

2025 SPA SPRING FIRST LONG COURSE MEET WARM-UP LANE ASSIGNMENTS

FRIDAY 3PM	SATURDAY 6:30AM	SATURDAY AFTEROON 11:20AM
WARM-UP	WARM-UP	WARM-UP??????
L 1 SPA	L 1 SPA	L 1 SPA
L 2 SPA	L 2 SPA	L 2 SPA
L 3 SPA	L 3 SPA	L 3 SPA
L 4 SPA	L 4 SPA/CW/SIL/BERK	L 4 SPA
L 5 TBAC	L 5 TBAC	L 5 TBAC/PYP
L 6 PYP	L 6 TBAC/AAC	L 6 BERK/FLSA
L 7 PYP/AAC	L 7 PYP	L 7 BW/AAC
L 8 BERK/CW/RAD/CAT	L 8 PYP/CAT	L 8 CAT/CW
L 9 WFLA/BW	L 9 WFLA	L 9 WFLA
L 10 WFLA	L 10 WFLA/FLSA/RAD/	L 10 WFLA
332 TOTAL SWIMMERS	258 TOTAL SWIMMERS	100 TOTAL SWIMMERS
33.2 SWIMMERS/LANE	25.8 SWIMMERS/LANE	10.0 SWIMMERS/LANE
TWO LANES IN 25M	8 LANES IN 25M POOL	2 LANES IN 25M POOL
POOL FOR WARM-UP	FOR WARM-UP TILL	FOR WARM-UP AND
AND WARMDOWN	9:45AM – 2 LANES AFTER	WARMDOWN
	AFTER THAT	