.92
3	Vaillancourt, Vicki	62 UNAT	1:21.41
4	Holland, Cynthia	60 UNAT	1:37.87
65-69			
1	Nevid, Nancy	69 UNAT	1:12.00
2	Fisk, Debbie	67 UNAT	1:12.60
3	Cipriano, Deborah	67 UNAT	1:15.32
4	Taylor, Karen	69 UNAT	1:19.00
5	McCarthy, Mary	67 UNAT	1:28.00
6	Urbach, Susan	68 UNAT	1:40.65
7	Grossman, Gail	69 UNAT	1:41.31
70-74			
1	Medendorp, Marjorie	71 UNAT	1:21.79
2	Clinton, Marjory	71 UNAT	1:23.80
3	Lowther, Jocelyn	70 UNAT	1:32.00
4	Jacobson, Geraldine	74 UNAT	1:51.28
75-79			
1	Panker, Karen	79 UNAT	1:25.59
2	Hansen, Lorrie	76 UNAT	1:43.01
3	Cohen, Janice	75 UNAT	2:25.87
4	Fabianke, Rosalyn	75 UNAT	NT
5	Ferber, Jane	79 UNAT	NT
80-84			
1	Hackett, Jeanne	81 UNAT	1:34.53
2	Weston, Frances	84 UNAT	1:44.00
#30 Men 100 Yard Freestyle			
50+ FLASR:	52.88	2008	John Newman
55+ FLASR:	52.46	2012	Michael Scott
60+ FLASR:	56.95	2007	Bruce Mohl
65+ FLASR:	58.40	2000	Cav Cavanaugh
70+ FLASR:	58.74	2015	Keefe Ludwig
75+ FLASR:	1:00.10	2019	David Quiggin
80+ FLASR:	1:21.15	2019	Cav Cavanaugh
85+ FLASR:	1:25.21	2021	Cav Cavanaugh
90+ FLASR:	1:51.98	2017	John Cornell
Name	Age	Team	Seed Time
55-59			
1	Haviland, Dewey	58 UNAT	55.00
2	Krieger, Dima	58 UNAT	58.00
3	Lach, David	59 UNAT	1:07.90
4	Romena, Robert	58 UNAT	1:40.00
60-64			
1	Drongosky, Michael	64 UNAT	1:05.92
2	Claugherty, James	64 UNAT	1:07.04
3	White, James	61 UNAT	1:10.00
4	Toothman, Wayne	61 UNAT	1:11.61
5	Miller, David	64 UNAT	1:13.69
65-69			
1	Bailey, Bret	65 UNAT	1:02.29
2	Simons, Robert	67 UNAT	1:05.00
3	Rubel, Jon	68 UNAT	1:06.50
4	Powers-Young, John	68 UNAT	1:15.75
5	Metcalf, Don	69 UNAT	1:23.58
6	Bak, Michael	68 UNAT	1:25.00
7	Ouellette, Lee	67 UNAT	1:40.43

70-74			
1	Burns, Bill	71 UNAT	1:00.00
2	Waybright, Jimmy	74 UNAT	1:10.89
3	Beuttenmuller, David	74 UNAT	1:12.00
4	Mathews, Scott	74 UNAT	1:24.76
5	McEvoy, Martin	74 UNAT	1:27.00
75-79			
1	Helm, Wayne	75 UNAT	1:16.96
2	Zarzecki, Stephen	78 UNAT	1:21.11
3	Lacavera, Gerry	77 UNAT	1:25.00
4	Larson, David	78 UNAT	1:26.27
5	Welsh, Wayne	79 UNAT	1:31.00
80-84			
1	Freshley, Mike	83 UNAT	1:25.00
2	Schenk, Martin	82 UNAT	1:27.88
3	Disterdick, John	82 UNAT	1:33.00
4	Miller, Andrew	83 UNAT	1:37.83
5	Delauzon, Joseph	82 UNAT	1:49.00
6	Cannan, Patrick	84 UNAT	1:52.50
85-89			
1	Dively, Michael	86 UNAT	1:36.09
#31 Women 200 Yard Breaststroke			
50+ FLASR:	2:50.85	2022	Alison Hayden
55+ FLASR:	2:56.40	2010	Deb Walker
60+ FLASR:	3:01.91	2021	Paula Cunio
65+ FLASR:	3:23.67	2016	Laurie Grubbs
70+ FLASR:	3:37.95	2021	Laurie Grubbs
75+ FLASR:	3:50.44	2006	Sylvia Eisele
80+ FLASR:	4:22.48	2023	Jeanne Hackett
85+ FLASR:	5:05.66	2014	Sylvia Eisele
90+ FLASR:	5:48.25	2016	Joan Wayne
Name	Age	Team	Seed Time
55-59			
1	Misiak, Sarah	59 UNAT	3:26.00
60-64			
1	Guilfoyle, Kimberly	60 UNAT	3:15.00
2	Vaillancourt, Vicki	62 UNAT	3:55.00
3	Myszewski, Charlene	62 UNAT	3:59.71
65-69			
1	Cipriano, Deborah	67 UNAT	3:57.37
2	Conwell, Lisa	65 UNAT	3:59.92
70-74			
1	Evans, Merry	73 UNAT	4:21.11
2	Dennis, Martha	72 UNAT	5:15.20
75-79			
1	Hirr, Patrice	75 UNAT	3:50.75
2	Jenkins, Elizabeth	75 UNAT	5:09.98
3	McKenney, Marilyn	77 UNAT	5:20.67
80-84			
1	Hackett, Jeanne	81 UNAT	4:11.84

#32 Men 200 Yard Breaststroke			
50+ FLASR:	2:37.44	2016	Dan Beatty
55+ FLASR:	2:33.49	2019	Michael Aubrey
60+ FLASR:	2:34.62	2021	Michael Aubrey
65+ FLASR:	2:44.90	2015	Rudy Vazmina
70+ FLASR:	2:54.00	2021	Hubie Kerns
75+ FLASR:	3:15.15	2020	Mike Freshley
80+ FLASR:	3:21.33	2023	Mike Freshley
85+ FLASR:	4:57.07	2016	Gordon Ralph
90+ FLASR:	6:20.60	2021	Gordon Ralph
Name	Age	Team	Seed Time
60-64			
1	Aubrey, Michael	63 UNAT	2:35.50
2	Darken, Kevin	64 UNAT	4:03.86
65-69			
1	Simons, Robert	67 UNAT	3:03.00
2	Swiger, Ralph	68 UNAT	4:20.00
70-74			
1	McMillen, Scott	71 UNAT	2:55.00
2	Burns, Bill	71 UNAT	4:20.00
75-79			
1	Leech, J Nathan	75 UNAT	3:15.10
2	Gustafson, Peter	79 UNAT	3:27.65
3	Welsh, Wayne	79 UNAT	4:01.00
4	Chojnowski, Gerald	75 UNAT	4:15.00
5	Pepito, Tesalonico	76 UNAT	4:16.47
80-84			
1	Freshley, Mike	83 UNAT	3:40.00
2	Schenk, Martin	82 UNAT	4:10.00
3	Wood, Fred	84 UNAT	4:45.00
4	Delauzon, Joseph	82 UNAT	5:15.00
#33 Women 500 Yard Freestyle			
50+ FLASR:	5:53.02	2022	Alison Hayden
55+ FLASR:	5:46.27	2021	Amy Alexander
60+ FLASR:	5:48.19	2021	Kelly Palace
65+ FLASR:	6:43.56	2021	Darcy LaFountain
70+ FLASR:	6:52.04	2021	Fran Hare
75+ FLASR:	8:01.54	2014	Patricia Bond
80+ FLASR:	8:44.79	2018	Patricia Bond
85+ FLASR:	9:58.14	2014	Betty Lorenzi
90+ FLASR:	13:36.85	2022	Joan Campbell
95+ FLASR:	26:57.23	2021	Shirley Chase
Name	Age	Team	Seed Time
50-54			
1	Luetmer, Stacey	53 UNAT	7:25.57
55-59			
1	Bekoff, Michelle	59 UNAT	6:49.29
2	Brookes, Brita	57 UNAT	7:02.00
3	Januszewski, Cindy	58 UNAT	7:50.32
60-64			
1	Myszewski, Charlene	62 UNAT	8:24.31
2	Christensen, Rebecca	63 UNAT	8:24.47
3	Holland, Cynthia	60 UNAT	8:55.50
65-69			
1	Taylor, Karen	69 UNAT	7:45.00
2	Blair, Debora	66 UNAT	8:31.13
3	Kirby, Paulette	65 UNAT	8:50.15
4	Ingold, Barbara Seib	65 UNAT	9:10.30

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Psych Sheet

65-69...(#33 Women 500 Yard Freestyle)

5 Grossman, Gail 69 UNAT 9:24.96

70-74

1 Clinton, Marjory 71 UNAT 7:45.00
 2 Evans, Merry 73 UNAT 8:42.16
 3 Lowther, Jocelyn 70 UNAT 10:02.10
 4 Lacavera, Debbie 73 UNAT 11:50.00

75-79

1 Ferber, Jane 79 UNAT 9:32.70
 2 Paukert, Judy 76 UNAT 10:00.40
 3 Hansen, Lorrie 76 UNAT 10:30.07
 4 Fabianke, Rosalyn 75 UNAT 16:03.14

80-84

1 Foley, Carolyn 81 UNAT 11:09.06
 2 Weston, Frances 84 UNAT 13:20.20

85-89

1 Henderson, Martha 88 FACT 12:50.62

90-94

1 Campbell, Joan 94 FACT 13:51.29

#34 Men 500 Yard Freestyle

50+ FLASR: 5:39.47 2005 Brian Voisard
55+ FLASR: 5:28.16 2023 Dewey Haviland
60+ FLASR: 5:51.61 2011 Brian Voisard
65+ FLASR: 5:58.93 2014 J Nathan Leech
70+ FLASR: 6:10.49 2019 J Nathan Leech
75+ FLASR: 6:23.69 2019 David Quiggin
80+ FLASR: 8:01.60 2023 Mike Freshley
85+ FLASR: 11:56.41 2015 James Pitts
90+ FLASR: 16:07.27 2013 Lowell Heneveld

Name	Age	Team	Seed Time
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50-54

1 McKenna, Joel 54 UNAT 6:29.14

60-64

1 Drongosky, Michael 64 UNAT 6:48.50
 2 Toothman, Wayne 61 UNAT 6:51.29

65-69

1 Cue, Juan 65 UNAT 6:05.00
 2 Bailey, Bret 65 UNAT 6:11.61
 3 Bak, Michael 68 UNAT 8:50.00
 4 Metcalf, Don 69 UNAT 8:50.31
 5 Zinner, James 68 UNAT 10:50.00

70-74

1 Waybright, Jimmy 74 UNAT 7:30.00
 2 Mathews, Scott 74 UNAT 8:15.00
 3 McEvoy, Martin 74 UNAT 8:20.00
 4 Whaley, Richard 72 UNAT 8:45.00
 5 Mendel, Stephen 71 UNAT 9:10.01
 6 Jewell, Robert 71 UNAT 9:45.00
 7 Houston, Greg 71 UNAT 11:05.10

75-79

1 Larson, David 78 UNAT 8:50.00
 2 Ibrahim, Nady 75 UNAT 8:55.00
 3 Lacavera, Gerry 77 UNAT 9:10.00

80-84

1 Disterdick, John 82 UNAT 9:33.00
 2 Cannan, Patrick 84 UNAT 10:40.00
 3 Ferinden, James 82 UNAT 11:15.00
 4 Wood, Fred 84 UNAT 12:40.00

#35 Mixed 200 Yard Medley Relay

45+W FLASR: 2:30.04 2008 Relays
C Lasher, L Faubion, P Hurr, C Greb
55+W FLASR: 2:35.86 2019 Fla Sr Games
A Johnson, M Medendorp, D Fisk, M Wruck
65+W FLASR: 3:08.67 2022 VAST
M Evans, J Hackett, D Fisk, K PANKER
75+W FLASR: 3:48.78 2019 Florida Aquatic
M Rowan, J Hackett, R Suttie, S Fishlock
45+M FLASR: 1:59.74 2019 Fla Sr Games
J Nixon, J Gonzalez, M Smith, W Bouyoucas
55+M FLASR: 1:59.57 2023 FL
S McMillen, M Aubrey, D Charrette, M Smith
65+M FLASR: 2:13.58 2014 Florida Aquatic
J Leech, M Schenk, D Jarvis, R Lyons
75+M FLASR: 3:14.58 2011 Fla Sr Games Re
G Ralph, M KUTANOVSKI, J DELBURN, J Cornell
45+ FLASR: 2:07.16 2018 Residents - Fla
k westerman, J Maurer, R Russell, B Brown
55+ FLASR: 2:10.02 2023 Villagers Masters Aqu
S Buchman, M Bekoff, M Uriarte, D Haviland

Team	Relay	Seed Time
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--- No entries for this event