

November 20, 21, 22, 2026

Hosted by: St. Petersburg Aquatics & Palm Harbor Piranhas

All Events will be seeded - Fastest to Slowest

All events will be combined by age and scored separately

ALL TEAMS OF 5 OR MORE SWIMMERS MUST PROVIDE AN OFFICIAL FOR EACH SESSION THAT
TEAM COMPETES WILL BE ENTERED FIRST

SANCTION	Held under the sanction of USA Swimming through Florida Swimming: #FL-7447 It is understood and agreed that USA Swimming, Florida Swimming and St. Petersburg Aquatics and Palm Harbor Piranhas, shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. - Deck changes are prohibited. - Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Coordinator (or his/her designee). - All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. - The meet host will ensure that the competition course meets the required dimensions as specified in 103.3 USA Swimming Rules and Regulations.
Rules:	Current USA Swimming Technical rules will govern the meet. Safety rules, as outlined by USA Swimming and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. The USA Swimming "no recall" start will be used as outlined in 102.14.4H
Sponsored by:	St. Petersburg Aquatics, City of St. Petersburg Department of Leisure Services
Type of Meet:	Outdoor 25 yard possible dual courses with maximum 20 lane timed finals
Date and Time:	Friday November 20, 2026 5:00pm Start Warm up- 2:30 pm All Friday events will be Swum Fastest to Slowest Saturday November 21 and Sunday November 22, 2026 – Meet Starts (11 & Older swimmers at 8:30am) Warm-up from 6:00am to 8:20am – 11 and older swimmers 10 and Under swimmers – WARM-UP FOR 35 MINUTES AFTER MORNING SESSION

Officials:	Referee: Kevin Mooren Chief Stroke and Turn: Charlotte Peterson Starter: John Domier & Dr. Nathan Dean Stroke & Turn Claudia Williams, Colin Maughn, Karen Kozlowski, Admin. Official: John Ware Head Marshall: Joe Novak and Patty Nardozzi
Meet Manager:	Fred Lewis 727 440 9382 swimstpete@aol.com Patty Nardozzi
Location:	North Shore Pool - 901 North Shore Drive NE, St. Petersburg, FL 33701
Pool Spec:	Certified 25 yards, outdoor pool with 22 lanes. A depth of 4 feet at start and turn ends of the pool and non-turbulent lane lines. Constant warm down lanes available
Timing Equipment:	Colorado Timing System with scoreboard
Eligibility: including Disability Athletes	Open to all currently registered USA Swimming or invited Foreign athletes. On deck registration not allowed. Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and or registered service animals must provide advanced notice in writing, accompanying their entry file to the meet referee by entry deadline. Failure to provide advance notice may limit the meet host's ability to accommodate all requests,
Seeding:	Short course, 25 yard times will be used for seeding. Conversion times are not permitted.
Scratches	No pently for scratching on the block
Starts:	The "fly-over or immediate climb out" start may be used at the discretion of the head referee for any/or all of the events in the meet.
Entry Limit:	Swimmers will be limited to a maximum: three (3) individual events per day Swimmers posting entries over the Limit will be considered as entered in the first three (3) events listed.
Entry Fee:	Individual events: \$5.50 per events Facility Charge \$10.00 per swimmer Out of LSC \$2 per swimmer surcharge Heat sheets surcharge \$3.00 Per swimmer * TEAMS MUST PAY WITH A SINGLE CHECK, BEFORE THE MEET STARTS. Made payable to St. Petersburg Aquatics INDIVIDUAL SWIMMER'S CHECK WILL NOT BE ACCEPTED. Out of LSC Team's entry fees must be received before the entry deadline.
Entry Form:	Entries must be submitted HyTek, e-mail or disk, please include print out of entries. SWIMSTPETE@AOL.COM
Deck Entry:	Deck entries will be accepted by the referee (only swimmers already entered in the meet) provided that no new heats are created; that the swimmer does not exceed the permitted number of events, and the swimmer does not exceed the cut off times. A swimmer may not scratch or fail to appear in an event in order to deck enter another event. Each deck entry (individual) will cost \$10.00. All deck entries must be accepted by the Administrative Referee and assigned a Lane 45 minutes before the start of the session. A swimmer may not drop an event to deck enter another event, and the entry limit of 3 events remains.
Entry Deadline:	All entries must be submitted by Thursday November 12, 2026 . Psych sheet should be posted on www.stpetersburgaquatics.com and www.midnightsports.com Enclose checks and make payable to St. Petersburg Aquatics . Please send Express Mail Overnight to: Fred Lewis, St. Petersburg Aquatics, North Shore Pool 901 North Shore Drive, NE St. Petersburg, FL 33701 EMAIL TO SWIMSTPETE@AOL.COM

Distance Check In:	All coaches must check in their swimmers for the 500 frees, 400IM, 1650 frees and 1000 free. Events will be limited Swimmers missing check-in for any deck seeded events may swim in an empty lane. NO NEW HEATS WILL BE CREATED.
Awards:	No awards for 11 and older and Senior Events. All 10 and under events will be scored and awarded by 9-10 and 8&U age groups.
Team Representative:	Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. The coach and only that person will be recognized. Prior to the start of the meet all teams must present a list of current USA Swimming certified coaches attending the meet and representing their team Unattached coaches not entering any swimmers in the meet (not the coach of record designated by the team) will not have deck access.
<u>Camera Zones:</u>	Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
Heat Sheets:	Posted at www.stpetersburgaquatics.com no later than 48 hours prior to the start of the meet. These are to be printed and brought to the meet. A \$3 charge will be applied to each swimmer's entry fee. Coaches, please email all swimmers and parents to make them aware of this.
Deck Changing:	DECK CHANGING IS NOT PERMITTED AT THE NORTH SHORE POOL. SWIMMERS WHO DECK CHANGE ARE SUBJECT TO REMOVAL FROM THE POOL BY THE POOL STAFF.
Proof of Coach/Official Membership	All coaches and officials must sign in with Meet Director and show proof of membership to have access to the facility. Deck Pass will be accepted for proof of membership.
Coach Supervision:	All swimmers must be supervised by a USA Swimming Certified Coach. Any swimmers attending the meet without a certified coach must take responsibility for finding a certified coach, who will be responsible for them during all warm-ups and sessions of the meet. That agreement must be submitted in writing to the referee before the swimmer is allowed in the meet.
Medical	Lifeguards and AED on site & on duty during warm-up and meet

Warm-Up Schedule:	Teams will have assigned lanes for warm-up. WARM-UPS MAY BE MODIFIED BY THE MEET DIRECTOR TO FIT THE NEEDS OF THE MEET. ***Except for racing start, swimmers must enter the pool feet first with one hand Touching the deck of the pool*** NO EQUIPMENT ALLOWED IN THE POOL AT ANY TIME Racing starts one length only(from the west end only-No Equipment) UNTIL THE LAST HALF HOUR THE WARM UP SCHEDULE WILL BE: 1 Push off 50's pace (circle swimming-NO EQUIPMENT) 2 Racing starts one length only(from the west end only-NO EQUIPMENT) 3 to 7 Swimming and pulling only (push off - NO EQUIPMENT) 8 Push off 50's pace (circle swimming-NO EQUIPMENT) THE LAST 1/2 (ONE-HALF) HOUR IS CONTROLLED WARM-UP AS FOLLOWS: 1 Push off 50's pace (circle swimming-NO EQUIPMENT) 2 & 3 Racing starts one length only(from the west end only-NO EQUIPMENT) 4 & 5 Swimming and pulling only (push off - NO EQUIPMENT) 6 & 7 Racing starts one length only(from the west end only-NO EQUIPMENT) 8 Push off 50's pace (circle swimming-NO EQUIPMENT)
Noise Restrictions:	Shrill whistling is permitted in designated areas only. Use of whistles for swimmer send offs is prohibited, as it interferes with Lifeguards and pool safety procedures. Portable sound making devices are restricted to designated areas.
	IN APPLY FOR THIS SANCTION, SPA AGREES TO COMPLY AND ENFORCE ALL HEALTH AND SAFETY GUIDELINES OF USA SWIMMING, FLORIDA SWIMMING AND THE CITY OF SAINT PETERSBURG.

Friday Nov 20, 2026 5:00pm Start

Warm-up 2:30pm to 4:50pm

(Swimmers may enter a maximum of three (3) events each day.)

Event # G - B	Age Group	Event
1 & 2	Senior	50 FREE
3 & 4	SENIOR	50 BREAST
5 & 6	SENIOR	50 BACK
7 & 8	SENIOR	50 FLY
9 & 10	SENIOR	200 IM
11 & 12	SENIOR	500 FREE *7 *6 NO TIME ENTRIES – NOT ACCEPTED

Saturday Nov 21, 2026 8:30am Start

Warm-up 6:00am to 8:20am

(Swimmers may enter a maximum of Three (3) events.)

Event # G - B	Age Group	Event
13 & 14	11 & Older	200 Free
15 & 16	11 & Older	100 Breast
17 & 18	11 & Older	200 Back
19 & 20	11 & Older	50 Back
21 & 22	11 & Older	100 Butterfly
23 & 24	11 & Older	100 IM
25 & 26	11 & Older	50 Free
27 & 28	11 & Older	400 IM *2 NO TIME ENTRIES – NOT ACCEPTED
29 & 30	11 & Older	1000 Free *3 NO TIME ENTRIES – NOT ACCEPTED

Saturday, November 21, 2026. (10 & UNDER SESSION WILL START 35 MINUTES AFTER THE MORNING SESSION.)

(Swimmers may enter a maximum of three (3) events each day.)

Event # G - B	Age Group	Event
31 & 32	10 & Under	200 Free*6 NO TIME ENTRIES – NOT ACCEPTED
33 & 34	10 & Under	25 Backstroke
35 & 36	10 & Under	100 Backstroke
37 & 38	10 & Under	50 Breaststroke
39 & 40	10 & Under	25 Butterfly
41 & 42	10 & Under	100 Butterfly
43 & 44	10 & Under	200 IM *6 NO TIME ENTRIES – NOT ACCEPTED
45 & 46	10 & Under	25 free
47 & 48	10 & Under	50 free

Sunday November 22 - 11 & Older 8:30am Start – 6:00AM warm-up
(Swimmers may enter a maximum of three (3) events each day.)

Event # G - B	Age Group	Event
49 - 50	11 & Older	100 Free
51 - 52	11 & Older	50 Breast Stroke
53 - 54	11 & Older	200 Breaststroke
55 - 56	11 & Older	100 Backstroke
57 - 58	11 & Older	50 Butterfly
59 - 60	11 & Older	200 Butterfly
61 - 62	11 & Older	1650 Free *3 NO TIME ENTRIES NOT ACCEPTED

Sunday November 22, 2026. Warm-up (10 & UNDER SESSION WILL START 35 MINUTES AFTER THE MORNING SESSION.)

(Swimmers may enter a maximum of three (3) events each day.)

Event # G - B	Age Group	Event
63 - 64	10 & Under	100 Free
65 - 66	10 & Under	25 breaststroke
67 - 68	10 & Under	100 breaststroke
69 - 70	10 & Under	50 Backstroke
71 - 72	10 & Under	50 Butterfly
73 - 74	10 & Under	100 IM*6
75 - 76	10 & Under	50 Free
77 - 78	10 & Under	500 Free *6 *1 *8 NO TIME ENTRIES NOT ACCEPTED

*1	All 10 and Under 500 Freestylers must provide their own TIMER and Counter. Entries maybe limited and NO TIME entries will not be accepted
*2	All 400 yard IMs will be deck seeded. NO TIME ENTRIES – NOT ACCEPTED All swimmers must be check in by 8:00am. Heats May be Limited-no time entries not accepted
*3	All 1000 & 1650 freestyles will be a deck seeded event. All swimmers must be checked in by 8:30am and provide their own timer, and counter. NO TIME ENTRIES WILL NOT BE ACCEPTED!! Please only enter swimmers that need cuts and seed times. EVENTS WILL BE LIMITED
*6	Coaches, please use common sense when entering this event and do not enter swimmers who are not strong enough for eight or twenty lengths of the pool...No time entries not acceptd and events will be limited
*7	Event 11-12 will be deck seeded – all entered swimmers must check in by 4:30pm – NO TIME ENTRIES WILL NOT BE ACCEPTED AND ENTRIES MAYBE LIMITED

*8 Event 77-78 will be deck seeded – all swimmers must check in 30 MINUTES BEFORE SESSION STARTS