

Good Life Games (Swimming) - 1/11/2025

Sanction #: 145-R001

Meet Program - Saturday

Event 1 Mixed 400 LC Meter IM

50-54W Goodl:	6:05.56	3/9/2024	Alison Hayden
55-59W Goodl:	6:21.47	2/29/2020	Jane Esahak-Gage
60-64W Goodl:	6:16.95	3/5/2022	Jane Esahak-Gage
65-69W Goodl:	7:22.25	3/18/2023	Nancy Kryka
70-74W Goodl:	9:46.79	3/18/2023	Martha Dennis
85-89W Goodl:	13:56.05	7/31/2021	Martha Henderson
60-64M Goodl:	5:53.13	3/10/2018	Kern Davis
65-69M Goodl:	6:27.43	2/29/2020	Kern Davis
70-74M Goodl:	6:45.19	3/9/2024	Kern Davis
75-79M Goodl:	8:22.56	2/29/2020	Mike Freshley

Lane Name Age Team Seed Time

Heat 1 of 1 Finals Starts at 09:00 AM

1	Roth Cohen, Karin	W77	LAKM	11:58.00	___
2	Dennis, Martha	W73	KISS	9:42.10	___
3	Kupan, Cheryl	W61	SAIN	8:00.00	___
4	Januszewski, Cindy	W59	INVE	9:00.00	___
5	Lohrbach, Claire	W66	TAMP	10:30.00	___
6					___

Event 2 Mixed 50 LC Meter Backstroke

50-54W Goodl:	35.07	3/18/2023	Paula Texel
55-59W Goodl:	36.38	3/18/2023	Karen Westerman
60-64W Goodl:	40.60	3/8/2014	Annie Guins
65-69W Goodl:	39.12	3/9/2019	Davenia Navaroli
70-74W Goodl:	41.68	2/29/2020	Diann Uustal
75-79W Goodl:	52.91	3/8/2014	Patricia Bond
80-84W Goodl:	48.04	3/13/2010	Betty Lorenzi
85-89W Goodl:	52.71	3/10/2012	Betty Lorenzi
90-94W Goodl:	1:37.14	3/18/2023	Joan Campbell
45-49M Goodl:	41.76	3/9/2024	Samuel Zweibelson

Lane Name Age Team Seed Time

Heat 1 of 4 Finals Starts at 09:13 AM

1	Christensen, David	M51	ORLA	NT	___
2	Owen, Mary Catherine	W78	BEVE	NT	___
3	Tullman, Patricia	W88	TAMP	NT	___
4	Boehm, Jack	M85	BEAC	NT	___
5	Lowther, Jocelyn	W71	COCO	NT	___
6					___

Heat 2 of 4 Finals Starts at 09:14 AM

1	Moucha, Sue	W67	VALR	1:22.53	___
2	Messer, Nita	W67	HERN	1:05.00	___
3	Dively, Michael	M87	WINT	1:00.35	___
4	Harrington, Patrick	M73	SUN	1:04.00	___
5	Campbell, Joan K	W95	PALH	1:19.23	___
6	Mitchell, Jack	M86	VENI	1:43.20	___

Heat 3 of 4 Finals Starts at 09:17 AM

1	Clark, Dawn	W61	ST P	50.25	___
2	Freshley, Mike	M84	ORLA	50.00	___
3	Brookes, Brita	W58	FERN	48.31	___
4	Blair, Deb	W67	PALC	48.84	___
5	Cobb, Dianne	W70	CLEA	50.00	___
6	Laux, Michael	M84	OSPR	1:00.00	___

Heat 4 of 4 Finals Starts at 09:19 AM

1	Slockett, Robert	M69	PINE	45.84	___
2	Cothren, John	M76	SAVA	42.00	___
3	Stewart, Ann	W55	LAKE	36.50	___
4	Texel, Paula	W55	CLEA	39.00	___
5	Securo, Joseph	M69	SARA	44.55	___
6	Clinton, Marjory	W72	PALC	48.00	___

Event 3 Mixed 100 LC Meter Butterfly

50-54W Goodl:	1:17.34	3/9/2024	Alison Hayden
55-59W Goodl:	1:19.38	3/5/2022	Karen Westerman
60-64W Goodl:	1:24.24	3/5/2022	Jane Esahak-Gage
65-69W Goodl:	1:41.01	3/5/2022	Nancy Kryka
70-74W Goodl:	2:01.63	3/5/2022	Linda Fulton
75-79W Goodl:	2:05.72	2004	Sylvia Eisele
80-84W Goodl:	2:36.46	3/11/2017	Patricia Tullman
85-89W Goodl:	2:59.53	2007	June Reynolds
50-54M Goodl:	1:14.71	7/31/2021	Eric Herman
55-59M Goodl:	1:21.23	3/13/2010	Clifford Patterson

Lane Name Age Team Seed Time

Heat 1 of 1 Finals Starts at 09:20 AM

1					___
2	Lohrbach, Claire	W66	TAMP	2:30.00	___
3	Hayden, Alison	W53	NEWC	1:17.32	___
4	Taback, Megyn	W52	CORA	1:40.00	___
5	Roth Cohen, Karin	W77	LAKM	4:02.00	___
6					___

Event 4 Mixed 200 LC Meter Breaststroke

50-54W Goodl:	3:21.15	3/14/2015	Paula Cunio
55-59W Goodl:	3:39.12	3/9/2024	Karen Westerman
60-64W Goodl:	3:38.86	3/14/2015	Nikki Holbrook
65-69W Goodl:	4:07.40	3/14/2015	June Carson
70-74W Goodl:	4:21.62	3/9/2019	Martha Samuelson
75-79W Goodl:	4:22.53	2006	Sylvia Eisele
80-84W Goodl:	4:37.64	3/21/2009	Sylvia Eisele
85-89W Goodl:	5:18.59	3/8/2014	Sylvia Eisele
50-54M Goodl:	2:53.39	7/31/2021	Jim Harper
55-59M Goodl:	3:09.81	3/10/2018	James Matysek

Lane Name Age Team Seed Time

Heat 1 of 2 Finals Starts at 09:25 AM

1					___
2	Dennis, Martha	W73	KISS	5:49.10	___
3	Mitchell, Carol	W76	VENI	5:01.06	___
4	Wrassmann, David	M71	DUNE	5:04.52	___
5					___
6					___

Heat 2 of 2 Finals Starts at 09:31 AM

1	Schenk, Martin	M83	VILL	4:40.00	___
2	Westerman, Karen	W58	LAND	3:49.12	___
3	Matysek, Jim	M66	SARA	3:12.05	___
4	Freshley, Mike	M84	ORLA	3:40.00	___
5	Slockett, Robert	M69	PINE	3:58.68	___
6	Kupan, Cheryl	W61	SAIN	5:00.00	___

Good Life Games (Swimming) - 1/11/2025

Sanction #: 145-R001

Meet Program - Saturday

Event 5 Mixed 100 LC Meter Freestyle

45-49W Goodl:	1:18.96	3/18/2023	Megyn Taback
50-54W Goodl:	1:09.63	3/18/2023	Paula Texel
55-59W Goodl:	1:11.45	3/18/2023	Karen Westerman
60-64W Goodl:	1:17.09	3/10/2018	Nancy Kryka
65-69W Goodl:	1:13.50	3/5/2022	Tracil Grilli
70-74W Goodl:	1:32.27	1996	Florence Carr
75-79W Goodl:	1:31.47	3/18/2023	June Carson
80-84W Goodl:	1:37.85	2007	Jean Troy
85-89W Goodl:	1:44.50	3/10/2012	Jean Troy
90-94W Goodl:	2:05.28	3/11/2017	Jean Troy

Lane Name Age Team Seed Time

Heat 1 of 6 Finals Starts at 09:37 AM

1				
2	Christensen, David	M51 ORLA	NT	___
3	Lowther, Jocelyn	W71 COCO	NT	___
4	Steinmann, Sharon	W67 ST P	NT	___
5				___
6				___

Heat 2 of 6 Finals Starts at 09:39 AM

1	Owen, Mary Catherine	W78 BEVE	NT	___
2	Campbell, Joan K	W95 PALH	2:39.12	___
3	Januszewski, Cindy	W59 INVE	2:10.00	___
4	Alexander, Rich	M70 HILT	2:30.00	___
5	Mitchell, Jack	M86 VENI	NT	___
6				___

Heat 3 of 6 Finals Starts at 09:42 AM

1	Tullman, Patricia	W88 TAMP	2:03.29	___
2	Dively, Michael	M87 WINT	1:53.73	___
3	Jacobson, Geraldine	W75 ST P	1:46.35	___
4	Olmsted, Roxanne	W75 VILL	1:50.00	___
5	Messer, Nita	W67 HERN	1:55.00	___
6	Bogue, Sherri	W61 CLEA	2:03.31	___

Heat 4 of 6 Finals Starts at 09:44 AM

1	McEvoy, Martin	M75 VENI	1:40.00	___
2	Panker, Karen	W80 LADY	1:37.89	___
3	Mathews, Scott	M75 OSPR	1:35.70	___
4	Blair, Deb	W67 PALC	1:36.01	___
5	Schenk, Martin	M83 VILL	1:39.47	___
6	Hackett, Jeanne	W82 VILL	1:46.23	___

Heat 5 of 6 Finals Starts at 09:47 AM

1	Cobb, Dianne	W70 CLEA	1:35.00	___
2	Clinton, Marjory	W72 PALC	1:33.00	___
3	Freshley, Mike	M84 ORLA	1:25.00	___
4	Clark, Dawn	W61 ST P	1:26.25	___
5	Carson, June	W77 SARA	1:35.00	___
6	Harrington, Patrick	M73 SUN	1:35.00	___

Heat 6 of 6 Finals Starts at 09:49 AM

1	Brookes, Brita	W58 FERN	1:21.62	___
2	Texel, Paula	W55 CLEA	1:15.00	___
3	Hayden, Alison	W53 NEWC	1:08.50	___
4	Herman, Eric	M54 ST P	1:09.00	___
5	Nevid, Nancy	W70 SARA	1:16.82	___
6	Keiser, Richard	M81 PINE	1:24.00	___

Event 6 Mixed 200 LC Meter Backstroke

50-54W Goodl:	2:46.71	3/5/2022	Paula Texel
55-59W Goodl:	2:52.77	3/5/2022	Karen Westerman
60-64W Goodl:	3:13.47	3/9/2013	Karlene Denby
65-69W Goodl:	3:05.39	3/9/2024	Zena Courtney
70-74W Goodl:	3:26.94	3/5/2022	Linda Fulton
75-79W Goodl:	3:55.42	3/8/2014	Patricia Bond
80-84W Goodl:	3:53.12	3/13/2010	Betty Lorenzi
85-89W Goodl:	4:01.09	3/9/2013	Betty Lorenzi
90-94W Goodl:	6:53.11	3/5/2022	Joan Campbell
50-54M Goodl:	3:06.72	2005	Cliff Patterson

Lane Name Age Team Seed Time

Heat 1 of 3 Finals Starts at 09:51 AM

1				
2	Boehm, Jack	M85 BEAC	NT	___
3	Campbell, Joan K	W95 PALH	6:40.99	___
4	Roth Cohen, Karin	W77 LAKM	7:35.00	___
5				___
6				___

Heat 2 of 3 Finals Starts at 09:59 AM

1	Laux, Michael	M84 OSPR	5:50.00	___
2	Tullman, Patricia	W88 TAMP	5:31.48	___
3	Wrassmann, David	M71 DUNE	4:34.12	___
4	Mitchell, Carol	W76 VENI	4:49.80	___
5	Moucha, Sue	W67 VALR	5:49.98	___
6	Mitchell, Jack	M86 VENI	6:36.50	___

Heat 3 of 3 Finals Starts at 10:06 AM

1	Leahy, John	M63 ESTE	4:05.00	___
2	Slockett, Robert	M69 PINE	3:57.09	___
3	Securo, Joseph	M69 SARA	3:16.00	___
4	Steinmann, Sharon	W67 ST P	3:45.00	___
5	Kupan, Cheryl	W61 SAIN	4:00.00	___
6	Dennis, Martha	W73 KISS	4:17.22	___

Event 7 Mixed 50 LC Meter Breaststroke

45-49W Goodl:	43.45	3/18/2023	Megyn Taback
50-54W Goodl:	38.47	2005	Deb Walker
55-59W Goodl:	41.16	3/18/2023	Delyth Cunnah
60-64W Goodl:	41.67	3/9/2013	Deb Walker
65-69W Goodl:	46.00	3/14/2015	Julianna Holbrook
70-74W Goodl:	51.49	2002	Sylvia Eisele
75-79W Goodl:	48.69	2005	Sylvia Eisele
80-84W Goodl:	56.91	3/21/2009	Sylvia Eisele
85-89W Goodl:	1:02.44	3/8/2014	Sylvia Eisele
90-94W Goodl:	1:14.64	3/11/2017	Jean Troy

Lane Name Age Team Seed Time

Heat 1 of 4 Finals Starts at 10:11 AM

1				
2	Clark, Dawn	W61 ST P	NT	___
3	Owen, Mary Catherine	W78 BEVE	NT	___
4	Lowther, Jocelyn	W71 COCO	NT	___
5				___
6				___

Good Life Games (Swimming) - 1/11/2025

Sanction #: 145-R001

Meet Program - Saturday

Heat 2 Finals (#7 Mixed 50 LC Meter Breaststroke)

1	Jacobson, Geraldine	W75	ST P	1:03.63	___
2	Panker, Karen	W80	LADY	55.00	___
3	Carson, June	W77	SARA	54.00	___
4	Messer, Nita	W67	HERN	55.00	___
5	Hackett, Jeanne	W82	VILL	59.16	___
6	Laux, Michael	M84	OSPR	1:10.00	___

Heat 3 of 4 Finals Starts at 10:14 AM

1	Cobb, Dianne	W70	CLEA	52.00	___
2	Slockett, Robert	M69	PINE	48.52	___
3	Stewart, Ann	W55	LAKE	46.00	___
4	Keiser, Richard	M81	PINE	48.00	___
5	Blair, Deb	W67	PALC	51.34	___
6	Schenk, Martin	M83	VILL	53.00	___

Heat 4 of 4 Finals Starts at 10:16 AM

1	Taback, Megyn	W52	CORA	45.00	___
2	Matysek, Jim	M66	SARA	40.03	___
3	Veilleux, Marco	M63	SARA	33.12	___
4	Groselle, Jack	M71	HIRA	39.00	___
5	Herman, Eric	M54	ST P	41.00	___
6	Freshley, Mike	M84	ORLA	45.00	___

Event 8 Mixed 200 LC Meter Butterfly

50-54W Goodl:	2:53.37	7/31/2021	Allison Hayden
55-59W Goodl:	3:18.56	2/29/2020	Jane Esahak-Gage
60-64W Goodl:	3:19.77	3/5/2022	Jane Esahak-Gage
65-69W Goodl:	3:50.04	3/18/2023	Nancy Kryka
70-74W Goodl:	5:28.51	3/18/2023	Martha Dennis
80-84W Goodl:	6:00.34	3/11/2017	Patricia Tullman
60-64M Goodl:	2:54.35	3/11/2017	Kern Davis
65-69M Goodl:	3:18.67	2/29/2020	Kern Davis
75-79M Goodl:	4:20.80	2/29/2020	Eliot Winokur

Lane Name Age Team Seed Time

Heat 1 of 1 Finals Starts at 10:17 AM

1					___
2	Dennis, Martha	W73	KISS	5:15.30	___
3	Hayden, Alison	W53	NEWC	2:50.00	___
4	Lohrbach, Claire	W66	TAMP	5:00.00	___
5	Roth Cohen, Karin	W77	LAKM	8:15.00	___
6					___

Event 9 Mixed 50 LC Meter Freestyle

45-49W Goodl:	34.34	3/18/2023	Megyn Taback
50-54W Goodl:	31.18	3/18/2023	Paula Texel
55-59W Goodl:	31.42	3/18/2023	Delyth Cunnah
60-64W Goodl:	32.38	2/29/2020	Susan Tokayer
65-69W Goodl:	33.56	3/5/2022	Tracil Grilli
70-74W Goodl:	35.80	3/10/2018	June Carson
75-79W Goodl:	38.94	3/18/2023	June Carson
80-84W Goodl:	47.07	3/11/2017	Patricia Tullman
85-89W Goodl:	46.87	3/10/2012	Jean Troy
90-94W Goodl:	55.52	3/11/2017	Jean Troy

Lane Name Age Team Seed Time

Heat 1 of 6 Finals Starts at 10:26 AM

1					___
2	Lowther, Jocelyn	W71	COCO		NT
3	Boehm, Jack	M85	BEAC		NT
4	Owen, Mary Catherine	W78	BEVE		NT
5					___
6					___

Heat 2 of 6 Finals Starts at 10:27 AM

1					___
2	Campbell, Joan K	W95	PALH	1:08.58	___
3	Tullman, Patricia	W88	TAMP	55.62	___
4	Alexander, Rich	M70	HILT	1:00.00	___
5	Moucha, Sue	W67	VALR	1:19.30	___
6					___

Heat 3 of 6 Finals Starts at 10:29 AM

1	Messer, Nita	W67	HERN	52.00	___
2	Laux, Michael	M84	OSPR	50.00	___
3	McEvoy, Martin	M75	VENI	46.00	___
4	Hackett, Jeanne	W82	VILL	49.60	___
5	Jacobson, Geraldine	W75	ST P	50.71	___
6	Bogue, Sherri	W61	CLEA	54.00	___

Heat 4 of 6 Finals Starts at 10:30 AM

1	Harrington, Patrick	M73	SUN	45.00	___
2	Schenk, Martin	M83	VILL	42.67	___
3	Blair, Deb	W67	PALC	41.07	___
4	Mathews, Scott	M75	OSPR	41.40	___
5	Dively, Michael	M87	WINT	43.70	___
6	Clark, Dawn	W61	ST P	45.25	___

Heat 5 of 6 Finals Starts at 10:32 AM

1	Carson, June	W77	SARA	40.00	___
2	Keiser, Richard	M81	PINE	38.00	___
3	Leahy, John	M63	ESTE	36.00	___
4	Brookes, Brita	W58	FERN	37.64	___
5	Freshley, Mike	M84	ORLA	39.00	___
6	Clinton, Marjory	W72	PALC	41.00	___

Heat 6 of 6 Finals Starts at 10:33 AM

1	Westerman, Karen	W58	LAND	35.03	___
2	Stewart, Ann	W55	LAKE	31.50	___
3	Herman, Eric	M54	ST P	30.00	___
4	Groselle, Jack	M71	HIRA	31.00	___
5	Texel, Paula	W55	CLEA	35.00	___
6	Nevid, Nancy	W70	SARA	35.32	___

Good Life Games (Swimming) - 1/11/2025

Sanction #: 145-R001

Meet Program - Saturday

Event 10 Mixed 200 LC Meter IM

50-54W Goodl:	2:50.07	3/9/2024	Alison Hayden
55-59W Goodl:	2:58.71	3/9/2024	Karen Westerman
60-64W Goodl:	2:59.21	3/5/2022	Jane Esahak-Gage
65-69W Goodl:	3:19.56	2/29/2020	Peggy McDonnell
70-74W Goodl:	4:02.03	3/10/2012	Patricia Bond
75-79W Goodl:	4:06.12	3/9/2013	Patricia Bond
80-84W Goodl:	4:25.50	2007	Jean Troy
85-89W Goodl:	5:33.79	3/12/2016	Jean Troy
90-94W Goodl:	5:52.37	3/10/2018	Jean Troy
50-54M Goodl:	3:15.45	2006	Clifford Patterson

Lane Name Age Team Seed Time

Heat 1 of 2 Finals Starts at 10:34 AM

1	Christensen, David	M51	ORLA	NT	___
2	Roth Cohen, Karin	W77	LAKM	6:45.00	___
3	Dennis, Martha	W73	KISS	4:40.22	___
4	Olmsted, Roxanne	W75	VILL	6:35.00	___
5	Hayden, Alison	W53	NEWC	NT	___
6					___

Heat 2 of 2 Finals Starts at 10:41 AM

1	Kupan, Cheryl	W61	SAIN	4:22.00	___
2	Januszewski, Cindy	W59	INVE	4:00.00	___
3	Freshley, Mike	M84	ORLA	3:50.00	___
4	Leahy, John	M63	ESTE	3:55.00	___
5	Panker, Karen	W80	LADY	4:15.44	___
6	Lohrbach, Claire	W66	TAMP	4:30.00	___

Event 11 Mixed 100 LC Meter Backstroke

50-54W Goodl:	1:15.62	3/5/2022	Ann Stewart
55-59W Goodl:	1:20.68	3/18/2023	Karen Westerman
60-64W Goodl:	1:33.12	3/9/2013	Karlene Denby
65-69W Goodl:	1:25.22	3/9/2024	Zena Courtney
70-74W Goodl:	1:29.49	2/29/2020	Diann Uustal
75-79W Goodl:	1:45.64	7/31/2021	Chris Gilligan
80-84W Goodl:	1:49.52	3/21/2009	Betty Lorenzi
85-89W Goodl:	1:53.28	3/10/2012	Betty Lorenzi
90-94W Goodl:	3:05.85	2/29/2020	Joan Campbell
50-54M Goodl:	1:13.39	7/31/2021	Jim Harper

Lane Name Age Team Seed Time

Heat 1 of 4 Finals Starts at 10:46 AM

1					___
2	Christensen, David	M51	ORLA	NT	___
3	Owen, Mary Catherine	W78	BEVE	NT	___
4	Dennis, Martha	W73	KISS	NT	___
5					___
6					___

Heat 2 of 4 Finals Starts at 10:48 AM

1	Campbell, Joan K	W95	PALH	NT	___
2	Roth Cohen, Karin	W77	LAKM	3:25.00	___
3	Tullman, Patricia	W88	TAMP	2:27.42	___
4	Moucha, Sue	W67	VALR	2:56.23	___
5	Mitchell, Jack	M86	VENI	4:05.20	___
6	Boehm, Jack	M85	BEAC	NT	___

Heat 3 of 4 Finals Starts at 10:53 AM

1	Dively, Michael	M87	WINT	2:16.56	___
2	Cobb, Dianne	W70	CLEA	2:03.00	___
3	Steinmann, Sharon	W67	ST P	1:47.00	___
4	Clark, Dawn	W61	ST P	1:50.24	___
5	Wrassmann, David	M71	DUNE	2:07.55	___
6	Januszewski, Cindy	W59	INVE	2:20.00	___

Heat 4 of 4 Finals Starts at 10:56 AM

1	Leahy, John	M63	ESTE	1:45.00	___
2	Securo, Joseph	M69	SARA	1:33.00	___
3	Stewart, Ann	W55	LAKE	1:18.00	___
4	Texel, Paula	W55	CLEA	1:25.00	___
5	Slockett, Robert	M69	PINE	1:44.08	___
6	Kupan, Cheryl	W61	SAIN	1:45.00	___

Event 12 Mixed 50 LC Meter Butterfly

45-49W Goodl:	39.77	3/18/2023	Megyn Taback
50-54W Goodl:	33.86	2/29/2020	Karen Westerman
55-59W Goodl:	34.33	3/5/2022	Karen Westerman
60-64W Goodl:	35.01	2/29/2020	Susan Tokayer
65-69W Goodl:	45.36	2008	Susan Meyers
70-74W Goodl:	49.62	3/5/2022	Linda Fulton
75-79W Goodl:	53.32	2004	Sylvia Eisele
80-84W Goodl:	59.95	3/10/2018	Patricia Tullman
85-89W Goodl:	1:15.37	2007	June Reynolds
45-49M Goodl:	35.24	3/9/2024	Samuel Zweibelson

Lane Name Age Team Seed Time

Heat 1 of 2 Finals Starts at 10:59 AM

1					___
2	Laux, Michael	M84	OSPR	1:00.00	___
3	Brookes, Brita	W58	FERN	47.65	___
4	Freshley, Mike	M84	ORLA	52.00	___
5	Tullman, Patricia	W88	TAMP	1:11.19	___
6					___

Heat 2 of 2 Finals Starts at 11:00 AM

1	Clinton, Marjory	W72	PALC	47.00	___
2	Nevid, Nancy	W70	SARA	39.64	___
3	Herman, Eric	M54	ST P	34.00	___
4	Stewart, Ann	W55	LAKE	36.50	___
5	Taback, Megyn	W52	CORA	40.00	___
6	Blair, Deb	W67	PALC	47.38	___

Good Life Games (Swimming) - 1/11/2025

Sanction #: 145-R001

Meet Program - Saturday

Event 13 Mixed 200 LC Meter Freestyle

50-54W Goodl:	2:32.97	3/5/2022	Ann Stewart
55-59W Goodl:	2:35.41	3/18/2023	Karen Westerman
60-64W Goodl:	2:30.62	3/9/2024	Kelly Palace
65-69W Goodl:	2:41.60	3/5/2022	Tracil Grilli
70-74W Goodl:	3:07.14	3/10/2015	June Carson
75-79W Goodl:	3:24.08	3/18/2023	June Carson
80-84W Goodl:	3:33.78	2007	Jean Troy
85-89W Goodl:	3:50.25	3/10/2012	Jean Troy
90-94W Goodl:	5:20.72	2/29/2020	Joan Campbell
50-54M Goodl:	2:20.39	3/11/2017	Dima Krieger

Lane Name Age Team Seed Time

Heat 1 of 5 Finals Starts at 11:02 AM

1				
2	Christensen, David	M51 ORLA	NT	___
3	Mitchell, Jack	M86 VENI	6:51.70	___
4	Lowther, Jocelyn	W71 COCO	NT	___
5				___
6				___

Heat 2 of 5 Finals Starts at 11:09 AM

1	Campbell, Joan K	W95 PALH	5:43.63	___
2	Dively, Michael	M87 WINT	4:23.51	___
3	Wrassmann, David	M71 DUNE	4:10.38	___
4	Bogue, Sherri	W61 CLEA	4:15.00	___
5	Tullman, Patricia	W88 TAMP	4:30.56	___
6				___

Heat 3 of 5 Finals Starts at 11:15 AM

1	Alexander, Rich	M70 HILT	4:00.00	___
2	Jacobson, Geraldine	W75 ST P	3:52.50	___
3	McEvoy, Martin	M75 VENI	3:35.00	___
4	Schenk, Martin	M83 VILL	3:49.96	___
5	Mitchell, Carol	W76 VENI	3:57.01	___
6	Hackett, Jeanne	W82 VILL	4:01.76	___

Heat 4 of 5 Finals Starts at 11:20 AM

1	Clinton, Marjory	W72 PALC	3:28.00	___
2	Brookes, Brita	W58 FERN	3:23.95	___
3	Leahy, John	M63 ESTE	3:10.00	___
4	Clark, Dawn	W61 ST P	3:10.24	___
5	Cothren, John	M76 SAVA	3:27.00	___
6	Carson, June	W77 SARA	3:30.00	___

Heat 5 of 5 Finals Starts at 11:24 AM

1	Steinmann, Sharon	W67 ST P	3:05.00	___
2	Herman, Eric	M54 ST P	2:40.00	___
3	Harrington, Patrick	M73 SUN	2:15.00	___
4	Hayden, Alison	W53 NEWC	2:28.00	___
5	Texel, Paula	W55 CLEA	2:50.00	___
6	Olmsted, Roxanne	W75 VILL	3:10.00	___

Event 14 Mixed 100 LC Meter Breaststroke

50-54W Goodl:	1:30.48	2005	Deb Walker
55-59W Goodl:	1:37.53	2007	Deb Walker
60-64W Goodl:	1:35.82	3/9/2013	Deb Walker
65-69W Goodl:	1:50.16	3/14/2015	June Carson
70-74W Goodl:	1:55.96	3/14/2015	Jeanne Hackett
75-79W Goodl:	2:00.41	2006	Sylvia Eisele
80-84W Goodl:	2:06.25	3/21/2009	Sylvia Eisele
85-89W Goodl:	2:21.90	3/8/2014	Sylvia Eisele
50-54M Goodl:	1:24.75	2008	William Brenner
55-59M Goodl:	1:28.59	2007	James Donnelly

Lane Name Age Team Seed Time

Heat 1 of 2 Finals Starts at 11:28 AM

1	Hackett, Jeanne	W82 VILL	2:21.34	___
2	Wrassmann, David	M71 DUNE	2:12.04	___
3	Cobb, Dianne	W70 CLEA	2:03.00	___
4	Carson, June	W77 SARA	2:06.00	___
5	Schenk, Martin	M83 VILL	2:15.00	___
6	Jacobson, Geraldine	W75 ST P	2:24.77	___

Heat 2 of 2 Finals Starts at 11:31 AM

1	Freshley, Mike	M84 ORLA	1:49.00	___
2	Keiser, Richard	M81 PINE	1:36.00	___
3	Veilleux, Marco	M63 SARA	1:14.60	___
4	Matysek, Jim	M66 SARA	1:27.38	___
5	Taback, Megyn	W52 CORA	1:48.00	___
6	Slockett, Robert	M69 PINE	1:50.92	___

Event 15 Mixed 200 LC Meter Freestyle Relay

280-319W Goo:	2:56.90	3/5/2022	Sarasota Sharks
B King, C Mitchell, V Gratson-Zodl, J Carson			
320-359W Goo:	3:46.37	3/9/2019	goodlife
J Campbell, M Henderson, P Tullman, P St.Germain			
360-399W Goo:	4:20.53	3/5/2022	FACT
P St Germain, J Campbell, M Henderson, P Tullman			
240-279 Good:	2:25.21	7/31/2021	St Pete Masters
S Freeman, D Clark, S Steinmann, M Zabel			
280-319 Good:	2:46.93	3/18/2023	Sarasota Sharks Masters
J Carson, V Gratsou-Zodl, D Oakes, M Laux			
320-359 Good:	3:23.53	3/10/2012	Florida Aquatic
B LORENZI, J CAMPBELL, D PUCHALSKI, J CORNELL			

Team Relay Seed Time

--- No entries for event

Good Life Games (Swimming) - 1/11/2025

Sanction #: 145-R001

Meet Program - Saturday

Event 16 Mixed 200 LC Meter Medley Relay

240-279W Goo:	2:35.86	3/5/2022	St Pete Masters
P Texel, C Kupan, K Westerman, T Brandt			
280-319W Goo:	3:51.75	3/13/2010	Florida Aquatic
B Lorenzi, M Bradley, F Delaney, N Durstein			
320-359W Goo:	3:47.69	3/21/2009	Florida Aquatic
B Lorenzi, S Eisele, N Durstein, J Campbell			
160-199 Good:	3:20.54	3/9/2019	goodlife
C Januszewski, R Roecker, M Owen, A Story			
200-239 Good:	4:31.21	3/14/2015	Goodlife Games
L Graham, D Brown, S Bogue, S Wilson			
240-279 Good:	2:21.74	7/31/2021	St Pete Masters
P Texel, M Smith, E Herman, K Westerman			
280-319 Good:	3:10.47	3/12/2016	Florida Aquatic
B Lorenzi, D Puchalski, B McNulty, B Brubaker			

<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
--- No entries for event		

Event 17 Mixed 400 LC Meter Freestyle

45-49W Goodl:	6:05.66	3/18/2023	Megyn Taback
50-54W Goodl:	5:09.43	3/9/2024	Alison Hayden
55-59W Goodl:	5:32.61	3/5/2022	Karen Westerman
60-64W Goodl:	5:22.96	3/5/2022	Kelly Parker Palace
65-69W Goodl:	5:38.09	3/5/2022	Tracil Grilli
70-74W Goodl:	6:12.62	2/29/2020	Diann Uustal
75-79W Goodl:	7:22.05	3/18/2023	June Carson
80-84W Goodl:	7:38.61	3/13/2010	Betty Lorenzi
85-89W Goodl:	8:31.34	3/10/2012	Betty Lorenzi
90-94W Goodl:	11:29.55	2/29/2020	Joan Campbell

<u>Lane Name</u>	<u>Age Team</u>	<u>Seed Time</u>
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Heat 1 of 5 Finals Starts at 11:33 AM

1				
2	Christensen, David	M51 ORLA		NT
3	Mitchell, Jack	M86 VENI	15:08.30	
4	Lowther, Jocelyn	W71 COCO		NT
5				
6				

Heat 2 of 5 Finals Starts at 11:49 AM

1				
2	Wrassmann, David	M71 DUNE	9:44.48	
3	Bogue, Sherri	W61 CLEA	9:15.31	
4	Harrington, Patrick	M73 SUN	9:35.00	
5	Campbell, Joan K	W95 PALH	11:46.93	
6				

Heat 3 of 5 Finals Starts at 12:01 PM

1	Blair, Deb	W67 PALC	8:11.10	
2	Alexander, Rich	M70 HILT	8:00.00	
3	Carson, June	W77 SARA	7:35.00	
4	McEvoy, Martin	M75 VENI	7:35.00	
5	Kupan, Cheryl	W61 SAIN	8:00.00	
6	Mitchell, Carol	W76 VENI	8:28.30	

Heat 4 of 5 Finals Starts at 12:10 PM

1	Cothren, John	M76 SAVA	7:19.00	___
2	Steinmann, Sharon	W67 ST P	6:50.00	___
3	Clinton, Marjory	W72 PALC	6:25.00	___
4	Olmsted, Roxanne	W75 VILL	6:45.00	___
5	Leahy, John	M63 ESTE	6:54.00	___
6	Januszewski, Cindy	W59 INVE	7:30.00	___

Heat 5 of 5 Finals Starts at 12:18 PM

1	Taback, Megyn	W52 CORA	6:10.00	___
2	Matysek, Jim	M66 SARA	5:36.85	___
3	Hayden, Alison	W53 NEWC	5:08.00	___
4	Herman, Eric	M54 ST P	5:30.00	___
5	Texel, Paula	W55 CLEA	6:00.00	___
6	Clark, Dawn	W61 ST P	6:15.25	___