

WFLA Halloween Invitational

Sponsored by West Florida Lightning Aquatics
Courtesy of The City of Largo Parks and Recreation Department

SANCTIONED BY: Florida swimming of USA Swimming #

"In granting this approval it is understood and agreed that USA-S/FL shall be free and held harmless from any liabilities or claims from damages arising by reason of injury to anyone during the conduct of the event."

CONDITION OF SANCTION: Any swimmer entered in the meet, unaccompanied by a USA-S member coach must be certified by a USA -S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Deck Changing: Deck Changing is prohibited.

TYPE OF MEET: 25 Yard short course closed Age Group and Senior timed finals

DATE & TIME: Friday, October 9th, 2026 5:30 PM Sat. & Sun., October 10th-11th, 2026, 8:30 AM. Start times for afternoon sessions will be determined after the timeline is received. Coaches will be informed Wed. before the meet.

LOCATION: Southwest Pool, Largo Recreation Department
13120 Vonn Rd., Largo, FL 33774 727-686-6418

POOL SPECS: Certified 25 yard by 50 meter heated outdoor pool with a depth ranging from 4-17 ft., 8-10 short course or dual 6-8 course racing lanes with Kiefer non-turbulent lane lines and KDI Paragon starting blocks. A buffer lane is provided with multiple lanes open for continuous warm-up/down.

TIMING EQUIP.: Colorado Timing System

WARM-UP: 4:00 TO 5:20 pm Friday night, 7-8:20 AM Sat. & Sun. mornings.
40 min. warm-up guaranteed prior to start of afternoon sessions.

ELIGIBILITY: Open to currently registered USA-S swimmers only.

SEEDING: 25 yard times will be used for seeding purposes. Conversions may be made using the formula in Florida Swimming 2010 handbook.

SCRATCHES: No penalty for scratching on the block WITH THE EXCEPTION OF DECK SEEDED EVENTS. Any swimmer entered in an individual event that is seeded at the meet and has checked in for that event, must swim the event unless he notifies the Clerk of Course before the seeding has begun that he/she wished to scratch. Failure to do so will result in him/her being barred from the next individual event in which he/she is entered. No declared false starts.

RULES: Current USA Swimming and safety rules will govern the meet.

CAMERA ZONES: Stills, video or photographs of any kind may be taken from the sides (East and West sides) of the pool. There will be no photography taken from behind the start ends of the pool. Thank you.

ENTRY LIMIT: Sessions will be limited to 4 hours. WFLA reserves the right to offer two courses instead of one 8-10 lane course if the entries warrant it. Coaches will be notified of this change if it is made. Swimmers will be limited to 4 events per day plus relays. Swimmers over entered will be considered as entered in the first 4 events each day. No limit to relay entries although, Meet Management reserves the right to cancel relays to conform to the 4-hour time limit. If this occurs, relay entry fees will be refunded.

ENTRY FORMS: Entries must be submitted on the HyTek format. Entries will be accepted via electronic mail attention:
John Ware: johnware@midnightsports.com. List all attending coaches, contacts and phone numbers in the body of the e-mail which serves as proof of entry.

ENTRY FEE: Individual: \$5.50 per individual event.
Relay: \$6.00 per relay
Facility charge: \$12.00 per swimmer
Heat Sheet Fee: \$3.00

HEAT SHEETS will be posted on the West Florida Lightning webpage, **and** **www.floridaswimming.org no later than 48 hours prior to the start of the meet. These are to be printed and brought to the meet. A \$3 charge will be applied to each swimmer's entry fee. Coaches, please email all swimmers and parents to make them aware of this. PLEASE**

MAKE CHECKS PAYABLE TO WFLA

ENTRY DEADLINE: Entries must be received by Tuesday, September 29, 2026 by 5 pm. Electronic File. Bring checks to meet, or Mail checks to WFLA at: 11468 87th Ave, Seminole, FL 33772

AWARDS: Individual Events: Medals, 1st place; ribbons 2nd-8th places
Relay Events: Medals, 1st place; ribbons 2nd -3rd places
Individual Age Group High point awards: 1st place
Visiting team awards : 1st and 2nd places
"Ghost Run Heat Prizes"

SCORING:

Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 16-14-12-10-8-6-4-2

TEAM REPRESENTATIVE: Prior to the start of the meet, the name of one person, other than the coach, who will check with the referee about any matter pertaining to the meet must be given to the referee. The coach and that person only will be recognized.

OFFICIALS:

Head Referee: Kay Caldwell
Administrative Referee: John Ware
Head Starter: Bob Slockett
Head Stk & Turn: Maria Barnaky
Head Marshall: Christine Lotito

INFORMATION: Meet Manager, Karen Smalley, 727-422-7929 or Smalleyka@pcsb.org or Cashel Mack, 727-686-6418, zookeeper5721@gmail.com . Please only coaches or team rep may call for information between 8:30 am and 8 pm. Thank you.

COACHES/OFFICIALS: Coaches/Officials shall wear their USA Swimming registration cards in a conspicuous location at all times while on deck at a meet (Article 23, 223.19) or prove current membership on Deck Pass.

WARM-UP SCHEDULE NO EQUIPMENT MAY BE USED DURING WARM-UP SWIMMERS MUST

ENTER THE WATER FEET FIRST WITH AT LEAST ONE HAND IN CONTACT WITH THE POOL

DECK EXCEPT WHEN DOING A CONTROLLED START. WIW There will be at least a 50 minute warm-up prior to each older session of the meet, and 40 minutes per younger session. The initial part is a general warm-up as follows: LANE 1 Push off 25's or 50's pace (Circle swimming) 2 Push off 25's or 50's pace (Circle swimming) 3 Swimming and pulling only (push off) 4 Swimming and pulling only (push off) 5 Swimming and pulling only (push off) 6 Swimming and pulling only (push off) 7 Swimming and pulling only (push off) 8 Swimming and pulling only (push off) 9 Push off 25's or 50's pace (Circle swimming) 10 Push off 25's or 50's pace (circle swimming) THE SECOND 25

MINUTES IS CONTROLLED WARM-UP AS FOLLOWS: 1 Push off 25's pace (Circle swimming) 2

Racing start one length only (From the north end only) 3 Racing start one length only (From the north end only) 4 Swimming and pulling only (push off) 5 Swimming and pulling only (push off) 6 Swimming and pulling only (push off) 7 Swimming and pulling only (push off) 8 Racing start one length only (From the north end only) 9 Racing start one length only (From the north end only) 10 Push off 25's pace (Circle swimming)

ORDER OF EVENTS

FRIDAY, OCTOBER 10, 2025, 5:30 pm

EVENT # AGE GROUP EVENT DESCRIPTION

1-2 10 & Under 200 Individual Medley 1/

3-4 11-12 200 Individual Medley 1 /

5-6 13-14 #400 Individual Medley 1/

7-8 Senior #400 Individual Medley 1/

9-10 10 & Under 500 Freestyle 2/

11-12 11-12 500 Freestyle 2/

13-14 13-14 #500 Freestyle 2/

15-16 Senior #500 Freestyle 2/

1/- DECK SEEDED, CHECK IN BY 4:30 PM

2/- DECK SEEDED, CHECK IN BY 5:00 PM

A swimmer who is entered in a deck seeded event but fails to check-in may swim if an open lane exists that has not been filled by the seeding. No new heats will be established.

#SWUM COMBINED AGE GROUPS (GIRLS AND BOYS SEPARATELY).
FASTEST TO SLOWEST, BUT SCORED AND AWARDED SEPARATELY

SATURDAY, OCTOBER 11 - 8:30 am

EVENT # AGE GROUP EVENT DESCRIPTION

17-18 10 & Under 100 Individual Medley

19-20 8 & Under 25 Freestyle

21-22 10 & Under 50 Freestyle

23-24 8 & Under 25 Breaststroke

25-26 10 & Under 50 Breaststroke

27-28 8 & Under 50 Butterfly

29-30 10 & Under 100 Butterfly

31-32 8 & Under 25 Backstroke

33-34 10 & Under 50 Backstroke

35-36 8 & Under 100 Freestyle Relay

37-38 10 & Under 200 Freestyle Relay

The following events will not start prior to 11:00 am (40 min. warm-up guaranteed)

39-40 11-12 100 Individual Medley

*41-42 13-14 200 Individual Medley

*43-44 Senior 200 Individual Medley

45-46 11-12 50 Freestyle

*47-48 13-14 100 Freestyle

*49-50 Senior 100 Freestyle

51-52 11-12 50 Backstroke

*53-54 13-14 100 Backstroke

*55-56 Senior 100 Backstroke

57-58 11-12 100 Butterfly

*59-60 13-14 200 Butterfly

*61-62 Senior 200 Butterfly

63-64 11-12 50 Breaststroke

*65-66 13-14 100 Breaststroke

*67-68 Senior 100 Breaststroke

69-70 11-12 200 Freestyle

71-72 Senior 400 Freestyle Relay

73-74 11-12 200 Freestyle Relay

13-14 AND SENIOR EVENTS WILL BE COMBINED (GIRLS AND BOYS SWAM SEPARATELY) BUT SCORED AND AWARDED SEPARATELY.

SUNDAY, OCTOBER 12, 2025

EVENT # AGE GROUP EVENT DESCRIPTION

75-76 10 & Under 200 Freestyle
77-78 8 & Under 50 Breaststroke
79-80 10 & Under 100 Breaststroke
81-82 8 & Under 25 Butterfly
83-84 10 & Under 50 Butterfly
85-86 8 & Under 50 Backstroke
87-88 10 & Under 100 Backstroke
89-90 8 & Under 50 Freestyle
91-92 10 & Under 100 Freestyle
93-94 8 & Under 100 Medley Relay
95-96 10 & Under 200 Medley Relay

The following events will not start prior to 11:00 am (40 min. warm-up guaranteed)

97-98 11-12 400 Individual Medley
*99-100 13-14 200 Freestyle
*101-102 Senior 200 Freestyle
103-104 11-12 100 Freestyle
*105-106 13-14 100 Butterfly
*107-108 Senior 100 Butterfly
109-110 11-12 50 Butterfly
*111-112 13-14 200 Breaststroke
*113-114 Senior 200 Breaststroke
115-116 11-12 100 Breaststroke
*117-118 13-14 50 Freestyle
*119-120 Senior 50 Freestyle
121-122 11-12 100 Backstroke
*123-124 13-14 200 Backstroke
*125-126 Senior 200 Backstroke
127-128 11-12 200 Medley Relay
129-130 Senior 400 Medley Relay

*13-14 AND SENIOR EVENTS WILL BE SWUM COMBINED (BOYS AND GIRLS WILL BE SWUM SEPARATELY) BUT SCORED AND AWARDED SEPARATELY.