

## Florida Senior Games - State Championship - 12/7/2024

Recognized by the Florida LMSC, Sanction #: 144-R006

## Results

**Women 50-54 50 Yard Backstroke**

FLASR: 30.44 # 12/3/2023 ann Stewart

1 Stewart, Ann 54 Unattached 31.40

**Women 50-54 100 Yard Backstroke**

FLASR: 1:06.05 # 12/2/2023 ann Stewart

1 Stewart, Ann 54 Unattached 1:06.72

31.95 1:06.72

2 Joggerst, Elaine 53 Unattached 1:25.24

41.95 1:25.24

**Women 50-54 200 Yard Backstroke**

FLASR: 2:22.21 # 12/11/2021 Paula Texel

1 Joggerst, Elaine 53 Unattached 2:58.60

42.74 1:27.79 2:13.92 2:58.60

**Women 50-54 50 Yard Breaststroke**

FLASR: 36.99 # 12/3/2016 Cheryl Kupan

1 Valeri, Gina 50 Unattached 38.84

2 Joggerst, Elaine 53 Unattached 44.27

**Women 50-54 100 Yard Breaststroke**

FLASR: 1:21.80 # 12/3/2016 Jody Maurer

1 Valeri, Gina 50 Unattached 1:24.75

39.86 1:24.75

**Women 50-54 50 Yard Butterfly**

FLASR: 30.39 # 12/2/2018 Karen Westerman

1 Stewart, Ann 54 Unattached 32.49

**Women 50-54 100 Yard IM**

FLASR: 1:09.27 # 12/11/2021 Paula Trexel

1 Stewart, Ann 54 Unattached 1:12.19

32.47 1:12.19

2 Valeri, Gina 50 Unattached 1:16.22

36.84 1:16.22

3 Joggerst, Elaine 53 Unattached 1:26.23

40.53 1:26.23

**Women 55-59 50 Yard Freestyle**

FLASR: 26.92 # 12/11/2011 Patricia Sargeant

1 Brookes, Brita 57 Unattached 32.28

2 Maxwell, Nicole 55 Unattached 37.82

3 Januszewski, Cindy 58 Unattached 41.58

4 Cox, Susan 58 Unattached 43.29

5 Hoag, Loree 58 Unattached 46.43

**Women 55-59 100 Yard Freestyle**

FLASR: 1:00.52 # 12/11/2011 Patricia Sargeant

1 Brookes, Brita 57 Unattached 1:10.18

33.34 1:10.18

2 Maxwell, Nicole 55 Unattached 1:26.73

39.30 1:26.73

3 Januszewski, Cindy 58 Unattached 1:28.70

42.41 1:28.70

4 Hoag, Loree 58 Unattached 1:45.12

50.54 1:45.12

**Women 55-59 200 Yard Freestyle**

FLASR: 2:09.99 # 12/11/2021 Amy Alexander

1 Brookes, Brita 57 Unattached 2:37.50

35.50 1:15.51 1:56.67 2:37.50

2 Januszewski, Cindy 58 Unattached 3:06.91

43.83 1:29.49 2:17.53 3:06.91

3 Maxwell, Nicole 55 Unattached 3:16.58

43.01 1:31.94 2:24.34 3:16.58

**Women 55-59 500 Yard Freestyle**

FLASR: 5:46.27 # 12/12/2021 Amy Alexander

1 Brookes, Brita 57 Unattached 7:05.02

36.45 1:16.96 2:00.40 2:44.77

3:28.43 4:11.49 4:55.48 5:39.25

6:22.57 7:05.02

2 Januszewski, Cindy 58 Unattached 8:31.18

47.92 1:39.03 2:31.60 3:23.96

4:16.72 5:09.03 6:01.71 6:54.36

7:44.83 8:31.18

**Women 55-59 50 Yard Backstroke**

FLASR: 32.65 # 12/4/2022 Sylvia Buxton

1 Cox, Susan 58 Unattached 50.84

2 Hoag, Loree 58 Unattached 57.70

**Women 55-59 100 Yard Backstroke**

FLASR: 1:11.14 # 12/1/2018 Patty Fennell

1 Maxwell, Nicole 55 Unattached 1:38.99

47.39 1:38.99

**Women 55-59 200 Yard Backstroke**

FLASR: 2:36.43 # 12/3/2022 Sylvia Buxton

1 Brookes, Brita 57 Unattached 3:01.30

42.86 1:29.26 2:17.14 3:01.30

**Women 55-59 50 Yard Breaststroke**

FLASR: 36.42 # 12/2/2006 Deb Walker

1 Misiak, Sarah 59 Unattached 42.40

2 Cox, Susan 58 Unattached 52.58

**Women 55-59 100 Yard Breaststroke**

FLASR: 1:19.83 # 12/2/2006 Deb Walker

1 Misiak, Sarah 59 Unattached 1:34.00

44.81 1:34.00

**Women 55-59 200 Yard Breaststroke**

FLASR: 2:56.40 # 12/5/2010 Deb Walker

1 Misiak, Sarah 59 Unattached 3:24.99

46.51 1:37.18 2:29.89 3:24.99

**Women 55-59 100 Yard Butterfly**

FLASR: 1:07.19 # 12/10/2011 Patricia Sargeant

1 Misiak, Sarah 59 Unattached 1:49.27

49.46 1:49.27

**Women 55-59 100 Yard IM**

FLASR: 1:09.97 # 12/10/2011 Pat Sargeant

1 Brookes, Brita 57 Unattached 1:28.76

41.60 1:28.76

2 Maxwell, Nicole 55 Unattached 1:41.98

45.58 1:41.98

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**(Women 55-59 100 Yard IM)**

3	Cox, Susan	58	Unattached	2:00.28
	52.08	2:00.28		

**Women 55-59 200 Yard IM**

FLASR: 2:37.46 # 12/2/2018 Patty Fennell

1	Januszewski, Cindy	58	Unattached	3:41.67
	49.46	1:45.19	2:53.46	3:41.67

**Women 55-59 400 Yard IM**

FLASR: 5:52.76 # 12/2/2017 Paula Cunio

1	Januszewski, Cindy	58	Unattached	7:39.53
	50.99	1:51.30	2:53.09	3:50.46
	4:56.73	6:02.78	6:53.75	7:39.53

**Women 60-64 50 Yard Freestyle**

FLASR: 28.36 # 12/12/2021 Kelly Palace

1	Cloney, Julie	60	Unattached	30.62
2	Johnson, Ruth	63	Unattached	31.86
3	Holland, Cynthia	60	Unattached	38.82

**Women 60-64 100 Yard Freestyle**

FLASR: 1:01.65 # 12/12/2021 Kelly Palace

1	Guilfoyle, Kimberly	60	Unattached	1:05.29
	31.71	1:05.29		
2	Johnson, Ruth	63	Unattached	1:11.40
	34.92	1:11.40		
3	Vaillancourt, Vicki	62	Unattached	1:20.67
	38.88	1:20.67		
4	Holland, Cynthia	60	Unattached	1:30.05
	42.36	1:30.05		

**Women 60-64 200 Yard Freestyle**

FLASR: 2:11.26 # 12/11/2021 Kelly Palace

1	Guilfoyle, Kimberly	60	Unattached	2:24.83
	32.97	1:09.96	1:47.69	2:24.83
2	Vaillancourt, Vicki	62	Unattached	3:00.57
	42.25	1:28.85	2:14.64	3:00.57
3	Myszewski, Charlene	62	Unattached	3:10.82
	45.14	1:33.48	2:23.07	3:10.82

**Women 60-64 500 Yard Freestyle**

FLASR: 5:48.19 # 12/12/2021 Kelly Palace

1	Myszewski, Charlene	62	Unattached	8:20.84
	45.07	1:34.78	2:25.58	3:17.32
	4:09.22	4:59.82	5:50.84	6:41.67
	7:33.62	8:20.84		
2	Holland, Cynthia	60	Unattached	8:59.76
	50.45	1:42.58	2:37.26	3:31.95
	4:26.39	5:22.24	6:17.43	7:12.18
	8:07.44	8:59.76		

**Women 60-64 50 Yard Backstroke**

FLASR: 34.71 # 12/5/2015 Ann Guins

1	Compton, Ivette	64	Unattached	50.42
2	Holland, Cynthia	60	Unattached	52.01

**Women 60-64 100 Yard Backstroke**

FLASR: 1:14.74 # 12/11/2021 Debbie Cavanaugh

1	Compton, Ivette	64	Unattached	1:55.03
	54.72	1:55.03		

**Women 60-64 50 Yard Breaststroke**

FLASR: 37.85 # 12/3/2016 Kathy Lewis

1	Johnson, Ruth	63	Unattached	42.00
2	Vaillancourt, Vicki	62	Unattached	47.24

**Women 60-64 100 Yard Breaststroke**

FLASR: 1:23.90 # 2013 Deb Walker

1	Guilfoyle, Kimberly	60	Unattached	1:26.84
	40.59	1:26.84		
2	Johnson, Ruth	63	Unattached	1:31.11
	43.03	1:31.11		
3	Vaillancourt, Vicki	62	Unattached	1:45.49
	49.80	1:45.49		
4	Myszewski, Charlene	62	Unattached	1:51.36
	53.82	1:51.36		

**Women 60-64 200 Yard Breaststroke**

FLASR: 3:01.91 # 12/12/2021 Paula Cunio

1	Guilfoyle, Kimberly	60	Unattached	3:12.58
	43.21	1:32.30	2:22.53	3:12.58
2	Vaillancourt, Vicki	62	Unattached	3:52.64
	51.94	1:51.09	2:52.41	3:52.64
3	Myszewski, Charlene	62	Unattached	4:02.50
	54.79	1:55.38	2:59.73	4:02.50

**Women 60-64 50 Yard Butterfly**

FLASR: 30.10 # 12/8/2024 Julie Cloney

1	Cloney, Julie	60	Unattached	30.10#
2	Johnson, Ruth	63	Unattached	35.99
3	Compton, Ivette	64	Unattached	51.04

**Women 60-64 100 Yard Butterfly**

FLASR: 1:17.63 # 12/3/2016 Kathy Lewis

1	Compton, Ivette	64	Unattached	1:53.38
	53.39	1:53.38		

**Women 60-64 100 Yard IM**

FLASR: 1:15.95 # 12/7/2019 Chris Wenzel

1	Guilfoyle, Kimberly	60	Unattached	1:17.34
	37.17	1:17.34		
2	Johnson, Ruth	63	Unattached	1:23.96
	40.69	1:23.96		
3	Vaillancourt, Vicki	62	Unattached	1:36.65
	47.42	1:36.65		
4	Myszewski, Charlene	62	Unattached	1:47.08
	51.76	1:47.08		
5	Compton, Ivette	64	Unattached	1:50.34
	55.07	1:50.34		

**Women 60-64 200 Yard IM**

FLASR: 2:47.43 # 12/8/2019 Debbie Cavanaugh

1	Guilfoyle, Kimberly	60	Unattached	2:48.94
	37.80	1:22.63	2:11.19	2:48.94

## Florida Senior Games - State Championship - 12/7/2024

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**Women 60-64 400 Yard IM**

FLASR: 6:42.00 # 12/2/2017 Barbara McNulty

1	Compton, Ivette	64	Unattached	8:38.63
	54.80	1:59.12	3:04.90	4:13.76
	5:28.95	6:43.74	7:42.65	8:38.63

**Women 65-69 50 Yard Freestyle**

FLASR: 31.21 # 12/2/2018 Linda Fulton

1	Fisk, Debbie	67	Unattached	32.72
2	Taylor, Karen	69	Unattached	33.55
3	McCarthy, Mary	67	Unattached	35.82
4	Conwell, Lisa	65	Unattached	36.76

**Women 65-69 100 Yard Freestyle**

FLASR: 1:10.26 # 12/6/2015 June Carson

1	Nevid, Nancy	69	Unattached	1:12.65
	36.05	1:12.65		
2	Fisk, Debbie	67	Unattached	1:12.70
	34.75	1:12.70		
3	Taylor, Karen	69	Unattached	1:14.12
	36.19	1:14.12		
4	McCarthy, Mary	67	Unattached	1:21.29
	39.67	1:21.29		
5	Urbach, Susan	68	Unattached	1:37.26
	46.93	1:37.26		

**Women 65-69 200 Yard Freestyle**

FLASR: 2:37.94 # 12/7/2019 Joan Craffey

1	Taylor, Karen	69	Unattached	2:51.27
	38.72	1:22.61	2:07.86	2:51.27
2	Prezzano, Maryann	69	Unattached	3:02.45
	43.70	1:29.77	2:17.03	3:02.45
3	Ingold, Barbara Seib	65	Unattached	3:24.57
	46.39	1:38.02	2:31.52	3:24.57
4	Kirby, Paulette	65	Unattached	3:28.73
	47.84	1:41.09	2:36.24	3:28.73
5	Urbach, Susan	68	Unattached	3:29.57
	48.81	1:42.50	2:38.04	3:29.57
6	Henderson, Robin	65	Unattached	3:32.77
	48.58	1:42.34	2:38.73	3:32.77
7	Moucha, Susan	66	Unattached	5:11.85
	1:10.68	2:30.63	3:51.88	5:11.85

**Women 65-69 500 Yard Freestyle**

FLASR: 6:43.56 # 12/12/2021 Darcy LaFountain

1	Taylor, Karen	69	Unattached	7:29.00
	39.67	1:25.82	2:12.48	2:59.26
	3:45.55	4:30.92	5:16.20	6:01.12
	6:46.01	7:29.00		
2	Blair, Debora	66	Unattached	8:26.03
	44.15	1:34.49	2:26.63	3:19.02
	4:10.36		5:54.14	6:45.85
	8:26.03			
3	Kirby, Paulette	65	Unattached	9:05.70
	48.66	1:41.21	2:37.58	3:31.59
	4:27.55	5:23.47	6:19.36	7:15.09
	8:10.78	9:05.70		

4	Ingold, Barbara Seib	65	Unattached	9:08.50
	50.50	1:45.85	2:41.24	3:35.60
	4:31.39	5:27.04	6:22.85	7:19.36
	8:15.61	9:08.50		

**Women 65-69 50 Yard Backstroke**

FLASR: 35.50 # 12/2/2018 Linda Fulton

1	Taylor, Karen	69	Unattached	40.42
2	Fisk, Debbie	67	Unattached	41.29
3	Urbach, Susan	68	Unattached	45.92
4	McCarthy, Mary	67	Unattached	48.03
5	Ingold, Barbara Seib	65	Unattached	49.04

**Women 65-69 100 Yard Backstroke**

FLASR: 1:17.63 # 12/1/2018 Linda Fulton

1	Fisk, Debbie	67	Unattached	1:29.33
	42.80	1:29.33		
2	Urbach, Susan	68	Unattached	1:39.97
	49.18	1:39.97		
3	Ingold, Barbara Seib	65	Unattached	1:48.17
	51.93	1:48.17		
4	Moucha, Susan	66	Unattached	2:33.17
	1:13.71	2:33.17		
---	Prezzano, Maryann	69	Unattached	DQ
	59.14	DQ		
---	Kirby, Paulette	65	Unattached	DQ
	59.01	DQ		

**Women 65-69 200 Yard Backstroke**

FLASR: 2:48.48 # 12/1/2018 Linda Fulton

1	Urbach, Susan	68	Unattached	3:35.90
	51.02	1:45.93	2:42.23	3:35.90
2	Moucha, Susan	66	Unattached	5:21.50
	1:15.70	2:35.84	3:58.73	5:21.50

**Women 65-69 50 Yard Breaststroke**

FLASR: 42.44 # 12/5/2020 Kathy Manger

1	Blair, Debora	66	Unattached	44.42
2	Taylor, Karen	69	Unattached	46.42
3	Conwell, Lisa	65	Unattached	48.34
4	Prezzano, Maryann	69	Unattached	54.34
5	Henderson, Robin	65	Unattached	54.76
6	Messer, Nita	66	Unattached	58.37

**Women 65-69 100 Yard Breaststroke**

FLASR: 1:32.46 # 12/13/2014 Julianna Holbrook

1	Nevid, Nancy	69	Unattached	1:39.64
	48.56	1:39.64		
2	Conwell, Lisa	65	Unattached	1:45.92
	49.83	1:45.92		
3	Prezzano, Maryann	69	Unattached	1:56.18
	54.71	1:56.18		
4	Ingold, Barbara Seib	65	Unattached	2:04.14
	1:00.53	2:04.14		
5	Messer, Nita	66	Unattached	2:09.28
	1:03.32	2:09.28		

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**Women 65-69 200 Yard Breaststroke**

FLASR: 3:23.67 # 12/4/2016 Laurie Grubbs

1	Conwell, Lisa	65	Unattached	3:51.72
	53.32		2:51.58	3:51.72

**Women 65-69 50 Yard Butterfly**

FLASR: 35.00 # 12/8/2019 Linda Fulton

1	Blair, Debora	66	Unattached	40.66
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**Women 65-69 100 Yard Butterfly**

FLASR: 1:28.44 # 12/3/2022 Debra Fisk

1	Fisk, Debbie	67	Unattached	1:34.42
	41.97		1:34.42	
2	Nevid, Nancy	69	Unattached	1:39.80
	48.95		1:39.80	

**Women 65-69 200 Yard Butterfly**

FLASR: 3:34.23 # 12/4/2022 Barbara McNulty

1	Lohrbach, Claire	65	Unattached	4:53.12
	56.66		2:13.23	3:36.43
			3:36.43	4:53.12

**Women 65-69 100 Yard IM**

FLASR: 1:23.80 # 12/11/2021 Barbara Protzman

1	Prezzano, Maryann	69	Unattached	1:46.59
	53.15		1:46.59	
2	Lohrbach, Claire	65	Unattached	1:47.66
	46.56		1:47.66	
3	Henderson, Robin	65	Unattached	1:53.64
	56.16		1:53.64	

**Women 65-69 200 Yard IM**

FLASR: 3:02.24 # 12/8/2019 Joan Craffey

1	Nevid, Nancy	69	Unattached	3:12.76
	44.19		1:34.21	2:30.82
			2:30.82	3:12.76
2	Lohrbach, Claire	65	Unattached	4:08.85
	54.69		1:59.67	3:14.56
			3:14.56	4:08.85
3	Ingold, Barbara Seib	65	Unattached	4:10.24
	1:03.27		2:05.80	3:16.95
			3:16.95	4:10.24

**Women 65-69 400 Yard IM**

FLASR: 6:39.89 # 12/11/2021 Joan Craffey

1	Prezzano, Maryann	69	Unattached	7:45.25
	54.59		1:56.64	2:58.00
			2:58.00	3:59.27
	5:03.98		6:09.56	6:57.58
			6:57.58	7:45.25
2	Lohrbach, Claire	65	Unattached	9:04.37
	54.13		3:15.36	4:24.57
			3:15.36	4:24.57
	5:39.91		6:54.40	7:59.90
			6:54.40	9:04.37

**Women 70-74 50 Yard Freestyle**

FLASR: 31.42 # 12/2/2018 Julianna Holbrook

1	Clinton, Marjory	71	Unattached	35.22
2	Medendorp, Marjorie	71	Unattached	36.07
3	Uible, Barbara	73	Unattached	37.71
4	Jacobson, Geraldine	74	Unattached	44.68

**Women 70-74 100 Yard Freestyle**

FLASR: 1:09.97 # 12/12/2021 Frances Hare

1	Clinton, Marjory	71	Unattached	1:20.70
	37.85		1:20.70	

2	Medendorp, Marjorie	71	Unattached	1:22.67
	39.69		1:22.67	
3	Jacobson, Geraldine	74	Unattached	1:40.28
	48.19		1:40.28	

**Women 70-74 200 Yard Freestyle**

FLASR: 2:31.21 # 12/5/2020 Fran Hare

1	Medendorp, Marjorie	71	Unattached	3:04.76
	41.96		1:28.24	2:17.53
			1:28.24	3:04.76
2	Jacobson, Geraldine	74	Unattached	3:28.70
	48.72		2:37.15	3:28.70
3	Lacavera, Debbie	73	Unattached	4:29.18
	1:02.06		2:08.23	3:18.63
			2:08.23	4:29.18

**Women 70-74 500 Yard Freestyle**

FLASR: 6:52.04 # 12/12/2021 Fran Hare

1	Clinton, Marjory	71	Unattached	7:39.24
	38.40		1:22.78	2:10.21
			1:22.78	2:56.93
	3:43.93		4:31.05	5:18.02
			4:31.05	6:05.84
	6:53.65		7:39.24	
2	Evans, Merry	73	Unattached	8:45.59
	46.17		1:37.29	2:30.39
			1:37.29	3:23.79
	4:17.11		5:11.02	6:05.51
			5:11.02	6:59.78
	7:53.65		8:45.59	
3	Lacavera, Debbie	73	Unattached	11:44.31
	1:03.19		2:10.21	3:23.10
			2:10.21	4:33.27
	5:45.67		6:58.05	8:12.70
			6:58.05	9:25.47
	10:35.71		11:44.31	

**Women 70-74 50 Yard Backstroke**

FLASR: 36.35 # 12/3/2023 Linda Fulton

1	Clinton, Marjory	71	Unattached	42.50
2	Uible, Barbara	73	Unattached	51.28

**Women 70-74 100 Yard Backstroke**

FLASR: 1:20.02 # 12/5/2020 Diann Uustal

1	van Eyck, Megan	70	Unattached	2:05.31
	1:00.47		2:05.31	

**Women 70-74 200 Yard Backstroke**

FLASR: 2:53.60 # 12/5/2020 Diann Uustal

1	Dennis, Martha	72	Unattached	3:46.60
	53.77		1:51.71	2:51.20
			1:51.71	3:46.60

**Women 70-74 50 Yard Breaststroke**

FLASR: 41.62 # 12/1/2018 Julianna Holbrook

1	van Eyck, Megan	70	Unattached	49.99
2	Medendorp, Marjorie	71	Unattached	50.12
3	Uible, Barbara	73	Unattached	54.27
4	Jacobson, Geraldine	74	Unattached	57.43
5	Lacavera, Debbie	73	Unattached	1:15.03

**Women 70-74 100 Yard Breaststroke**

FLASR: 1:34.60 # 12/2/2017 Julianna Holbrook

1	van Eyck, Megan	70	Unattached	1:49.30
	51.27		1:49.30	
2	Jacobson, Geraldine	74	Unattached	2:11.53
	1:04.07		2:11.53	

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**Women 70-74 200 Yard Breaststroke**

FLASR: 3:37.95 # 12/12/2021 Laurie Grubbs

1	Evans, Merry	73	Unattached	4:24.40
	59.24	2:04.95	3:15.04	4:24.40
2	Dennis, Martha	72	Unattached	5:06.00
	1:11.02	2:30.46	3:50.58	5:06.00

**Women 70-74 50 Yard Butterfly**

FLASR: 35.14 # 12/3/2023 Linda Fulton

1	Clinton, Marjory	71	Unattached	40.60
2	Medendorp, Marjorie	71	Unattached	44.24

**Women 70-74 100 Yard Butterfly**

FLASR: 1:37.82 # 12/3/2022 Linda Fulton

1	van Eyck, Megan	70	Unattached	1:57.99
	53.88	1:57.99		
2	Dennis, Martha	72	Unattached	2:15.23
	1:02.81	2:15.23		

**Women 70-74 200 Yard Butterfly**

FLASR: 4:15.75 # 12/12/2021 Kathleen Tittle

1	Dennis, Martha	72	Unattached	4:48.32
	1:04.69	2:18.54	3:34.05	4:48.32

**Women 70-74 100 Yard IM**

FLASR: 1:25.53 # 12/1/2018 Julianna Holbrook

1	Clinton, Marjory	71	Unattached	1:36.78
	44.81	1:36.78		
2	Medendorp, Marjorie	71	Unattached	1:41.41
	1:41.41	1:41.41		
3	van Eyck, Megan	70	Unattached	1:49.77
	55.56	1:49.77		
4	Uible, Barbara	73	Unattached	1:56.57
	53.56	1:56.57		

**Women 70-74 200 Yard IM**

FLASR: 3:23.10 # 12/12/2021 Laurie Grubbs

1	Dennis, Martha	72	Unattached	4:05.44
	2:02.13	3:18.69	4:05.44	
2	Evans, Merry	73	Unattached	4:06.46
	1:02.74	2:05.56	3:12.40	4:06.46

**Women 70-74 400 Yard IM**

FLASR: 8:28.63 # 12/2/2023 Martha Dennis

1	Dennis, Martha	72	Unattached	8:31.63
	1:02.43	2:15.99	3:16.59	4:14.11
	5:35.42	6:53.94	7:43.31	8:31.63

**Women 75-79 50 Yard Freestyle**

FLASR: 37.09 # 2002 Florence Carr

1	Hirr, Patrice	75	Unattached	37.13
2	Fabb, Geraldine	79	Unattached	42.83
3	Kessel, Judith	75	Unattached	43.69
4	Hansen, Lorrie	76	Unattached	44.12
5	Jenkins, Elizabeth	75	Unattached	45.86
6	Cohen, Janice	75	Unattached	1:01.65

**Women 75-79 100 Yard Freestyle**

FLASR: 1:23.77 # 2000 Florence Carr

1	Panker, Karen	79	Unattached	1:37.89
	45.76	1:37.89		
2	Hansen, Lorrie	76	Unattached	1:47.98
	48.15	1:47.98		
3	Cohen, Janice	75	Unattached	2:24.01
	1:04.39	2:24.01		

**Women 75-79 200 Yard Freestyle**

FLASR: 3:04.24 # 12/13/2014 Patricia Bond

1	Johnson, Lois	76	Unattached	3:32.59
	50.45	1:43.42	2:39.60	3:32.59
2	Panker, Karen	79	Unattached	3:40.86
	48.10	1:42.76	2:42.55	3:40.86
3	Hansen, Lorrie	76	Unattached	3:49.92
	48.64	1:47.07	2:49.67	3:49.92

**Women 75-79 500 Yard Freestyle**

FLASR: 8:01.54 # 12/13/2014 Patricia Bond

1	Paukert, Judy	76	Unattached	10:04.05
	57.36	1:57.23	2:58.14	3:59.76
	5:01.98	6:03.92	7:05.31	8:06.74
	9:06.99	10:04.05		
2	Hansen, Lorrie	76	Unattached	10:05.75
	50.25	1:51.79	2:53.99	3:55.23
	4:56.82	5:59.09	7:00.41	8:03.10
	9:05.61	10:05.75		

**Women 75-79 50 Yard Backstroke**

FLASR: 47.08 # 12/13/2014 Patricia Bond

1	Fabb, Geraldine	79	Unattached	52.11
2	Cohen, Janice	75	Unattached	1:16.72
3	Cook, Sue	79	Unattached	1:25.49

**Women 75-79 100 Yard Backstroke**

FLASR: 1:37.69 # 12/15/2013 Patricia Bond

1	Fabb, Geraldine	79	Unattached	1:56.72
	55.66	1:56.72		
2	Johnson, Lois	76	Unattached	2:03.47
	1:03.38	2:03.47		
3	Cohen, Janice	75	Unattached	2:50.44
	1:20.15	2:50.44		

**Women 75-79 200 Yard Backstroke**

FLASR: 3:23.39 # 12/15/2013 Patricia Bond

1	Paukert, Judy	76	Unattached	4:32.84
	1:04.33	2:13.93	3:26.08	4:32.84
2	Cohen, Janice	75	Unattached	6:02.51
	1:21.25	2:54.09	4:28.88	6:02.51

**Women 75-79 50 Yard Breaststroke**

FLASR: 48.38 # 12/1/2018 Jeanne Hackett

1	Hirr, Patrice	75	Unattached	48.89
2	Fabb, Geraldine	79	Unattached	54.64
3	Ferry, Susan	76	Unattached	1:03.17
4	Cohen, Janice	75	Unattached	1:26.90

## Florida Senior Games - State Championship - 12/7/2024

Recognized by the Florida LMSC, Sanction #: 144-R006

## Results

**Women 75-79 100 Yard Breaststroke**

FLASR: 1:44.56 # 12/7/2024 Patrice Hirr

1	Hirr, Patrice	75	Unattached	1:44.56#
	48.70	1:44.56		
2	Johnson, Lois	76	Unattached	1:58.96
	57.72	1:58.96		
3	Kessel, Judith	75	Unattached	2:52.63
	1:22.82	2:52.63		

**Women 75-79 200 Yard Breaststroke**

FLASR: 3:50.44 # 12/3/2006 Sylvia Eisele

1	Hirr, Patrice	75	Unattached	4:12.17
	51.02	1:50.02	3:12.45	4:12.17
2	Jenkins, Elizabeth	75	Unattached	4:33.69
	1:01.58	2:12.13	3:24.92	4:33.69

**Women 75-79 50 Yard Butterfly**

FLASR: 45.31 # 12/8/2024 Patrice Hirr

1	Hirr, Patrice	75	Unattached	45.31#
2	Paukert, Judy	76	Unattached	57.47
3	Fabb, Geraldine	79	Unattached	1:00.33
---	Hansen, Lorrie	76	Unattached	DQ

**Women 75-79 100 Yard Butterfly**

FLASR: 1:51.06 # 12/2/2006 Sylvia Eisele

1	Paukert, Judy	76	Unattached	2:06.75
	57.73	2:06.75		

**Women 75-79 200 Yard Butterfly**

FLASR: 4:27.41 # 12/3/2023 Judy Paukert

1	Paukert, Judy	76	Unattached	4:37.33
	1:01.29	2:12.10	3:25.32	4:37.33

**Women 75-79 100 Yard IM**

FLASR: 1:37.09 # 12/7/2024 Patrice Hirr

1	Hirr, Patrice	75	Unattached	1:37.09#
	46.90	1:37.09		
2	Johnson, Lois	76	Unattached	1:52.16
	58.28	1:52.16		
3	Fabb, Geraldine	79	Unattached	1:53.57
	55.06	1:53.57		
4	Hansen, Lorrie	76	Unattached	2:12.55
	58.63	2:12.55		

**Women 75-79 200 Yard IM**

FLASR: 3:33.84 # 12/15/2013 Patricia Bond

1	Johnson, Lois	76	Unattached	4:05.90
	1:03.23	2:09.86	3:13.41	4:05.90

**Women 75-79 400 Yard IM**

FLASR: 9:14.28 # 12/2/2023 Judy Paukert

1	Paukert, Judy	76	Unattached	9:29.57
	59.60	2:10.41	3:26.83	4:40.66
	6:04.96	7:29.90	8:30.41	9:29.57

**Women 80-84 50 Yard Freestyle**

FLASR: 42.30 # 12/8/2024 Jeanne Hackett

1	Hackett, Jeanne	81	Unattached	42.30#
2	Weston, Frances	84	Unattached	58.44

**Women 80-84 100 Yard Freestyle**

FLASR: 1:31.96 # 2001 Jean Ritchie

1	Hackett, Jeanne	81	Unattached	1:33.63
	45.04	1:33.63		
2	Weston, Frances	84	Unattached	2:09.97
	1:05.50	2:09.97		

**Women 80-84 200 Yard Freestyle**

FLASR: 3:29.41 # 12/10/2011 Mary Tusa

1	Hackett, Jeanne	81	Unattached	3:34.20
	47.97	1:42.25	2:39.68	3:34.20
2	Foley,Carolynn	81	Unattached	4:40.83
	1:05.51	2:16.14	3:29.74	4:40.83

**Women 80-84 500 Yard Freestyle**

FLASR: 8:44.79 # 12/2/2018 Patricia Bond

1	Weston, Frances	84	Unattached	12:10.52
	1:09.82	2:26.49	3:42.05	
	6:15.95	7:30.31	8:44.05	9:56.42
	11:08.68	12:10.52		
2	Foley,Carolynn	81	Unattached	12:14.36
	1:06.61			
	6:04.04	7:20.50	8:35.93	9:50.69
	12:14.36			

**Women 80-84 50 Yard Backstroke**

FLASR: 49.68 # 2002 Bunny Cederlund

1	Weston, Frances	84	Unattached	1:19.01
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**Women 80-84 200 Yard Backstroke**

FLASR: 3:54.35 # 12/6/2004 Bunny Cederlund

1	Foley,Carolynn	81	Unattached	5:07.33
	1:06.63	2:28.15	3:48.51	5:07.33

**Women 80-84 50 Yard Breaststroke**

FLASR: 51.80 # 12/2/2023 Jeanne Hackett

1	Hackett, Jeanne	81	Unattached	52.67
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**Women 80-84 100 Yard Breaststroke**

FLASR: 1:56.25 # 12/2/2023 Jeanne Hackett

1	Hackett, Jeanne	81	Unattached	1:57.29
	55.83	1:57.29		

**Women 80-84 200 Yard Breaststroke**

FLASR: 4:22.48 # 12/3/2023 Jeanne Hackett

1	Hackett, Jeanne	81	Unattached	4:22.78
	57.03	2:01.79	3:14.51	4:22.78

**Women 90-94 500 Yard Freestyle**

FLASR: 13:36.85 # 12/4/2022 Joan Campbell

1	Campbell, Joan	94	FACT	14:59.93
	1:24.72	3:00.15	4:34.77	
	7:38.46			12:06.15
	13:34.75	14:59.93		

**Men 50-54 500 Yard Freestyle**

FLASR: 5:39.47 # 2005 Brian Voisard

1	McKenna, Joel	54	Unattached	6:29.88
	34.27	1:11.71	1:49.94	2:28.83
	3:08.92	3:49.67	4:30.36	5:10.54
	5:50.61	6:29.88		

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Recognized by the Florida LMSC, Sanction #: 144-R006

## Results

**Men 50-54 100 Yard Backstroke**

FLASR: 1:00.91 # 12/11/2021 Christopher Beach

1	McKenna, Joel	54	Unattached	1:10.85
	34.80	1:10.85		

**Men 50-54 200 Yard Backstroke**

FLASR: 2:14.08 # 12/1/2007 Thomas Bliss

1	McKenna, Joel	54	Unattached	2:33.02
	36.11	1:13.99	1:53.64	2:33.02

**Men 50-54 100 Yard Breaststroke**

FLASR: 1:08.73 # 12/3/2016 Jorge Gonzalez

1	Cardozo, James	54	Unattached	1:26.78
	40.85	1:26.78		

**Men 50-54 50 Yard Butterfly**

FLASR: 25.64 # 12/6/2015 Eric Wendorf

1	McKenna, Joel	54	Unattached	29.88
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**Men 50-54 100 Yard Butterfly**

FLASR: 56.24 # 12/5/2015 Eric Wendorf

1	McKenna, Joel	54	Unattached	1:08.81
	31.85	1:08.81		

**Men 50-54 200 Yard Butterfly**

FLASR: 2:42.92 # 12/8/2024 Joel McKenna

1	McKenna, Joel	54	Unattached	2:42.92#
	35.44	1:14.61	1:56.60	2:42.92

**Men 50-54 100 Yard IM**

FLASR: 58.98 # 12/5/2015 Eric Wendorf

1	Cardozo, James	54	Unattached	1:15.11
	34.71	1:15.11		

**Men 50-54 400 Yard IM**

FLASR: 5:01.49 # 12/3/2016 Dan Beatty

1	Cardozo, James	54	Unattached	5:59.35
	39.25	1:22.79	2:10.16	2:56.39
	3:48.62	4:40.22	5:20.99	5:59.35

**Men 55-59 50 Yard Freestyle**

FLASR: 23.62 # 12/2/2012 Michael Scott

1	Haviland, Dewey	58	Unattached	24.97
2	Clear, Kirk	57	Unattached	26.58
3	Romena, Robert	58	Unattached	32.89

**Men 55-59 100 Yard Freestyle**

FLASR: 52.46 # 12/2/2012 Michael Scott

1	Haviland, Dewey	58	Unattached	52.56
	25.49	52.56		
2	Romena, Robert	58	Unattached	1:19.00
	37.71	1:19.00		

**Men 55-59 200 Yard Freestyle**

FLASR: 1:59.60 # 12/2/2023 Dewey Haviland

1	Haviland, Dewey	58	Unattached	2:00.64
	29.47	1:00.51	1:31.34	2:00.64
2	Romena, Robert	58	Unattached	3:17.87
	41.67	1:29.30	2:23.41	3:17.87

**Men 55-59 50 Yard Backstroke**

FLASR: 28.78 # 12/12/2021 David Zimmerman

1	Clear, Kirk	57	Unattached	30.09
2	Romena, Robert	58	Unattached	39.59

**Men 55-59 100 Yard Backstroke**

FLASR: 1:02.56 # 12/2/2017 David Zimmerman

1	Clear, Kirk	57	Unattached	1:08.68
	32.69	1:08.68		

**Men 55-59 50 Yard Breaststroke**

FLASR: 29.16 # 12/7/2019 Michael Aubrey

1	Lach, David	59	Unattached	39.22
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**Men 55-59 100 Yard Breaststroke**

FLASR: 1:06.37 # 12/7/2019 Michael Aubrey

1	Lach, David	59	Unattached	1:30.43
	42.04	1:30.43		
2	Romena, Robert	58	Unattached	2:03.45
	52.62	2:03.45		

**Men 55-59 50 Yard Butterfly**

FLASR: 26.65 # 12/6/2004 Thomas Peek

1	Clear, Kirk	57	Unattached	29.30
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**Men 55-59 100 Yard Butterfly**

FLASR: 59.78 # 12/5/2009 Thomas Bliss

1	Haviland, Dewey	58	Unattached	1:07.90
	30.52	1:07.90		

**Men 55-59 100 Yard IM**

FLASR: 1:01.99 # 12/1/2012 Michael Scott

1	Haviland, Dewey	58	Unattached	1:05.74
	31.08	1:05.74		
2	Clear, Kirk	57	Unattached	1:13.23
	30.89	1:13.23		
3	Lach, David	59	Unattached	1:25.73
	39.46	1:25.73		

**Men 55-59 200 Yard IM**

FLASR: 2:17.22 # 12/8/2019 Michael Aubrey

1	Haviland, Dewey	58	Unattached	2:20.63
	31.82	1:08.63	1:49.69	2:20.63

**Men 60-64 50 Yard Freestyle**

FLASR: 25.05 # 12/8/2019 Michael Smith

1	Becker, Steven	62	Unattached	26.74
2	Drongosky, Michael	64	Unattached	29.47
3	Miller, David	64	Unattached	29.59
4	Sierra, Miguel	60	Unattached	29.78
5	Claugherty, James	64	Unattached	30.22
6	Toothman, Wayne	61	Unattached	30.80

**Men 60-64 100 Yard Freestyle**

FLASR: 56.95 # 12/2/2007 Bruce Mohl

1	Drongosky, Michael	64	Unattached	1:06.83
	31.25	1:06.83		
2	Claugherty, James	64	Unattached	1:08.80
	32.43	1:08.80		
3	Toothman, Wayne	61	Unattached	1:10.64
	34.00	1:10.64		

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## Results

**(Men 60-64 100 Yard Freestyle)**

4	Miller, David	64	Unattached	1:12.34
	34.33	1:12.34		

**Men 60-64 200 Yard Freestyle****FLASR: 2:05.29 # 12/2/2017 Kern Davis**

1	Toothman, Wayne	61	Unattached	2:33.55
	34.81	1:13.26	1:54.18	2:33.55
2	Drongosky, Michael	64	Unattached	2:33.84
	32.28	1:09.45	1:51.14	2:33.84

**Men 60-64 500 Yard Freestyle****FLASR: 5:51.61 # 12/10/2011 Brian Voisard**

1	Toothman, Wayne	61	Unattached	6:48.50
	34.08	1:13.59	1:54.55	2:36.19
	3:17.83	3:59.56	4:42.00	5:24.15
	6:07.08	6:48.50		
2	Drongosky, Michael	64	Unattached	7:02.63
	37.41	1:18.84	2:02.61	2:47.00
	3:30.17	4:13.37	4:56.79	5:40.01
	6:21.85	7:02.63		

**Men 60-64 50 Yard Backstroke****FLASR: 30.09 # 12/3/2023 Albert Di Prizito**

1	Sierra, Miguel	60	Unattached	36.43
2	Miller, David	64	Unattached	43.02

**Men 60-64 100 Yard Backstroke****FLASR: 1:05.82 # 12/2/2023 Albert Di Prizito**

1	Sierra, Miguel	60	Unattached	1:22.40
	40.47	1:22.40		

**Men 60-64 200 Yard Backstroke****FLASR: 2:25.48 # 12/11/2011 Brian Voisard**

1	Becker, Steven	62	Unattached	2:43.14
	39.01	1:19.68	2:01.69	2:43.14

**Men 60-64 50 Yard Breaststroke****FLASR: 29.29 # 12/2/2023 Michael Aubrey**

1	Aubrey, Michael	63	Unattached	30.14
2	Miller, David	64	Unattached	38.23
3	Darken, Kevin	64	Unattached	43.37

**Men 60-64 100 Yard Breaststroke****FLASR: 1:06.89 # 12/2/2023 Michael Aubrey**

1	Aubrey, Michael	63	Unattached	1:10.47
	33.38	1:10.47		
2	Miller, David	64	Unattached	1:33.50
	43.13	1:33.50		
3	Darken, Kevin	64	Unattached	1:43.19
	47.15	1:43.19		

**Men 60-64 200 Yard Breaststroke****FLASR: 2:34.62 # 12/12/2021 Michael Aubrey**

1	Aubrey, Michael	63	Unattached	2:45.89
2	Darken, Kevin	64	Unattached	4:04.08
	51.68	1:53.43	2:59.21	4:04.08

**Men 60-64 50 Yard Butterfly****FLASR: 26.85 # 12/3/2023 Michael Aubrey**

1	Aubrey, Michael	63	Unattached	28.00
2	Becker, Steven	62	Unattached	28.29
3	Sierra, Miguel	60	Unattached	32.41

**Men 60-64 100 Yard Butterfly****FLASR: 1:02.00 # 12/2/2017 Kern Davis**

1	Sierra, Miguel	60	Unattached	1:20.17
	37.12	1:20.17		
---	Becker, Steven	62	Unattached	DQ
	29.39	DQ		

**Men 60-64 200 Yard Butterfly****FLASR: 2:26.34 # 12/3/2017 Kern Davis**

1	Becker, Steven	62	Unattached	2:36.12
	35.09	1:14.23	1:54.44	2:36.12

**Men 60-64 100 Yard IM****FLASR: 1:02.97 # 12/11/2021 Michael Aubrey**

1	Aubrey, Michael	63	Unattached	1:04.18
	30.66	1:04.18		
2	Clagherty, James	64	Unattached	1:21.14
	37.96	1:21.14		
3	Miller, David	64	Unattached	1:29.29
	43.04	1:29.29		

**Men 60-64 400 Yard IM****FLASR: 5:06.42 # 12/2/2017 Kern Davis**

1	Becker, Steven	62	Unattached	5:43.77
	36.09	1:16.63	2:01.05	2:44.81
	3:33.75	4:23.36	5:05.01	5:43.77

**Men 65-69 50 Yard Freestyle****FLASR: 25.47 # 12/3/2023 Michael Smith**

1	Bailey, Bret	65	Unattached	28.53
2	Charrette, Dale	67	Unattached	29.85
3	Rubel, Jon	68	Unattached	29.86
4	Simons, Robert	67	Unattached	30.18
5	Powers-Young, John	68	Unattached	30.19
6	Ouellette, Lee	67	Unattached	39.31

**Men 65-69 100 Yard Freestyle****FLASR: 58.40 # 2000 Cav Cavanaugh**

1	Bailey, Bret	65	Unattached	1:03.98
	30.63	1:03.98		
2	Simons, Robert	67	Unattached	1:05.36
	31.60	1:05.36		
3	Rubel, Jon	68	Unattached	1:07.28
	32.36	1:07.28		
4	Powers-Young, John	68	Unattached	1:09.66
	33.71	1:09.66		
5	Bak, Michael	68	Unattached	1:23.33
	39.78	1:23.33		
6	Metcalf, Don	69	Unattached	1:26.75
	42.34	1:26.75		
7	Ouellette, Lee	67	Unattached	1:46.68
	45.94	1:46.68		



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## Results

**Men 65-69 200 Yard Freestyle**

FLASR: 2:08.70 # 12/13/2014J Nathan Leech

1	Bailey, Bret	65	Unattached	2:26.01
	32.73	1:09.91	1:48.37	2:26.01
2	Simons, Robert	67	Unattached	2:26.36
	32.83	1:09.39	1:48.05	2:26.36
3	Rubel, Jon	68	Unattached	2:33.96
	34.84	1:12.86	1:52.94	2:33.96
4	Charrette, Dale	67	Unattached	2:35.23
	34.51	1:12.46	2:35.23	
5	Powers-Young, John	68	Unattached	2:46.36
	35.88	1:16.36	2:01.58	2:46.36
6	Zinner, James	68	Unattached	3:13.29
	42.78	1:31.85	2:23.33	3:13.29
7	Metcalf, Don	69	Unattached	3:24.40
	47.74	1:40.10	2:35.70	3:24.40

**Men 65-69 500 Yard Freestyle**

FLASR: 5:55.55 # 12/8/2024 Juan Cue

1	Cue, Juan	65	Unattached	5:55.55#
	33.10	1:08.24	1:44.33	2:20.71
	2:57.04	3:33.21	4:09.23	4:45.21
	5:21.15	5:55.55		
2	Bailey, Bret	65	Unattached	6:35.17
	34.25	1:12.44	1:52.07	2:32.54
	3:13.57	3:54.65	4:35.94	5:16.96
	5:56.80	6:35.17		
3	Bak, Michael	68	Unattached	8:48.15
	1:31.60	2:23.57	3:17.16	
	4:11.85	5:06.70	6:01.95	6:59.83
	8:48.15			
4	Zinner, James	68	Unattached	8:50.19
	47.32	1:40.31	2:34.21	3:28.56
	4:23.58	5:17.84	6:11.40	7:05.13
	7:59.03	8:50.19		
5	Metcalf, Don	69	Unattached	9:23.02
	47.25	1:38.09	2:33.58	3:29.21
	4:27.34	5:27.53	6:25.67	7:25.21
	8:28.79	9:23.02		

**Men 65-69 50 Yard Backstroke**

FLASR: 31.25 # 12/4/2022 Alistair Cockburn

1	Zinner, James	68	Unattached	47.50
2	Metcalf, Don	69	Unattached	50.27

**Men 65-69 100 Yard Backstroke**

FLASR: 1:08.10 # 12/1/2018 Robert Heacock

1	Zinner, James	68	Unattached	1:45.08
	51.43	1:45.08		
2	Metcalf, Don	69	Unattached	1:50.80
	56.82	1:50.80		

**Men 65-69 200 Yard Backstroke**

FLASR: 2:30.70 # 12/7/2019 Brian Voisard

1	Zinner, James	68	Unattached	3:45.42
	54.28	1:50.57	2:48.29	3:45.42
2	Swiger, Ralph	68	Unattached	3:54.23
	59.89	2:00.98	3:01.66	3:54.23

3	Metcalf, Don	69	Unattached	3:58.48
	57.46	1:59.86	3:02.34	3:58.48

**Men 65-69 50 Yard Breaststroke**

FLASR: 32.63 # 12/2/2023 Michael Smith

1	Simons, Robert	67	Unattached	39.53
2	Powers-Young, John	68	Unattached	41.11
3	Willems, John	66	Unattached	47.21

**Men 65-69 100 Yard Breaststroke**

FLASR: 1:14.46 # 12/2/2023 Michael Smith

1	Simons, Robert	67	Unattached	1:24.90
	39.83	1:24.90		

**Men 65-69 200 Yard Breaststroke**

FLASR: 2:44.90 # 12/6/2015 Rudy Vazmina

1	Simons, Robert	67	Unattached	3:06.06
	40.47	1:27.36	2:16.61	3:06.06
2	Swiger, Ralph	68	Unattached	4:17.29
	1:00.71	2:11.12	3:19.17	4:17.29

**Men 65-69 50 Yard Butterfly**

FLASR: 28.00 # 12/4/2022 Michael Smith

1	Cue, Juan	65	Unattached	28.55
2	Charrette, Dale	67	Unattached	31.18
3	Rubel, Jon	68	Unattached	34.07
4	Powers-Young, John	68	Unattached	34.53

**Men 65-69 100 Yard Butterfly**

FLASR: 1:00.44 # 12/1/2018 Rudy Vazmina

1	Cue, Juan	65	Unattached	1:02.25
	29.41	1:02.25		
2	Charrette, Dale	67	Unattached	1:14.67
	33.59	1:14.67		
3	Swiger, Ralph	68	Unattached	2:15.43
	1:08.75	2:15.43		

**Men 65-69 200 Yard Butterfly**

FLASR: 2:30.73 # 12/8/2024 Juan Cue

1	Cue, Juan	65	Unattached	2:30.73#
	34.03	1:12.79	1:52.24	2:30.73
2	Swiger, Ralph	68	Unattached	5:00.41
	1:10.45	2:32.79	3:50.88	5:00.41

**Men 65-69 100 Yard IM**

FLASR: 1:06.08 # 12/3/2016 George Schmidt

1	Charrette, Dale	67	Unattached	1:17.09
	34.98	1:17.09		
2	Bailey, Bret	65	Unattached	1:17.59
	36.44	1:17.59		
3	Powers-Young, John	68	Unattached	1:26.39
	39.61	1:26.39		
4	Zinner, James	68	Unattached	1:50.09
	52.03	1:50.09		

**Men 65-69 200 Yard IM**

FLASR: 2:29.67 # 12/4/2016 George Schmidt

1	Swiger, Ralph	68	Unattached	4:03.44
	58.04	2:05.83	3:14.28	4:03.44

## Florida Senior Games - State Championship - 12/7/2024

Recognized by the Florida LMSC, Sanction #: 144-R006

## Results

**Men 65-69 400 Yard IM**

FLASR: 5:25.08 # 12/7/2024 Juan Cue

1	Cue, Juan	65	Unattached	5:25.08#
	33.87	1:11.84	1:52.56	2:35.58
	3:24.19	4:13.09	4:50.17	5:25.08
2	Swiger, Ralph	68	Unattached	9:09.12
	1:09.95	2:23.11	3:37.26	4:47.87
	6:01.59	7:16.60	8:14.34	9:09.12

**Men 70-74 50 Yard Freestyle**

FLASR: 26.28 # 12/6/2015 Keefe Lodwig

1	McMillen, Scott	71	Unattached	29.45
2	Beuttenmuller, David	74	Unattached	30.11
3	Winslow, Timothy	74	Unattached	32.63
4	McEvoy, Martin	74	Unattached	38.77

**Men 70-74 100 Yard Freestyle**

FLASR: 58.74 # 12/6/2015 Keefe Lodwig

1	Beuttenmuller, David	74	Unattached	1:13.00
	34.91	1:13.00		
2	Waybright, Jimmy	74	Unattached	1:13.49
	34.69	1:13.49		
3	McEvoy, Martin	74	Unattached	1:21.69
	39.22	1:21.69		

**Men 70-74 200 Yard Freestyle**

FLASR: 2:13.59 # 12/5/2015 Keefe Lodwig

1	McMillen, Scott	71	Unattached	2:33.73
	34.39	1:13.99	1:55.03	2:33.73
2	Waybright, Jimmy	74	Unattached	2:46.91
	37.75	1:19.07	2:03.15	2:46.91
3	McEvoy, Martin	74	Unattached	2:58.62
	40.75	1:26.22	2:13.82	2:58.62
4	Whaley, Richard	72	Unattached	3:00.81
	41.86	1:27.11	2:15.01	3:00.81

**Men 70-74 500 Yard Freestyle**

FLASR: 6:10.49 # 12/8/2019 J Nathan Leech

1	McEvoy, Martin	74	Unattached	7:55.73
	43.72	1:30.43	2:19.24	3:07.63
	3:56.43	4:44.70	5:33.27	6:21.96
	7:10.02	7:55.73		
2	Waybright, Jimmy	74	Unattached	8:02.28
	41.41	1:26.54	2:13.72	3:01.85
	3:51.70	4:41.73	5:31.20	6:21.05
	7:12.39	8:02.28		
3	Whaley, Richard	72	Unattached	8:20.57
	44.92	1:35.38	2:26.97	3:19.41
	4:11.48	5:02.90	5:53.78	6:44.04
	7:34.90	8:20.57		
4	Jewell, Robert	71	Unattached	9:33.28
	51.41	1:47.39	2:46.65	3:45.21
	4:43.98	5:41.84	6:39.12	7:37.72
	8:33.39	9:33.28		

**Men 70-74 50 Yard Backstroke**

FLASR: 33.40 # 12/3/2023 Scott McMillen

1	Waybright, Jimmy	74	Unattached	39.47
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**Men 70-74 100 Yard Backstroke**

FLASR: 1:13.67 # 12/2/2023 Scott McMillen

1	McMillen, Scott	71	Unattached	1:19.92
	38.59	1:19.92		
2	Waybright, Jimmy	74	Unattached	1:33.20
	44.44	1:33.20		

**Men 70-74 200 Yard Backstroke**

FLASR: 2:42.84 # 12/7/2019 J Nathan Leech

1	McMillen, Scott	71	Unattached	2:57.10
	42.95	1:28.21	2:14.23	2:57.10
2	Waybright, Jimmy	74	Unattached	3:35.06
	50.93	3:35.06	3:35.06	

**Men 70-74 50 Yard Breaststroke**

FLASR: 35.16 # 12/3/2022 Rudy Vazmina

1	Campbell, Charles	70	Unattached	37.78
2	Beuttenmuller, David	74	Unattached	48.06
3	Jewell, Robert	71	Unattached	56.89

**Men 70-74 100 Yard Breaststroke**

FLASR: 1:19.50 # 12/5/2020 Rudy Vazmina

1	Campbell, Charles	70	Unattached	1:26.51
	40.69	1:26.51		
2	Jewell, Robert	71	Unattached	2:05.31
	58.91	2:05.31		

**Men 70-74 200 Yard Breaststroke**

FLASR: 2:54.00 # 12/12/2021 Hubie Kerns

1	McMillen, Scott	71	Unattached	3:27.57
	47.50	1:42.18	2:35.51	3:27.57

**Men 70-74 50 Yard Butterfly**

FLASR: 29.01 # 12/6/2015 Keefe Lodwig

1	Winslow, Timothy	74	Unattached	35.46
2	Jewell, Robert	71	Unattached	48.41

**Men 70-74 100 Yard IM**

FLASR: 1:10.80 # 12/2/2017 David Jarvis

1	Campbell, Charles	70	Unattached	1:18.20
	36.98	1:18.20		
2	Jewell, Robert	71	Unattached	1:56.93
	56.65	1:56.93		

**Men 70-74 200 Yard IM**

FLASR: 2:37.51 # 12/12/2021 Lee Childs

1	McMillen, Scott	71	Unattached	3:01.78
	41.66	1:28.69	2:23.02	3:01.78

**Men 75-79 50 Yard Freestyle**

FLASR: 27.37 # 12/8/2019 David Quiggin

*1	Helm, Wayne	75	Unattached	33.03
*1	Zarzecki, Stephen	78	Unattached	33.03
3	Wickman, Robin	79	Unattached	33.27
4	Welsh, Wayne	79	Unattached	36.89
5	Larson, David	78	Unattached	41.87
6	Cohen, Martin	77	Unattached	45.47
7	Chojnowski, Gerald	75	Unattached	47.13

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## Results

**Men 75-79 100 Yard Freestyle****FLASR: 1:00.10 # 12/8/2019 David Quiggin**

1	Helm, Wayne	75	Unattached	1:16.42
	35.18	1:16.42		
2	Zarzecki, Stephen	78	Unattached	1:22.04
	40.68	1:22.04		
3	Lacavera, Gerry	77	Unattached	1:23.42
	41.29	1:23.42		
4	Larson, David	78	Unattached	1:28.01
	43.12	1:28.01		
5	Welsh, Wayne	79	Unattached	1:37.14
	46.63	1:37.14		

**Men 75-79 200 Yard Freestyle****FLASR: 2:20.32 # 12/7/2019 David Quiggin**

1	Larson, David	78	Unattached	3:01.72
	43.73	1:30.06	2:16.99	3:01.72
2	Helm, Wayne	75	Unattached	3:02.07
	38.37	1:23.64	2:12.31	3:02.07
3	Lacavera, Gerry	77	Unattached	3:08.95
	46.01	1:35.03	2:23.27	3:08.95
4	Chojnowski, Gerald	75	Unattached	3:37.02
	51.40	1:45.37	2:41.72	3:37.02
5	Welsh, Wayne	79	Unattached	3:58.36

**Men 75-79 500 Yard Freestyle****FLASR: 6:23.69 # 12/8/2019 David Quiggin**

1	Larson, David	78	Unattached	7:57.81
	43.59	1:33.62	2:21.76	3:10.62
	3:58.64	4:46.81	5:35.43	6:23.23
	7:11.67	7:57.81		
2	Lacavera, Gerry	77	Unattached	8:42.38
	48.62	1:42.22	2:35.83	3:30.60
	4:25.34	5:17.90	6:10.06	7:02.35
	7:54.51	8:42.38		
3	Ibrahim, Nady	75	Unattached	9:14.69
	50.72	1:45.26	2:41.06	3:37.16
	4:31.64	5:28.37	6:24.53	7:21.12
	8:19.22	9:14.69		

**Men 75-79 50 Yard Backstroke****FLASR: 35.83 # 2000 Paul Hutinger**

1	Helm, Wayne	75	Unattached	39.93
2	McCaffrey, Thomas	76	Unattached	40.09
3	Wickman, Robin	79	Unattached	44.72
4	Chojnowski, Gerald	75	Unattached	54.01

**Men 75-79 100 Yard Backstroke****FLASR: 1:18.85 # 12/7/2019 David Quiggin**

1	Helm, Wayne	75	Unattached	1:28.19
	42.98	1:28.19		
2	McCaffrey, Thomas	76	Unattached	1:29.79
	42.86	1:29.79		
3	Parsons, Roger	77	Unattached	1:32.42
	45.00	1:32.42		

**Men 75-79 200 Yard Backstroke****FLASR: 2:51.94 # 12/7/2024 J Nathan Leech**

1	Leech, J Nathan	75	Unattached	2:51.94#
	40.82	1:23.92	2:08.92	2:51.94
2	Helm, Wayne	75	Unattached	3:20.06
	47.31	1:37.46	2:29.31	3:20.06
3	Parsons, Roger	77	Unattached	3:22.69
	49.12	1:41.73	2:33.85	3:22.69
4	McCaffrey, Thomas	76	Unattached	3:30.37
	47.13	1:37.67	2:34.20	3:30.37

**Men 75-79 50 Yard Breaststroke****FLASR: 38.94 # 12/13/2014 Karl Wiedamann**

1	Witaszek, Jeremy	77	Unattached	40.58
2	Wickman, Robin	79	Unattached	41.58
3	Zarzecki, Stephen	78	Unattached	43.76
4	Chojnowski, Gerald	75	Unattached	53.72

**Men 75-79 100 Yard Breaststroke****FLASR: 1:29.24 # 12/13/2014 Karl Wiedamann**

1	Witaszek, Jeremy	77	Unattached	1:32.90
	45.24	1:32.90		
2	Gustafson, Peter	79	Unattached	1:34.85
	44.67	1:34.85		
3	Wickman, Robin	79	Unattached	1:38.80
	45.95	1:38.80		
4	Chojnowski, Gerald	75	Unattached	2:00.75
	57.07	2:00.75		
5	Welsh, Wayne	79	Unattached	2:17.51
	1:04.26	2:17.51		

**Men 75-79 200 Yard Breaststroke****FLASR: 3:13.66 # 12/8/2024 J Nathan Leech**

1	Leech, J Nathan	75	Unattached	3:13.66#
	42.62	1:31.87	2:22.94	3:13.66
2	Gustafson, Peter	79	Unattached	3:31.38
	46.07	1:40.57	2:36.61	3:31.38
3	Chojnowski, Gerald	75	Unattached	4:17.46
	57.77	2:03.22	3:11.53	4:17.46

**Men 75-79 50 Yard Butterfly****FLASR: 34.07 # 12/3/2023 Robert Simons**

1	Wickman, Robin	79	Unattached	42.50
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**Men 75-79 100 Yard Butterfly****FLASR: 1:33.51 # 12/4/2010 Herbert Alvarado**

1	Ibrahim, Nady	75	Unattached	2:02.27
	56.39	2:02.27		

**Men 75-79 200 Yard Butterfly****FLASR: 3:29.38 # 12/8/2024 J Nathan Leech**

1	Leech, J Nathan	75	Unattached	3:29.38#
	42.19	1:33.43	2:29.48	3:29.38
2	Ibrahim, Nady	75	Unattached	4:37.16
	1:02.22	2:09.59	3:26.80	4:37.16

**Men 75-79 100 Yard IM****FLASR: 1:16.73 # 12/7/2024 J Nathan Leech**

1	Leech, J Nathan	75	Unattached	1:16.73#
	35.21	1:16.73		

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## Results

<b>(Men 75-79 100 Yard IM)</b>				2 Cannan, Patrick	84 Unattached	11:05.57	
2 Wickman, Robin	79 Unattached	1:36.08		59.05			
		47.34	1:36.08	5:32.08	6:40.49	8:54.93	
3 Zarzecki, Stephen	78 Unattached	1:37.00		10:02.51	11:05.57		
		49.47	1:37.00				
<b>Men 75-79 200 Yard IM</b>				<b>Men 80-84 50 Yard Backstroke</b>			
<b>FLASR: 2:55.76 # 12/8/2024 J Nathan Leech</b>				<b>FLASR: 36.13 # 12/2/2018 Tom Verth</b>			
1 Leech, J Nathan	75 Unattached	2:55.76#		1 Delauzon, Joseph	82 Unattached	58.00	
		39.70	1:24.19	2 Miller, Andrew	83 Unattached	1:01.78	
		2:16.54	2:55.76				
2 Ibrahim, Nady	75 Unattached	4:00.46		<b>Men 80-84 100 Yard Backstroke</b>			
		2:05.08	3:09.52	<b>FLASR: 1:27.86 # 12/6/2004 Paul Hutinger</b>			
		4:00.46		1 Delauzon, Joseph	82 Unattached	2:06.53	
<b>Men 75-79 400 Yard IM</b>						1:02.83	2:06.53
<b>FLASR: 6:26.06 # 12/7/2024 J Nathan Leech</b>				<b>Men 80-84 50 Yard Breaststroke</b>			
1 Leech, J Nathan	75 Unattached	6:26.06#		<b>FLASR: 38.63 # 12/11/2021 Mike Freshley</b>			
		41.91	1:32.26	1 Freshley, Mike	83 Unattached	46.23	
		4:04.93	5:02.23	2 Schenk, Martin	82 Unattached	47.92	
		5:45.71	6:26.06	3 Delauzon, Joseph	82 Unattached	55.88	
2 Ibrahim, Nady	75 Unattached	8:39.20		4 Disterdick, John	82 Unattached	1:00.96	
		1:00.85	2:14.53	5 Wood, Fred	84 Unattached	1:02.50	
		5:44.94	6:53.86				
		7:46.69	8:39.20	<b>Men 80-84 100 Yard Breaststroke</b>			
<b>Men 80-84 50 Yard Freestyle</b>				<b>FLASR: 1:28.01 # 12/11/2021 Mike Freshley</b>			
<b>FLASR: 29.67 # 12/2/2018 Tom Verth</b>				1 Freshley, Mike	83 Unattached	1:43.43	
1 Disterdick, John	82 Unattached	36.12		2 Schenk, Martin	82 Unattached	1:48.04	
2 Freshley, Mike	83 Unattached	37.31				50.60	1:48.04
3 Miller, Andrew	83 Unattached	43.63		3 Delauzon, Joseph	82 Unattached	2:19.51	
4 Cannan, Patrick	84 Unattached	50.35				1:06.18	2:19.51
<b>Men 80-84 100 Yard Freestyle</b>				<b>Men 80-84 200 Yard Breaststroke</b>			
<b>FLASR: 1:21.15 # 12/8/2019 Cav Cavanaugh</b>				<b>FLASR: 3:21.33 # 12/3/2023 Mike Freshley</b>			
1 Freshley, Mike	83 Unattached	1:26.58		1 Freshley, Mike	83 Unattached	3:51.49	
		40.53	1:26.58			1:50.38	2:51.11
		2:30.91	3:25.34	2 Schenk, Martin	82 Unattached	4:00.41	
2 Schenk, Martin	82 Unattached	1:26.59				52.97	1:55.50
		41.12	1:26.59	3 Delauzon, Joseph	82 Unattached	5:10.35	
		2:39.13	3:36.20			1:09.43	2:29.32
3 Disterdick, John	82 Unattached	1:31.33				3:51.84	5:10.35
		41.95	1:31.33				
4 Miller, Andrew	83 Unattached	1:38.60		<b>Men 80-84 50 Yard Butterfly</b>			
		45.46	1:38.60	<b>FLASR: 36.43 # 12/2/2018 Tom Verth</b>			
5 Cannan, Patrick	84 Unattached	1:52.65		1 Miller, Andrew	83 Unattached	1:00.42	
<b>Men 80-84 200 Yard Freestyle</b>				<b>Men 80-84 100 Yard IM</b>			
<b>FLASR: 3:04.54 # 12/7/2019 Cav Cavanaugh</b>				<b>FLASR: 1:22.20 # 12/11/2021 Mike Freshley</b>			
1 Schenk, Martin	82 Unattached	3:25.34		1 Freshley, Mike	83 Unattached	1:43.36	
		46.70	1:36.80			52.06	1:43.36
		2:30.91	3:25.34	2 Disterdick, John	82 Unattached	2:09.61	
2 Disterdick, John	82 Unattached	3:36.20		--- Schenk, Martin	82 Unattached	DQ	
		44.28	1:40.72			58.86	DQ
		2:39.13	3:36.20				
3 Cannan, Patrick	84 Unattached	4:09.25		<b>Men 80-84 400 Yard IM</b>			
		56.21	1:59.77	<b>FLASR: 8:07.93 # 12/3/2016 Jerry Marchbanks</b>			
		3:07.11	4:09.25	1 Ulanowicz, Robert	81 Unattached	10:49.17	
4 Wood, Fred	84 Unattached	4:24.34				1:13.87	2:46.57
		54.99	2:03.06			4:15.76	5:36.11
		3:16.49	4:24.34			7:06.44	8:34.69
		9:04.65	10:03.62			10:49.17	

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## Results

**Men 85-89 50 Yard Freestyle**

FLASR: 36.52 # 12/12/2021 Cav Cavanaugh

1 Dively, Michael 86 Unattached 39.26

**Men 85-89 100 Yard Freestyle**

FLASR: 1:25.21 # 12/12/2021 Cav Cavanaugh

1 Dively, Michael 86 Unattached 1:40.59

**Men 85-89 200 Yard Freestyle**

FLASR: 3:22.58 # 12/11/2021 Cav Cavanaugh

1 Dively, Michael 86 Unattached 3:52.55  
47.71 2:50.20 3:52.55**Men 85-89 50 Yard Backstroke**

FLASR: 43.62 # 12/8/2019 Skip Monsein

1 Dively, Michael 86 Unattached 58.37

**Men 85-89 100 Yard Backstroke**

FLASR: 1:36.97 # 12/7/2019 Skip Monsein

1 Dively, Michael 86 Unattached 2:06.76  
2:06.76 2:06.76**Men 85-89 100 Yard IM**

FLASR: 1:50.69 # 12/5/2020 Jerry Marchbanks

1 Dively, Michael 86 Unattached 2:04.69  
1:04.81 2:04.69**Women 65+ 200 Yard Freestyle Relay**

FLASR: 2:20.97 # 12/7/2024 Unattached

**K Taylor, M Medendorp, P Hirt, D Fisk**1 Unattached A 2:20.97#  
1) Taylor, Karen W69 2) Medendorp, Marjorie W71  
3) Hirt, Patrice W75 4) Fisk, Debbie W67  
34.79 1:06.41 1:48.11 2:20.97**Women 65+ 200 Yard Medley Relay**

FLASR: 2:45.92 # 12/8/2024 Unattached

**P Hirt, K Taylor, D Fisk, M Medendorp**1 Unattached A 2:45.92#  
1) Hirt, Patrice W75 2) Taylor, Karen W69  
3) Fisk, Debbie W67 4) Medendorp, Marjorie W71  
45.23 1:29.95 2:45.92 2:45.92**Men 55+ 200 Yard Freestyle Relay**

FLASR: 1:47.47 # 12/3/2022 VAST

**D Haviland, M Finley, J Williams, M Uriarte**1 Unattached B 1:53.36  
1) Cue, Juan M65 2) Clear, Kirk M57  
3) Charrette, Dale M67 4) Aubrey, Michael M63  
26.59 54.55 1:26.19 1:53.36  
2 Unattached A 2:29.87  
1) Waybright, Jimmy M74 2) Ibrahim, Nady M75  
3) Swiger, Ralph M68 4) Romena, Robert M58  
32.97 1:24.33 1:56.66 2:29.87**Men 55+ 200 Yard Medley Relay**

FLASR: 1:59.57 # 12/3/2023 FL

**S McMillen, M Aubrey, D Charrette, M Smith**1 Unattached A 1:59.93  
1) Clear, Kirk M57 2) Aubrey, Michael M63  
3) Charrette, Dale M67 4) Cue, Juan M65  
30.49 1:02.46 1:33.46 1:59.93**Men 65+ 200 Yard Medley Relay**

FLASR: 2:13.58 # 12/14/2014 Florida Aquatic

**J Leech, M Schenk, D Jarvis, R Lyons**1 Unattached A 3:12.28  
1) Waybright, Jimmy M74 2) Swiger, Ralph M68  
3) Ibrahim, Nady M75 4) Disterdick, John M82  
47.85 1:00.45 1:37.15 3:12.28**Mixed 45+ 200 Yard Freestyle Relay**

FLASR: 1:53.94 # 12/1/2018 Residents - Fla

**M Smith, T Brandt, K Westerman, R Russell**1 Unattached A 2:15.23  
1) Simons, Robert M67 2) Myszewski, Charlene W62  
3) Vaillancourt, Vicki W62 4) McKenna, Joel M54  
30.10 1:10.02 1:46.97 2:15.23