

Good Life Games (Swimming) - 1/11/2025

Sanction #: 145-R001

Results - Saturday

Event 1 Women 55-59 400 LC Meter IM

Goodlife: 6:21.47 % 2/29/2020 Jane Esahak-Gage

1	Januszewski, Cindy	59	INVE	8:55.70
		2:15.87	4:32.34	7:04.18
				8:55.70

Event 1 Women 60-64 400 LC Meter IM

Goodlife: 6:16.95 % 3/5/2022 Jane Esahak-Gage

1	Kupan, Cheryl	61	SAIN	7:23.67
		1:47.22	3:34.97	5:50.91
				7:23.67

Event 1 Women 65-69 400 LC Meter IM

Goodlife: 7:22.25 % 3/18/2023 Nancy Kryka

1	Lohrbach, Claire	66	TAMP	10:28.63
		2:25.82	5:02.45	8:03.43
				10:28.63

Event 1 Women 70-74 400 LC Meter IM

Goodlife: 9:46.79 % 3/18/2023 Martha Dennis

1	Dennis, Martha	73	KISS	10:03.05
		2:41.42	5:00.25	8:03.51
				10:03.05

Event 1 Women 75-79 400 LC Meter IM

Goodlife: 14:32.55 % 1/11/2025 Karin Roth Cohen

1	Roth Cohen, Karin	77	LAKM	14:32.55%
		4:10.91	11:48.26	14:32.55

Event 2 Women 55-59 50 LC Meter Backstroke

Goodlife: 36.38 % 3/18/2023 Karen Westerman

1	Stewart, Ann	55	LAKE	36.57
2	Texel, Paula	55	CLEA	37.41
3	Brookes, Brita	58	FERN	48.76

Event 2 Women 60-64 50 LC Meter Backstroke

Goodlife: 40.60 % 3/8/2014 Annie Guins

1	Clark, Dawn	61	ST P	47.99
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Event 2 Women 65-69 50 LC Meter Backstroke

Goodlife: 39.12 % 3/9/2019 Davenia Navaroli

1	Blair, Deb	67	PALC	52.26
2	Moucha, Sue	67	VALR	1:18.53
3	Messer, Nita	67	HERN	1:18.72

Event 2 Women 70-74 50 LC Meter Backstroke

Goodlife: 41.68 % 2/29/2020 Diann Uustal

1	Clinton, Marjory	72	PALC	49.82
2	Cobb, Dianne	70	CLEA	55.74
3	Lowther, Jocelyn	71	COCO	59.64

Event 2 Women 75-79 50 LC Meter Backstroke

Goodlife: 52.91 % 3/8/2014 Patricia Bond

1	Owen, Mary Catherine	78	BEVE	1:13.65
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Event 2 Women 95-99 50 LC Meter Backstroke

Goodlife: 1:39.46 % 1/11/2025 Joan K Campbell

1	Campbell, Joan K	95	PALH	1:39.46%
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Event 2 Men 50-54 50 LC Meter Backstroke

Goodlife: 35.24 % 2005 Clifford Patterson

1	Christensen, David	51	ORLA	39.45
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Event 2 Men 65-69 50 LC Meter Backstroke

Goodlife: 36.69 % 1992 Paul Hutinger

1	Securo, Joseph	69	SARA	44.72
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2	Slockett, Robert	69	PINE	46.80
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Event 2 Men 70-74 50 LC Meter Backstroke

Goodlife: 34.93 % 3/5/2022 Lawrence Day

1	Harrington, Patrick	73	SUN	59.24
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Event 2 Men 75-79 50 LC Meter Backstroke

Goodlife: 37.70 % 3/9/2013 John Smith

1	Cothren, John	76	SAVA	42.61
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Event 2 Men 80-84 50 LC Meter Backstroke

Goodlife: 40.00 % 3/9/2013 Burwell Jones

1	Freshley, Mike	84	ORLA	54.37
---	Laux, Michael	84	OSPR	NS

Event 2 Men 85-89 50 LC Meter Backstroke

Goodlife: 52.07 % 3/21/2009 Paul Hutinger

1	Boehm, Jack	85	BEAC	1:00.73
2	Dively, Michael	87	WINT	1:02.20
---	Mitchell, Jack	86	VENI	NS

Event 3 Women 50-54 100 LC Meter Butterfly

Goodlife: 1:17.34 % 3/9/2024 Alison Hayden

1	Hayden, Alison	53	NEWC	1:21.34
		16:40.00	25:00.00	1:21.34
2	Taback, Megyn	52	CORA	1:44.69
		628:03:20.00	9:26:40.00	1:44.69

Event 3 Women 65-69 100 LC Meter Butterfly

Goodlife: 1:41.01 % 3/5/2022 Nancy Kryka

1	Lohrbach, Claire	66	TAMP	2:36.64
		42:50.00	2:36.64	

Event 3 Women 75-79 100 LC Meter Butterfly

Goodlife: 2:05.72 % 2004 Sylvia Eisele

1	Roth Cohen, Karin	77	LAKM	4:00.93
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Event 4 Women 55-59 200 LC Meter Breaststroke

Goodlife: 3:39.12 % 3/9/2024 Karen Westerman

1	Westerman, Karen	58	LAND	3:46.87
		1:47.30	3:46.87	

Event 4 Women 60-64 200 LC Meter Breaststroke

Goodlife: 3:38.86 % 3/14/2015 Nikki Holbrook

1	Kupan, Cheryl	61	SAIN	4:05.96
		2:01.48	4:05.96	

Event 4 Women 70-74 200 LC Meter Breaststroke

Goodlife: 4:21.62 % 3/9/2019 Martha Samuelson

1	Dennis, Martha	73	KISS	6:04.58
		3:00.18	6:04.58	

Event 4 Women 75-79 200 LC Meter Breaststroke

Goodlife: 4:22.53 % 2006 Sylvia Eisele

---	Mitchell, Carol	76	VENI	NS
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Event 4 Men 65-69 200 LC Meter Breaststroke

Goodlife: 3:07.63 % 3/9/2024 Jim Matysek

1	Matysek, Jim	66	SARA	3:12.58
		1:33.47	3:12.58	
---	Slockett, Robert	69	PINE	NS

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Results - Saturday

Event 4 Men 70-74 200 LC Meter Breaststroke

Goodlife: 3:30.14 % 3/9/2024 Kern Davis

1	Wrassmann, David	71 DUNE	4:51.18
	2:30.46	4:51.18	

Event 4 Men 80-84 200 LC Meter Breaststroke

Goodlife: 3:49.43 % 3/5/2022 Mike Freshley

1	Freshley, Mike	84 ORLA	4:24.28
	2:05.22	4:24.28	
2	Schenk, Martin	83 VILL	4:46.47
	2:14.87	4:46.47	

Event 5 Women 50-54 100 LC Meter Freestyle

Goodlife: 1:09.63 % 3/18/2023 Paula Texel

1	Hayden, Alison	53 NEWC	1:11.44
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Event 5 Women 55-59 100 LC Meter Freestyle

Goodlife: 1:11.45 % 3/18/2023 Karen Westerman

1	Texel, Paula	55 CLEA	1:11.75
2	Brookes, Brita	58 FERN	1:25.36
3	Januszewski, Cindy	59 INVE	1:46.44

Event 5 Women 60-64 100 LC Meter Freestyle

Goodlife: 1:17.09 % 3/10/2018 Nancy Kryka

1	Clark, Dawn	61 ST P	1:26.12
2	Bogue, Sherri	61 CLEA	2:07.44

Event 5 Women 65-69 100 LC Meter Freestyle

Goodlife: 1:13.50 % 3/5/2022 Tracil Grilli

1	Blair, Deb	67 PALC	1:41.85
2	Messer, Nita	67 HERN	2:18.35
---	Steinmann, Sharon	67 ST P	NS

Event 5 Women 70-74 100 LC Meter Freestyle

Goodlife: 1:21.45 % 1/11/2025 Nancy Nevid

1	Nevid, Nancy	70 SARA	1:21.45%
2	Clinton, Marjory	72 PALC	1:31.91
3	Cobb, Dianne	70 CLEA	1:35.49
4	Lowther, Jocelyn	71 COCO	1:53.45

Event 5 Women 75-79 100 LC Meter Freestyle

Goodlife: 1:31.47 % 3/18/2023 June Carson

1	Olmsted, Roxanne	75 VILL	1:44.53
2	Jacobson, Geraldine	75 ST P	1:52.02
3	Owen, Mary Catherine	78 BEVE	2:28.30
---	Carson, June	77 SARA	NS

Event 5 Women 80-84 100 LC Meter Freestyle

Goodlife: 1:37.85 % 2007 Jean Troy

1	Panker, Karen	80 LADY	1:51.43
2	Hackett, Jeanne	82 VILL	1:53.73

Event 5 Women 85-89 100 LC Meter Freestyle

Goodlife: 1:44.50 % 3/10/2012 Jean Troy

---	Tullman, Patricia	88 TAMP	NS
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Event 5 Women 95-99 100 LC Meter Freestyle

Goodlife: 3:15.92 % 1/11/2025 Joan K Campbell

1	Campbell, Joan K	95 PALH	3:15.92%
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Event 5 Men 50-54 100 LC Meter Freestyle

Goodlife: 1:03.08 % 3/11/2017 Dima Krieger

1	Herman, Eric	54 ST P	1:09.98
2	Christensen, David	51 ORLA	1:21.67

Event 5 Men 70-74 100 LC Meter Freestyle

Goodlife: 1:07.93 % 3/9/2013 Keete Klopwig

1	Harrington, Patrick	73 SUN	1:54.07
---	Alexander, Rich	70 HILT	NS

Event 5 Men 75-79 100 LC Meter Freestyle

Goodlife: 1:20.36 % 3/18/2023 Randy Simons

1	McEvoy, Martin	75 VENI	1:33.93
2	Mathews, Scott	75 OSPR	1:40.62

Event 5 Men 80-84 100 LC Meter Freestyle

Goodlife: 1:19.50 % 3/9/2013 Burwell Jones

1	Freshley, Mike	84 ORLA	1:45.38
2	Schenk, Martin	83 VILL	1:45.88
---	Keiser, Richard	81 PINE	NS

Event 5 Men 85-89 100 LC Meter Freestyle

Goodlife: 1:34.81 % 2/29/2020 Cav Cavanaugh

1	Dively, Michael	87 WINT	1:52.31
---	Mitchell, Jack	86 VENI	NS

Event 6 Women 60-64 200 LC Meter Backstroke

Goodlife: 3:13.47 % 3/9/2013 Karlene Denby

1	Kupan, Cheryl	61 SAIN	3:19.83
	1:38.96	3:19.83	

Event 6 Women 65-69 200 LC Meter Backstroke

Goodlife: 3:05.39 % 3/9/2024 Zena Courtney

1	Steinmann, Sharon	67 ST P	3:47.04
	1:51.74	3:47.04	
2	Moucha, Sue	67 VALR	6:01.30
	2:58.31	6:01.30	

Event 6 Women 70-74 200 LC Meter Backstroke

Goodlife: 3:26.94 % 3/5/2022 Linda Fulton

1	Dennis, Martha	73 KISS	4:22.61
	2:10.42	4:22.61	

Event 6 Women 75-79 200 LC Meter Backstroke

Goodlife: 3:55.42 % 3/8/2014 Patricia Bond

1	Roth Cohen, Karin	77 LAKM	6:09.79
---	Mitchell, Carol	76 VENI	NS

Event 6 Women 85-89 200 LC Meter Backstroke

Goodlife: 4:01.09 % 3/9/2013 Betty Lorenzi

---	Tullman, Patricia	88 TAMP	NS
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Event 6 Women 95-99 200 LC Meter Backstroke

---	Campbell, Joan K	95 PALH	NS
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Event 6 Men 60-64 200 LC Meter Backstroke

Goodlife: 2:59.01 % 3/9/2019 John Nixon

1	Leahy, John	63 ESTE	4:01.00
	1:52.44	4:01.00	

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Results - Saturday

Event 6 Men 65-69 200 LC Meter Backstroke

Goodlife: 3:02.02 % 2/29/2020 John Nixon

1	Securo, Joseph	69 SARA	3:21.75
			1:41.65 3:21.75
---	Slockett, Robert	69 PINE	NS

Event 6 Men 70-74 200 LC Meter Backstroke

Goodlife: 3:13.58 % 3/9/2019 Nathan Leech

1	Wrassmann, David	71 DUNE	4:32.50
			2:20.29 4:32.50

Event 6 Men 80-84 200 LC Meter Backstroke

Goodlife: 4:05.58 % 2005 Paul Huntingger

1	Laux, Michael	84 OSPR	4:35.46
			2:18.47 4:35.46

Event 6 Men 85-89 200 LC Meter Backstroke

Goodlife: 4:37.34 % 3/21/2009 Paul Hutinger

1	Boehm, Jack	85 BEAC	4:57.36
			2:23.91 4:57.36
---	Mitchell, Jack	86 VENI	NS

Event 7 Women 50-54 50 LC Meter Breaststroke

Goodlife: 38.47 % 2005 Deb Walker

1	Taback, Megyn	52 CORA	46.34
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Event 7 Women 55-59 50 LC Meter Breaststroke

Goodlife: 41.16 % 3/18/2023 Delyth Cunnah

1	Stewart, Ann	55 LAKE	47.56
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Event 7 Women 65-69 50 LC Meter Breaststroke

Goodlife: 46.00 % 3/14/2015 Julianna Holbrook

1	Blair, Deb	67 PALC	54.25
2	Messer, Nita	67 HERN	1:15.35

Event 7 Women 70-74 50 LC Meter Breaststroke

Goodlife: 51.49 % 2002 Sylvia Eisele

1	Cobb, Dianne	70 CLEA	55.90
2	Lowther, Jocelyn	71 COCO	1:01.20

Event 7 Women 75-79 50 LC Meter Breaststroke

Goodlife: 48.69 % 2005 Sylvia Eisele

1	Jacobson, Geraldine	75 ST P	1:04.94
2	Owen, Mary Catherine	78 BEVE	1:41.69
---	Carson, June	77 SARA	NS

Event 7 Women 80-84 50 LC Meter Breaststroke

Goodlife: 56.91 % 3/21/2009 Sylvia Eisele

1	Hackett, Jeanne	82 VILL	1:06.24
2	Panker, Karen	80 LADY	1:11.73

Event 7 Men 50-54 50 LC Meter Breaststroke

Goodlife: 34.81 % 2008 William Brenner

1	Herman, Eric	54 ST P	41.88
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Event 7 Men 60-64 50 LC Meter Breaststroke

Goodlife: 34.32 % 1/11/2025 Marco Veilleux

1	Veilleux, Marco	63 SARA	34.32%
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Event 7 Men 65-69 50 LC Meter Breaststroke

Goodlife: 38.61 % 3/18/2023 Michael Smith

1	Matysek, Jim	66 SARA	40.00
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--- Slockett, Robert 69 PINE NS

Event 7 Men 70-74 50 LC Meter Breaststroke

Goodlife: 39.86 % 3/9/2024 Jack Groselle

1	Groselle, Jack	71 HIRA	41.81
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Event 7 Men 80-84 50 LC Meter Breaststroke

Goodlife: 46.31 % 3/5/2022 Mike Freshley

1	Freshley, Mike	84 ORLA	54.48
2	Schenk, Martin	83 VILL	56.19
3	Laux, Michael	84 OSPR	1:01.37
---	Keiser, Richard	81 PINE	NS

Event 8 Women 50-54 200 LC Meter Butterfly

Goodlife: 2:53.37 % 7/31/2021 Allison Hayden

---	Hayden, Alison	53 NEWC	NS
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Event 8 Women 65-69 200 LC Meter Butterfly

Goodlife: 3:50.04 % 3/18/2023 Nancy Kryka

---	Lohrbach, Claire	66 TAMP	NS
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Event 8 Women 70-74 200 LC Meter Butterfly

Goodlife: 5:28.51 % 3/18/2023 Martha Dennis

---	Dennis, Martha	73 KISS	NS
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Event 8 Women 75-79 200 LC Meter Butterfly

---	Roth Cohen, Karin	77 LAKM	NS
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Event 9 Women 55-59 50 LC Meter Freestyle

Goodlife: 31.42 % 3/18/2023 Delyth Cunnah

1	Texel, Paula	55 CLEA	33.52
2	Brookes, Brita	58 FERN	39.79
---	Westerman, Karen	58 LAND	NS
---	Stewart, Ann	55 LAKE	NS

Event 9 Women 60-64 50 LC Meter Freestyle

Goodlife: 32.38 % 2/29/2020 Susan Tokayer

1	Bogue, Sherri	61 CLEA	1:00.07
2	Clark, Dawn	61 ST P	1:05.88

Event 9 Women 65-69 50 LC Meter Freestyle

Goodlife: 33.56 % 3/5/2022 Tracil Grilli

1	Blair, Deb	67 PALC	46.68
2	Messer, Nita	67 HERN	58.15
3	Moucha, Sue	67 VALR	1:29.77

Event 9 Women 70-74 50 LC Meter Freestyle

Goodlife: 35.80 % 3/10/2018 June Carson

1	Nevid, Nancy	70 SARA	36.22
2	Clinton, Marjory	72 PALC	41.01
3	Lowther, Jocelyn	71 COCO	47.05

Event 9 Women 75-79 50 LC Meter Freestyle

Goodlife: 38.94 % 3/18/2023 June Carson

1	Jacobson, Geraldine	75 ST P	52.08
2	Owen, Mary Catherine	78 BEVE	1:08.59
---	Carson, June	77 SARA	NS

Event 9 Women 80-84 50 LC Meter Freestyle

Goodlife: 47.07 % 3/11/2017 Patricia Tullman

1	Hackett, Jeanne	82 VILL	52.33
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Good Life Games (Swimming) - 1/11/2025

Sanction #: 145-R001

Results - Saturday

Event 9 Women 85-89 50 LC Meter Freestyle

Goodlife: 46.87 % 3/10/2012 Jean Troy

--- Tullman, Patricia 88 TAMP NS

Event 9 Women 95-99 50 LC Meter Freestyle

Goodlife: 1:21.60 % 1/11/2025 Joan K Campbell

1 Campbell, Joan K 95 PALH 1:21.60%

Event 9 Men 50-54 50 LC Meter Freestyle

Goodlife: 27.65 % 2008 William Brenner

1 Herman, Eric 54 ST P 31.60

Event 9 Men 60-64 50 LC Meter Freestyle

Goodlife: 28.48 % 2/29/2020 Michael Smith

1 Leahy, John 63 ESTE 38.40

Event 9 Men 70-74 50 LC Meter Freestyle

Goodlife: 29.78 % 3/9/2013 Keete Klopwig

1 Groselle, Jack 71 HIRA 31.95

2 Harrington, Patrick 73 SUN 47.15

--- Alexander, Rich 70 HILT NS

Event 9 Men 75-79 50 LC Meter Freestyle

Goodlife: 31.42 % 3/9/2013 John Smith

1 McEvoy, Martin 75 VENI 44.41

2 Mathews, Scott 75 OSPR 44.55

Event 9 Men 80-84 50 LC Meter Freestyle

Goodlife: 34.22 % 3/10/2018 Tom Verth

1 Laux, Michael 84 OSPR 41.34

2 Freshley, Mike 84 ORLA 41.88

3 Schenk, Martin 83 VILL 42.79

--- Keiser, Richard 81 PINE NS

Event 9 Men 85-89 50 LC Meter Freestyle

Goodlife: 37.76 % 2/29/2020 Cav Cavanaugh

1 Dively, Michael 87 WINT 45.21

--- Boehm, Jack 85 BEAC NS

Event 10 Women 50-54 200 LC Meter IM

Goodlife: 2:50.07 % 3/9/2024 Alison Hayden

--- Hayden, Alison 53 NEWC NS

Event 10 Women 55-59 200 LC Meter IM

Goodlife: 2:58.71 % 3/9/2024 Karen Westerman

1 Januszewski, Cindy 59 INVE 4:15.78

Event 10 Women 60-64 200 LC Meter IM

Goodlife: 2:59.21 % 3/5/2022 Jane Esahak-Gage

1 Kupan, Cheryl 61 SAIN 3:33.64

Event 10 Women 65-69 200 LC Meter IM

Goodlife: 3:19.56 % 2/29/2020 Peggy McDonnell

1 Lohrbach, Claire 66 TAMP 4:46.16

Event 10 Women 70-74 200 LC Meter IM

Goodlife: 4:02.03 % 3/10/2012 Patricia Bond

1 Dennis, Martha 73 KISS 4:54.27

2:25.67 4:54.27

Event 10 Women 75-79 200 LC Meter IM

Goodlife: 4:06.12 % 3/9/2013 Patricia Bond

1 Olmsted, Roxanne 75 VILL 4:27.49

2:18.93 4:27.49

2 Roth Cohen, Karin 77 LAKM 7:04.09

3:26.28 7:04.09

Event 10 Women 80-84 200 LC Meter IM

Goodlife: 4:25.50 % 2007 Jean Troy

--- Panker, Karen 80 LADY NS

Event 10 Men 50-54 200 LC Meter IM

Goodlife: 3:15.45 % 2006 Clifford Patterson

--- Christensen, David 51 ORLA NS

Event 10 Men 60-64 200 LC Meter IM

Goodlife: 2:46.77 % 3/12/2016 Kern Davis

--- Leahy, John 63 ESTE NS

Event 10 Men 80-84 200 LC Meter IM

Goodlife: 3:47.20 % 3/18/2023 Mike Freshley

--- Freshley, Mike 84 ORLA NS

Event 11 Women 55-59 100 LC Meter Backstroke

Goodlife: 1:18.51 % 1/11/2025 Ann Stewart

1 Stewart, Ann 55 LAKE 1:18.51%

2 Texel, Paula 55 CLEA 1:24.53

3 Januszewski, Cindy 59 INVE 1:58.04

Event 11 Women 60-64 100 LC Meter Backstroke

Goodlife: 1:33.12 % 3/9/2013 Karlene Denby

1 Kupan, Cheryl 61 SAIN 1:35.21

2 Clark, Dawn 61 ST P 1:47.19

Event 11 Women 65-69 100 LC Meter Backstroke

Goodlife: 1:25.22 % 3/9/2024 Zena Courtney

1 Steinmann, Sharon 67 ST P 1:50.11

2 Moucha, Sue 67 VALR 2:52.45

Event 11 Women 70-74 100 LC Meter Backstroke

Goodlife: 1:29.49 % 2/29/2020 Diann Ustal

1 Dennis, Martha 73 KISS 2:08.91

--- Cobb, Dianne 70 CLEA NS

Event 11 Women 75-79 100 LC Meter Backstroke

Goodlife: 1:45.64 % 7/31/2021 Chris Gilligan

1 Roth Cohen, Karin 77 LAKM 2:56.43

--- Owen, Mary Catherine 78 BEVE NS

Event 11 Women 85-89 100 LC Meter Backstroke

Goodlife: 1:53.28 % 3/10/2012 Betty Lorenzi

--- Tullman, Patricia 88 TAMP NS

Event 11 Women 95-99 100 LC Meter Backstroke

Goodlife: 3:49.92 % 1/11/2025 Joan K Campbell

1 Campbell, Joan K 95 PALH 3:49.92%

Event 11 Men 50-54 100 LC Meter Backstroke

Goodlife: 1:13.39 % 7/31/2021 Jim Harper

1 Christensen, David 51 ORLA 1:36.56

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Results - Saturday

Event 11 Men 60-64 100 LC Meter Backstroke

Goodlife: 1:27.81 % 3/10/2012 Clifford Patterso

1 Leahy, John 63 ESTE 1:47.74

Event 11 Men 65-69 100 LC Meter Backstroke

Goodlife: 1:20.88 % 2/29/2020 John Nixon

1 Securo, Joseph 69 SARA 1:35.74

--- Slockett, Robert 69 PINE NS

Event 11 Men 70-74 100 LC Meter Backstroke

Goodlife: 1:16.67 % 3/5/2022 Lawrence Day

1 Wrassmann, David 71 DUNE 2:04.08

Event 11 Men 85-89 100 LC Meter Backstroke

Goodlife: 2:08.91 % 1/11/2025 Jack Boehm

1 Boehm, Jack 85 BEAC 2:08.91%

--- Mitchell, Jack 86 VENI NS

--- Dively, Michael 87 WINT NS

Event 12 Women 50-54 50 LC Meter Butterfly

Goodlife: 33.86 % 2/29/2020 Karen Westerman

1 Taback, Megyn 52 CORA 45.30

Event 12 Women 55-59 50 LC Meter Butterfly

Goodlife: 34.33 % 3/5/2022 Karen Westerman

1 Brookes, Brita 58 FERN 51.89

--- Stewart, Ann 55 LAKE NS

Event 12 Women 65-69 50 LC Meter Butterfly

Goodlife: 45.36 % 2008 Susan Meyers

1 Blair, Deb 67 PALC 50.14

Event 12 Women 70-74 50 LC Meter Butterfly

Goodlife: 45.05 % 1/11/2025 Nancy Nevid

1 Nevid, Nancy 70 SARA 45.05%

2 Clinton, Marjory 72 PALC 45.79

Event 12 Women 85-89 50 LC Meter Butterfly

Goodlife: 1:15.37 % 2007 June Reynolds

--- Tullman, Patricia 88 TAMP NS

Event 12 Men 50-54 50 LC Meter Butterfly

Goodlife: 31.50 % 2006 Clifford Patterson

1 Herman, Eric 54 ST P 35.07

Event 12 Men 80-84 50 LC Meter Butterfly

Goodlife: 45.53 % 3/9/2013 Burwell Jones

--- Laux, Michael 84 OSPR NS

--- Freshley, Mike 84 ORLA NS

Event 13 Women 50-54 200 LC Meter Freestyle

Goodlife: 2:32.97 % 3/5/2022 Ann Stewart

1 Hayden, Alison 53 NEWC 2:33.15

1:13.66 2:33.15

Event 13 Women 55-59 200 LC Meter Freestyle

Goodlife: 2:35.41 % 3/18/2023 Karen Westerman

1 Texel, Paula 55 CLEA 2:41.27

1:17.45 2:41.27

2 Brookes, Brita 58 FERN 3:05.64

1:30.02 3:05.64

Event 13 Women 60-64 200 LC Meter Freestyle

Goodlife: 2:30.62 % 3/9/2024 Kelly Palace

1 Clark, Dawn 61 ST P 3:05.47

1:32.07 3:05.47

2 Bogue, Sherri 61 CLEA 4:54.27

2:14.19 4:54.27

Event 13 Women 65-69 200 LC Meter Freestyle

Goodlife: 2:41.60 % 3/5/2022 Tracil Grilli

1 Steinmann, Sharon 67 ST P 3:14.02

1:34.22 3:14.02

Event 13 Women 70-74 200 LC Meter Freestyle

Goodlife: 3:07.14 % 3/10/2015 June Carson

1 Clinton, Marjory 72 PALC 3:22.97

1:36.52 3:22.97

--- Lowther, Jocelyn 71 COCO NS

Event 13 Women 75-79 200 LC Meter Freestyle

Goodlife: 3:24.08 % 3/18/2023 June Carson

1 Olmsted, Roxanne 75 VILL 3:43.65

1:47.04 3:43.65

--- Carson, June 77 SARA NS

--- Jacobson, Geraldine 75 ST P NS

--- Mitchell, Carol 76 VENI NS

Event 13 Women 80-84 200 LC Meter Freestyle

Goodlife: 3:33.78 % 2007 Jean Troy

1 Hackett, Jeanne 82 VILL 4:16.08

2:04.83 4:16.08

Event 13 Women 85-89 200 LC Meter Freestyle

Goodlife: 3:50.25 % 3/10/2012 Jean Troy

--- Tullman, Patricia 88 TAMP NS

Event 13 Women 95-99 200 LC Meter Freestyle

Goodlife: 7:18.05 % 1/11/2025 Joan K Campbell

1 Campbell, Joan K 95 PALH 7:18.05%

3:34.93 7:18.05

Event 13 Men 50-54 200 LC Meter Freestyle

Goodlife: 2:20.39 % 3/11/2017 Dima Krieger

1 Herman, Eric 54 ST P 2:38.82

1:17.01 2:38.82

2 Christensen, David 51 ORLA 2:55.24

1:27.40 2:55.24

1:26.00

Event 13 Men 60-64 200 LC Meter Freestyle

Goodlife: 2:26.80 % 3/8/2014 Kern Davis

1 Leahy, John 63 ESTE 3:34.80

1:36.19 3:34.80

Event 13 Men 70-74 200 LC Meter Freestyle

Goodlife: 2:35.33 % 3/9/2013 Keete Klopwig

1 Harrington, Patrick 73 SUN 4:07.35

1:58.04 4:07.35

2 Wrassmann, David 71 DUNE 4:07.63

--- Alexander, Rich 70 HILT NS

Good Life Games (Swimming) - 1/11/2025

Sanction #: 145-R001

Results - Saturday

Event 13 Men 75-79 200 LC Meter Freestyle

Goodlife: 3:15.07 % 3/18/2023 Randy Simons

1	McEvoy, Martin	75	VENI	3:25.42
				1:40.31 3:25.42
2	Cothren, John	76	SAVA	3:33.91
				1:43.25 3:33.91

Event 13 Men 80-84 200 LC Meter Freestyle

Goodlife: 3:56.54 % 3/9/2024 Michael Laux

---	Schenk, Martin	83	VILL	NS
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Event 13 Men 85-89 200 LC Meter Freestyle

Goodlife: 3:43.18 % 2/29/2020 Cav Cavanaugh

1	Dively, Michael	87	WINT	4:41.40
				2:08.53 4:41.40
---	Mitchell, Jack	86	VENI	NS

Event 14 Women 50-54 100 LC Meter Breaststroke

Goodlife: 1:30.48 % 2005 Deb Walker

1	Taback, Megyn	52	CORA	1:53.22
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Event 14 Women 70-74 100 LC Meter Breaststroke

Goodlife: 1:55.96 % 3/14/2015 Jeanne Hackett

---	Cobb, Dianne	70	CLEA	NS
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Event 14 Women 75-79 100 LC Meter Breaststroke

Goodlife: 2:00.41 % 2006 Sylvia Eisele

1	Jacobson, Geraldine	75	ST P	2:31.39
---	Carson, June	77	SARA	NS

Event 14 Women 80-84 100 LC Meter Breaststroke

Goodlife: 2:06.25 % 3/21/2009 Sylvia Eisele

1	Hackett, Jeanne	82	VILL	2:24.11
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Event 14 Men 60-64 100 LC Meter Breaststroke

Goodlife: 1:17.45 % 1/11/2025 Marco Veilleux

1	Veilleux, Marco	63	SARA	1:17.45%
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Event 14 Men 65-69 100 LC Meter Breaststroke

Goodlife: 1:24.18 % 3/9/2024 Jim Matysek

1	Matysek, Jim	66	SARA	1:30.36
---	Slockett, Robert	69	PINE	NS

Event 14 Men 70-74 100 LC Meter Breaststroke

Goodlife: 1:32.76 % 3/9/2024 Kern Davis

1	Wrassmann, David	71	DUNE	2:09.31
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Event 14 Men 80-84 100 LC Meter Breaststroke

Goodlife: 1:46.65 % 3/5/2022 Mike Freshley

1	Schenk, Martin	83	VILL	2:11.65
---	Keiser, Richard	81	PINE	NS
---	Freshley, Mike	84	ORLA	NS

Event 15 Women 240-279 200 LC Meter Freestyle Relay

Goodlife: 3:19.83 % 1/11/2025 St Pete Masters

S Steinmann, S Bogue, G Jacobson, D Clark

1	SPM	A		3:19.83%
	1) Steinmann, Sharon W67	2) Bogue, Sherri W61		
	3) Jacobson, Geraldine W75	4) Clark, Dawn W61		

Event 17 Women 50-54 400 LC Meter Freestyle

Goodlife: 5:09.43 % 3/9/2024 Alison Hayden

1	Hayden, Alison	53	NEWC	5:20.99
				1:15.44 2:37.48 4:00.26 5:20.99
---	Taback, Megyn	52	CORA	NS

Event 17 Women 55-59 400 LC Meter Freestyle

Goodlife: 5:32.61 % 3/5/2022 Karen Westerman

---	Texel, Paula	55	CLEA	NS
---	Januszewski, Cindy	59	INVE	NS

Event 17 Women 60-64 400 LC Meter Freestyle

Goodlife: 5:22.96 % 3/5/2022 Kelly Parker Palace

1	Clark, Dawn	61	ST P	6:30.35
				1:35.19 3:15.89 4:55.46 6:30.35
2	Bogue, Sherri	61	CLEA	11:36.17
				2:30.39 5:24.16 8:28.81 11:36.17
---	Kupan, Cheryl	61	SAIN	NS

Event 17 Women 65-69 400 LC Meter Freestyle

Goodlife: 5:38.09 % 3/5/2022 Tracil Grilli

1	Steinmann, Sharon	67	ST P	6:43.60
				1:35.64 3:18.18 5:01.45 6:43.60
2	Blair, Deb	67	PALC	7:50.32
				1:47.86 3:48.54 5:51.04 7:50.32

Event 17 Women 70-74 400 LC Meter Freestyle

Goodlife: 6:12.62 % 2/29/2020 Diann Uustal

1	Clinton, Marjory	72	PALC	7:04.79
				1:38.51 3:28.12 5:17.37 7:04.79
---	Lowther, Jocelyn	71	COCO	NS

Event 17 Women 75-79 400 LC Meter Freestyle

Goodlife: 7:22.05 % 3/18/2023 June Carson

---	Carson, June	77	SARA	NS
---	Olmsted, Roxanne	75	VILL	NS
---	Mitchell, Carol	76	VENI	NS

Event 17 Women 95-99 400 LC Meter Freestyle

---	Campbell, Joan K	95	PALH	NS
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Event 17 Men 50-54 400 LC Meter Freestyle

Goodlife: 5:10.97 % 2/29/2020 William Bouyoucas

1	Herman, Eric	54	ST P	5:42.19
				1:17.07 2:44.70 4:14.96 5:42.19
2	Christensen, David	51	ORLA	6:13.14
				1:31.89 3:07.76 4:43.27 6:13.14

Event 17 Men 60-64 400 LC Meter Freestyle

Goodlife: 5:06.95 % 3/10/2018 Kern Davis

---	Leahy, John	63	ESTE	NS
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Event 17 Men 65-69 400 LC Meter Freestyle

Goodlife: 5:26.61 % 3/18/2023 Paul Bernardino

---	Matysek, Jim	66	SARA	NS
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Event 17 Men 70-74 400 LC Meter Freestyle

Goodlife: 5:31.77 % 3/9/2024 Kern Davis

---	Wrassmann, David	71	DUNE	NS
---	Harrington, Patrick	73	SUN	NS
---	Alexander, Rich	70	HILT	NS

Good Life Games (Swimming) - 1/11/2025

Sanction #: 145-R001

Results - Saturday

Event 17 Men 75-79 400 LC Meter Freestyle

Goodlife: 7:19.61 % 1/11/2025 Martin McEvoy

1	McEvoy, Martin	75	VENI	7:19.61%
	1:44.69	3:37.23	5:30.20	7:19.61
2	Cothren, John	76	SAVA	7:37.44
	1:47.03	3:46.00	5:43.96	7:37.44

Event 17 Men 85-89 400 LC Meter Freestyle

Goodlife: 9:50.41 % 3/21/2009 Alex Ramirez-Mill

---	Mitchell, Jack	86	VENI	NS
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